

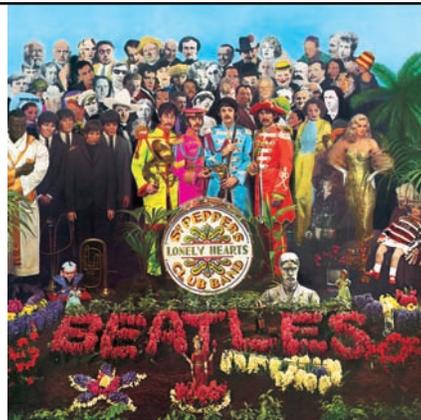
Its Lonely At The Top – Whom Does A Chair Turn To For Advice?

Thomas K. Henthorn, M.D.
University of Colorado
School of Medicine
Aurora, CO
November 7, 2014

It can feel lonely when you're at the top



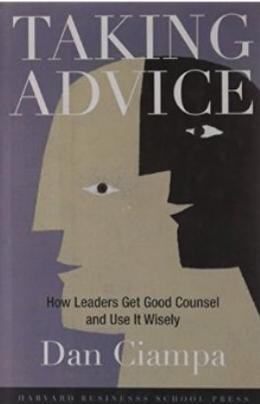
And equally lonely when you feel down



WHEN YOU'RE UP,
YOUR FRIENDS KNOW
WHO YOU ARE.
WHEN YOU'RE DOWN,
YOU KNOW WHO
YOUR FRIENDS ARE.
thingsweforget.blogspot.com

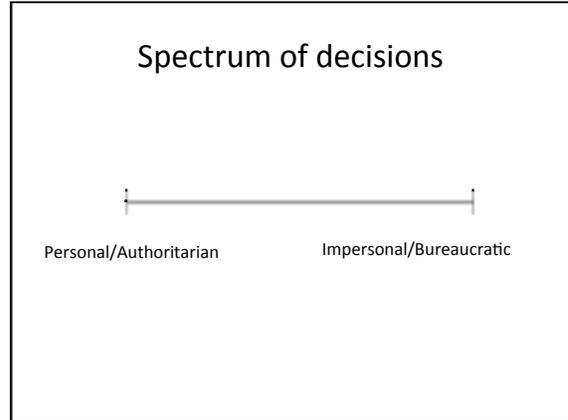
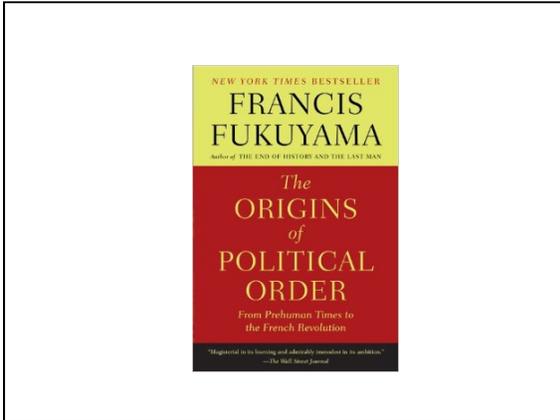
Leaders get out in front
and stay there by raising
the standards by which
they judge themselves -
and by which they are
willing to be judged.

Problem for leaders when you're out in front:
Are you being chased or are you being followed?



Potential Advice Givers

- Family
- Key faculty
- Other Chairs (anesthesiology and SOM)
- Associate Deans
- Administrator
- Coach



Associate Deans



Getting advice from your legal department(s)



Getting to know your physician health resources



Advice from your administrator



Get a Coach



But get a coach with a proven record of success ...and Zen-like qualities if possible



While the physician executive is likely to become increasingly effective over time, the availability of the Coach to help the physician executive on an ongoing basis as h/she contemplates issues and alternatives is one of the principal long-term values of the coaching relationship.

Getting a coach for your team



Final note: It may be lonely at the top, but at least not every decision you make has consequence

