



**THE ASSOCIATION OF PAIN PROGRAM DIRECTORS**  
ADVANCING EDUCATION IN MULTIDISCIPLINARY PAIN MEDICINE

## SAAPM 2019 Meeting Breakout Session Pain Medicine

SCOTT BRANCOLINI, MD, MPH – MODERATOR  
ASSOCIATE PROFESSOR, UPMC  
PRESIDENT, APPD

RENE PRZKORA, MD, PHD – MODERATOR  
ASSOCIATE PROFESSOR, UNIVERSITY OF FLORIDA  
VICE-PRESIDENT, APPD

11.8.19

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## FINANCIAL DISCLOSURES

- ▶ DR. BRANCOLINI – NONE
- ▶ DR. PRZKORA – see separate slide
- ▶ DR. ANITESCU – will send

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## LEARNING OBJECTIVES

- ▶ Review ACGME Pain Medicine Fellowship Program Requirements
  - ▶ Updates regarding more than one pain fellowship per program
- ▶ Review 2019 Match data
- ▶ Update - Practice and Business Management Curriculum Development – Rene Przkora, MD, PhD
- ▶ Pain Medicine Journal – Magda Anitescu, MD, PhD
- ▶ APPD Elections

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## ACGME Pain Medicine Program Changes – I.B.1.b


- ▶ **I.B.1.b)** There must be an institutional policy governing the educational resources committed to pain medicine that ensures cooperation of all the involved disciplines. There must be only one ACGME accredited pain medicine program within a Sponsoring Institution, and a single multidisciplinary fellowship committee to regularly review the program's resources and its attainment of its stated goals and objectives. (Core) [Moved from I.B.4.]

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## ACGME Pain Medicine Program Changes – I.B.1.b

- ▶ Now permitted to have >1 pain fellowship per institution.
- ▶ Must be an institutional policy and multidisciplinary review committee
- ▶ Each institution must decide if there are enough resources
- ▶ New pain medicine programs must submit their own application to see if resources are adequate
- ▶ Any volunteers to help draft a sample policy ?

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ACGME e-Communication

June 14, 2019

Dear Colleagues,

Earlier this week, the ACGME Board of Directors approved a major revision of the Program Requirements for Graduate Medical Education in Pain Medicine, with a July 1, 2019 effective date. The Requirements are available under the "Future Effective Date" heading on the Program Requirements page of the [Accreditation Council for Graduate Medical Education](#) website. The ACGME Board will also participate in the public comment process and/or the ACGME Committee on Requirements open forum.

The new Requirements continue to emphasize a multidisciplinary approach to pain medicine. Programs must adequately demonstrate their commitment to the multidisciplinary nature of the specialty with equitable faculty member appointments. A multidisciplinary program in pain medicine must be conducted in an institution and/or participating sites that sponsor(s) ACGME-accredited residency in at least one of the following specialties: anesthesiology, physical medicine and rehabilitation, and child neurology or neurology. This will allow Sponsoring Institutions with a single program the flexibility to develop a pain medicine fellowship if they meet the multidisciplinary faculty requirements.

**Importantly, there may be more than one ACGME-accredited Pain Medicine program (resident or a Sponsoring Institution). There must be a minimum of one faculty member committed to pain medicine that ensures cooperation of all the involved disciplines as well as a multidisciplinary fellowship committee to decide to recruit, train, and credential and document if each pain medicine program is at least one of the institution's pain medicine programs. The requirement allows each institution to decide if it can demonstrate that resources are adequate to train pain medicine programs and that pain medicine programs will be required to submit an application demonstrating sufficient resources and a dedicated supporting program.**

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## ACGME Program Directors Feedback

- ▶ Position statements not in favor of > 1 pain fellowship per institution
  - ▶ ASRA
  - ▶ ASIPP
  - ▶ AAPM
  - ▶ ASA
  - ▶ AASPD
  - ▶ APPD
  - ▶ Individual programs

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## Testimony Given: June 7<sup>th</sup>, 2019 – ACGME Headquarters

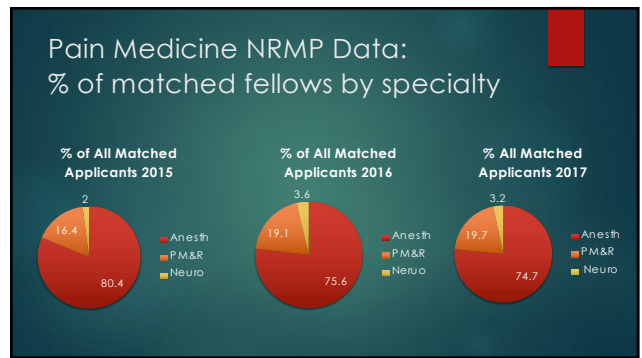
- ▶ Dr. Anifescu
- ▶ Dr. Przkora
- ▶ Dr. Barad
- ▶ Dr. Wahezi
- ▶ Dr. Brancolini
- ▶ Dr. Rathmell
- ▶ Dr. Pingree
- ▶ Dr. Issa

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**Pain Medicine Applicants' Residency Specialties Appointment Years 2015-2017**

Residency Specialty	2015		2016		2017	
	All Applicants	Matched Applicants	All Applicants	Matched Applicants	All Applicants	Matched Applicants
Anesthesiology	308 (78%)	230 (80%)	302 (76%)	229 (80%)	292 (74%)	231 (89%)
Emergency Medicine					3	<3
Family Medicine	4	<3	<3	<3		
Internal Medicine	<3	<3	<3	<3	<3	
Neurology	13	6	16	11	15	10
Child Neurology					<3	<3
Pediatrics	<3					
PM&R	65 (16%)	47 (16%)	88 (22%)	58 (20%)	83 (21%)	61 (23%)
Psychiatry	<3		7	3	4	<3
Radiology - Diagnostic	<3		<3	<3		
Internal Medicine/Psychiatry	<3	<3			<3	<3
Pediatrics/Anesthesiology						
Pediatrics/PM&R	<3	<3				
Diagnostic Radiology/Nuclear Medicine/Nuclear Radiology					<3	<3
<b>Total</b>	<b>397</b>	<b>286</b>	<b>416</b>	<b>303</b>	<b>401</b>	<b>309</b>
<b>Percent unmatched</b>		<b>28%</b>		<b>27%</b>		<b>23%</b>

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MATCH DATA for 2020-2021 AY

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## NRMP Match Data Comparison Data Fellowship Class 2019-2020 & 2020-2021

2019-2020			2020-2021		
Program Statistics	Number	%	Program Statistics	Number	%
Enrolled Programs	104		Enrolled Programs	107	
Withdrawn Programs	1		Withdrawn Programs	3	
Certified Programs	103		Certified Programs	104	
Programs Filled	95	92.2%	Programs Filled	99	95.2%
Programs Unfilled	8	7.8%	Programs Unfilled	6	1.6%
Certified Positions	359		Certified Positions	367	
Positions Filled	345	96.1%	Positions Filled	361	98.4%
Positions Unfilled	14	3.9%	Positions Unfilled	6	1.6%

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NRMP Match Data:  
Fellowship Class 2020-21

Applicant Statistics	Number	%
Matched Applicants	361	
U.S. Foreign	35	9.7%
MD Graduate	248	68.7%
Foreign	15	4.2%
DO Graduate	60	16.6%
Canadian	3	0.8%
Applicants Preferring this Specialty*	426	
Matched to this Specialty	361	84.7%
Matched to a Different Specialty	0	0.0%
Did not Match to any Program	65	15.3%

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Practice and Business  
Management Curriculum  
Development - Update

Rene Przkora  
MD PhD  
Professor and Chief of Pain Medicine  
Director Multidisciplinary Pain Medicine Fellowship  
Department of Anesthesiology  
College of Medicine  
University of Florida  
Gainesville, Florida



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Disclosures

- Pain Medicine Division Chief and Pain Medicine Fellowship Director, University of Florida, Gainesville, FL
- Board Member, Florida Society of Interventional Pain Physicians
- Committee Member: ASA, ASRA and ASIPP
- NIH funding
- Educational Grants from Boston Scientific, Abbott and Medtronic
- Industry Grants from Abbott and Boston Scientific

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Topics

- Background
- Curriculum Development
- Implementation

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Background

- Practice and business management are key components to a successful practice.
- Our impression is that many fellowships rely on residency training to provide exposure to business education and the training during the fellowship year is scant.

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Background

- Data:  
Pain Physician. 2018 Jan;21(1):E43-E48.  
*Do Pain Medicine Fellowship Programs Provide Education in Practice Management? A Survey of Pain Medicine Fellowship Programs.*  
Przkora R, Antony A, McNeil A, Brenner GJ, Mesrobian J, Rosenquist R, Abouleish AE.

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## Background

- Przkora et al.:  
The majority of pain medicine fellows receive some practice management training, mainly on billing documentation and preauthorization processes, while most do not receive business education (e.g., human resources, contracts, accounting/financial reports). More than 70% of fellows reported that they receive more business education from industry than from their fellowships, a result that may raise concerns about the independence of our future physicians from the industry. Our findings support the need for enhanced and structured business education during pain fellowship.

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## Curriculum Development

- Joint effort of the APPD and Glenn Woodworth from the *Anesthesia Toolbox*.
- Materials will count as peer-reviewed via the *Anesthesia Toolbox*.

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## Curriculum Development

	Suggested Type of Presentation
1. Practice Management	
A. Interpretation and Coding (ICD) and Compliance	Lecture
B. Coverage Review - Preauthorization Process and Appeal Process	Lecture
C. Cost-Containment/DRG	Poster
D. Scheduling, cancellations and no-shows	Poster
E. ICD/CPT courses	Lecture/Demo/Poster
F. HCPC and HC Verbal In-Office Coding and Billing Changes/Revenue	Lecture/Demo/Poster
G. Health Plan/Managed Care	Poster
H. Work-Related Value Units (WRVUs)	Lecture/Demo/Poster
I. Medical Operations (MCO) or Medical Insurance reimbursement (linked to billing etc)	Lecture
J. The Office Patient	Poster
K. Preauthorization - indications, use and procedures	Lecture
2. Business Management	
A. Contracting with Payors	Poster
B. Contracting with Employers - Human Resources - Employment Law	Lecture
C. HRM	Lecture/Demo/Poster
D. Joint Liability/RoboDoc's/Legal/Malpractice Act	Lecture/Demo/Poster
E. Malpractice	Poster
F. Business Development	Poster
G. Office rental and acquisition - lease and purchase	Poster
3. Personal Management	
A. Contract negotiation	Poster
B. Contract adherence	Poster
C. Non-competes clauses	Poster
D. Payment models	Lecture/Demo/Poster
E. Independent practice versus large single specialty or multiplicity group practice	Poster
F. Starting your own practice	Poster
G. Buy/Sell - to/for exit strategy	Poster
H. Hospital contracting	Poster
I. Licenses, DEA, State and Federal Laws	Lecture/Demo/Poster
J. Negotiation	Poster
K. Hospital financial management (budgeting, investments, utilization)	Lecture
L. Hospital operations (quality, compliance, operational, medical control)	Lecture

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## Implementation


- Emailed out to the APPD members to sign up.
- Distribute to other interested Faculty.

**→ Please sign up!**

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## Contact

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przkora@yahoo.com



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## Pain Medicine Journal

### New opportunity for residents and fellows

Magda Anitescu MD, PhD  
Professor of Anesthesia and Critical Care  
University of Chicago  
On behalf of Dr Michael Hooten and Kayode Williams

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## Context

- Multiple Presentations at multiple meetings (ASRA, NANS, AAPM, ASA, etc) regarding novel, innovative case reports or techniques
- Limited time commitment of residents and fellows
- Many interesting ideas lost due to lack of publication

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## Solution: Pain Medicine Journal residents and fellows Forum

Quick turn around approximately 2 weeks  
 Limited number of editors all on same page  
 Ensures disseminations of ideas and promotes innovation

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## What is it

- 1500 words (8-10 pages) with max 8-10 references
- Written by residents/fellows actively in training
- Board level questions with answers
- Topics
  - Case reports, case series
  - Innovative use of technology in clinical settings
  - Innovative solution to difficult clinical problems
  - Observations from pilot studies
  - etc

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## Formatting

- Brief introduction or background
- Brief description if the clinical case of challenging clinical scenario
- Brief method section and a separate brief results section
- Brief discussions of key findings and potential clinical implications
- 2-3 board level questions and answers (5 answers with explanations)
- 1 table OR 1 figure
- One author should be staff member from trainee program

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## Send us your manuscripts!

- Thanks
- Questions?

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## APPD Website

<https://appdha.org/>

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## APPD Leadership Elections – Congratulations!

- ▶ President: Rene Przkora, MD, PhD, University of Florida
- ▶ Vice President: Magda Anitescu, MD, PhD, University of Chicago
- ▶ Secretary/Treasurer: Sayed Wahezi, MD, Montefiore Medical Center
- ▶ Board Members:
  - ▶ 1. Lynn Kohan, MD, University of Virginia
  - ▶ 2. Boris Spektor, MD, Emory
  - ▶ 3. Susan Moeschler, MD, Mayo Clinic, Rochester, MD
  - ▶ 4. open
- ▶ Past President: Scott Brancolini, MD, MPH, University of Pittsburgh Medical Center

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## Future Topics to Discuss?

- ▶ Contact us!

**THANK YOU**

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## THANK YOU!


- ▶ To a generation of MACKEYS:
  - ▶ Ian Mackey, our programmer/website builder
  - ▶ New duties to be handled by AAPM
- ▶ And of course, Sean Mackey, MD, PhD, exiting board member, Stanford
  - ▶ Without whom much of our organization would not exist!
  - ▶ Thank you!
- ▶ Mark Bicket, MD, PhD, Johns Hopkins – thank you for your tenure on our APPD board.
- ▶ Sarah Bilissis, for everything!

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## WAIT...I have a topic

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## Who is on the track for a promotion?



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## How about a post meeting:

- ▶ Get together
- ▶ Email / CV trade
- ▶ Happy hour!

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