

Troika Consult:

Unleashing local wisdom to address current problems or issues

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Objectives

- Participate in peer-to-peer coaching
- Refine your skills in asking for help
- Improve your listening and consulting skills

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Steps (10 minutes/concern)

- Identify a problem/challenge
- Get into groups of 3 (people you do not already know)
- Identify a "client" and 2 "consultants" for each of the 3 rounds
- Client shares challenge/problem (1-2 minutes)
- Consultants ask clarifying questions (1-2 minutes)
- Client turns around
- Consultants discuss solutions and coaching advice (4-5 minutes)
- Client turns around and shares what was most valuable

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