

**ABA** THE AMERICAN BOARD OF ANESTHESIOLOGY

## MOCA: TO PARTICIPATE OR NOT TO PARTICIPATE

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## DISCLOSURES

- Director - American Board of Anesthesiology
- Member - Anesthesiology RRC (ACGME)
- Vice Chair - Continuing Certification Committee (ABMS)

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## MOCA GOAL

**MOCA:** To demonstrate a commitment to lifelong learning, quality clinical outcomes and patient safety

**MOCA 2.0™:**  
To create a web-based platform that supports personalized knowledge acquisition, assessment and demonstration of proficiencies



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## WHY PARTICIPATE IN MOCA?

- Diplomates spoke, the Board listened
- MOCA 2.0™ is coming; it promotes knowledge acquisition and retention
- Participation has benefits that outweigh costs
- Offers self-regulation for physicians by physicians

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## MOCA PERCEPTION SURVEY

**INVITED 29,000**  
DIPLOMATES TO PARTICIPATE

You spoke, we listened:

- A majority of respondents said **Part 3 (Exam)** and **Part 4 (Improving Medical Practice)** were the most challenging

You said you wanted:

- A more relevant program
- Simulation and the exam eliminated
- Something less burdensome/costly

**28% responded**

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## MOCA 2.0™ IS COMING

- MOCA 2.0™ will help diplomates integrate customized educational resources into their daily practice. We are:
  - Replacing exam with **MOCA Minute™ pilot**
  - Adding a **practice profile** to customize the MOCA Minute™
  - Making the Part 4 high-fidelity **simulation optional**



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## MOCA 2.0™ IS COMING

- In 2017, we are adding:
  - Functionality to search CME by topic
  - MOCA 2.0™ dashboard to track knowledge and gaps
  - An online repository to store certificates and other important documents



## MOCA FEES AND REVENUE

- The ABA is moving to a \$210 annual fee; Committed to not raising fees
- Clearing up misperceptions:
  - The Board **does not** sell or generate income from CME products
  - The Board generates its revenue from its exams
  - A majority of this revenue funds exam-related expenses



## MOCA 2.0™ & KNOWLEDGE RETENTION

- MOCA Minute™ allows diplomates to quickly and continuously assess their knowledge, then **guides them to learning resources**
- Diplomates who actively participated in the 2014 MOCA Minute™ pilot **scored higher** on their subsequent MOCA exam than those who did not participate

## MOCA MINUTE™ ASSESSMENT FOR LEARNING

- Spaced education and retrieval practice** are more effective approaches to addressing **knowledge retrieval and retention**
- In more than 16 randomized trials, **physicians improved long-term knowledge retention** by answering questions over spaced intervals of time\*
- MOCA Minute™ offers **practical, self-directed learning**
- It will help physicians more accurately self-assess knowledge and help the Board identify those who are falling behind relative to their peers

\*B. Price Kerfoot, M.D., EdM, "Brain Science Provides New Approach to Patient Safety Training" Patient Safety & Quality Healthcare, Nov./Dec. 2014, Volume 10, Issue 6

## NTL PARTICIPATION – WHY NOT?

- You will not risk losing certification by participating in MOCA**
- You may **withdraw without penalty**
- You are already meeting MOCA requirements if you are:
  - maintaining your medical license
  - exceeding average CME requirements (25 credits per year)
  - participating in quality improvement activities
- Participating in the MOCA Minute™ will help you **identify knowledge gaps** and **steer you to related CME**, helping you take a strategic approach to learning

## BENEFITS OUTWEIGH COSTS

- According to a recent Forbes commentary piece\*:
  - a physician's time accounts for **90%** of the cost associated with MOC participation
  - Board-certified physicians make **\$100,000** more than physicians who are not certified



\*"Keeping Up With The Latest Medical Science: Costs Versus Benefits," Steve Pociask, Forbes, Sept. 21, 2015

## PHYSICIAN SELF-REGULATION

- The ABA Board of Directors is made up of 12 practicing anesthesiologists and one public member
- We use our clinical experience and ABMS guidelines to set standards
- Most physicians agree that maintaining medical knowledge is critical
- We are proactively engaging diplomates in an agile redesign process to keep MOCA relevant

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**As physicians, we are in the best position to regulate our practice.  
If we don't, who will?**

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# THANK YOU!