



# SAAAPM

SOCIETY OF ACADEMIC ASSOCIATIONS OF  
ANESTHESIOLOGY & PERIOPERATIVE MEDICINE

# 2022 Annual Meeting Syllabus

## November 11-12, 2022

Swissôtel Chicago · Chicago, Illinois

[www.SAAAPM.org](http://www.SAAAPM.org)

Jointly Provided by the American Society of Anesthesiologists  
(ASA) and Society of Academic Associations of Anesthesiology  
and Perioperative Medicine (SAAAPM).



# Program Information

## Target Audience

This meeting is designed for academic anesthesiologists in Chair, Core Residency Program Director, Subspecialty Fellowship Program Director and Residency Program Administrator positions. Members may invite physician and non-physician guests. The program is designed to present and discuss areas of topical interest to attendees in keeping with our collective attempt to improve academic anesthesiology departments' structure, function and the educational programs.

## About This Meeting

Topics for this meeting were selected by various methods. Suggestions for topics were derived from evaluations of the 2021 and other previous Annual Meetings, Council members, the membership at large and reviews of the published literature with the highest impact on the anesthesia specialty. These suggestions were discussed by our authorities in the field of anesthesia education or previous meetings.

The purpose of this Annual Meeting is to educate and share information that will enable academic anesthesiology departments to improve management and care.

## Registration

The registration fee for the SAAAPM 2022 Annual Meeting includes the course syllabus, all educational presentations, continental breakfasts, coffee breaks and Friday reception. There is a separate fee for lunches. Registrations that are either faxed, mailed, or made via the website to the SAAAPM office must be received by October 5, 2022. After October 5, 2022, late registration fees will be applied. Your registration fee is separate from the departmental membership dues that must be paid each year. Please include your ASA membership number with your registration to claim CME credits.

## ACCME Accreditation and Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Society of Anesthesiologists and the Society of Academic Associations of Anesthesiology and Perioperative Medicine (SAAAPM). The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

## SAAAPM Presentations

The American Society of Anesthesiologists designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## AAAC Concurrent

The American Society of Anesthesiologists designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## AACPD Concurrent

The American Society of Anesthesiologists designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## AASPD Concurrent

The American Society of Anesthesiologists designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## AAPAE Concurrent

The American Society of Anesthesiologists designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Disclaimer

The information provided at this activity is for continuing medical education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

## Disclosure Policy

The American Society of Anesthesiologists remains strongly committed to providing the best available evidence-based clinical information to participants of this educational activity and requires an open disclosure of any potential conflict of interest identified by our faculty members. It is not the intent of the American Society of Anesthesiologists to eliminate all situations of potential conflict of interest, but rather to enable those who are working with the American Society of Anesthesiologists to recognize situations that may be subject to question by others. All disclosed conflicts

of interest are reviewed by the educational activity course director/chair to ensure that such situations are properly evaluated and, if necessary, resolved. The American Society of Anesthesiologists educational standards pertaining to conflict of interest are intended to maintain the professional autonomy of the clinical experts inherent in promoting a balanced presentation of science. Through our review process, all American Society of Anesthesiologists education activities are ensured of independent, objective, scientifically balanced presentations of information. Disclosure of any or no relationships will be made available for all educational activities.

## Disclosures

This activity's content is not related to products or services of an ACCME-defined ineligible entity; therefore, no one in control of content has a relevant financial relationship to disclose, and there is no potential for conflicts of interest.

## Special Needs

The Society of Academic Associations of Anesthesiology and Perioperative Medicine (SAAAPM) fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any attendee in this educational activity is in need of accommodations, please contact the SAAAPM at (414) 389-8619.

## Cancellation Policy

Cancellation of a meeting registration must be submitted in writing and will be accepted up until October 5, 2022. Your refund, less a \$100 administrative fee will be sent after the conclusion of the meeting. Refunds will be determined by date written cancellation is received at the SAAAPM office in Milwaukee, Wisconsin.

## Overall Learning Objectives

At the conclusion of this activity, participants should be able to:

- Describe the significance of hosting Global Health Initiatives in a Department of Anesthesiology.
- Initiate wellness initiative within departments of anesthesiology.
- Employ approaches to reengage faculty and students as academic departments of anesthesiology emerge from the COVID-19 pandemic.

# Hotel & Transportation Information

## Swissôtel Chicago

323 East Upper Wacker Drive  
Chicago, IL 60601  
<http://www.swissotel.com/hotels/chicago/>

Sleeping rooms are \$259/night and the hotel is ready to take your reservations. The hotel is providing SAAAPM attendees with complimentary Internet in the guest rooms and access to the Penthouse Fitness Center. **You must make your reservation by October 20, 2022 to receive the discounted rate.**

Make your reservations online at  
<https://book.passkey.com/e/50347981>

Or call: 888-737-9477 and mention you are booking a room for the Society of Academic Associations of Anesthesiology and Perioperative Medicine Annual Meeting.

*\*Please Note: if you are planning to extend your stay for the SEA Fall Meeting (November 10, 2022), you will need to book your hotel room for those nights with their room block link to receive the group rate. The hotel will assign you the same room.*

## Local Airports

**O'Hare International Airport (ORD)**, located 17 miles from downtown, is one of the largest airports in the world.

**Midway International Airport (MDW)** is located 10 miles from downtown Chicago is another convenient travel option.

Visit [www.flychicago.com](http://www.flychicago.com) for details on parking, amenities, flight status, terminal maps and more for both O'Hare and Midway airports.

Both airports offer plentiful taxi service to downtown. Rates range from \$40-50 from O'Hare, and \$30-40 from Midway. Rates vary based on travel time and are subject to change.

The hotel does not provide shuttle service.

For more information on light rail, visit: [www.transitchicago.com/airports](http://www.transitchicago.com/airports)

## Parking

The Swissôtel Chicago offers 24-hour valet parking and will provide a 50% discount on the published valet pricing at time of check-in for SAAAPM attendees. **Please request your coupon for discounted valet parking at the meeting registration desk.** You do not need to stay at the hotel to receive discounted parking.

## Discounted Bus Transportation from Hotel to Airport

SAAAPM is offering bus transportation to both O'Hare and Midway airports, immediately following the meeting.

**Please RSVP yourself and any family/friends on your registration form.** The cost is only \$10 per ticket.

The meeting ends at 2:30pm and buses would leave from the hotel by 2:45pm. This will allow for every member to catch a flight home on Saturday. PLEASE make your travel plans such that you do not leave from Chicago (O'Hare or Midway) before 6:00pm to allow ample travel time to the airport and to go through airport security.

The SAAAPM meeting is short, but the content is always outstanding.

## Future Meeting Dates



### **2023 Annual Meeting**

November 3-4, 2023

Swissôtel Chicago – Chicago, Illinois

### **2024 Annual Meeting**

November 8-9, 2024

Swissôtel Chicago – Chicago, Illinois

### **2025 Annual Meeting**

November 7-8, 2025

Swissôtel Chicago – Chicago, Illinois

# Program Faculty

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## Friday, November 11

7:00 – 8:00am	<b>Continental Breakfast</b>
<u>8:00 – 9:20am</u>	<b><u>Mega-Mergers with Hospital Systems</u></b> <i>Moderator: B. Scott Segal, MD, MHCM</i>
8:00 – 8:20am	<b>Presentation 1</b> Roy G. Soto, MD
8:20 – 8:40am	<b>Presentation 2</b> James P. Rathmell, MD, MBA
8:40 – 9:00am	<b>Presentation 3</b> B. Scott Segal, MD, MHCM
9:00 – 9:20am	<b>Q&amp;A</b>
9:20 – 9:40am	<b>RRC Update</b> Aditee Ambardekar, MD, MEd Cheryl Gross, MA, CAE
9:40 – 10:00am	<b>Q&amp;A</b>
10:00 – 10:30am	<b>Break</b>
<u>10:30 – 11:45am</u>	<b><u>Work-Life Integration</u></b> <i>Moderator: Stephanie B. Jones, MD, FASA</i>
10:30 – 11:00am	<b>Supporting Faculty: A Faculty Administration Perspective</b> Harriet W. Hopf, MD, FUHM, FASA
11:00 – 11:30am	<b>Work that Matters: Increasing Faculty Engagement by Cultivating a Sense of Meaning at Work</b> Martha Kenney, MD
11:30 – 11:45am	<b>Q&amp;A/Panel Discussion</b>
<u>11:45 – 1:15pm</u>	<b><u>Box Lunch &amp; Business Meeting</u></b> <i>(Ticket Required)</i>
11:45 – 12:45pm	<b>Box Lunch and Networking</b>
12:45 – 1:15pm	<b>AAAC Business Meeting &amp; Introduction of All New and Interim Chairs</b> <i>Moderator: Michael C. Lewis, MD, FASA</i>

1:15 – 2:00pm	<b>Imperfect Storm: The Complexity of Anesthesiology Staffing and Compensation Metrics</b> TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE), Lic Ac B. Scott Segal, MD, MHCM
2:00 – 2:15pm	<b>Q&amp;A</b>
<u>2:15 – 3:20pm</u>	<b><u>Leaving a Legacy</u></b> <i>Moderator: Michael C. Lewis, MD, FASA</i>
2:15 – 2:30pm	<b>Presentation 1</b> Holly A. Muir, MD
2:30 – 2:50pm	<b>Presentation 2</b> Roberta Hines, MD
2:50 – 3:15pm	<b>Presentation 3</b> Douglas R. Bacon, MD, MA, FASA
3:15 – 3:20pm	<b>Q&amp;A</b>
3:20 – 3:50pm	<b>Break</b>
<u>3:50 – 5:00pm</u>	<b><u>The Great Resignation</u></b> <i>Moderator: Cynthia A. Lien, MD</i>
3:50 – 4:10pm	<b>Presentation 1</b> Jill M. Mhyre, MD
4:10 – 4:30pm	<b>Presentation 2</b> Jeffrey Berger, MD, MBA
4:30 – 4:50am	<b>Presentation 3</b> Kenichi Tanaka, MD
4:50 – 5:00pm	<b>Q&amp;A</b>
5:30 – 7:30pm	<b>SAAAPM Reception</b>

## Friday, November 11

7:00 – 8:00am	<b>Continental Breakfast</b>	11:30 – 11:45am	<b>Business Meeting</b> <i>Moderator: Timothy Long, MD</i>
8:00 – 8:05am	<b>Introduction / Welcome</b> Timothy Long, MD	11:45am – 1:00pm	<b>Box Lunch and Networking</b>
8:05 – 9:15am	<b>Novel Practices</b> <i>Moderator: Kristina Sullivan, MD</i>	11:45am – 12:00pm	<b>Grab Lunch (Ticket Required)</b>
8:05 – 8:20am	<b>Holistic Review of Residency Applicants</b> Jack Buckley, MD	12:00 – 1:00pm	<b>AACPD Meet &amp; Greet</b> <i>Moderators: Julie L. Huffmyer, MD &amp; Charles A. Napolitano, MD, PhD</i>
8:20 – 8:35am	<b>A Novel Community Engagement Curriculum</b> Stacy Fairbanks, MD	1:00 – 3:00pm	<b>Annual Updates</b> <i>Moderator: Andrea Dutoit, MD</i>
8:35 – 8:50am	<b>Efficiently Changing Program Culture</b> Mada F. Helou, MD	1:00 – 1:40pm	<b>ABA/ITE Update</b> Mark Keegan, MB, BCh, BAO, MRCPI, DABA, MSc, FCCM Alex Macario, MD
8:50 – 9:05am	<b>The Board Runner Rotation</b> Timothy W. Martin, MD, MBA	1:40 – 2:10pm	<b>ACGME Update</b> Aditee Ambardekar, MD MSEd Cheryl Gross, MA, CAE
9:05 – 9:15am	<b>Q&amp;A</b>	2:10 – 2:40pm	<b>ERAS Supplemental Application</b> Andrea Dutoit, MD Emily G. Teeter, MD, FASE, FASA
9:15 – 10:00am	<b>Competency-Based Medical Education and Time-Variable Training in Anesthesiology</b> <i>Moderator: Daniel Saddawi-Konefka, MD, MBA</i>	2:40 – 3:00pm	<b>Q&amp;A</b>
9:15 – 9:45am	<b>Competency-Based Medical Education and Time-Variable Training in Anesthesiology</b> Glenn Woodworth, MD	3:00 – 3:30pm	<b>Break</b>
9:45 – 10:00am	<b>Q&amp;A</b>	3:30 – 5:00pm	<b>Everything You Wanted to Know</b> <i>Moderator: Jed T. Wolpaw, MD, MEd</i>
10:00 – 10:30am	<b>Break</b>	5:30 – 7:30pm	<b>SAAAPM Reception</b>
10:30 – 11:30am	<b>Mistakes Made/Lessons Learned</b> <i>Moderator: Susan M. Martinelli, MD</i>		
10:30 – 10:40am	Bryan Mahoney, MD		
10:40 – 10:50am	Kate McCartney, MD, FASA		
10:50 – 11:00am	Lee Chang, MD		
11:00 – 11:10am	Tanaya Sparkle, M.B.B.S., D.ABA		
11:10 – 11:30am	<b>Q&amp;A</b>		

# AASPD Concurrent Session



## Friday, November 11

7:00 – 8:00am	<b>Continental Breakfast</b>
8:00 – 8:05am	<b>Welcome and Announcements</b> <i>Moderator: Magdalena Anitescu, MD, PhD</i>
8:05 – 9:00am	<b>How to Develop Your Reputation</b> <i>Moderators: Magdalena Anitescu, MD, PhD &amp; Edward R. Mariano, MD, MAS, FASA</i>
8:05 – 8:15am	<b>Administrative Service</b> Daryl Oakes, MD
8:15 – 8:25am	<b>Education</b> Lynn R. Kohan, MD
8:25 – 8:35am	<b>Publications</b> Holly Ende, MD
8:35 – 8:45am	<b>Social Media and Online Platforms</b> Emily E. Sharpe, MD
8:45 – 9:00am	<b>Q&amp;A</b>
9:00 – 10:00am	<b>Combined Fellowships Demystified: Lessons Learned and Road Ahead</b> <i>Moderators: Ammeka Pannu, MD &amp; Andi Traynor, MD</i>
9:00 – 9:20am	<b>OB Anesthesia/Regional</b> Naida M. Cole, MD, MM
9:20 – 9:40am	<b>Cardiac/CC</b> Shahzad Shaefi, MD, MPH
9:40 – 10:00am	<b>Q&amp;A</b>
10:00 – 10:30am	<b>Break</b>
10:30 – 12:40pm	<b>Breakouts</b>
10:30 – 11:30am	<b>Breakout Block 1 (Select 1)</b>
	<b>Breakout 1: How Do You Choose a Fellow to Interview: Tips on Evaluation of Applicants</b> Lynn R. Kohan, MD & Jody Leng, MD, MS
	<b>Breakout 2: Building Up the Future: From Med Student to Attending, How to Identify, Guide, Mentor and Promote Fellows to Continue in Academia</b> Dalia Elmofty, MD & Michele Sumler, MD, MA, FASE
	<b>Breakout 3: The Tripartite Missions: The Research Component</b> Magdalena Anitescu, MD, PhD & Brandi Bottiger, MD
	<b>Breakout 4: Fellowship Matches: How Common and What are the Challenges?</b> Franklyn P. Cladis, MD, MBA, FAAP; Chandrika Garner, MD; Mark Stafford-Smith, MD, MBA

11:30 – 11:40am	<b>Move to Breakout Block 2 Room</b>
11:40 – 12:40pm	<b>Breakout Block 2 (Select 1)</b> <b>Repeat of Block 1</b>
12:40 – 1:30pm	<b>Box Lunch &amp; Business Meeting</b> <i>(Ticket Required)</i>
12:40 – 1:10pm	<b>Lunch</b>
1:10 – 1:30pm	<b>AASPD Business Meeting</b> <i>Moderator: Magdalena Anitescu, MD, PhD</i>
1:30 – 2:15pm	<b>Updates from the Subspecialties</b> <i>Moderator: Magdalena Anitescu, MD, PhD</i>
	<b>Regional Anesthesiology and Acute Pain Medicine</b> Edward R. Mariano, MD, MAS, FASA
	<b>Critical Care Medicine</b> Erin Hennessey, MD, MEHP
	<b>Pain Medicine</b> Magdalena Anitescu, MD, PhD
	<b>Pediatric Anesthesiology</b> Concetta Lupa, MD
	<b>ACTA</b> Douglas C. Shook, MD, FASE
	<b>OB Anesthesia</b> Andrea Traynor, MD
	<b>Pediatric Cardiac Anesthesiology</b> Stephanie N. Grant, MD
2:15 – 2:45pm	<b>Break</b>
2:45 – 5:30pm	<b>Subspecialty Breakout Sessions</b>
	<b>Adult Cardiothoracic</b> Douglas C. Shook, MD, FASE
	<b>Critical Care Medicine</b> Erin Hennessey, MD, MEHP
	<b>Obstetric</b> Andrea Traynor, MD
	<b>Pain Medicine</b> Magdalena Anitescu, MD, PhD Lynn R. Kohan, MD
	<b>Pediatric</b> Concetta Lupa, MD
	<b>Regional Anesthesia</b> Christina Jeng, MD, FASA
5:30 – 7:30pm	<b>SAAAPM Reception</b>

## Friday, November 11

7:00 – 8:00am	<b>Continental Breakfast</b>
8:00 – 8:15am	<b>Introduction / Welcome / Business Meeting</b> <i>Moderator: Faye Hagggar, EdD</i>
8:15 – 9:00am	<b>Keynote Speaker</b> Amy Miller Juve, MEd, EdD
9:00 – 10:00am	<b>Snap Talks</b> <i>Moderators: Fei Chen, PhD, MEd &amp; Amy N. DiLorenzo, MA, PhD</i>
9:00 – 9:15am	<b>Are Our Trainees Checked Out? Let's Check-In! A Low Stakes, Systematic Approach to Checking In On Trainees' Progression</b> Rachel Moquin, MA, EdD
9:15 – 9:30am	<b>Resident Wellness Development: A Coordinator's Perspective</b> Megan Souter, BA, C-TAGME
9:30 – 9:45am	<b>Institutional Racism – What Is This? And How Does It Affect Your Trainees?</b> Rena Gresh, C-TAGME, GC-MedEd
9:45 – 10:00am	<b>GroundHog Day: A Yearly Cycle of Graduate Medical Education Administrative Work</b> Jannot Ross
10:00 – 10:15am	<b>Break</b>
10:15 – 11:15am	<b>AAPAE Community of Practice</b> <i>Moderators: Lara Zisblatt, EdD, MA, PMME &amp; Faye Hagggar, EdD</i>
11:15 – 11:45am	<b>Justice, Equity, Diversity &amp; Inclusion (JEDI) Panel</b> <i>Moderator: Lucine Torosian, BS</i>
11:15 – 11:25am	<b>Why Diversity, Equity and Inclusion Matters: Living Our Values</b> Kimberly J. Ward, MBA
11:25 – 11:35am	<b>Challenges and Solutions to Safe Reporting</b> Erin Wood, MS, C-TAGME
11:35 – 11:45am	<b>Strategies for Increasing Diversity and Supporting URM Trainees</b> Marisa E. Hernandez-Morgan, MD, MPP
11:45am – 12:20pm	<b>Box Lunch (Ticket Required)</b>

<b>12:20pm – 1:00pm</b>	<b>AAPAE Lunch Round Tables (20 minutes x2)</b>
	<b>Table 1: Managing Multiple Programs</b> Lucine Torosian, BS
	<b>Table 2: Work – Life Balance During COVID</b> Lara Zisblatt, EdD, MA, PMME
	<b>Table 3: How to Get Started with Ed Research</b> Ashley Grantham, MA, PhD
	<b>Table 4: Step-By-Step How to Write an Abstract/Poster</b> Fei Chen, PhD, MEd
	<b>Table 5: Dealing with Difficult Personalities at Work</b> Amy N. DiLorenzo, MA, PhD & Rossela Martinez

<b>1:00 – 5:00pm</b>	<b>Join AACPD</b>
<b>1:00 – 3:00pm</b>	<b>Annual Updates</b> <i>Moderator: Andrea Dutoit, MD</i>
<b>1:00 – 1:40pm</b>	<b>ABA/ITE Update</b> Mark Keegan, MB, BCh, BAO, MRCPI, DABA, MSc, FCCM & Alex Macario, MD
<b>1:40 – 2:10pm</b>	<b>ACGME Update</b> Aditee Ambardekar, MD MEd Cheryl Gross, MA, CAE
<b>2:10 – 2:40pm</b>	<b>ERAS Supplemental Application</b> Andrea Dutoit, MD Emily G. Teeter, MD, FASE, FASA
<b>2:40 – 3:00pm</b>	<b>Q&amp;A</b>
<b>3:00 – 3:30pm</b>	<b>Break</b>
<b>3:30 – 5:00pm</b>	<b>Everything You Wanted to Know</b> <i>Moderator: Jed T. Wolpaw, MD, MEd</i>
<b>5:30 – 7:30pm</b>	<b>SAAAPM Reception</b>

## Saturday, November 12

7:00 – 7:30am Continental Breakfast

7:30 – 8:00am **SAAAPM Business Meeting**

8:00 – 8:10am **Introduction / Welcome**  
Michael C. Lewis, MD, FASA

8:10 – 8:30am **ASA Update**  
Ronald L. Harter, MD

8:30 – 8:40am **FAER Update**  
James Eisenach, MS, MD

8:40 – 8:55am **Q&A**

**8:55 – 10:15am** **Global Health**  
*Moderator: Warren S. Sandberg, MD, PhD*

8:55 – 9:00am **Introduction**  
Warren S. Sandberg, MD, PhD

9:00 – 9:20am **Presentation 1 – Role of Global Health in Your Department: Vice-Chair of Education Perspective**  
Dawn Dillman, MD

9:20 – 9:40am **Presentation 2 – Role of Global Health in Your Department: Program Director Perspective**  
Brian J. Gelfand, MD

9:40 – 10:00am **Presentation 3 – Role of Global Health in Your Department: Chair's Perspective**  
Daniel Talmor, MD, MPH

10:00 – 10:15am **Q&A**

10:15 – 10:45am **Break**

**10:45 – 11:45am** **Re-Engagement with Residents and Faculty**  
*Moderator: Lara Zisblatt, EdD, MA, PMME*

10:45 – 10:50am **Introduction**  
Lara Zisblatt, EdD, MA, PMME

10:50 – 11:20am **Presentation 1**  
Shelley Brickson, MA, PhD

11:20 – 11:40am **Presentation 2**  
John D. Mitchell, MD & Nick Yeldo, MD

11:40 – 11:45am **Q&A**

11:45 am – 12:15pm **Box Lunch (Ticket Required)**

**12:15 – 1:15pm** **The Wellbeing of an Anesthesia Department**  
*Moderator: Amy E. Vinson, MD, FAAP*

12:15 – 12:20pm **Introduction**  
Amy E. Vinson, MD, FAAP

12:20 – 12:35pm **Establishing Psychological Safety**  
Elizabeth W. Duggan, MD, MA

12:35 – 12:50pm **Organizational of a Wellbeing initiative**  
Carol Ann Diachun, MD, MEd

12:50 – 1:05pm **Peer Support in Action**  
Bridget Pulos, MD

1:05 – 1:15pm **Q&A**

**1:15 – 2:30pm** **Perioperative Medicine. What is Now and What is Next**  
*Moderator: TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE), Lic Ac*

1:15 – 1:20pm **Introduction**  
TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE), Lic Ac

1:20 – 1:40pm **The Vision and Value of Perioperative Medicine**  
Angela F. Edwards, MD, FASA

1:40 – 1:50pm **Where Are We Now?: Opportunities and Barriers for Advancing Perioperative Medicine at the National and Institutional Level**  
*Matthew D. McEvoy, MD*

1:50 – 2:20pm **Training the Next Generation of Perioperative Physicians: A Close Up Look at Fellowship Training**  
*Jenna D. Blitz, MDD, FASA, DFPM*

2:20 – 2:30pm **Q&A**

2:30pm **Event Ends**

2:45pm **SAAAPM Hosted Buses Depart for Airports**

HANDOUT



# Mega-Mergers with Hospital Systems

Moderator: B. Scott Segal, MD, MHCM

Friday, November 11

8:00 AM - 9:20 AM

HANDOUT



# Mega-Mergers with Hospital Systems: Presentation 1

Roy G. Soto, MD

Friday, November 11  
8:00 AM - 8:20 AM



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Beaumont Hospital

1



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Oakland University William Beaumont Hospital

2



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Beaumont Health

3



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Corewell Health

4



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Corewell Health - East

5



# Mega-Mergers with Hospital Systems

## The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Corewell Health William Beaumont University Hospital

6



## Mega-Mergers with Hospital Systems

### The Beaumont Perspective

Roy Soto, MD  
Residency Program Director  
Corewell Health William Beaumont University Hospital



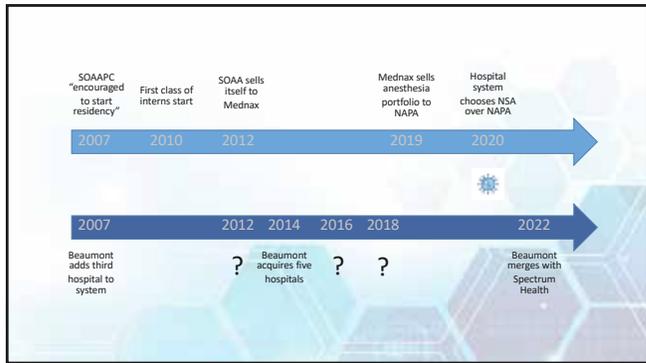
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### My Conundrum

- Separating the anesthesia group changes from the hospital mergers
- We're still here, so everything must be fine

11



### Effects of Group Mergers

Money	Accounting changes
Personnel	Change in/consolidation of Program Coordinator for some residencies <ul style="list-style-type: none"> <li>• Smaller lost, larger gained</li> </ul>
Supplies	No change in drugs/equipment/offices
Residency as a whole	Consolidation of Family Practice, orthopedics, pulmonary programs <ul style="list-style-type: none"> <li>• Quality of residents vs. elitism</li> </ul>

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### Effects of Change

- Threat of merger with HFH drove us to sell practice
- Anticipation of merger with Spectrum drove hospital to consolidate anesthesia groups

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### The NAPA → NSA Change

- Lost 50% of clinical faculty
  - Chair/PD/APD stayed same
  - 80% of rotation directors left
  - 50% of prior "teacher of the year" left
  - Bad press
- Created anxiety in residents/remaining faculty
- Created anxiety for surgeons
- Made interview season challenging

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### Residency Threats

- Other PDs badmouthing us
- Instability
  - Existential angst among residents
  - Interview season
- Name recognition
  - Residency candidates
  - Fellowship interviews
  - Job candidates

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### Residency Opportunities

- We gained 50% new faculty
  - New ideas/techniques/tips
  - Revitalized simulation, POCUS, CCM
- New vision includes enhanced academic footprint
  - "the Cleveland Clinic or Mayo of Michigan"
- Real world for our residents
- Job opportunities for our graduates
- Leadership opportunities for our attendings

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### Change is the only constant in life

-Heraclitus, 6<sup>th</sup> century BCE

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HANDOUT



# Mega-Mergers with Hospital Systems: Presentation 2

James P. Rathmell, MD, MBA

Friday, November 11  
8:20 AM - 8:40 AM

**Mega-Mergers with Hospital Systems**

The Emerging Mass General Brigham Healthcare System

James P. Rathmell, M.D., M.B.A.  
Chief, Enterprise Anesthesiology, Mass General Brigham

HARVARD MEDICAL SCHOOL

1

**Learning Objectives**

Describe the emerging Mass General Brigham healthcare system and the principal factors driving integration

Outline the emergence of large health care systems as the predominant mode of health care delivery in the United States and implications for anesthesia providers.

2

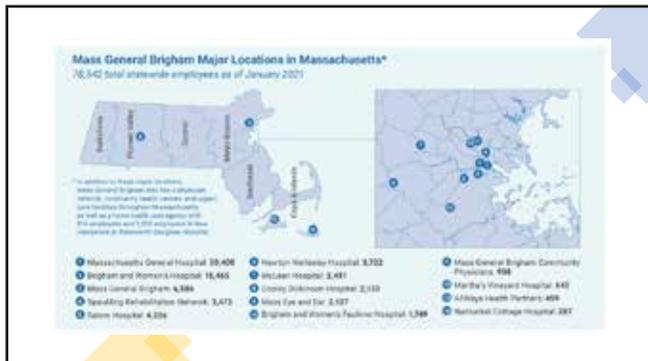
Mass General Brigham

**The Case for Change**  
SECURING OUR MISSION

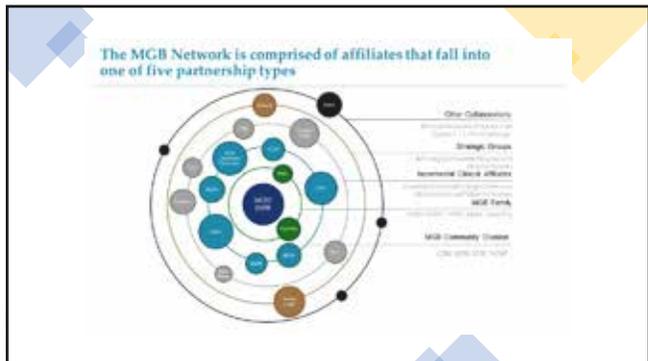
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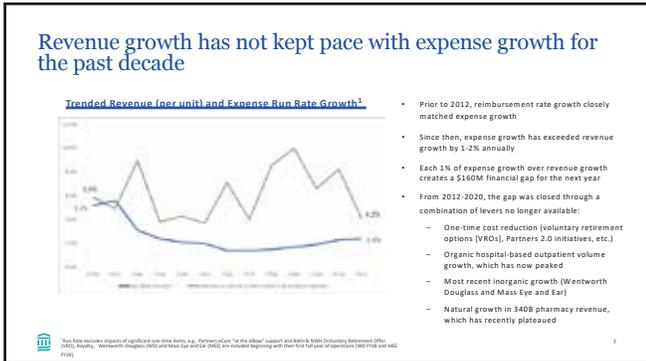
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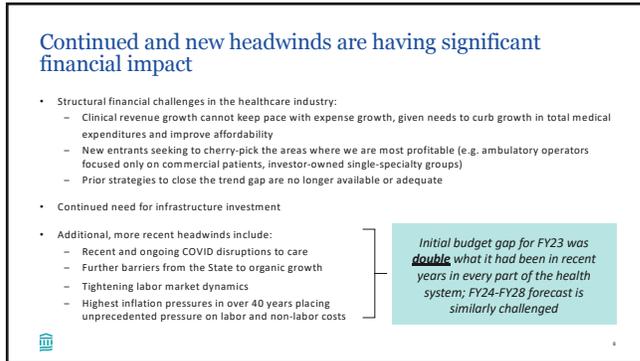
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### Our margin improvement plan includes growth, integration, and efficiency components to continue supporting our mission

**Establishing a culture of and model for continuously improving effectiveness and efficiency**

**Comprehensive approach to expense management**

- Continued process improvement in key functional areas (supply chain, revenue cycle, etc.)
- Increased emphasis on intelligent automation
- Labor productivity benchmarking and management
- Systemwide approaches to managing large non-labor spend areas (IT, pharmacy, real estate, etc.)

**Clinical integration to care for patients better and more efficiently**

- Enterprise Clinical Services to deliver a clinically integrated, consistent patient experience
- Enterprise and Local Asset Management to improve cross-system resource and capacity management
- Service lines to improve integration and impact across the system
- Access integration to promote easy access and reduce leakage

**Pursuing diversified businesses to improve our margin**

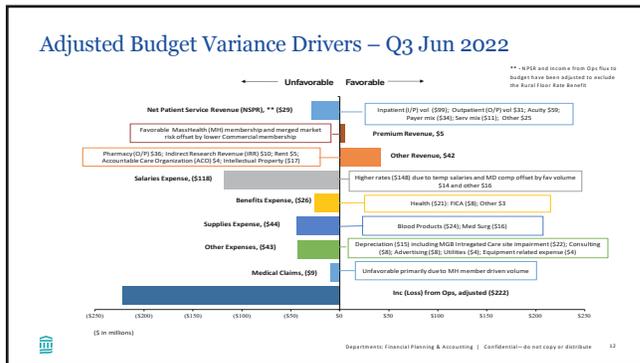
- New scientific businesses (e.g., expansion of innovation funds, gene & cell therapy)
- New clinical businesses (e.g., specialty pharmacy, global advisory, destination patient, home care, sports medicine)
- New partnerships focused on new revenue/extending marketing reach
- Health insurance (Mass General Brigham Health Plan) expansion into additional lines of business
- Possible investments in or acquisitions of targeted companies in key growth areas

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### Reported & Adjusted Income from Operations – YTD Jun 2022

(\$ in millions)	Q1	Q2	Q3	June Year to Date
Income (loss) from ops, as reported	\$ 10	\$ (193)	\$ (120)	\$ (303)
<b>Item excluded from budget:</b>				
Rural floor rate benefit	(37)	(36)	(40)	(113)
Quality of Earnings total	(37)	(36)	(40)	(113)
Income (loss) from ops, as adjusted	\$ (27)	\$ (229)	\$ (160)	\$ (416)
Income (loss) from ops, budgeted	(12)	(32)	62	18
Budget variance, as adjusted	\$ (15)	\$ (197)	\$ (222)	\$ (434)
Reported margin %	0.2%	-4.8%	-2.8%	-2.4%

11



12

**Our margin improvement plan includes growth, integration, and efficiency components to continue supporting our mission**

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1872 **The Boston Globe** 2022  
Serving our community for 150 years

**At Mass General Brigham, a sweeping effort to unify hospitals and shed old rivalries**

Executives say greater cooperation is necessary to stay relevant in a dynamic and competitive health care industry. But the aggressive push to integrate is stirring tensions and sowing discontent among doctors and hospital leaders.

By Priyanka Deyal McCluskey and Larry Edelman Globe Columnist, Updated March 27, 2022, 6:15 p.m.

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**Emerging Trends**  
LEADERSHIP IN TURBULENT TIMES



15

**Emerging Trends in Anesthesiology Practice**

Workforce  
Practice Consolidation



2022 AMERICAN SOCIETY OF ANESTHESIOLOGISTS | INSTITUTIONAL 2022

16

**Workforce Trends**

Practices of all types are reporting recruiting challenges

**Anesthesiology is among the most popular of specialties** for medical school graduates but cannot keep up with growing demand

- Demand for anesthesiology likely to increase in coming years
- Ability to impact supply is limited due to funding limitations and lengthy timelines to impact training

ASA convened a Workforce Summit on June 9-10, 2022, focusing on means to address demand, rather than supply

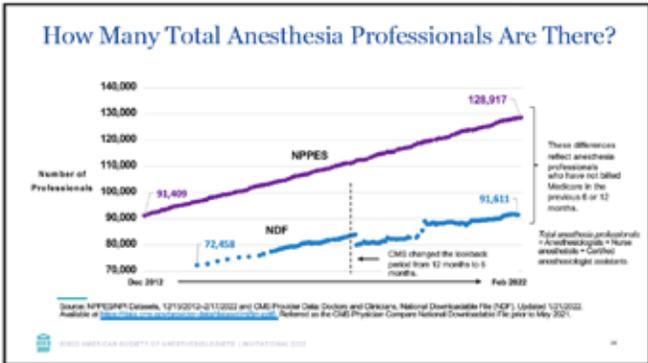
- Stimulate discussion among U.S. Health systems and anesthesiology leadership
- Create next steps to address the supply/demand imbalance

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**Anesthesiologist Supply v. Demand**

<p><b>Factors affecting Supply</b></p> <ul style="list-style-type: none"> <li>Residency Match results signal strong demand for anesthesiology residency programs</li> <li>-Growth in the number of applicants</li> <li>-Growth in positions offered</li> <li>-Increase in percentage of positions filled</li> </ul> <p>Greater emphasis on shift work/lifestyle/locum tenens among new graduates</p> <p>Aging of the anesthesiologist workforce</p>	<p><b>Factors affecting Demand</b></p> <ul style="list-style-type: none"> <li>Aging of the population</li> <li>Growth of ambulatory surgery</li> <li>Growth of non OR anesthesia services</li> </ul>
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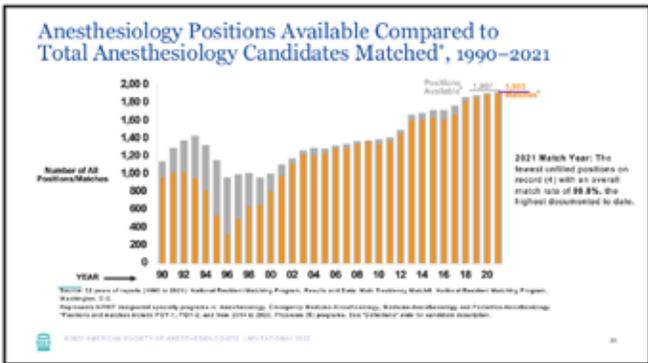
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### Practice Consolidation

Anesthesiology is becoming increasingly diverse and competitive

Types of practices

- Traditional, small practices
- Medium to large, regional independent practices, often formed as a result of merger
- National corporate
- Hospital or health-system employed
- Academic

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### Practice Consolidation

Type of consolidation

- Private equity
- Practice mergers and organic growth
- Hospital acquisition/employment

Factors accelerating consolidation

- Need for scale relative to insurance and health systems negotiation
- Ability to compete in marketplace
- Increasing expense of information systems, compliance, billing and specialized back-office functions

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### A Trend Throughout Healthcare

In 2018 the valuation of private equity deals in the US health care sector surpassed \$100 billion—a twentyfold increase from 2000 (when it was less than \$5 Billion)

Private Equity Investments In Health Care; Health Affairs, May 2021

Private Equity is attracted to healthcare because it is recession resistant, has operational inefficiencies, and projected demand for increased services (aging of population)

Key attributes of Private Equity: Diverse structures and source of funds; reliance on leveraged buyouts and outsized returns; seek to grow through acquisition of platform practices in target markets

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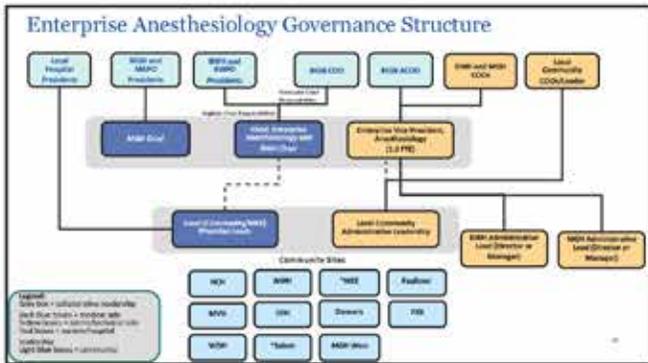
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### Mass General Brigham Enterprise Anesthesiology

- Assure Quality & Safety:** Provide quality and safety oversight to ensure expert level clinical care is provided to all patients and follow national accepted standards of care and regulatory guidelines, as well as high ethical standards.
- Share Best Practices:** Create forums to share best practices, and transfer clinical practices, streamline standard operating procedures.
- Align Compensation:** Align on compensation and benefits models, ensuring MGB Anesthesia locations as premier place of employment for anesthesiologists, intensivists, and pain medicine providers.
- Strengthen Departments:** Strengthen academic departments by seeking opportunities to align and collaborate on clinical and academic missions, fostered by close communication and joint strategic planning.
- Enhance Efficiency and Effectiveness:** Develop community affiliates within a Community Division to bring together community-based practices. Operate, create coordinated opportunities to enhance efficiency, effectiveness, and service to patients while approximating history and values of each location (i.e. administrative functions - IT, scheduling administration).

**Governance**

26



27

### MGH Enterprise Anesthesiology FY23 Goals

1. Implement MGB Enterprise Anesthesiology administrative structure
2. Establish MGB Enterprise Anesthesia Community structure
3. Launch Enterprise structure for Quality & Safety
4. Develop Enterprise Anesthesia Clinical Operations Dashboard

**MGH Enterprise Anesthesiology**  
Mass General Brigham

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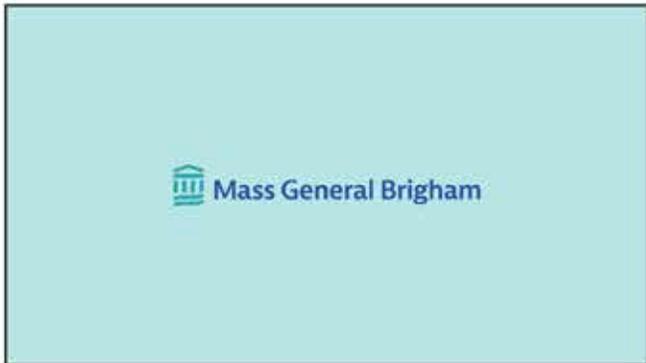
### Summary

The COVID pandemic has created new opportunities for anesthesiologists to serve as leaders within health care systems.

The anesthesiology workforce will change dramatically in the decade ahead and will change our everyday practice.

Large health care systems are emerging as the predominant mode of health care delivery in the United States.

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HANDOUT



# Mega-Mergers with Hospital Systems: Presentation 3

B. Scott Segal, MD, MHCM

Friday, November 11  
8:40 AM - 9:00 AM



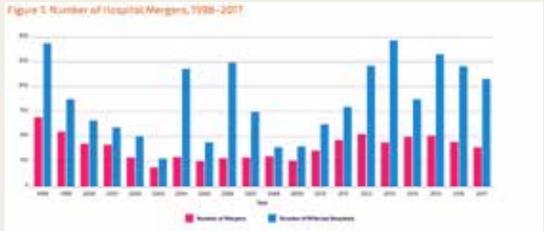
# Mega-Mergers with Hospital Systems

B. Scott Segal, MD, MHCM  
Roy G. Soto, MD  
James P. Rathmell, MD

1

## Hospital megamergers: a growing trend

Figure 3. Number of Hospital Mergers, 1998-2017

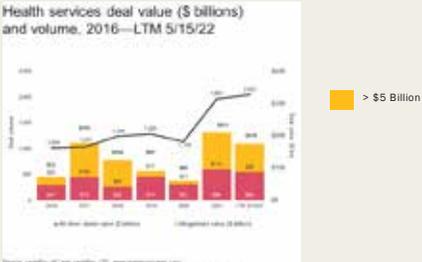


Source: American Hospital Association, 2018

2

## Number, value of deals increasing

Health services deal value (\$ billions) and volume, 2016—LTM 5/15/22



■ > \$5 Billion

3

## Hospital systems increasingly concentrated

$$HHI = s_1^2 + s_2^2 + s_3^2 + \dots + s_n^2$$

- Herfindahl-Hirschman Index >2500 is “highly concentrated”
- 80% of hospital markets highly concentrated (Gaynor 2020)
- Average HHI for hospital markets 5,092
- Top 10 systems control 24% of total healthcare market (Deloitte 2020)

4

## AMCs and mega-mergers

- 36% of CEOs at AMCs said M&A would be main engine of growth (2016 survey)
- Hospital systems financially stressed—likely more coming!
- Today’s panel will discuss 3 examples

5




## The Wake Forest-Atrium Health Deal

6

### A “strategic combination” is announced

- April 2019 announced; regulatory oversight, board approvals
- October 9, 2020 deal completed
- Initially 42 hospitals, 1500 healthcare locations
- North Carolina, South Carolina, Georgia and Virginia
- 70,000 teammates
- 15 M patient interactions



7

### Initial features

- Based in Charlotte, NC
  - CEO Gene Woods, in Charlotte is Enterprise CEO
  - Legacy Wake CEO Julie Freischlag, MD remains CEO in Winston-Salem, Dean and CAO for School of Medicine and Enterprise
- Largest US city without a medical school
- Initial terms included
  - Build 2nd campus of WFSOM in Charlotte
  - Large capital infusion (3.4B) into Wake region
- Approximately \$14 B, one of top 5 largest academic systems



8

### More consolidation

- Acquired Floyd Health in Georgia in July 2021
- Announced merger with Advocate-Aurora May 2022
- When complete (under FTC review)
  - Headquartered in Charlotte, called Advocate Health (keep local brands)
  - Co-CEOs for 18 months, then Woods sole CEO
  - 150,000 teammates
  - 67 more hospitals
  - Combined revenue of \$27 B
  - One of top 5 largest healthcare systems of any type



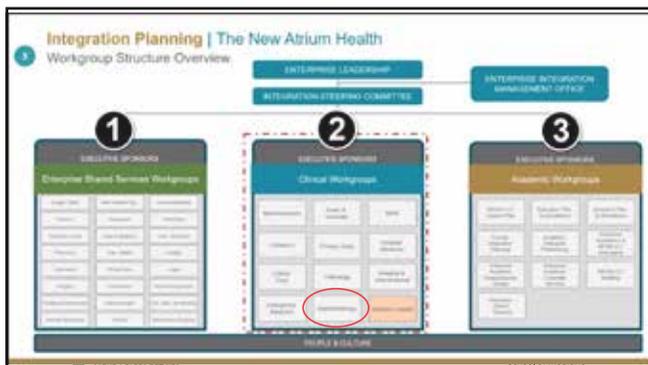
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### Integration

- Variety of clinical entities in CLT
  - Large private practices
  - Enterprise-employed departments
  - “Hybrid” leaders with both affiliations (chief surgical officer)
  - Some residencies, rotating medical students, CRNA school
  - Institutes: larger than individual departments (e.g., cardiovascular, cancer, musculoskeletal, neuroscience)
- Integration efforts divided into waves



10



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12

### Capital infusion is *great news*



13

### Academic integration

- Adjunct faculty appointments in CLT
- Medical student rotations
- Beginning of collaborative research
- Enterprise seems committed to academic LHS



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### Clinical integration

- Epic "harmonization"
  - Q1 2024 completion target
- Shared quality goals
  - MPOG
  - Resisted OR efficiency metrics
- Shared OR safety program ("Wake Wings")
- No talk of combining entities



15

### Cultural integration

- Clearly different cultures
  - Private anesthesia practice vs. hybrid academic department
  - Very "corporate" feel from Atrium Health
  - Much less tradition of academics in some services
- Will academic identity continue?
  - Ever smaller fraction of Enterprise
  - Effect of Charlotte campus
  - No plans for residency in Charlotte at present
- As CLT feels more academic, \$ differences will be ↑ important
- Upper management consolidation



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HANDOUT



# RRC Update

Aditee Ambardekar, MD, MEd  
Cheryl Gross, MA, CAE

Friday, November 11  
9:20 AM - 9:40 AM



## ACGME Review Committee Update

November 11, 2022

*Aditee Ambardekar, MD*  
 Chair, Review Committee for Anesthesiology

1



## Disclosure

- No disclosures to report

2



## Session Objectives

1. Describe current accreditation statistics for core and subspecialty programs
2. Discuss recent and upcoming changes to the Program Requirements
3. List recent and upcoming initiatives at the ACGME and Anesthesiology RC

3



## The Stats



4



## Trends in Core Anesthesiology Programs

Academic Year	# Approved Resident Positions	# Core Programs
2021-2022	7,859	166
2020-2021	7,640	161
2019-2020	7,531	160
2018-2019	7,299	153
2017-2018	7,171	153
<b>5-Year Trend</b>	<b>↑ 9.6%</b>	<b>↑ 8.5%</b>

5



## Core Anesthesiology Program Size 2021-2022

Number of Filled Positions	Number of Programs
0 Residents	5
1-24 Residents	49
25-49 Residents	50
50-74 Residents	38
75-99 Residents	16
100+ Residents	8

Number of Filled Positions	
Range	0-113
Mode	20
Median	39
Mean	43

**90.5% Fill**

6

### Subspecialty Programs 2020-2021

Subspecialty	Number of Programs	Filled	Active Fellows
Adult Cardiothoracic	74	94.7%	251
Critical Care Medicine	64	83.6%	219
Regional Anesthesiology and Acute Pain Medicine	40	96.1%	98
Obstetric Anesthesiology	41	85.3%	58
Pain Medicine	114	94.7%	4333
Pediatric Anesthesiology	61	83.1%	222

7

- ### Pediatric Cardiac Anesthesiology
- Beginning accreditation – July 1, 2022
  - Currently accredited
    - 6 programs
    - 10 approved positions

8



9

- ### Annual Review Committee Activities
- Applications for new programs
  - Permanent complement increase requests
  - Annual data
    - Programs with Citations
    - Programs with Annual Data Indicators
  - 10-Year site visit reports
- 

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- ### Annual Program Review 2020-2021
- 501 Programs Reviewed**
- 472 Continued Accreditation
  - 5 Continued Accreditation with Warning
  - 11 Initial Accreditation
  - 2 Accreditation Withheld
  - 1 Deferred
- Common Citations**
- Faculty and Resident Scholarly Activity
  - Qualifications of Faculty (subspecialty)
  - Responsibilities of Program Director (Failure to provide accurate information)
  - Responsibilities of Faculty
  - Curricular Development
  - Evaluation of Residents
  - Educational program—Patient Care Experience and Didactic Components

11



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### Protected Time: Core Program Director

Number of Approved Resident Positions	Minimum Support Required (FTE) for the Program Director	Minimum Additional Support Required (FTE) for Program Leadership	Total Minimum Program Leadership Support
1-20	0.2	0.2	0.4
21-30	0.4	0.2	0.6
31-40	0.4	0.3	0.7
41-50	0.4	0.4	0.8
51-60	0.4	0.5	0.9
61-70	0.4	0.6	1.0
71-80	0.4	0.7	1.1
Over 80	0.4	0.8	1.2

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### Protected Time: Core Coordinator

Number of Approved Resident Positions	Minimum Support Required (FTE)	Number of Approved Resident Positions	Minimum Support Required (FTE)
9-10	0.7	61-65	1.8
11-15	0.8	66-70	1.9
16-20	0.9	71-75	2.0
21-25	1.0	76-80	2.1
26-30	1.1	81-85	2.2
31-35	1.2	86-90	2.3
36-40	1.3	91-95	2.4
41-45	1.4	96-100	2.5
46-50	1.5	101-105	2.6
51-55	1.6	106-110	2.7
56-60	1.7	111-115	2.8
		116-120	2.9
		Over 120	3.0

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### Protected Time: Subspecialty PDs

Number of Approved Fellow Positions	Minimum FTE
1-2	0.1
3	0.125
4	0.15
5	0.175
>5	0.2

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### Protected Time: Subspecialty Coordinator

Number of Approved Fellow Positions	Minimum FTE
1	0.2
2	0.24
3	0.26
4	0.28
>5	0.02 per each additional approved position

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- ### Major Revisions Program Requirements
- Core – work will begin in 2024 for July 1, 2026 start date
    - Planning for future of anesthesiology
    - JGME article – internal medicine process
  - Subspecialties – work will begin in early 2023 for a July 1, 2024 start date

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- ### Milestones 2.0
- Core Anesthesiology in effect July 1, 2021
  - Adult Cardiothoracic – working through December
  - Critical Care – Working through Jan 2022
  - Obstetrics – working through Feb 2022
  - Pediatric – working through Feb 2022
  - Pediatric Cardiac – working through Feb 2022
  - Pain Medicine – Review and Comment Closed Oct 31

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## Rural Track Program Designation

- Processes developed to address accredited programs that meet CMS definition of “rural track”
- Urban teaching hospital can obtain DGME and IME financing through partnerships with rural hospitals and sites
- Info on [www.acgme.org](http://www.acgme.org)
- Contact [muap@acgme.org](mailto:muap@acgme.org) or 312.755.7458

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## ACGME Equity Matters™

- Framework for continuous learning in DEI and anti-racism practices
- Comprehensive curriculum of ideas, models, and data to support interventions to develop diverse physician workforce to care for diverse patient populations
- Combines educational resources and collaborative learning communities
- Visit the ACGME website or email [diversity@acgme.org](mailto:diversity@acgme.org) for more information

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## Medical, Parental, Caregiver Leave(s) of Absence

- [ACGME Institutional Requirements, effective July 2022](#)
- Minimum of 6 weeks of leave at least once and at any time during an ACGME-accredited program
- Provide residents/fellows equivalent of 100% of salary for first 6 weeks of first approved leave
- At least one week of paid time off outside the first 6 weeks of first approved leave
- Continue health and disability insurance benefits for residents/fellows and eligible dependents during approved leave

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## Medical, Parental, Caregiver Leave(s) of Absence

- RC allows flexibility in approved leaves of absence
  - Clinical experience requirements must be met (includes case logs)
  - Clinical Competency Committee must deem the affected resident fully prepared for autonomous practice
- Review ABA's (or AOBA) Absence from Training policy

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## Competency-Based Medical Education

- ABMS-ACGME Symposium – held August 2023
- Review Committee plans to incorporate as part of its major program requirement revisions
- In the meantime – AIRE process
  - Promoting innovation for programs
  - Can permit reprieve from specific program requirements based on proposal

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## CONTACT ACGME Staff – they want to help!

<p><b>Review Committee Staff</b></p> <p>Cheryl Gross: <a href="mailto:cgross@acgme.org">cgross@acgme.org</a>                  Kerri Price: <a href="mailto:kprice@acgme.org">kprice@acgme.org</a>                  Aimee Morales: <a href="mailto:amorales@acgme.org">amorales@acgme.org</a></p> <ul style="list-style-type: none"> <li>Program requirements</li> <li>Notification letters</li> <li>Complement requests</li> <li>Case Log <u>content</u></li> </ul>	<p><b>ADS Staff</b></p> <p><a href="mailto:ADS@acgme.org">ADS@acgme.org</a></p> <ul style="list-style-type: none"> <li>ADS</li> <li>Surveys</li> <li>Case Log <u>technical support</u></li> </ul> <p><b>Field Activities Staff</b></p> <p><a href="mailto:fieldrepresentatives@acgme.org">fieldrepresentatives@acgme.org</a></p> <ul style="list-style-type: none"> <li>Site Visits</li> <li>Self-Studies</li> </ul>
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HANDOUT



# Work-Life Integration

Moderator: Stephanie B. Jones, MD, FASA

Friday, November 11

10:30 AM - 11:45 AM

HANDOUT



# Work-Life Integration: Supporting Faculty: A Faculty Administration Perspective

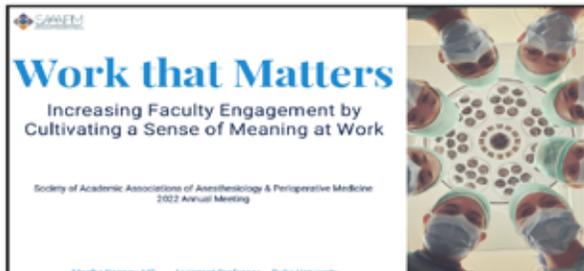
Harriet W. Hopf, MD, FUHM, FASA

Friday, November 11  
10:30 AM - 11:00 AM

# Work-Life Integration: Supporting Faculty: Work that Matters: Increasing Faculty Engagement by Cultivating a Sense of Meaning at Work

Martha Kenney, MD

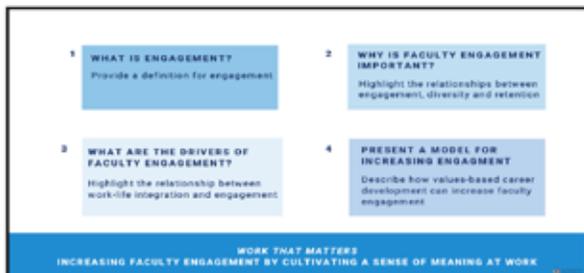
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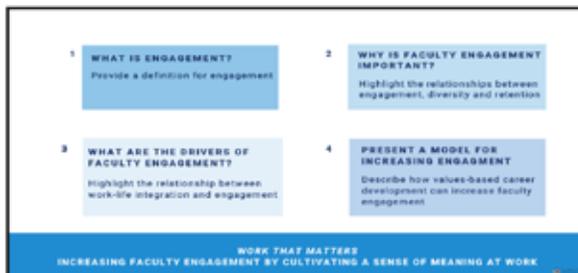
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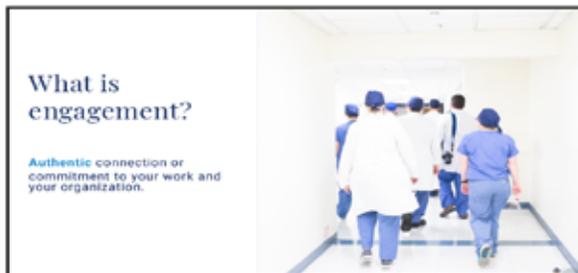
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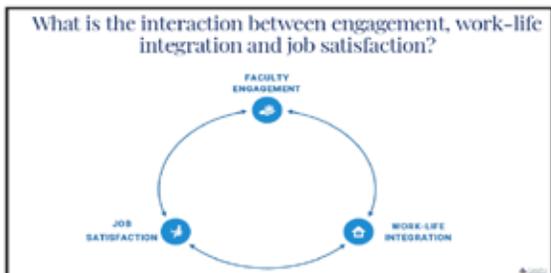
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3 out of 5  
PHYSICIANS ARE DISENGAGED

First 3-5 yrs  
LOWEST LEVEL OF ENGAGEMENT

- "BATTERED"
- "PRESSURED"
- "MISUNDERSTOOD"
- "ISOLATED"

9

From enthusiastic student to disengaged physician

10

<p>1. WHAT IS ENGAGEMENT?? Provide a definition for engagement</p>	<p>2. WHY IS FACULTY ENGAGEMENT IMPORTANT?? Highlight the relationships between engagement, diversity and retention</p>
<p>3. WHAT ARE THE DRIVERS OF FACULTY ENGAGEMENT?? Highlight the relationship between work-life integration and engagement</p>	<p>4. PRESENT A MODEL FOR INCREASING ENGAGEMENT Describe how values-based career development can increase faculty engagement</p>

WORK THAT MATTERS  
INCREASING FACULTY ENGAGEMENT BY CULTIVATING A SENSE OF MEANING AT WORK

11

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WORK THAT MATTERS  
INCREASING FACULTY ENGAGEMENT BY CULTIVATING A SENSE OF MEANING AT WORK

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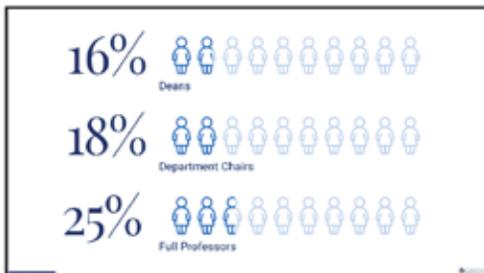
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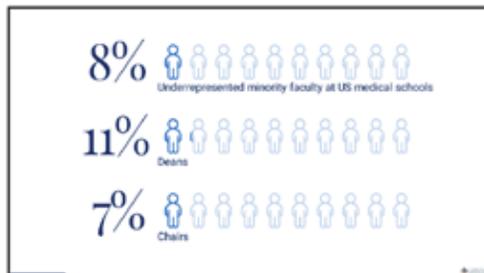
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18

1 **WHAT IS ENGAGEMENT?**  
Provide a definition for engagement

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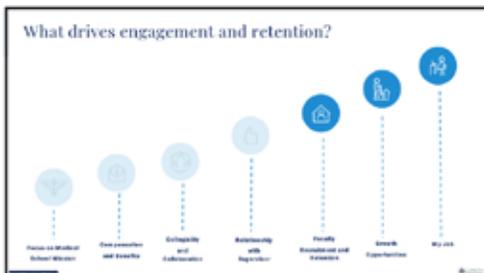
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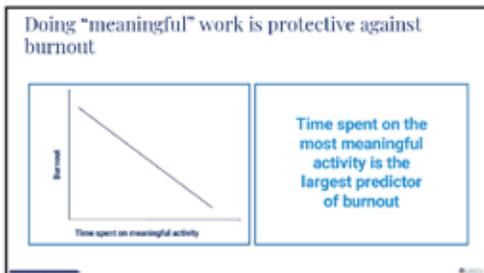


23

“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do **what you believe is great work**. And the only way to do great work is to love what you do.”

STEVE JOBS

24



25

1 **WHAT IS ENGAGEMENT?**  
Provide a definition for engagement

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**WORK THAT MATTERS**  
INCREASING FACULTY ENGAGEMENT BY CULTIVATING A SENSE OF MEANING AT WORK

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**Model for Boosting Faculty Engagement**

- VALUES**  
What matters most to self
- HABITS**  
Daily behaviors and skills
- SYSTEMS**  
Tools, structures and culture

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**Model for Boosting Faculty Engagement**

- VALUES**  
What matters most to self
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29

**Model for Boosting Faculty Engagement**

- VALUES**  
What matters most to self
- HABITS**  
Daily behaviors and skills
- SYSTEMS**  
Tools, structures and culture

30

**What are Values?**

**YOUR JUDGMENT OF WHAT'S IMPORTANT AND WHAT IS WORTHWHILE**

**PERSONAL LIFE SCALE**  
Values are principles or standards that weigh heavily on your personal life scale

**COMPASS**  
- Establish boundaries - know what to say "no" to and what to say "yes" to  
- Draft our personal and professional goals

**PRIORITIZATION AND INTERACTION OF OUR VALUES DIFFERS**

31

**“Values are like fingerprints. Nobody's are the same, but you leave 'em all over everything you do”**

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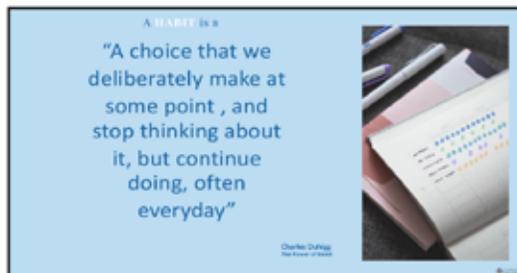
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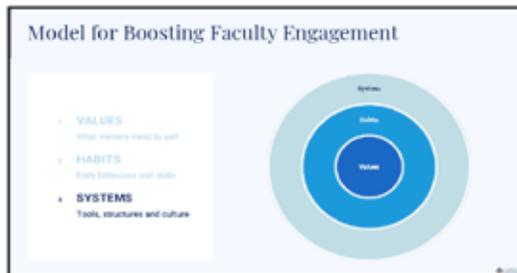


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### Forming better habits is essential to do meaningful work

- What behaviors and skills does a junior researcher need to become highly funded and published?
- What behaviors and skills does an educator need to become an expert on medical education?
- What behaviors and skills does a clinician need to become recognized for their clinical expertise?

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39

- Coaching
  - Structured & purposeful mentoring
    - Traditional
    - Peer mentoring
  - Time/project management training

- Culture
  - Ongoing conversations & check-ins
  - Reviews
  - Emails & meetings
- Structure

40

- Coaching

41



Even Serena needed a coach!

42

Everyone should have a coach!

"Coaching done well may be the most effective intervention designed for human performance."

"It's not how good you are now; it's how good you're going to be that really matters."

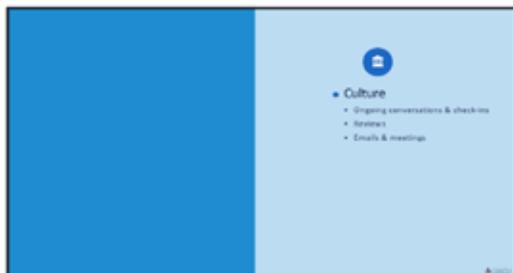
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- Structured & purposeful mentoring
  - Traditional
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44

- Time/project management training

46



- Culture
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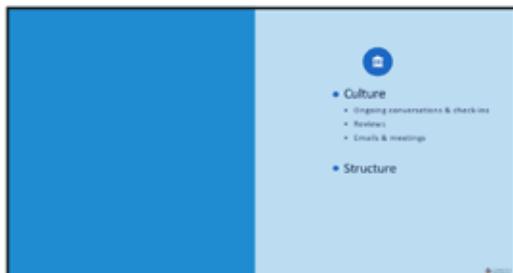
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### Ongoing Conversations that can Shape Engagement

- 1 How would you like to grow within this department?
- 2 Do you feel a sense of purpose in our job?
- 3 What do you need from me to do your best work?
- 4 What are we currently not doing as a department that you feel we should do?
- 5 Do you have the opportunity to do what you do best every day?



48



- Culture
  - Ongoing conversations & check-ins
  - Reviews
  - Emails & meetings
- Structure

53

<p><b>1 WHAT IS ENGAGEMENT?</b> Provide a definition for engagement</p>	<p><b>2 WHY IS FACULTY ENGAGEMENT IMPORTANT?</b> Highlight the relationships between engagement, diversity and retention</p>
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WORK THAT MATTERS  
INCREASING FACULTY ENGAGEMENT BY CULTIVATING A SENSE OF MEANING AT WORK

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Our values are our compass. They direct our personal and professional goals.

When we can express our full selves and align our work with our values, we become more engaged and fulfilled in the workplace.

Value-based engagement and career development allow faculty to bring their whole selves to work, and it leads to more committed, satisfied and productive faculty members.

55



"Success is liking yourself, liking what you do, and liking how you do it." — MARY KAY ASH

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[www.litlinks.com/whoney-mk](http://www.litlinks.com/whoney-mk)  
[www.literaturetoday.com](http://www.literaturetoday.com)

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HANDOUT



# AAAC Business Meeting & Introduction of All New and Interim Chairs

Moderator: Michael C. Lewis, MD, FASA

Friday, November 11  
12:45 PM - 1:15 PM

HANDOUT



# Imperfect Storm: The Complexity of Anesthesiology Staffing and Compensation Metrics

TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE), Lic Ac  
B. Scott Segal, MD, MHCM

Friday, November 11  
1:15 PM - 2:00 PM

## Imperfect Storm: The Complexity of Anesthesiology Staffing and Compensation Metrics

T J Gan, M.D., M.B.A., M.H.S., F.R.C.A.  
 Professor and Division Head  
 Anesthesiology, Critical Care and Pain Medicine  
 UT Texas MD Anderson Cancer Center

B. Scott Segal, MD, MHCM  
 Thomas H. Irving Professor and Chair  
 Wake Forest School of Medicine.

1



2

### Compensation Survey Committee

- Douglas Bacon
- Alex Bekker
- Michael Crowder
- T J Gan (Chair)
- Vesna Jevtovic-Todorovic
- Michael C. Lewis
- Timothy Morey
- Peter Rock
- B. Scott Segal
- Charles Whitten
- Cynthia Wong
- Sarah Michels - Readex Research
- Andrew Bronson

3

### Outline

- Thank you Dr. Charles Whitten for his contributions
- Changes in methodology Scott Segal
- Results from 2021/22 survey T J Gan
- Trends over the past 5 years T J Gan

4

### Changes in methodology

- Publication of “data dictionary” explaining how ratios are calculated
- Asked new questions about CRNAs, ICU
- Separated out Pain Medicine FTEs
  - To clarify ASA unit production vs. RVU production by faculty
- Offered a “town hall” style Q&A to clarify instructions
- Provided an institution-specific report
  - Allows easier comparison to benchmarks

5

### Number of Filled Faculty Positions at this Rank, Total Paid FTE:

N = 85	Mean	Median	75%	25%
Instructor	5.8	1.0	6.0	0.0
Assistant Professor	37.9	33.4	53.9	22.2
Associate Professor	14.9	12.8	19.0	7.3
Professor	8.9	6.7	11.4	2.0
Non Academic	2.5	0.0	1.0	0.0
Chair	0.9	1.0	1.0	1.0
Total	70.9	60.5	96.0	41.7

6

### Faculty Counts at your teaching/academic hospitals/facilities as of June 30,2021

	N	Mean	75%	Median	25%
Total Clinical Chronic Pain <b>ONLY</b> FTE	81	5.8	8.0	5.0	2.9
Clinical Chronic Pain FTE	77	4.3	6.2	3.8	2.1
Total Non-Pain FTE	81	67.2	91.9	57.7	40.0
Total Non-Pain Clinical FTE	77	57.6	79.2	49.0	36.9

7

### Gender and Race/Ethnicity of the Clinical Anesthesiology and Pain Faculty at your Teaching/Academic Hospitals/Facilities, as of June 30,2021

	Mean	75%	Median	25%
N=76	44.9 (60%)	60	39	28
Male:				
Female:	28.7 (39%)	38	25	16
Am. Indian/Hispanic, not Hispanic, unknown	1.1			
Asian: Hispanic, not Hispanic, unknown	13.5			
Black: Hispanic, not Hispanic, unknown	2.9			
Hawai/PI: Hispanic, not Hispanic, unknown	0.1			
White: Hispanic, not Hispanic, unknown	60.1			
Unknown: Hispanic, not Hispanic, unknown	10.3			

8

### How many open clinical faculty positions did your department have on June 30,2021, in each of these areas?

N=81	Mean	75%	Median	25%
Vacancy rate	17.1%	18.7%	11.6%	7.9%

9

### # of ASA units for anesthesia service by FTE

	N	Mean	75%	Median	25%
ASA units for anesthesia service by Total Clinical Anesthesiology and Pain FTE	68	13,527	15,333	12,223	9,570
ASA units for anesthesia service by Total Clinical Anesthesiology and Pain <u>Clinical</u> FTE	68	15,227	18,564	13,655	11,352
ASA units for anesthesia service by Total Non-Pain FTE	67	14,767	17,122	13,143	10,708
ASA units for anesthesia service by Total Non-Pain <u>Clinical</u> FTE	65	16,480	20,622	14,437	11,946
ASA units for anesthesia service by Total Clinical FTE providing ASA	63	20,978	24,836	18,926	15,059

10

### # of Chronic Pain wRVUs by FTE

	N	Mean	75%	Median	25%
Chronic Pain wRVUs by Physician Chronic Pain Providers by Total Clinical Chronic Pain <b>ONLY</b> Paid FTE	57	4,663	6,230	4,347	2,582
Chronic Pain wRVUs by Physician Chronic Pain Providers by Total Clinical Chronic Pain <b>ONLY</b> Clinical Chronic Pain FTE	56	5,747	7,061	5,804	3,226
Chronic Pain wRVUs by <u>all</u> Providers by Total Clinical Chronic Pain <b>ONLY</b> Paid FTE	57	5,898	6,874	5,024	3,116
Chronic Pain wRVUs by <u>all</u> Providers by Total Clinical Chronic Pain <b>ONLY</b> Clinical Chronic Pain FTE	56	7,168	8,199	6,247	3,403

11

### # of ICU wRVUs by FTE

N=55	Mean	75%	Median	25%
ICU wRVUs by Physician Providers by Total Clinical FTE providing ICU	6,764	9,061	5,180	2,510

12

During the 12 months prior to June 30,2021, what was the average Unit Value collected by your department at all your hospitals/facilities for each of the following?

	N	Mean	75%	Median	25%
ASA units for anesthesia service	66	\$45.86	\$51.52	\$37.72	\$29.57
ICU wRVUs by Physician Providers	57	\$68.25	\$75.87	\$59.02	\$47.44
Chronic Pain wRVUs by Physician Chronic Pain Providers	59	\$91.83	\$102.69	\$76.26	\$66.03
Regional Anesthesia wRVUs by Physician Providers	53	\$82.01	\$98.42	\$70.14	\$54.86
Any other billed services	32	\$68.68	\$95.06	\$68.53	\$56.72

13

During the 12 months prior to June 30,2021, what was the average Unit Value collected by your department at ONLY your teaching/academic hospitals/facilities for each of the following?

	N	Mean	75%	Median	25%
ASA units for anesthesia service	61	\$45.15	\$51.84	\$37.95	\$29.54
ICU wRVUs by Physician Providers	51	\$69.49	\$77.25	\$60.45	\$53.80
ICU wRVUs by all Providers	50	\$69.70	\$76.48	\$58.64	\$50.33
Chronic Pain wRVUs by Physician Chronic Pain Providers	55	\$91.30	\$106.03	\$76.34	\$61.81
Chronic Pain wRVUs by all Physician Providers	54	\$84.84	\$93.82	\$72.56	\$59.88
Regional Anesthesia wRVUs by Physician Providers	51	\$80.53	\$96.44	\$71.50	\$58.34

14

AVERAGE COLLECTION [average unit value x total units billed]

	N	Mean	75%	Median	25%
ASA units for anesthesia service	65	\$41,717,363	\$63,318,331	\$34,642,912	\$18,927,298
ICU wRVUs by Physician Providers	56	\$1,992,485	\$2,725,398	\$1,302,147	\$299,605
ICU wRVUs by all Providers	51	\$1,952,935	\$2,806,321	\$1,557,076	\$559,662
Chronic Pain wRVUs by Physician Chronic Pain Providers	58	\$2,712,933	\$3,912,758	\$1,651,307	\$901,399
Chronic Pain wRVUs by all Physician Providers	57	\$2,772,612	\$3,702,640	\$1,892,852	\$992,158
Regional Anesthesia wRVUs by Physician Providers	52	\$1,412,629	\$1,981,265	\$577,397	\$316,082
Any other billed services	30	\$789,694	\$1,045,319	\$596,096	\$133,627

15

Average Collection of ASA units for anesthesia service by FTE

	N	Mean	75%	Median	25%
Average collection of ASA units for anesthesia service by Total Clinical Anesthesiology and Pain FTE	65	\$577,871	\$616,396	\$470,692	\$340,513
Average collection of ASA units for anesthesia service by Total Clinical Anesthesiology and Pain Clinical FTE	65	\$655,109	\$664,671	\$519,696	\$395,219
Average collection of ASA units for anesthesia service by Total Non-Pain FTE	64	\$630,313	\$665,100	\$499,293	\$365,073
Average collection of ASA units for anesthesia service by Total Non-Pain Clinical FTE	62	\$711,215	\$721,504	\$553,020	\$404,953
Average collection of ASA units for anesthesia service by Total Clinical FTE providing ASA	60	\$909,371	\$976,878	\$729,441	\$523,484

16

Average Collection of Chronic Pain wRVUs by FTE

	N	Mean	75%	Median	25%
Average collection of chronic pain wRVUs by Physician Chronic Pain Providers by total clinical chronic pain ONLY	55	\$535,641	\$707,451	\$403,336	\$242,681
Average collection of chronic pain wRVUs by all Providers by total clinical chronic pain ONLY FTE	55	\$459,952	\$579,172	\$389,004	\$208,520
Average collection of chronic pain wRVUs by all Providers by total clinical chronic pain ONLY	54	\$559,379	\$763,725	\$494,797	\$267,538

17

Average Collection of ICU wRVUs by FTE

	N	Mean	75%	Median	25%
Average collection of ICU wRVUs by Physician Providers by Total Clinical FTE providing ICU	53	\$522,462	\$629,362	\$303,188	\$136,269
Average collection of ICU wRVUs by all Providers by Total Clinical FTE providing ICU	47	\$450,179	\$537,839	\$351,844	\$173,572

18

### # of Regional Anesthesia wRVUs by FTE

	N	Mean	75%	Median	25%
Regional Anesthesia wRVUs by Physician Providers by Total Clinical Anesthesiology and Pain FTE	52	215	243	142	71
Regional Anesthesia wRVUs by Physician Providers by Total Clinical Anesthesiology and Pain Clinical FTE	52	246	268	153	82
Regional Anesthesia wRVUs by Physician Providers by Total Non-Pain FTE	51	237	271	151	76
Regional Anesthesia wRVUs by Physician Providers by Total Non-Pain Clinical FTE	49	271	292	151	91

19

Do you bill for patient care in your preoperative clinic? If yes, what percentage of your preoperative patients are billed?

N	Mean	75%	Median	25%
23	51.9	100	45	10

20

How many ORs did your anesthesiology department cover on average each weekday (Monday through Friday)? July 1, 2020 to June 30, 2021

N	Mean	75%	Median	25%
82	47.4	59	40	30

21

How many non-OR/offsite locations does your anesthesiology department cover on average each weekday (Monday through Friday)?

N	Mean	75%	Median	25%
81	15.1	18	12	7

22

How many total OB deliveries (with anesthesia involvement) did your anesthesiology department have?

N	Mean	75%	Median	25%
78	3,022	3,983	2,396	1,502

23

On an average weekday, how many faculty did your anesthesiology department have on each of these services? July 1, 2020 to June 30, 2021

N=81	Mean	75%	Median	25%
OR	32.9	42.9	26.5	19.0
OB	1.8	2.0	1.0	1.0
ICU	2.4	4.0	2.0	1.0
Acute Pain	1.7	2.0	1.0	1.0
Chronic Pain Clinic	3.2	4.0	3.0	2.0
Pre-Op Clinic	1.0	1.0	1.0	0.7
<b>TOTAL</b>	<b>43.0</b>	<b>54.3</b>	<b>36.0</b>	<b>27.6</b>

24

Please indicate the number of in-house shifts and the length of those shifts needed to be completed for a clinical faculty to be considered full-time in ICU:

	N	Mean	75%	Median	25%
# of in-house shifts/year	60	141.2	182.0	155.0	91.3
Length of shift (hours)	61	11.1	12.0	12.0	10.0
Annual Hours (shifts * hours)	60	1,563	2,016	1,722	1,012

25

What was the average cost (salary plus benefits) per CRNA/AA FTE as of June 30,2021?

N	Mean	75%	Median	25%
73	\$249,892	\$274,129	\$247,000	\$213,594

26

What is the total number of ASA units billed in cases involving CRNAs/AAs in the 12 months prior to June 30,2021?

N	Mean	75%	Median	25%
58	456,568	542,134	352,623	144,291

27

What is the total Institutional Support (all sources, including hospital, medical school, state, or another agency for administrative, educational, call, clinical, etc.) your anesthesiology department received in the 12 months prior to June 30,2021?

N=75	Mean	75%	Median	25%
Institutional support by Total Clinical Anesthesiology and Pain <u>Clinical FTE</u>	\$334,641	\$472,938	\$324,269	\$175,000

28

Average Total Compensation (of institutions with this rank):

	N	Mean	75%	Median	25%
Instructor	45	\$350,252	\$414,913	\$359,996	\$321,262
Assistant Professor	82	\$404,939	\$428,239	\$399,397	\$369,507
Associate Professor	82	\$439,575	\$460,089	\$438,054	\$409,610
Professor	79	\$460,632	\$491,109	\$455,521	\$427,114
Non-Academic	23	\$310,534	\$402,836	\$327,996	\$236,425
Chair	76	\$688,445	\$738,843	\$643,632	\$592,668

29

Average Fringe Benefit Dollars (of institutions with this rank):

	N	Mean	75%	Median	25%
Instructor	41	\$49,639	\$67,823	\$46,016	\$28,174
Assistant Professor	72	\$55,367	\$68,147	\$53,451	\$34,124
Associate Professor	72	\$60,292	\$74,898	\$57,271	\$38,921
Professor	69	\$64,930	\$78,803	\$61,424	\$41,504
Non-Academic	21	\$49,736	\$63,329	\$48,644	\$29,165
Chair	65	\$95,024	\$118,506	\$89,107	\$53,612

30

### Geographic Practice Cost Indices (GPCI)-2022

	GPCI (PW)	GPCI (PE)	GPCI (MP)	Anesthesia Conversion Factor
Alabama	1.0	0.888	0.921	21.07
Alaska	1.5	1.118	0.614	29.81
San Francisco	1.077	1.329	0.458	23.26
Chicago	1.011	1.044	1.871	23.08
Manhattan	1.056	1.203	2.031	24.60
Houston	1.032	1.029	0.9	22.06
Philadelphia	1.022	1.083	1.199	22.49

31

### Region: Clinical Anesthesiology and Pain Faculty Average Total Compensation (of institutions with this rank):

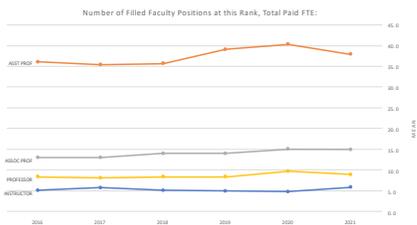
Rank	N	Mean	75%	Median	25%
Instructor	23	\$357,444	\$414,434	\$392,801	\$340,116
Assistant Professor	43	\$412,595	\$430,916	\$412,995	\$387,806
Associate Professor	43	\$438,475	\$459,593	\$439,029	\$419,270
Professor	40	\$459,645	\$490,139	\$458,884	\$434,106
Non-Academic	12	\$320,529	\$442,770	\$331,387	\$207,642
Chair	41	\$644,120	\$689,255	\$625,000	\$576,744

Rank	N	Mean	75%	Median	25%
Instructor	22	\$342,733	\$428,234	\$347,904	\$316,384
Assistant Professor	39	\$396,499	\$417,381	\$386,625	\$358,159
Associate Professor	39	\$440,787	\$462,494	\$432,000	\$401,632
Professor	39	\$461,643	\$495,000	\$455,521	\$420,553
Non-Academic	11	\$299,630	\$402,836	\$327,996	\$251,502
Chair	35	\$740,368	\$890,414	\$691,648	\$604,520

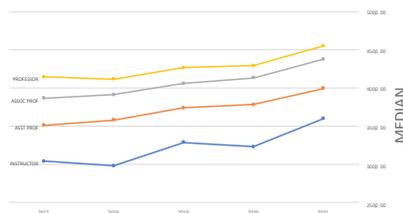
32

### Number of Filled Faculty Positions at this Rank, Total Paid FTE



33

### Median Total Compensation



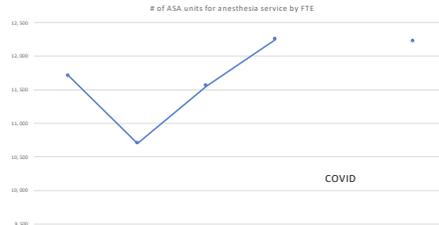
34

### Average Unit Value collected



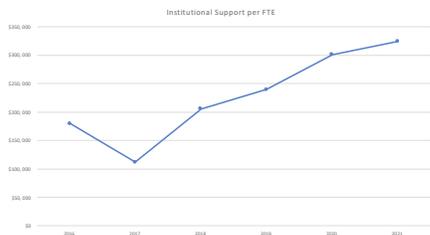
35

### # of ASA units for anesthesia service by paid FTE



36

### Institutional Support per paid FTE



37

### Questions

38

HANDOUT



# Leaving a Legacy

Moderator: Michael C. Lewis, MD, FASA

Friday, November 11

2:15 PM - 3:20 PM

HANDOUT



# Leaving a Legacy: Presentation 1

Holly A. Muir, MD

Friday, November 11  
2:15 PM - 2:30 PM



# Is it really time to talk about my Legacy?

Holly Muir, MD, FRCPC  
 Vladimir Zelman Professor and Chair of Anesthesiology  
 Keck School of Medicine of USC



- I have no disclosures relevant to my presentation today!



## Objective

- Define your legacy



## Legacy

- noun
- **Definition of legacy**
- **1:** a gift by will especially of money or other personal property :
- **2:** something transmitted by or received from an ancestor or predecessor or from the past
  - the *legacy* of the ancient philosophers The war left a *legacy* of pain and suffering.
- **3:** a candidate for membership in an organization (such as a school or fraternal order) who is given special status because of a familial relationship to a member
  - *Legacies*, or children of alumni, are three times more likely to be accepted to Harvard than other high school graduates with the same (sometimes better) scores

## Legacy

- adjective
- **1:** of, relating to, or being a previous or outdated computer system
  - transfer the *legacy* data or a *legacy* system
- **2:** of, relating to, associated with, or carried over from an earlier time, technology, business, etc.
  - And it is about more than just TV—newspapers, magazines, radio, all the "*legacy*" media are feeling the earth move beneath them. Journalists look out and see thousands of empty campus TV lounges and newsprint-less recycling bins and millions of iPads and smart phones and they wonder what's coming next.



## Legacy

- Guess the first thing we need to do is to decide if we want to be a noun or an adjective.

## Legacy

### Noun

A gift by will especially of money or other personal property

A grateful patient made a donation to create an annual lectureship to honor one of our faculty



## Legacy

### Noun

A gift by will especially of money or other personal property

A donation allowed us to name a lecture room in honor of a beloved teacher in our department



## Legacy - a noun



- Recently – one of our senior faculty made a significant donation to the University to create a named chair in anesthesia
- I now am honored to carry the title of the Vladimir Zelman PhD, MD Professor and chair in Anesthesiology



## Legacy

- The value of money....

A donation big or small can make a difference and create a lasting legacy



## Legacy

### Noun

- something transmitted by or received from an ancestor or predecessor or from the past



## Legacy

- Noun
- something transmitted by or received from an ancestor or predecessor or from the past

Guedel Airway



## Legacy

- something transmitted by or received from an ancestor or predecessor or from the past



## Legacy

- Noun
- a candidate for membership in an organization (such as a school or fraternal order) who is given special status because of a familial relationship to a member
- For many of us who work in older long established departments we may have 'legacy faculty' as their parent or relative may have held a faculty position in the past – or even still currently
- For some this tradition of legacy has created new headaches...

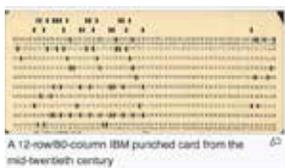


## Legacy

- Adjective
  - of, relating to, or being a previous or outdated computer system
  - transfer the legacy data or a legacy system



A stack of punched cards comprising a computer program. The red diagonal line is a visual aid to keep the disk sorted. [2011]



A 12-row/80-column IBM punched card from the mid-twentieth century. [2011]



## Legacy

- Adjectives
  - of, relating to, associated with, or carried over from an earlier time, technology, business, etc.
  - I believe this is where most of us sit
    - We will become part of an earlier time for many and exist as a memory



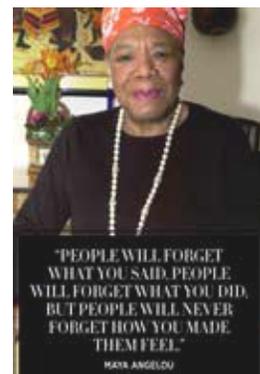
## Legacy

- A memory left with many or a few is a good place to land
- The memory will likely be associated with the difference you made in some one's life who you touched in your career – a student, colleague, patient... who knows ?



## Your Legacy

- How you craft these memories and leave your legacy is important.
- I believe in these very wise words.
- I am sure we have all touched many in our journey to our current position. You began the build of your legacy many decades ago
- I hope you take time to think of the folks you have supported and feel happy!





HANDOUT



# Leaving a Legacy: Presentation 2

Roberta Hines, MD

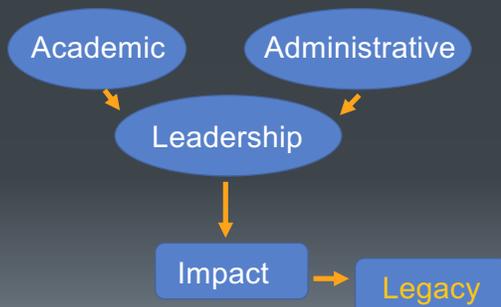
Friday, November 11  
2:30 PM - 2:50 PM

# Building a Legacy : Turning Success into Significance

**Roberta L. Hines, MD**  
*Nicholas M. Greene Professor & Chair Emeritus  
 Department of Anesthesiology  
 Yale University School of Medicine  
 New Haven, CT 06520*

1

## Success → Significance



2



**Virginia Apgar, MD**

3

## Virginia Apgar

First woman full Professor at Columbia University College of Physicians and Surgeons

1938: Director of the Division of OB Anesthesia

1952: Apgar Score

In 1959: Took sabbatical to earn MPH

4

## Apgar

*Looking Beyond Traditional Pursuits*

1961 : Director of Division of division of Congenital Defects at the National Foundation of Infantile Paralysis



**March of Dimes**

5



**Nicholas M. Greene, MD**

6

**Nicholas M. Greene, MD**  
**An Academician's Academician**

Trained : Yale, Columbia, Harvard (MGH)  
 1952: Chair of Anesthesiology and Professor of Anesthesiology at Yale University School of Medicine  
 26 years as Editor and Editor-in-Chief :  
*Anesthesiology and Anesthesia and Analgesia*

7

**Overseas Teaching Program**

*Don't give me a Fish; Teach me how to fish"*

Based at the University of Zambia's Teaching Hospital and the Kilimanjaro Christian Medical Center in Moshi, Tanzania

**A mission to teach**

Objective: "To improve anesthesia care in underdeveloped countries by the recruitment of volunteers to **teach** anesthesia in a limited number of pre-existing structured anesthesia training programs"

8



*Ellison Pierce, MD*

9

**Ellison Pierce, MD**

**Chairman, New England Deaconess  
 ASA Distinguished Service Award**

Friend's 18 year old daughter died during dental procedure; undiagnosed / unrecognized esophageal intubation (1960's)

10

**Ellison Pierce, MD**

Founded Anesthesia Patient Safety Foundation (1985)

*"No patient shall be harmed by anesthesia"*

Co-founded Anesthesia Closed Claims Project

Father of Modern Anesthesia – Safety Movement

11



*William Hamilton, MD*

12

## William Hamilton, MD

Chair: University of Iowa  
 ↓  
 Chair: University of California, San Francisco  
 ↓  
 One of the first Chairs to push for advancing  
 academic careers of faculty  
 ↓  
 First Vice Dean for Clinical Affairs – UCSF (1983)  
 ↓  
 First Executive Secretary of FAER

13



Peter Safar, MD

14

## Peter Safar, MD

*“Father of Modern CPR”*

Rediscovered initial steps in CPR  
 Head tilt and chin lift maneuver  
 Mouth to mouth breathing

Influenced Norwegian Doll Maker to design  
 and manufacture *“Resusci Anne”*

Three time nominee for Nobel Prize in  
 Medicine

15

## Advocate for Medicine and Social Justice

Brought national medical standards to  
 ambulance workers

Started private ambulance service in  
 Pittsburgh “Hill District”

Recruited African American men for medical  
 training to run ambulance service in “Hill  
 District”

16



17



Henry Knowles Beecher, MD

18

### Henry Knowles Beecher, MD

First Henry Isaiah Dorr Professor at Harvard

WWII experience – Advocate for double-blind placebo-controlled studies

A study to be scientifically valid “must be ethical from its inception”

19

### “Ethics and Clinical Research” (JAMA)

Father of Informed Consent in Research

All federally funded studies must have peer review (IRB)

20



Marcelle Willock, MD

21

### Marcelle Willock, MD

First woman of color to Chair an academic Department of Anesthesiology

Successfully initiated MD anesthesiologist “care team model” at BU (until 1980 dentists provided anesthesia care)

2002-2005 First female Dean of the Charles R. Drew University of Medicine

President of Louis and Martha Deveaux Foundation (Republic of Panama)

22



Laura Niklasson, MD, PhD

23

Anesthesiologist

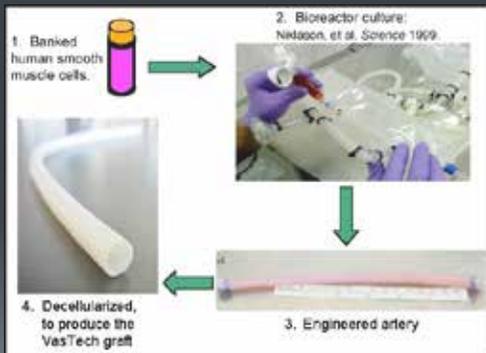
Scientist

Entrepreneur

National Academy of Medicine  
National Academy of Inventors

24

### Method for Growing Engineered Arteries



25

### Humacyte

Bioengineering Company

Leaders in novel acellular products for vascular applications

Time Magazine / Regenerative artery - One of the top ten inventions

Completing clinical trials of implanting vascular grafts for dialysis

26



Medge Owen, MD



### Medge Owen

Professor at Wake Forest

**Passion:**

Improve maternal and newborn safety during childbirth

**Kybele**

Creates Healthcare Partnerships

- Anesthesiologists
- Neonatologists
- Midwives / Nurses
- Obstetricians

27

28

### Medge Owen

Nicholas M. Greene Award for Outstanding Humanitarian Contribution

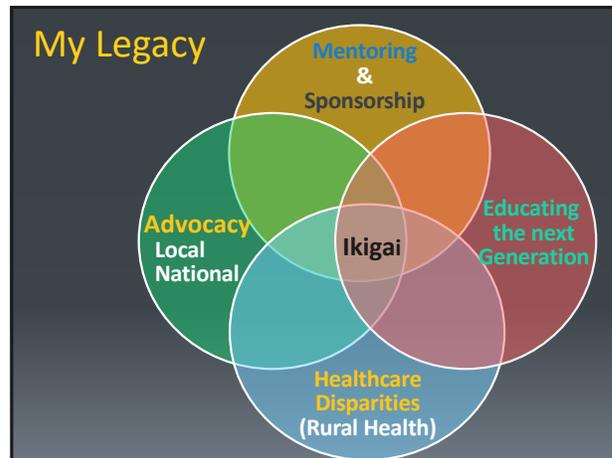
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30



31



32



33



34



35

HANDOUT



# Leaving a Legacy: Presentation 3

Douglas R. Bacon, MD, MA, FASA

Friday, November 11  
2:50 PM - 3:15 PM



## Creating a Legacy: John Henry Evans and Ralph Milton Waters

Douglas R. Bacon, M.D., M.A., F.A.S.A.  
Former Chair  
University of Mississippi Medical Center  
And  
Wayne State University

1



## Conflict of Interest

- I have no financial conflict of interest

2



## Learning Objectives

- The learner will appreciate elements in an individual's legacy
- The learner may apply historical lessons from Evans and Waters to understand how their legacy might be created
- The learner will comprehend that a legacy is created over time by interactions with others and may be out of the control of the individual
- The learner will understand the concept of the silent legacy

3

## What is Your Legacy?



- How will Richard Nixon be remembered?
- As the "goat" of Watergate?
- As the President who normalized international relations with China?

4

## A Show of Hands Please

- Who is this gentleman?
- Prior to today, have you heard of him?



5

## A Show of Hands Please

- Who is this gentleman?
- Prior to today, have you heard of him?



6



### John Henry Evans and Ralph Waters

- Evans and Waters were contemporaries
- They corresponded with each other and most likely interacted at meetings
- Ralph Waters is credited with the first Academic Department of Anesthesia in the country and is still revered almost 80 years after his retirement and almost 45 years after his death
- Evans remains, unfortunately, a footnote in history

7

### The Legacy of John Henry Evans in the 1980s

- Richard Ament remembered him as the “crazy old man” at the Buffalo General Hospital



8

### The Legacy of John Henry Evans in the 1980s



- Richard Terry remembered him as a medical student in 1937.
- Terry vividly recalled Evans’ demonstration of intravenous oxygen.
- Terry also recalled Evans as his residency program director

9

### Why is There Such A Divergent Opinion of Evans and Waters?

10

### John Henry Evans Brief Biography I

- Born on September 24, 1876 in Freedom, NY
- Spoke Welsh until the family moved to Machias in 1886
- Spent 6 Years in the Merchant Marine



11

### John Henry Evans Brief Biography



- Graduated from the University of Buffalo in 1908 with honors
- Spent one year as a house officer at the Buffalo General Hospital

12

### John Henry Evans Brief Biography

- Returned to Machias and opened a general practice
- Stayed until his brother was killed in a train accident



13

### John Henry Evans Brief Biography



- Returned to the Buffalo General Hospital
- Specialized in Anesthesia at the insistence of the Chairman of Surgery, Roswell Park

14



### Evans Academic Practice

- On June 2, 1913 Evans was appointed assistant in anesthetics
- He was paid \$2.00 per student taught--averaging 40 students a term
- In 2022 dollars that is about \$60.00 per student or about \$4,800 dollars a year
- Salary was cut after his return from the First World War

15

### Evans' Contribution to the Practice of Anesthesia



- Was an expert with Nitrous Oxide
- Did not favor the use of intravenous or regional anesthetics
- Firm believer in the preoperative assessment and risk stratification of patients

16

### Evans' Contribution to the Practice of Pediatric Anesthesia

- Worked with Tonsillectomy patients
- A pleasant induction and good overall experience was critical
- Played a "game"--the winner received five shiny pennies!



17



### Politics--National and International

- Evans was the President of the Board of Governors of the International Anesthesia Research Society from 1925 through the end of the Second World War
- Served as President of the Associated Anesthetists of the United States and Canada (1927), the Eastern Society (1928)
- Was a leader on the first international meeting of the Section on Anaesthetics of the British Medical Society and the IARS in 1926

18

### Politics National and International



- Given a 15 inch silver loving cup for his work
- July 1927 issue of the *British Journal of Anesthesia* was dedicated to him

19

### Evans' Most Remembered Contribution--Oxygen Therapy

- Believed that oxygen should be administered until cyanosis disappeared
- Was requested to help treat the victims of the Coconut Grove fire in Boston in November 1942



20



### The End?

- Was Replaced as Chairman in 1940 by Paul Searles from the Mayo Clinic
- Searles lasted until the end of World War Two
- Evans continued to practice until the mid 1950s
- Evans partner, Clarence Durshordwe, was one of the ASA's observers at the First World Congress of Anesthesiologists

21

### Ralph Milton Waters

22

### Ralph Waters Biography

- Born October 9, 1883 in Bloomfield, Ohio
- He had two sisters and was raised on a farm
- Graduated from Grand River Institute in 1902
- BA in General Arts from Western Reserve University
- Received his MD in 1912 from Western Reserve



23

### Ralph Waters Biography



- Began practicing obstetrics and giving anesthetics in Sioux City, Iowa
- To insure financial viability eventually switched exclusivity practicing anesthesia
- After WWI established the Downtown Anesthesia Clinic—the first Ambulatory Surgical Center!

Waters RM. The downtown anesthesia clinic. *Am J Surg Q Supp.* 191:33-71

24

### Ralph Waters Biography

- 1924 Waters moved to Kansas City
- Back injury
- July 1, 1926 spends 3 months at the Mayo Clinic learning regional anesthesia under the tutelage of John Lundy
- Established a strong friendship with Lundy which would have profound effects on American Anesthesiology



25

### The University of Wisconsin (Madison)

- Arrived at UW in Madison in 1927
- Chair of the Agricultural Bacteriology Department Edwin George Hastings (1872-1953) had married Waters' sister
- Chauncy Leake welcomed Waters and invited him to lecture in Pharmacology



26

### The University of Wisconsin (Madison)

- Waters' motivation was to "get medical schools right" on the teaching of anesthesia
- Health Issues
- Desire to be closer to family



27

### The University of Wisconsin (Madison)

- Waters established a three-year training program
- First and third years were clinical
- Second year was spent in the lab
- Exposed residents to the world of anesthesia as Madison was a destination for visitors from across the globe



28

### Waters Residents

- The Aqua Alumni represent a substantial part of the leadership of American Anesthesiology in the 30, 40, 50s 60s and beyond
- In 1934 Waters supported Emery Andrew Rosenstein as he left Madison and ventured forth to Bellevue and NYC



29

### Organizational History

- Waters was instrumental in the success of:
  - The Anaesthetists Travel Club
  - The Section on Anesthesia of the AMA
  - The evolution of the American Society of Anesthesiologists
  - The original American Society of Regional Anesthesia
  - And many, many more



30

### Retirement



- In 1948, Waters retired from the University and the practice of anesthesiology
- He grew oranges outside of Orlando, Florida
- He rarely if ever attended anesthesia meetings
- The once notable exception was the 1964 World Congress in Sao Paulo, Brazil where he was feted by the world and invited by his former resident Carlos Parsloe

31

### Why is There Such A Legacy Gap Between Evans and Waters?

32



### Legacy Lessons From Evans and Waters

- Much of Waters legacy as a founder, through well deserved, has come through the writings and talks of his residents and colleagues
- Waters choice of the University of Wisconsin—a leading institution during his career—and was a salaried employee Evans never had that financial freedom
- Waters worked to ensure that his residents would be successful and that the mission of academic anesthesiology would continue
- Waters left anesthesiology at the height of his popularity and effectiveness.

33



### Legacy Lessons From Evans and Waters

- Evans did not practice in a nationally known university
- Evans never had trainees—the residency began in 1939 and was interrupted by World War Two
- He was not salaried and therefore spent a great deal of his time supporting his family
- Evans, like Waters was an innovator—but the subject he chose—subcutaneous oxygen for pain relief was quickly supplanted by more effective therapies
- Evans practiced too long and was ineffective at the end of his career

34

### A Few Final Thoughts

- How you treat people day in and day out is critical to your legacy
- What you do on the national and international scene in organized anesthesia may influence your legacy
- Trainees are critical to keeping the memory fresh (Rovenstine, Waters, Dripps)
- A discovery may also secure your future memory (Apgar)



35

### The Silent Legacy



- George Russell, the Chair of Orthopedics has a theorem
- A significant change made in the operations of medical center by an individual who is not remembered for it
- Fixing the weekend OR schedule

36

HANDOUT



# The Great Resignation

Moderator: Cynthia A. Lien, MD

Friday, November 11

3:50 PM - 5:00 PM

HANDOUT



# The Great Resignation: Presentation 1

Jill M. Mhyre, MD

Friday, November 11  
3:50 PM – 4:10 PM



## Sustainable Solutions for Faculty Retention

Jill M Mhyre, MD  
The Dola S Thompson Professor and Chair of Anesthesiology  
The University of Arkansas for Medical Sciences



1



2

### Lessons learned from a 2019 staffing crisis

- Recognize attrition risk early
- Build effective systems to ascertain and address common grievances
- Aggressively implement internal solutions
- Communicate clearly with senior leadership and negotiate for resources
- Create structure

3

### The faculty pain points



1. Schedule was not predictable
2. Excess uncompensated work during periods of short staffing
3. Part time faculty working less than commitment
4. Time off was not competitive

4



### Time off at UAMS

- Vacation: 15 hours per month of service
- Sick leave: 8 hours per month of service
- Education leave: 10 days per year
- Children's Educational Activity Leave: 8 hours per year
- Holidays: 10 public holidays per year
- Day After Thanksgiving sometimes
- Birthday

### Time off at Private Practices

- 14 weeks Paid Time Off



5

### Stabilize the team



- Salary adjustment
- Signing bonuses
- Locum tenens contracts (not available post-COVID)
- Consolidate off sites to align schedules (7am-5pm)
- Reduce the total number of OR sites

6

### Shift Model Math

**COM Definition of a 1.0 Faculty FTE**

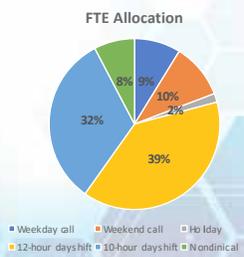
- 50 hours per week / 2600 hours per year
- Subtract Leave:
  - Federal and state holidays, birthday: 12 shifts
  - Annual Vacation, CEAL: 22.5 shifts
  - Academic Time: 14 shifts
- 2600 hours – (48.5 shifts \* 12 hours/shift) = **2018 clinical hours**

**1.0 FTE**

7

### Call Subtractions

- 1.0 General Call FTE: 16 weekday + 19 weekend + 3 holiday = 38 call shifts
- 2018 – (38\*12) = 1562 hours divided between 72 10-hour shifts and 72 12-hour shifts
- Cardiac and Liver transplant teams also work 1562 daytime hours
- Critical Care team credited with 15 hours per 24 hours in the ICU



8

### End of Shift Solutions

Name	a33 (Bates)				a330				a331				
	1	2	3	4	1	2	3	4	1	2	3	4	
Boydston C	a33	1.04			Kilmer A	a330	1.04			Pyle B	a331	1.11	
Eden T	a33	4.00			Clayton P	a330	9.25			Nichols	a331	11.07	
Williams M	a33	1.67			Spence M	a330	4.22			Rubin G	a331	11.01	
Boydston D	a33	1.17			Stokely	a330	8.17			McCarthy C	a331	11.88	
					Stokely	a330	9.1			Stewart A	a331	11.88	
					Stokely	a330	9.18			Stewart J	a331	11.77	
					Stokely	a330	8.27			Allen W	a331	11.18	
					Stokely V	a330	8.84			Stokely	a331	11.1	
										Stokely	a331	11.81	
										Stokely	a331	11.88	

9

### Transparency & Flexibility

- Academic Inventory – Annual Excel spreadsheet with non-clinical work
- Option to scale FTE / salary / shift commitment below 1.0
- Transparent buy out for non-clinical time
- Excess Clinical Shifts



10

### Service Expansion Requests 2023



8 ORs \* 250 days/year \* 10 hour blocks = 20000 hours

2.7 Faculty FTEs  
13 CRNA FTEs



3 ORs \* 250 days/year \* 8 hour blocks = 6000 hours

1.25 Faculty FTEs  
4 CRNA FTEs

11

HANDOUT



# The Great Resignation: Presentation 2

Jeffrey Berger, MD, MBA

Friday, November 11  
4:10 PM - 4:30 PM

HANDOUT



# The Great Resignation: Presentation 3

Kenichi Tanaka, MD

Friday, November 11  
4:30 PM - 4:50 PM




## Locums to Respond to the Great Resignation (in Sooner State)

Kenichi Tanaka, MD, MSc  
John Plewes Professor and Chair  
University of Oklahoma College of Medicine

1

### COI

- No COI relating to the presentation

2

### Talking points:

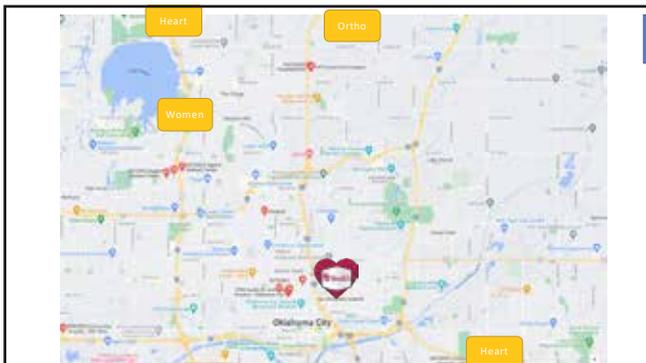
- ❖ Background
  - Healthcare in OKC
  - Timelines
- ❖ Locums
  - Costs and other practical issues
- ❖ Opportunities

3

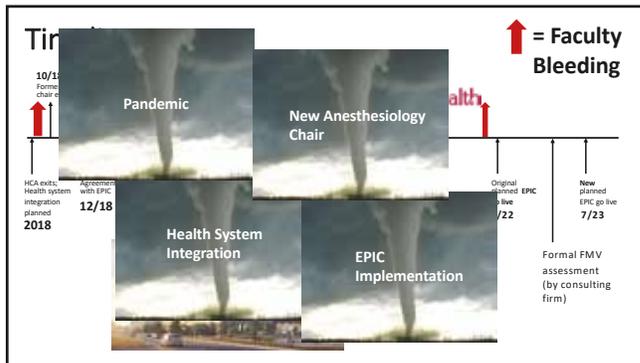
### Who We Are

- Oklahoma's only Level-1 trauma center
- 804 beds
- Total ORs and off-sites to cover: adult 36 + NORAs; Peds 11 + NORAs
- Full staff: 36 Adult/18 Peds Anes physicians, 44/14 CRNAs, 50 trainees
- 10 J-1 waiver slots, but competitive process

4



5



6

### Options to Cover ORs

Locum	OT by Faculty
<ul style="list-style-type: none"> <li>Helps keep ORs open</li> <li>Multiple vendors to choose</li> <li>Reduce burdens on faculty</li> </ul>	<ul style="list-style-type: none"> <li>Work pre or post call days</li> <li>Higher income potential</li> <li>Least cost to the system</li> </ul>
<ul style="list-style-type: none"> <li>Most expensive option</li> <li>Sunk costs (no show, termination)</li> <li>Only covers day shifts</li> <li>Negative impact on faculty retention/recruitment</li> </ul>	<ul style="list-style-type: none"> <li>Faculty burnout</li> <li>Negative impact on faculty retention/recruitment</li> </ul>

7

### Getting Locum Providers into the Team

- Screening: Admin time 6h per person (x 7); predicting needs, interviewing, and obtaining approvals
- Credentialing: lead time ~3 months; lots of admin time spent
- Quality: Unpredictable, some great, but others with difficult personalities
- Specialist locum: more expensive, hard to find (liver, cardiac, etc.)

8

### Financial costs

- Direct costs
  - Labor
  - Per diem
  - \$80,000 per month/FTE
- Indirect costs
  - Screening (Vice chair, hospital and office staff)
  - Credentialing (2-3 months)
  - Onboarding
  - Logistics of scheduling, continuous challenge
  - Accounts payable (incomplete charts, unbillable procedures)

9

### Difficult Scheduling

- Agency provides a locum for certain durations, but individual shift request varies
  - 1 week on / 1 week off
  - 2 weeks on / 2 weeks off
  - 4 days/1 off per week for 6 weeks
  - Seasonal

10

### Resentment

- Faculty members do not appreciate locums
  - “they get paid more for the same work”
  - “we have to teach while they get paid more”
  - “they work only when they like to”
  - “difficult in assigning trainees and students”

11

### Buying out your favorite locum?

- Most agencies allow buyouts
  - Total compensation (benefits) may attract some locums
  - Hiring some with known clinical skills and personality
  - Variable costs, \$30,000 - \$60,000 per individual

12

## Support from Health System

- Health System Costs
  - Surgical revenue remains a top priority
  - Monthly costs for locums physicians/CRNAs >\$500k
  - Unpredictable and Unsustainable
- Solutions
  - Support to the Dept to engage with a recruitment firm
  - Formal FMV assessment and adjust faculty comp
  - Improving revenue cycle via better EMR

13

## Conclusions

- Hospital wants to keep ORs open despite costs (opportunity)
- Major burden on dept staff; a learning process in screening/credentialing

14

HANDOUT



# Introduction / Welcome

Timothy Long, MD

Friday, November 11  
8:00 AM - 8:05 AM

HANDOUT



# Novel Practices

Moderator: Kristina Sullivan, MD

Friday, November 11

8:05 AM - 9:15 AM

HANDOUT



# Novel Practices: Holistic Review of Residency Applicants

Jack Buckley, MD

Friday, November 11  
8:05 AM - 8:20 AM



# Holistic Review

Jack Buckley M.D.  
UCLA Medical Center

1



## Disclosures

- No relevant disclosures

2



## Relevant Experiences

- Assoc. Program Director 2014-2020
- Program Director 2020-Current
- Director of Residency Recruitment 2014 – Current
- Chair ASA Program Director Advisory Group
- Member of the ABA OSCE Committee

3



## Negatives of Holistic Review

- Resource intensive (30+ faculty)
- Time intensive
- Invitations for interview late

4



## Why Do Holistic Review?



**Finding diamond in the rough**



**Additional benefits**  
Interview fewer applicants  
Total cost is likely less

5



## Our Data – Recruitment Season 2021

	UCLA	25%	50%	75%
Ranks per position	5.9	15.9	12.2	10.2
Ranks per position to fill	2.3	7.8	6	4

6



### Our process

- 1400+ applicants this year
- Do we review every application?
- We do an in-depth review of some applications
- Faculty reviewers 25-30 files
- Who gets reviewed?
  - Token
  - Geographic preference
  - Sub-I (told sub-I no need to send us a token- sub-I is a super token)
  - California address
  - California medical school
  - Historically black medical schools

7



### Additional Ways Applicants Get Reviewed

- ASA Meet and Greet Event
- Participation in our Virtual Open House
- Email PD
- Contact our residents or faculty member

8



### Faculty Reviewers

- Not compensated
- Expected to review the file in full
- Implicit Bias training
- Detailed instructions
- Significant variability
  - Reviewer "recommend" offering an interview
  - Reviews are reviewed by PD/APD
- PD/APD offer interviews

9



### Factors Considered In The Review

- Medical School
- College/other degree
- AOA
- Step scores
- Dean's letter
- Letters of rec
- Research
- Leadership
- Extracurricular and community engagement
- Work Experience
- Resilience and life challenges
- Supplemental application

10



Research	Rating	
	4 Transformative	First Author publication, funded research (ie FAER fellowship)
	3 Sustained	several middle author publications
	2 Casual	abstract
	1 Observer/none	none
	1 Observer/none	none

11



### Process

- Reviewers given 3 weeks to review
- Reviews uploaded to excel document
- Goal to invite 2/3 interview spots round 1
- Remaining positions rounds 2-3

12



### Interview Day

- 7 applicants interviewed per day
- PD, 2 faculty and 1 Chief resident interviews
  - Goal each faculty member interviews 3 times
- Chair group session
- 20 minute interview

13



### Interview Form



14



### Rank List Meeting

- Goal to make it objective as possible
- Minimize
  - "They would be a good fit"
  - "I like this applicant better"
- Rank list is a massive excel document

15



Jack Buckley M.D.

UCLA Program Director

[jcbuckley@mednet.ucla.edu](mailto:jcbuckley@mednet.ucla.edu)

16

HANDOUT



# Novel Practices: A Novel Community Engagement Curriculum

Stacy Fairbanks, MD

Friday, November 11  
8:20 AM - 8:35 AM



# A Novel Community Engagement Curriculum

Stacy L Fairbanks, MD  
Medical College of Wisconsin  
11/11/2022



1



# Conflict of Interest

- No conflicts of interest
- Some of my work is now funded by the Advancing a Healthier Wisconsin foundation.



ADVANCING A HEALTHIER WISCONSIN ENDOWMENT



2



# Objectives

- Describe a system in which inequities can be examined first-hand.
- Begin to design a plan of action for community engagement in your own residencies and communities.



3

# Community Engagement at MCW



4



# Our Story



5

# What we are up Against

- 72-77% of MCW trainees attended medical school outside of the Milwaukee area
- Many trainees are unaware of MKE's racial and opioid epidemic struggles



6

**What we are up Against**

- The problem of racial segregation in Milwaukee:
  - Self-perpetuating as systemic/structural racism continues to exist
  - Educational funding discrepancies contribute to the largest achievement gap between Black and white children in the country
  - 4 out of 5 Black children in Wisconsin live in poverty
  - Massive & disproportionately African American state prison population
  - Limited access to adequate, safe housing
  - Limited access to convenient, accessible healthcare

7

**Step 1: Have a Vision**



8

**Vision**

- Residents feel called
- Residents learn perspective-taking
- Marginalized Community members will interact with healthcare professionals
- Our residency will form relationships; improve our relationship with the community

9

**Step 2: Establish a Focus Group**



10

**Step 3: Decide on Time Commitment**



- Our Time Commitment: Didactics + two half-days of community engagement

11

**Step 4: Curriculum?**

Topic	Week 1	Week 2	Week 3	Week 4
Introduction to the field	Community Engagement, Dr. [Name]			
Introduction to the field	Community Engagement, Dr. [Name]			
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				
Community Engagement, Dr. [Name]				

12

**Step 5: Establish your Community Partners**

- Our Partners:
  - All-Saints Community Health Center
  - Streetlife MKE

13

**All Saints Community Health Center**

- Home to All Saints Family Medicine Residency Program
- Focus on Community Medicine
- Nurse Jenny Ovide: Community Medical Clinical Coordinator
- Garden, Collaborative Farm, workout track, Greenhouse



14

**StreetLife Communities**

- Provide emergency resources
- Support for those emerging from addictions
- Youth gang rescue
- Outreach to sex workers
- We teach and inspire others to do the same



15

**Step 6: Give it a Go!**



16

**Community Engagement at MCW**



17

**Step 7: Evaluate and Redefine**

	Excellent	Average					Poor			
	10	9	8	7	6	5	4	3	2	1
Survey Questions	Average Score									
<b>Perspective</b> - The professional development week gave me a better sense of the short and long term professional opportunities available to me.	8									
<b>Goals</b> - The professional development week helped me set professional and personal goals beyond simply "getting through" residency.	7.8									
<b>Value</b> - Overall, the physician development week was a valuable part of my residency.	8.7									
<b>Value2</b> - The professional development week helped me feel individually valued by my residency program.	9									

18



19



20



21

HANDOUT



# Novel Practices: Efficiently Changing Program Culture

Mada F. Helou, MD

Friday, November 11  
8:35 AM - 8:50 AM



## Novel Practices: Efficiently Changing Program Culture

Mada F. Helou MD  
Nicholas Pesa MD

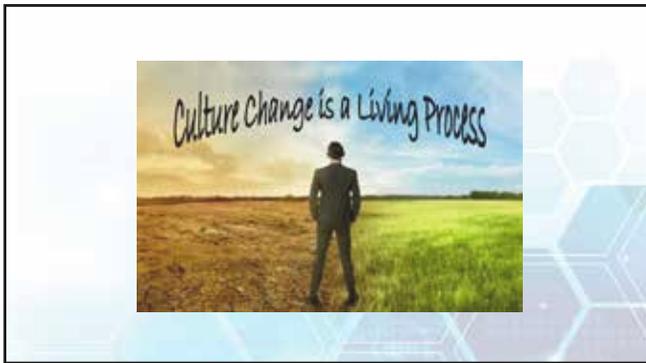
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### Learning Objectives

- 1. Clearly Articulate the 3 steps of Appreciative Inquiry (AI) Methodology
- 2. Describe a method for efficient task assignment during AI sessions
- 3. Describe the purpose of an Education Fund Policy
- 4. Describe the purpose of a Curriculum Change Form

2



3



### Positive Culture

4



### Productive Town Hall

5



### Appreciative Inquiry (AI)

```

    graph TD
      Definition(Definition  
"What is the power  
of the subject?  
Framing") --- Discovery(Discovery  
"What gives life?  
The best of what is  
Appreciating")
      Discovery --- Dream(Dream  
"What might be?  
What do we wish to bring  
forward? Goals")
      Dream --- Design(Design  
"What should be?  
Co-constructing")
      Design --- Destiny(Destiny  
"How to implement, learn  
and adjust? Appreciating  
Reinforcing")
      Destiny --- Definition
      Discovery --- Design
      Design --- Discovery
      Destiny --- Dream
      Dream --- Design
  
```

6



## Resident Recruitment & AI

- **Definition** – Clarifying
  - What is the focus of the inquiry?
- “Is our recruitment strategy as successful as it could be?”

7



## Resident Recruitment & AI

- **Discovery** – Appreciating
  - What gives life?
- **Positives**
  - Camaraderie amongst residents
  - Responsive leadership
  - Strong clinical training

8



## Resident Recruitment & AI

- **Dream** – Envisioning Results
  - What is the world calling for? What might be?
- **Ideal State? More contemporary style**
  - Updated Website
  - Updated Social Media
  - Increased web opportunities to learn about the program
  - Basically... Updated everything!

9



## Resident Recruitment & AI

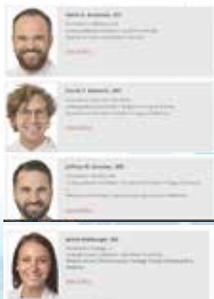
- **Design** – Ideal, Co-Constructing
  - What *should* be?
- **What is more contemporary?**
  - Website that includes personal information (in addition to achievements)
  - Social Media that reflects the current state of the residency
    - Student Doctor
    - Twitter
    - Instagram
  - Meet and greets etc.

10



## How was work divided?

- Website profile creation
- Student Doctor profile update
- Twitter creation & maintenance
- Instagram (created later)



11



## Resident Recruitment & AI

- **Destiny** – Sustaining
  - How to empower, learn, and adjust / improvise
- **Incorporate suggestions into existing processes**
  - E.g. When residents match with us, they are asked to fill a personal page template

12



13



14



15



16

**(Limited) Education Fund Allocation**

- Option 1
  - Equally
- Option 2
  - To “good citizens” preferentially
  - Surplus dollars reallocated for group projects

17

**Strategy – Definition**

**Education Fund Accountability Booster Introduction**

**Purpose:** To provide a framework for expected academic performance, scholarly activity, professionalism, citizenship, and documentation.

**How it Works:** There are 5 equally weighted categories, each made up of sub-categories, that include important/required components of residency. Each category has specific requirements to receive credit for that category and are scored as noted. The money for the individual resident’s education fund and departmental support for academic presentations for the subsequent year will be rewarded as outlined below.

18

### Strategy – Transparent Scoring

**Scoring:**  
1/5 Completed Categories = 100% of subsequent academic year's education fund, departmental support of scholarly presentations at conferences, equal share of redistributed education funds  
4/5 Completed Categories = 100% of subsequent academic year's education fund, departmental support of scholarly presentations at conferences, no redistributed education funds  
3/5 Completed Categories = 50% of subsequent academic year's education fund, no further support  
0, 1, or 2/5 Completed Categories = 0% of subsequent academic year's education fund

19

### Strategy – Clear Expectations

**Professionalism**  
(3/4 of the following sub-categories must be complete to gain full credit for this category)

- Conference Attendance  
Attendance at 100%
- ACOM Survey  
Completion prior to February 1<sup>st</sup>
- Journal Club  
Attendance >80%
- MyEvaluations  
Completion rate >80%

Note: Conference and journal club attendance denominator will be adjusted according to the number of conferences the resident could have gone to. If the resident was not well served, etc. (outlined in the resident manual), this will not count against them.

20



21

**SAAFM**  
Curriculum Change Form

Proposal for Standard Education and/or Curriculum Change

Name: \_\_\_\_\_  
Department: \_\_\_\_\_  
Requesting Approval to: \_\_\_\_\_  
Requesting Approval on Behalf of: \_\_\_\_\_  
Requesting Approval for: \_\_\_\_\_  
Requesting Approval for: \_\_\_\_\_

When the proposal is approved, will it be implemented immediately?

When the proposal is approved, will it be implemented in the next academic year?

When the proposal is approved, will it be implemented in the next academic year?

When the proposal is approved, will it be implemented in the next academic year?

22



23



24

HANDOUT



# Novel Practices: The Board Runner Rotation

Timothy W. Martin, MD, MBA

Friday, November 11  
8:50 AM - 9:05 AM



## Anesthesiology Resident “Board Runner” Rotation

Timothy W. Martin, MD, MBA, FASA  
Professor and Associate Chair (Education)  
Anesthesiology Residency Program Director  
Chief, Division of Pediatric Anesthesia  
University of Florida College of Medicine (Gainesville)

1



## Anesthesiology “Board Runner” Rotation

Learning Objectives:

1. Explain the rationale for an elective, senior-level anesthesia resident “board runner” rotation
2. Describe the activities of the anesthesia resident on the “board runner” rotation
3. List possible didactic topics to be explored during the resident “board runner” rotation
4. Link elements of this rotation to ACGME anesthesiology program requirements and milestones

2



## Anesthesiology “Board Runner” Rotation

*This speaker has no relevant conflicts of interest to disclose, and there will be no off-label discussion of pharmaceuticals.*

3



## Anesthesiology Resident “Board Runner” Rotation

- “Board Runner”
- “Anesthesiologist-in-Charge” (AIC)
- “Anesthesiologist-of-the-Day” (AOD)
- “Board Boss”
- “Clinical Director”
- “Anesthesiologist on Call”
- “Schedule Master”
- “Traffic Cop”



4




5



## Preamble to “Board Runner” Rotation

*“To be leaders in the profession, practicing anesthesiologists must not only have the clinical proficiency and technical knowledge, but must also exhibit excellence in non-technical skills such as task management, teamwork, situational awareness, and decision-making. They must be able to simultaneously incorporate social, clinical, and textual information on their patients while organizing the operating room and facilitating the work of other members of the healthcare team toward the patient’s wellbeing.”*

6

### Rotation Description

- Two-week CA-3 year elective w option of four weeks (space permitting)--but mandatory for newly selected chief residents (3) in spring of CA-2 year
- Assist weekly faculty "board runner" (AOD) in daily OR management
- Duty hours 06:30-17:00
- Share in Saturday resident call team pool (one Saturday/4-week block)
- Evaluated by group of 4-5 faculty AODs at conclusion of rotation

7

### About UF Health

- Level-1 Trauma designation
- 1,232 beds
- 7 hospitals and 4 HOPDs in Gainesville, FL
- Other Locations
  - Jacksonville, FL
- Regional Network
  - Leesburg, The Villages®, Daytona, Deltona, Pensacola, Orlando



8

### University of Florida (Gainesville)



9

### UF Health/Shands Bed Towers



10

### Our Clinical Coverage Obligations

A Trending View of Locations We Staff

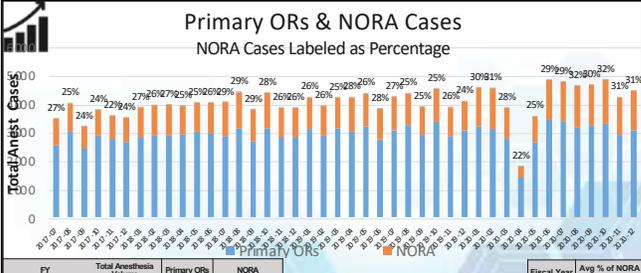
Location Type	OR Coverage Location	Jul 17	Jul 18	Jul 19	Jul 20	Jul 21
Main ORs	North Tower	68	66	86	50	56
	South Tower	0	66	66	70	70
	South Tower	66	66	75	75	75
	SCS/SCS	53	54	55	54	55
	Dabs					22
<b>Main OR Locations</b>		<b>216</b>	<b>247</b>	<b>281</b>	<b>289</b>	<b>320</b>
NORA	CT	0	0	0	0	0
	CT	6	6	6	6	6
	OR	15	15	15	0	20
	RT Interventional Radiology	10	7	5	5	5
	RT IR	4	4	5	5	5
	RT Interventional Radiology	0	5	4	4	4
	IR	20	20	20	20	20
	UNM/MBL	0	0	1	1	1
	UNM/MBL Lab	0	0	0	0	0
	IR	20	20	20	5	10
	IR	0	0	1	1	1
	IR	0	0	0	0	14
	IR	2	2	2	2	1
	IR	0	0	0	0	0
	IR	0	0	0	0	0
<b>NORA Locations</b>		<b>67</b>	<b>69</b>	<b>73</b>	<b>83</b>	<b>104</b>
<b>Total Block Coverage Per Week</b>		<b>283</b>	<b>316</b>	<b>354</b>	<b>372</b>	<b>424</b>

Assignments Per Week						
Coverage Location	Jul 17	Jul 18	Jul 19	Jul 20	Jul 21	
Main OR Locations	216	247	281	289	320	
NORA Locations	67	69	73	83	104	
Assignments	65	65	70	70	70	
<b>Total Block Coverage Per Week</b>	<b>358</b>	<b>381</b>	<b>424</b>	<b>442</b>	<b>494</b>	
<b>OR YoY Growth</b>						
	9%	34%	3%	11%		
<b>NORA YoY Growth</b>						
	3%	6%	14%	25%		

11

### Primary ORs & NORA Cases

#### NORA Cases Labeled as Percentage



FY	Total Anesthesia Volume	Primary ORs	NORA
FY15	41,552	32,520	9,432
FY16	43,503	34,605	8,898
FY17	46,225	37,368	10,857
FY18	49,849	38,301	11,548
FY19	54,876	41,428	13,448
FY20	51,730	40,119	11,611
FY21 (Proj)	60,454	43,370	17,084

Growth (FY15 to FY21 Proj): 44% Primary ORs, 33% NORA, 81% Total

Fiscal Year Avg % of NORA Case Volume: FY15 (22%), FY16 (20%), FY17 (23%), FY18 (23%), FY19 (25%), FY20 (27%), FY21 (31%)

NORA growth has greatly outpaced OR growth

12



### Daily Resident “Board Runner” Tasks

- Arrive 06:30 and ascertain OR/NORA operational status of three bed towers
- Assess status of preoperative holding, PACUs, OR’s
- Manage Anesthesia Periop Personnel and Assignment Changes
  - Sick Call-outs
  - Opened ORs for urgent/emergency add-ons
  - Case cancellations
  - Attending Anesthesiologists
  - Anesthesiology Residents
  - Anesthetist Staff (CRNAs and CAAs)
- Collaborate with
  - OR Charge Nurses
  - Circulating Nurses
  - Anesthesia Technicians
  - Surgeons



13



### Daily Resident “Board Runner” Tasks

- Respond to “Green Button” alerts (anesthesia emergencies)
- Assist Anesthesiology Attendings with multiple OR starts/finishes
- Delegate or respond to external difficult airway/intubation assist requests
  - ED
  - Critical care units
- Work with scheduling office staff to complete next day clinical assignments (EPIC OpTime)
- Coordinate anesthesia resident and anesthetist breaks/lunches
- Coordinate afternoon relief for shift personnel and post-late stay residents
- Provide hand-off report for oncoming evening late stay, night float (“mole team”) residents, and in-house anesthesiology attending staff

14



### “Board Runner” Rotation Didactic /Reading Topics

1. OR Scheduling Strategy Schema (block, open, “flex” or “swing”)
2. Metrics of OR/NORA utilization and associated definitions
3. Staffing and billing compliance regulations and guidelines
  1. Concurrency ratios
  2. Subspecialty skill sets
  3. Resident experience levels
4. Allocation of resources
5. Conflict resolution
6. Negotiation

15



### ACGME Common and Anesthesiology Program Requirements

- Medical Knowledge
  - IV.B.1.c.(1) Residents must demonstrate appropriate medical knowledge in the topics related to the anesthetic care of patients, including
    - Practice management to address issues such as operating room management
  - IV.B.1.c.(1).(b)
    - Management skills, to include basic knowledge of organizational culture, decision making, change management, conflict resolution, and negotiation and advocacy

16



### ACGME Common and Anesthesiology Program Requirements

- Interpersonal Skills
  - IV.B.1.e.(1) Residents must demonstrate competence in:
    - Communicating effectively with physicians, other health professionals, and health-related agencies
    - Working effectively as a member or leader of a health care team or other professional group
    - Acting in a consultative role to other physicians and health professionals
- Systems-Based Practice
  - IV.B.1.f.(1) Residents must demonstrate competence in:
    - Working effectively in various health care delivery settings and systems relevant to their clinical specialty
    - Coordinating patient care across the health care continuum and beyond as relevant to their clinical specialty

17



### ACGME Anesthesiology Milestones

- PC 7—Situational awareness and crisis management
- SBP 2—System Navigation for Patient-Centered Care
- SBP 3—Physician Role in Health Care Systems
- Prof 1—Professional Behavior and Ethical Principles
- Prof 2—Accountability/Conscientiousness
- ICS 2—Interprofessional and Team Communication
- ICS 3—Communication within Health Care Systems

18



### Resident Rotation Evaluation Comments

- “Fantastic rotation. I learned so much about scheduling, resource management, and ways to monitor and improve efficiency of the operating flow.”
- “Great rotation. Gave me perspective on how stressful the “board runner (AOD) job is. I am now happy to do any assignment given to me without complaints. Being in a room is easier than running the board.”
- “Great rotation! I was especially lucky to work with several attendings and observe their different strategies for organizing such a vast department.”

19



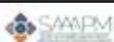
### Resident Evaluation Utility for Future

This Rotation was useful in training me for the things that I will need to know and do following my fellowship/residency.

Strongly disagree - Strongly agree

Average	Overall Average	Minimum	Maximum	Standard Deviation
2.81	2.75	2.5	3	0.24

20



### Resident Evaluation of Collaboration

Overall, I found the collaboration with nurses, surgeons, technicians and other members of the health care team went smoothly. If not, please be specific, and give examples.

Strongly disagree - Strongly agree

Average	Overall Average	Minimum	Maximum	Standard Deviation
2.80	2.75	2.5	3	0.22

21



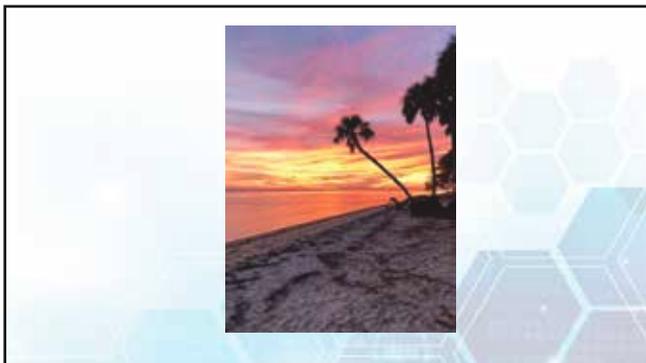
### Resident Evaluation Overall Value of Rotation

Overall Value of this rotation, and comments. What works well, what should be changed...

Below - Exceeds - Exceeds Expectations

Average	Overall Average	Minimum	Maximum	Standard Deviation
2.88	2.81	2	3	0.68

22



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# Competency-Based Medical Education and Time-Variable Training in Anesthesiology

Moderator: Daniel Saddawi-Konefka, MD, MBA

Friday, November 11  
9:15 AM - 10:00 AM

HANDOUT



# Competency-Based Medical Education and Time-Variable Training in Anesthesiology

Glenn Woodworth, MD

Friday, November 11  
9:15 AM - 9:45 AM



# CBME: Problems and Potential Solutions for Time-Variable Anesthesiology Residency Training

GLENN WOODWORTH MD and SKYLAR FULLER MS-IV  
Oregon Health & Science University

1

## Disclosures

- None

2

2

## Learning Objectives

Upon completion of this presentation, participants will be able to:

- Identify the main principles of Competency-based Medical Education (CBME)
- Describe the role of Time-Variable Training (TVT) in CBME
- Identify potential problems and solutions to the implementation of TVT Anesthesiology training

3

3

## Principles of CBME

- Defined Learning Outcomes
- Outcomes focus on KSA
- Curricula Target Outcomes
- Individualized Learning based on Assessment
- Advancement based on Achievement
- Assessment



4

## Time-variable Training

Advancement and transitions in training occur with demonstration of achievement of competencies **rather than by time**



Lucy CR, et al. Competency-based, time-variable education in health professions: crossroads. Acad Med. 2018;93:S1-S5.



5

## Time-Variable Training, CBME, and the Pandemic



Schumacher DJ, et al. Competency-based time-variable training internationally: ensuring practical next steps in the wake of the COVID-19 pandemic. Med Teach. 2021;43(7):810-816.



6

## Why do I care about CBME and TVT?



Has the train left the station?

7



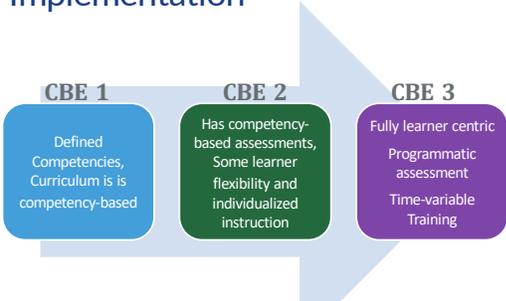
## ACGME and CBME

- 1999 - ACGME core competencies
- 2013 - Milestones



8

## Progression of CBME Implementation



Van Melle et al. Competency-based medical education collaborators. A core components framework for evaluating implementation of competency-based medical education programs. Acad med. 2019;94:1002-9.

9



## ACGME and ABMS Joint Meeting on CBME



RRCs and Boards asked what it would take to implement



10

## Time-Variable Training is likely a VERY Heavy Lift



Who will staff the ORs?



11

## TVT Implementation Issues

1. Identify potential barriers to the implementation of TVT
2. Rank the importance of these problems, perceived difficulty
3. Propose solutions to the problems



Van Rossum TR, et al. Effects of implementing time-variable postgraduate training programmes on the organization of teaching hospital departments. Med Teach. 2018;40(10):1036-1041.



12

Important Stakeholders (past or present member)
ACGME or RRC Member
ABA Board Member
Anesthesiology Dept Chair
Anesthesiology Vice Chair for Education or Program Director
Anesthesiology Residency Program Administrator
Designated Institution Official
Anesthesiology Fellowship Director
Anesthesiology Resident
Anesthesiology Sub-specialty Fellow
Anesthesiology Community Practice Leader
Clinical Operations Director
Other



13

## Problems: Assessment

- Competency assessment**
  - Milestones may not be sufficient
  - Lack of valid unbiased assessment tools
  - Honest assessment
  - Assessment burnout




14

## Problems: Incentives

- Mis-alignment of Incentives**

Incentives to graduate early but.....

- Affect on learning
- Affect on culture
- Affect on program




15

## Problems: Regulatory

- Regulatory/Organizational**

- ACGME and ABA
- CMS
- Funding mechanisms for training




16

## Problems: Resources

- Requires Lots of Resources**

- Replace resident work force
- Faculty/Program time
- Technology



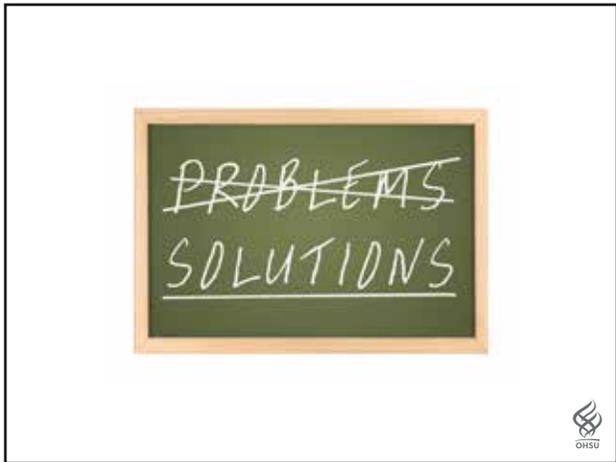

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## Some Initial Progress

- Workplace-based assessments
- Online-learning
- Programmatic system of assessment




18



19

## Regulatory Solutions

**ACGME and ABA**

- Time in training
- Procedure minimums
- Exam schedules
- Assessment tools
- Training materials




20

## Culture Change: Assessment



- Role in advancement
- Frequency
- Culture of feedback



21

## Precision-guided Education




22



## Variable Graduation Dates



23

## Promotion-in-Place

- Staffing
- Additional development time
- Increase autonomy
- Peer teaching
- Meet Resident financial goals
- Fellowship matching




24

## Faculty Time and Resources

- Almost all solutions require faculty time
- Departments, Deans, .... will need to fund CBME

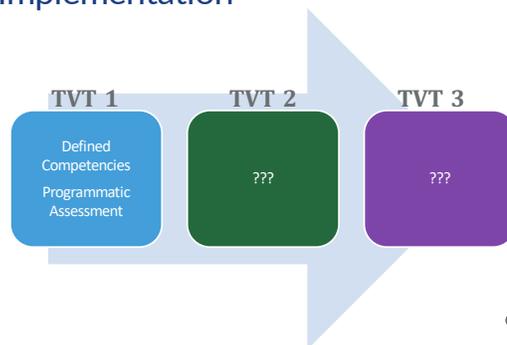


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25

## Phased Time-Variable Training Implementation



26



26

## Pilot Testing



27

## Questions



28

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HANDOUT



# Mistakes Made/Lessons Learned

Moderator: Susan M. Martinelli, MD

Friday, November 11  
10:30 AM - 11:30 AM

HANDOUT



# Mistakes Made/Lessons Learned

Bryan Mahoney, MD

Friday, November 11  
10:30 AM - 10:40 AM



Mistakes Made,  
Lessons Learned

Bryan Mahoney, M.D.  
Residency Program Director  
Department of Anesthesiology, Perioperative and Pain Medicine  
Mount Sinai Morningside and West

1



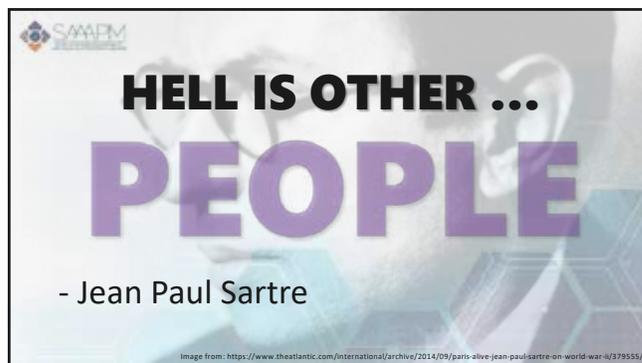
June 24<sup>th</sup> 2014

2



PEOPLE

3



HELL IS OTHER ...  
PEOPLE

- Jean Paul Sartre

Image from: <https://www.sheatlantic.com/international/archive/2014/09/paris-alive-jean-paul-sartre-on-world-war-ii/37955/>

4



PEOPLE

..Are a barrier to my goals

5



PEOPLE

..Are ALLIES for my goals

6



7



8



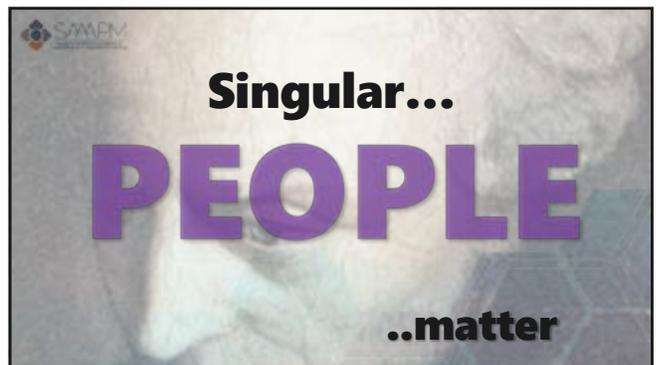
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11



12



13

HANDOUT



# Mistakes Made/Lessons Learned

Kate McCartney, MD, FASA

Friday, November 11  
10:40 AM - 10:50 AM



## Fearing the ACGME Survey

Mistakes Made / Lessons Learned

1



- Conflict of Interest:  
No Disclosures
- Target Audience:  
Newer PDs or APDs considering taking on the job.

2



**Learning Objectives:**

1. Recognize that you are personally invested in ACGME survey results, without taking results personally.
2. Prepare to have Chiefs discuss results with survey-takers immediately.
3. Construct an anonymous internal survey by PGY level to identify reasons (and solutions) for underperformance areas.
4. Empower residents to take ownership of their responses, find & enact solutions: hold team accountable to these action items with quarterly PEC meetings.

3



**Mistake Made: "Fearing the ACGME Survey"**

**Lessons Learned:**

- Do not take anything personally.
- You can't run a program alone, it's not all your fault when it's bad, nor all your glory when it's good. Your job is to leverage the strengths of all faculty and institutional resources.
- Do not blame yourself: most issues are long-seeded and multi-dimensional. Residents are canaries in a coal mine, and the survey may reveal institutional or interdisciplinary issues before you see/hear it in your own faculty.
- Your career does not ride on this survey (but it may change the amount and nature of work you do in the next AY.)

4



**Mistake Made: "Sitting on results, taking sole responsibility or trying to find solutions on own or with your APDs."**

**Lessons Learned:**

- Review results ASAP with Education Leadership Team & Chiefs
- Trust your chiefs to present the survey results at the very next resident mtg. They will get more honest reasons for the responses and ideas for solutions without faculty present.

5



**Mistake Made: "Doing the Internal program survey a few months before the ACGME survey"**

**Lessons Learned:**

- Do the anonymous Internal program survey -tagged by class- immediately (within a few weeks) *after* ACGME results
- Create focused questions seeking reasons and solutions for lower scoring survey items
- Find trends by PGY year
- Now you have reasons for responses and a list of solutions to bring to your PEC, and can add this to your state of the residency report, SWOT analysis, and upcoming PEC goals/improvements, without anyone having to call themselves out

6



**Mistake Made:** “Only doing one big annual PEC meeting.”

**Lessons Learned:**

- Make PEC meetings quarterly
- Include 2+ members from each class
- Encourage ownership of their ACGME survey responses and the solutions for problems. Quarterly meetings keep your team accountable and progress toward goals moving forward.
- Have Chiefs report progress at monthly resident meetings

7

HANDOUT



# Mistakes Made/Lessons Learned

Lee Chang, MD

Friday, November 11  
10:50 AM - 11:00 AM



# The Importance of Professionalism

Lee Chang, MD  
Program Director  
Baylor College of Medicine

1



## Mistakes Made

As a new program director, I did not realize the importance of developing a culture of professionalism.

There were occurrences within the residency program of lapses in both professional behavior and accountability/conscientiousness.

2



## Mistakes Made

These occurrences may have been avoidable if there was more of an emphasis on professionalism.

3



## Examples of lapses in professionalism

- Tardiness/late
- Failure to follow program policies (including work hour submissions, case logs, etc.)
- Unexcused absences from grand rounds and lectures
- Interaction between other residents, faculty or other members of the health care team

4



## Residency Professionalism Committee

A residency professionalism committee was established, consisting of both junior and senior faculty from each of the different teaching sites.

An associate program director was assigned to be chair of the committee.

5



## Goals of the Committee



Develop methods of promoting a culture of professionalism



Develop a policy for managing professionalism issues

6



### Lapses in Professional Behavior

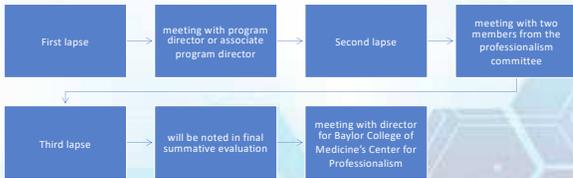
Committee decided that lapses needed to be addressed formally.

Three stages of formal interventions.

7



### Lapses in Professional Behavior



```

    graph LR
      A[First lapse] --> B[meeting with program director or associate program director]
      B --> C[Second lapse]
      C --> D[meeting with two members from the professionalism committee]
      E[Third lapse] --> F[will be noted in final summative evaluation]
      F --> G[meeting with director for Baylor College of Medicine's Center for Professionalism]
  
```

8



### Lapses in Professional Behavior

But not all lapses needed to be elevated to the next stage (not submitting work hours on time).

For each minor lapse in professional behavior, a "professionalism demerit" was assigned to the resident.

If more than three professionalism demerits were assigned for the academic year, certain benefits would be lost (unable to do internal moonlighting, CME funding, etc.)

9



### Recognition - Professionalism Award

Faculty and Residents submit nominations and provide examples of how the resident acted in a professional manner.

Based on the nominations, the professionalism committee members would select one resident every three months to win the award.

10



### Recognition - Professionalism Award




```

    graph TD
      A[Winner of the award announced at the start of grand rounds in front of department.] --> B[Nominations that were received were shared with the audience.]
      B --> C[Names are displayed on our professionalism award plaque, located in our conference room.]
  
```

11



### Recognition - Professionalism Award



Initially, did need to send reminders to request faculty and resident to submit nominations, but now often receive several nominations without any solicitation.



Decision made by the committee to award the winner \$50 gift card (there has been discussion if this is a good way of promoting professionalism).

12



### Recognition - Professionalism Award

The recipients have expressed gratitude for the opportunity to win this award and when I write the letters of recommendation, I notice them including it in their CV.

Helps with fellowship applications and hiring for private practice groups.

13



### Recognition - Professionalism Award

Purpose of recognition is to demonstrate to the residents of the importance that we place on professionalism.

By sharing the nominations with them, it provides real examples to residents on acts of professionalism and hopefully something they can also strive for.

14



### Informing the residents

Committee wanted to be sure that the policies and expectations were clear and understood.

Residents were informed of the policies, both during orientation for new residents and at the start of each academic year during a resident only grand rounds. Policy was sent to all residents by email.

15



### Lessons Learned

- Developing a culture of professionalism within the residency program is a priority.
- Create a professionalism committee – don't try to figure this out on your own.
- Recognizing professional behavior is one method of emphasizing the importance of a professionalism.
- Set up a clear policy that residents are aware of.
- People can change (at least during their residency).

16

HANDOUT



# Mistakes Made/Lessons Learned

Tanaya Sparkle, M.B.B.S., D.ABA

Friday, November 11  
11:00 AM - 11:10 AM



## MISTAKES MADE/LESSONS LEARNED: NOT ADVOCATING FOR MY PROGRAM COORDINATOR

Tanaya Sparkle, M.B.B.S.  
Assistant Professor & Residency Program Director,  
University of Toledo Medical Center, Toledo, Ohio

1



## Our Story

- Associate Program Director for 9 months and Program Director for little over 1 year
- On my 3<sup>rd</sup> Program Coordinator
- Using numbers for privacy:
  - PC#1-Retired (Me: No administrative role yet)
  - PC#2-Moved to a completely different field (Associate PD transitioning to PD)
  - PC#3-Moved to a job in higher education but not related to GME
  - PC#4-Powering through our first interview season

2



## My mistake as a New Program Director

- Not realizing how much the success of my program depends on the Program Coordinator (PC)
- Not checking in with our PC
- Assuming our PC was happy and satisfied in her role because things were getting done
- Focusing on Resident Wellness but ignoring Coordinator Wellness

3



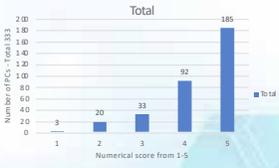
## Is it just my Program? What is the evidence?

- LIMITED EVIDENCE
- Burnout is a syndrome defined by three composite elements—emotional exhaustion, depersonalization, and decreased personal accomplishment.<sup>1</sup>
- Ewen et.al. utilized the Copenhagen Burnout Inventory and found elevated mean burnout scores in all 3 domains (personal, work-related, and client-related) for GME Program Administrators.<sup>2,3</sup>
- Factors such as years in GME and lack of wellness activities offered by the institution accounting for higher burnout scores.<sup>2,3</sup>
- Burnout scores differed between those contemplating leaving their jobs and those who were not, across all subscales of CBI<sup>1</sup>
- Dr. Gilbert and Terri Feist (Neurology) suggested that ACGME could track PC turnover.<sup>4</sup>

4



• ACGME is conducting a survey of coordinators  
Anonymous survey of Anesthesia Program Coordinators:



How well does your Program Director support you?

Numerical score from 1-5	Number of PCs
1	3
2	20
3	33
4	92
5	185



How satisfied are you with your job?

Numerical score from 1-5	Number of PCs
1	3
2	36
3	54
4	156
5	70

5



## Lessons learned – What I should have done

- Advocated for an increase in their base pay or overtime allowances
- Advocated for more paid training time
- Supported and pushed for a second title/responsibility within the department
- Appreciated their hard work and organized appreciation/birthday events
- Periodically check in with them to ensure that they are not overwhelmed/stressed, especially when new
- Direct them towards social media groups for coordinators and GME leadership

6



## References

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7

## Thank You

8

HANDOUT



# Business Meeting

Moderator: Timothy Long, MD

Friday, November 11

11:30 AM - 11:45 AM

HANDOUT



# Annual Updates

Moderator: Andrea Dutoit, MD

Friday, November 11

1:00 PM - 3:00 PM

HANDOUT



# Annual Updates: ABA/ITE Update

Mark Keegan, MB, BCh, BAO, MRCPI, DABA, MSc, FCCM  
Alex Macario, MD

Friday, November 11  
1:00 PM - 1:40 PM

ABA THE AMERICAN BOARD OF ANESTHESIOLOGY

**ABA UPDATE**  
SAAA-PM 2022

Alex Macario, M.D., MBA  
ABA Secretary

Mark Keegan, M.B., B.Ch.  
Chair, Assessments Committee

1

THANK YOU

2

AGENDA

- Overview
- RTID Redesign & ITE 2023 Exam Dates
- The Latest
- Subspecialty Update
- Assessment Update
  - ITE, BASIC, ADVANCED Exams
  - APPLIED Exam

3

OVERVIEW

4

WHO WE ARE: OUR BOARD OF DIRECTORS  
12 Diplomate Directors; 1 Public Member Director


5

PATIENTS PERCEIVE ABA CERTIFICATION TO SIGNIFY

- High level of clinical knowledge, judgement & skills
- Up-to-date with recent advances
- Professionalism

6

## RESIDENCY TRAINING INFORMATION DATABASE (RTID) REDESIGN & ITE EXAM DATES

7

### RTID REDESIGN COMING NOV. 14

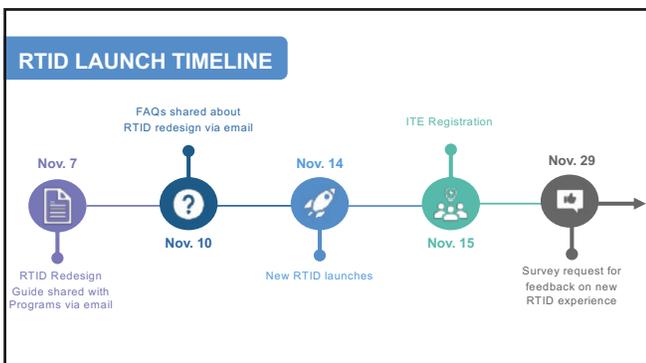
#### NEW DESIGN

- Based on your feedback
- New look and user-friendly design
- Improved navigation and fewer clicks to complete tasks
- New homepage shows current resident list

#### NEW FEATURES

- Enter reports en masse for trainees with six months of continuous satisfactory training
- Advanced roster sorting by track type, ABA ID, name or year
- Streamlined report approval process
- Program Director Reference Form (PDIR) and final Certificate of Clinical Competence (CCC) reports combined
- Automatic credit given for prior Clinical Base training

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### 2023 & 2024 IN-TRAINING EXAM DATES

Exam Name	Code	Exam Dates	Registration Window	Late Registration Window
ITE Anesthesiology	ITE A	Feb. 4 - 6, 2023	Nov. 14 - Nov. 7, 2022	Dec. 8 - 22, 2022
ITE Pediatric Anesthesiology	ITE PA-P	Feb. 16 - 18, 2023	Dec. 8 - 22, 2022	
ITE Pain Medicine	ITE PM	March 16 - 18, 2023	Dec. 11 - Feb. 16, 2023	
ITE Critical Care Medicine	ITE CCM	April 11 - 13, 2023	Nov. 21 - March 21, 2023	
ITE Anesthesiology	ITE A	Feb. 7 - 9, 2024	Nov. 7 - 21, 2023	Nov. 30 - Dec. 15, 2023
ITE Pediatric Anesthesiology	ITE PA-P	Feb. 19 - 21, 2024	Dec. 9 - 23, 2023	
ITE Pain Medicine	ITE PM	March 14 - 16, 2024	Dec. 11 - Feb. 16, 2024	
ITE Critical Care Medicine	ITE CCM	Apr. 16 - 18, 2024	Feb. 21 - March 15, 2024	

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## THE LATEST

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### 2023 POLICY BOOK

- 2023 Policy Book will be shared in Dec. 2022 via email and on our website
- Document indicating changes to 2023 Policy Book will be included during distribution

#### Notable changes

- Temporary criteria for ACA certification
- Extended leave policy now includes the clinical base year for 4 yr programs



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### JOIN ABA PREPAY



Allows payment of the annual MOCA fees for the diplomates by streamlining credit for their registration

Simplify and streamline your finances by eliminating reimbursement requests from physicians and accurately allocating your budget for board certification



Show your appreciation for board certification to the anesthesiologists in your department, highlighting the value of continuous learning

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### 2023 PROGRAM DIRECTOR MEETING

- Prior to the COVID-19 pandemic the ABA met with Program Directors annually to share updates that impact programs and residents, including for example to inform residency programs about OSCE
- PD Meeting is being scheduled for early in 2023

• **Meeting topics:**

- Policy updates
- Program changes
- Examination results
- Examination prep



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### PROGRAM IN FOCUS

#### New quarterly e-newsletter for improving communication with residency programs

- First edition launched in Summer 2022
- Shares latest news and updates regarding exam dates, changes to policy and more
- Please keep your contact list up-to-date and share with our Credentialing team to ensure your current program contacts receive these e-Newsletters



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### DIVERSITY, EQUITY & INCLUSION

**Our Commitment**

We have long recognized that we play a distinct role in addressing biases that endanger healthcare outcomes, and in advancing equity and inclusion, particularly as it relates to our organization and assessments.

**Exploring ways to embed DEI/healthcare disparities into assessments**

- Patient diversity in OSCE scenarios
- Transparency of volunteer selection
- Differential item type analyses
- Director/Volunteer training



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### NEW ABMS STANDARDS FOR CONTINUING CERTIFICATION

- In January 2024, changing to a five-year certification cycle instead of current 10-year cycle
- MOCA fees will not be impacted by the change
- Do not anticipate new standards to impact ABA diplomate experience significantly — currently have requirements to meet every five years
- Evolution of the MOCA program has positioned the ABA favorably to implement new standards
  - Transitioned from high-stakes exams every 10 yrs to current MOCA minute longitudinal assessment

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### SUBSPECIALTY UPDATE

18

### ADULT CARDIAC ANESTHESIOLOGY

First ACA Subspecialty Board Certification Exam will be administered on Dec. 2, 2023

Three eligibility pathways for diplomates who have completed:

- An ACGME-accredited CTA Fellowship
- A Non-ACGME-accredited Adult Cardiac Fellowship
- < 12 months Adult Cardiac Fellowship Training

To qualify diplomates must also:

- Be ABA certified
- Have License to practice medicine/osteopathy in the U.S. or Canada
- Attest to their clinical activity in ACA care (practicing at least one day per week during 12 consecutive months over the previous three years)
- Be meeting MOCA requirements

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### NEUROCRITICAL CARE

- First exam was administered Oct. 4-8, 2021, by the American Board of Psychiatry and Neurology (ABPN) to eligible diplomates of the American Boards of Anesthesiology, Emergency Medicine, and Surgery
- Second neurocritical care exam was administered Oct. 11-15, 2022, by the ABPN and will be provided every even-numbered year thereafter
- 110 ABA Diplomates certified to date



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### ASSESSMENTS UPDATE

21

### WRITTEN EXAM UPDATE

22

### CANDIDATE BEHAVIOR EXPECTATIONS

- Recent instances of irregular candidate behavior during the ADVANCED Exam
  - Policy violations as candidates accessed phones during unscheduled breaks

**Please advise candidates:**

- Cell phone use during their assessment is prohibited
- Candidates who violate policy will have results invalidated
- ABA will not consider a registration for offenders for readmission to the ABA examination system for two years

23

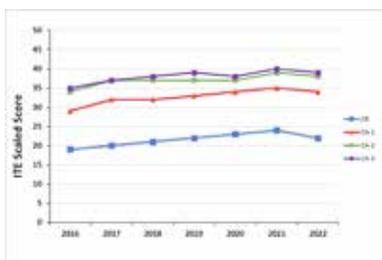
### THREE-OPTION MCQ



- In 2019, the ABA Board of Directors approved transitioning our **computer-based exams from four-option multiple-choice items to three**
- **This is an unprecedented change in our sector and standardized testing as a whole and does not impact the difficulty, validity or reliability of the exam**
- We successfully transitioned the Critical Care Medicine and Pediatric Anesthesiology exams in 2020, the Pain Medicine exam in 2022 and are completing the transition with the ITE, BASIC and ADVANCED exams in 2023

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### ITE PERFORMANCE BY TRAINING LEVEL & EXAM YEAR



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### 2022 JUNE BASIC EXAM RESULTS

- Key validation eliminated eight items in two forms
- Mean Scaled Score: **236.0**
- Reliability: 0.83 (Form A) & 0.84 (Form B)
- Pass rate breakdown:

First time-takers' pass rate: **88.8%**

Second time-takers' pass rate: **73.1%**

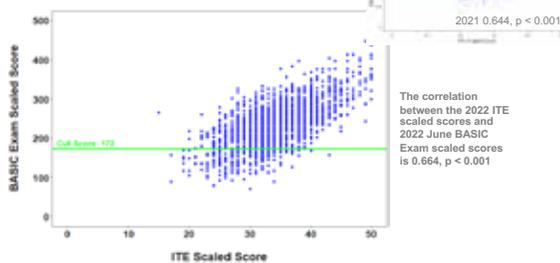
Third time-takers' pass rate: **76.9%**

**1,929**  
residents examined

**88.4%**  
of residents passed

26

### RELATION OF SCORES 2022 ITE TO 2022 JUNE BASIC EXAM



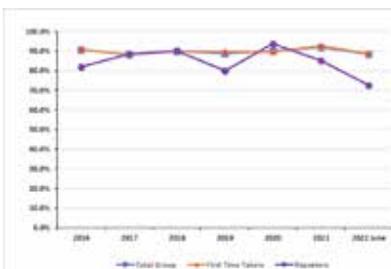
27

### RELATION OF SCORES 2022 ITE TO 2022 JUNE BASIC EXAM

2022 ITE Scaled Score	2022 ITE Percentile Rank in CA-1	N	2022 June BASIC Scaled Score Mean (S.D.)	BASIC Pass Rate
≤ 25	≤5	104	173(43)	50%
26-30	7-22	345	201(43)	77%
31-35	28-58	708	225(41)	90%
36-40	64-85	495	256(43)	98%
41-45	88-96	176	295(41)	99%
≥ 46	≥97	63	341(46)	100%

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### BASIC EXAM SUCCESS RATES (TO 2022 JUNE)



29

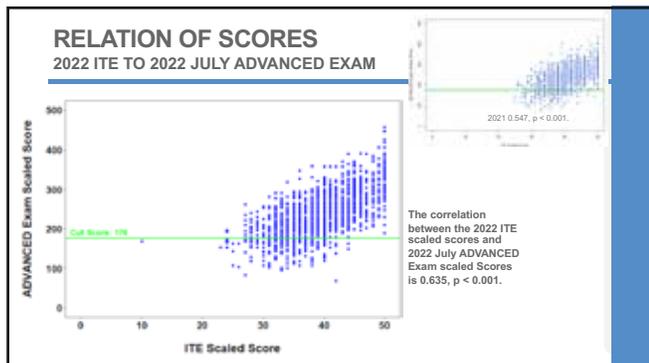
### 2022 JULY ADVANCED EXAM RESULTS

- Candidates were assigned to examine on Friday or Saturday
- Key validation eliminated five items in two forms
- Mean Scaled Score: **235.1**
- Reliability: 0.82 (Form A) & 0.79 (Form B)

**1,854**  
candidates examined

**85.9%**  
of candidates passed

30

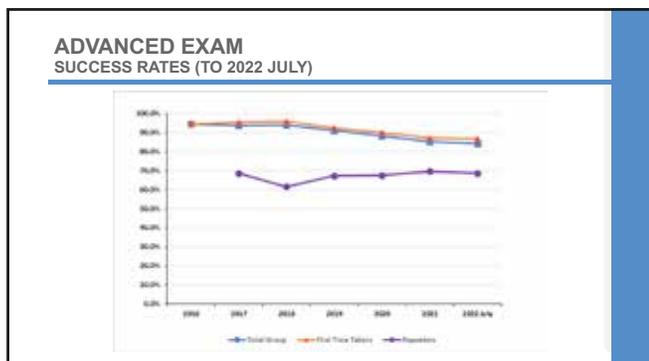


31

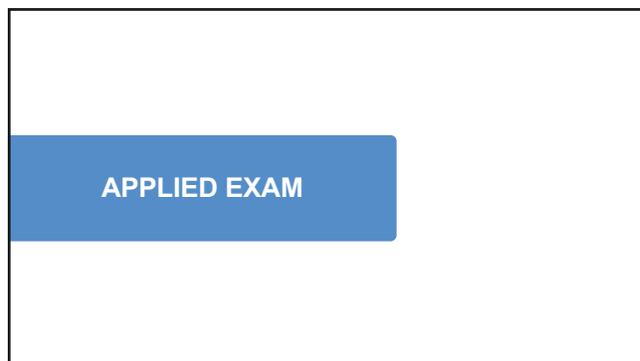
### RELATION OF SCORES 2022 ITE TO 2022 JULY ADVANCED EXAM

2022 ITE Scaled Score	2022 ITE Percentile Rank in CA-3	N	2022 July ADVANCED Scaled Score Mean (S.D.)	ADVANCED Pass Rate
≤ 25	≤1	11	162(25)	18%
26-30	1-5	80	182(40)	53%
31-35	7-23	321	203(42)	73%
36-40	29-55	565	226(42)	89%
41-45	63-83	440	258(42)	98%
≥ 46	≥87	249	298(49)	100%

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33



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### APPLIED EXAM — RETURNS TO RALEIGH

- Starting in Dec. 2020 and throughout 2021 the ABA administered the oral and OSCE components of the APPLIED Exam virtually to 3,304 candidates across 18 weeks during the COVID-19 pandemic
- In 2022, the ABA returned to in-person assessments for the APPLIED Exams in our expanded assessment facility, the AIME Center

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### OSCE STRUCTURE

- Seven station circuit
  - Seven of the nine skills from the OSCE Content Outline
  - Six communication & professionalism skills
  - Three technical skills
- Each station: 8 minutes long; 4 minutes between stations to review next scenario
- Candidates interact with either a standardized patient/clinician actor or directly with an examiner

36

### 2022-23 APPLIED EXAM: OSCE UPDATES

1

**Application of Ultrasonography**  
(Point-of-Care Ultrasound)

- Heart (2022)
- Lung (2023)

2

**Interpretation of Echocardiogram & Surface Ultrasound of Lung**

- Transthoracic echocardiography images (2022)
- Lung and diaphragm ultrasound images (2023)

3

**Off-site scoring continues to be effective**

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### NEW EXAMINER SELECTION & TRAINING

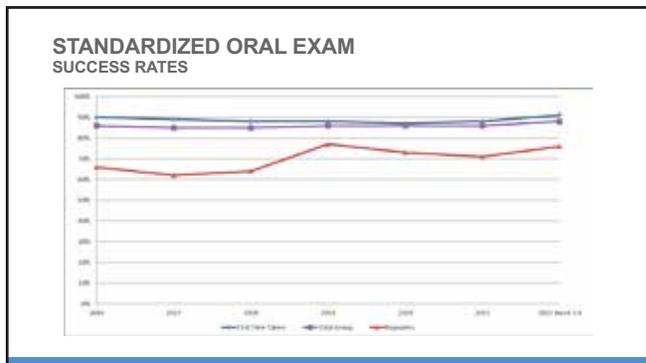
- 1) **New APPLIED examiner selection**
  - Carefully review applications for APPLIED examiner positions
  - Hundreds of excellent, well-qualified applicants for 30-40 positions
- 2) **New APPLIED examiner training**
  - Aptitude and previous experience variable
  - Training and mentorship are critical
- 3) **Retiring examiner sentiments**
  - Willingness and desire to remain involved

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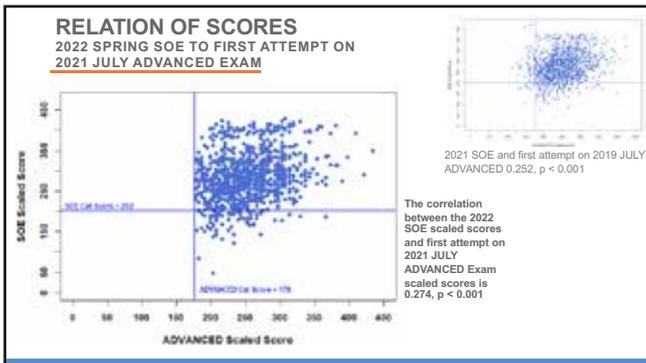
### 2022 APPLIED EXAM RESULTS (WEEKS 1-6)

- 381 examiners delivered exam
- 2,203 candidates completed exam
- 1,497\* achieved certification (so far)  
\*Week 6 scores processed on Nov. 8

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### 2022 OSCE RESULTS (WEEKS 1-4)

- Mean Scaled Score: **250.4**
- Standard Deviation: **38.4**
- 1,228 candidates took both SOE and OSCE

	OSCE: Fail	OSCE: Pass	Total
SOE: Fail	42 (3.4%)	87 (7.1%)	129 (10.5%)
SOE: Pass	59 (4.8%)	1,040 (84.7%)	1,099 (89.5%)
Total	101 (8.2%)	1,127 (91.8%)	1,228 (100%)

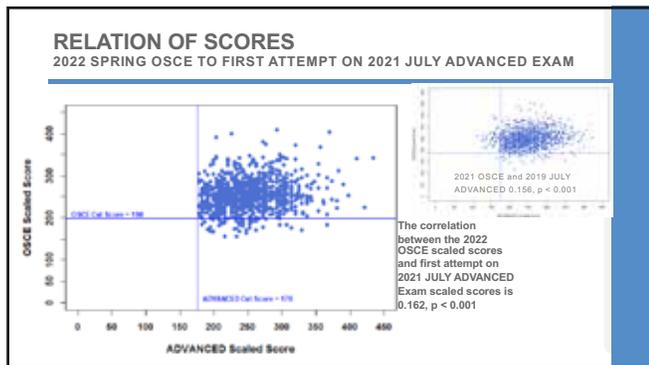
1,251

candidates took OSCE component

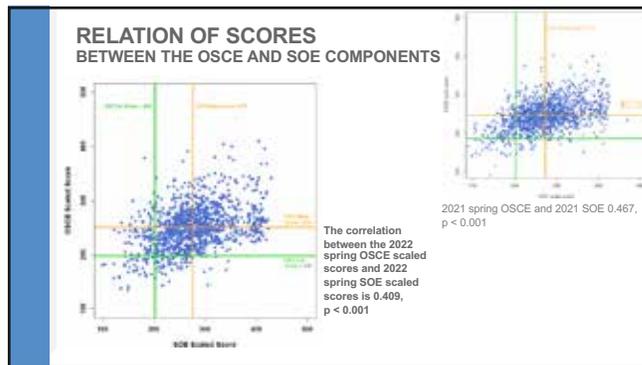
92.6%

of candidates passed OSCE component

42



43



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**Questions? We are here to help.**

-  [coms@theaba.org](mailto:coms@theaba.org)
-  (866) 999-7501
-  [www.theaba.org](http://www.theaba.org)
-  4200 Six Forks Road, Suite 1100  
Raleigh, North Carolina 27609



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HANDOUT



# Annual Updates: ACGME Update

Aditee Ambardekar, MD MEd  
Cheryl Gross, MA, CAE

Friday, November 11  
1:40 PM - 2:10 PM



## ACGME Review Committee Update

November 11, 2022

*Aditee Ambardekar, MD*  
 Chair, Review Committee for Anesthesiology

1



## Disclosure

- No disclosures to report

2



## Session Objectives

1. Describe current accreditation statistics for core and subspecialty programs
2. Discuss recent and upcoming changes to the Program Requirements
3. List recent and upcoming initiatives at the ACGME and Anesthesiology RC

3



## The Stats



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## Trends in Core Anesthesiology Programs

Academic Year	# Approved Resident Positions	# Core Programs
2021-2022	7,859	166
2020-2021	7,640	161
2019-2020	7,531	160
2018-2019	7,299	153
2017-2018	7,171	153
<b>5-Year Trend</b>	<b>↑ 9.6%</b>	<b>↑ 8.5%</b>

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## Core Anesthesiology Program Size 2021-2022

Number of Filled Positions	Number of Programs
0 Residents	5
1-24 Residents	49
25-49 Residents	50
50-74 Residents	38
75-99 Residents	16
100+ Residents	8

Number of Filled Positions	
Range	0-113
Mode	20
Median	39
Mean	43

**90.5% Fill**

6

### Subspecialty Programs 2020-2021

Subspecialty	Number of Programs	Filled	Active Fellows
Adult Cardiothoracic	74	94.7%	251
Critical Care Medicine	64	83.6%	219
Regional Anesthesiology and Acute Pain Medicine	40	96.1%	98
Obstetric Anesthesiology	41	85.3%	58
Pain Medicine	114	94.7%	4333
Pediatric Anesthesiology	61	83.1%	222

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- ### Pediatric Cardiac Anesthesiology
- Beginning accreditation – July 1, 2022
  - Currently accredited
    - 6 programs
    - 10 approved positions

8



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- ### Annual Review Committee Activities
- Applications for new programs
  - Permanent complement increase requests
  - Annual data
    - Programs with Citations
    - Programs with Annual Data Indicators
  - 10-Year site visit reports
- 

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- ### Annual Program Review 2020-2021
- 501 Programs Reviewed**
- 472 Continued Accreditation
  - 5 Continued Accreditation with Warning
  - 11 Initial Accreditation
  - 2 Accreditation Withheld
  - 1 Deferred
- Common Citations**
- Faculty and Resident Scholarly Activity
  - Qualifications of Faculty (subspecialty)
  - Responsibilities of Program Director (Failure to provide accurate information)
  - Responsibilities of Faculty
  - Curricular Development
  - Evaluation of Residents
  - Educational program—Patient Care Experience and Didactic Components

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### Protected Time: Core Program Director

Number of Approved Resident Positions	Minimum Support Required (FTE) for the Program Director	Minimum Additional Support Required (FTE) for Program Leadership	Total Minimum Program Leadership Support
1-20	0.2	0.2	0.4
21-30	0.4	0.2	0.6
31-40	0.4	0.3	0.7
41-50	0.4	0.4	0.8
51-60	0.4	0.5	0.9
61-70	0.4	0.6	1.0
71-80	0.4	0.7	1.1
Over 80	0.4	0.8	1.2

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### Protected Time: Core Coordinator

Number of Approved Resident Positions	Minimum Support Required (FTE)	Number of Approved Resident Positions	Minimum Support Required (FTE)
9-10	0.7	61-65	1.8
11-15	0.8	66-70	1.9
16-20	0.9	71-75	2.0
21-25	1.0	76-80	2.1
26-30	1.1	81-85	2.2
31-35	1.2	86-90	2.3
36-40	1.3	91-95	2.4
41-45	1.4	96-100	2.5
46-50	1.5	101-105	2.6
51-55	1.6	106-110	2.7
56-60	1.7	111-115	2.8
		116-120	2.9
		Over 120	3.0

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### Protected Time: Subspecialty PDs

Number of Approved Fellow Positions	Minimum FTE
1-2	0.1
3	0.125
4	0.15
5	0.175
>5	0.2

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### Protected Time: Subspecialty Coordinator

Number of Approved Fellow Positions	Minimum FTE
1	0.2
2	0.24
3	0.26
4	0.28
>5	0.02 per each additional approved position

16

- ### Major Revisions Program Requirements
- Core – work will begin in 2024 for July 1, 2026 start date
    - Planning for future of anesthesiology
    - JGME article – internal medicine process
  - Subspecialties – work will begin in early 2023 for a July 1, 2024 start date

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- ### Milestones 2.0
- Core Anesthesiology in effect July 1, 2021
  - Adult Cardiothoracic – working through December
  - Critical Care – Working through Jan 2022
  - Obstetrics – working through Feb 2022
  - Pediatric – working through Feb 2022
  - Pediatric Cardiac – working through Feb 2022
  - Pain Medicine – Review and Comment Closed Oct 31

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## Rural Track Program Designation

- Processes developed to address accredited programs that meet CMS definition of “rural track”
- Urban teaching hospital can obtain DGME and IME financing through partnerships with rural hospitals and sites
- Info on [www.acgme.org](http://www.acgme.org)
- Contact [muap@acgme.org](mailto:muap@acgme.org) or 312.755.7458

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## ACGME Equity Matters™

- Framework for continuous learning in DEI and anti-racism practices
- Comprehensive curriculum of ideas, models, and data to support interventions to develop diverse physician workforce to care for diverse patient populations
- Combines educational resources and collaborative learning communities
- Visit the ACGME website or email [diversity@acgme.org](mailto:diversity@acgme.org) for more information

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## Medical, Parental, Caregiver Leave(s) of Absence

- [ACGME Institutional Requirements, effective July 2022](#)
- Minimum of 6 weeks of leave at least once and at any time during an ACGME-accredited program
- Provide residents/fellows equivalent of 100% of salary for first 6 weeks of first approved leave
- At least one week of paid time off outside the first 6 weeks of first approved leave
- Continue health and disability insurance benefits for residents/fellows and eligible dependents during approved leave

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## Medical, Parental, Caregiver Leave(s) of Absence

- RC allows flexibility in approved leaves of absence
  - Clinical experience requirements must be met (includes case logs)
  - Clinical Competency Committee must deem the affected resident fully prepared for autonomous practice
- Review ABA's (or AOBA) Absence from Training policy

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## Competency-Based Medical Education

- ABMS-ACGME Symposium – held August 2023
- Review Committee plans to incorporate as part of its major program requirement revisions
- In the meantime – AIRE process
  - Promoting innovation for programs
  - Can permit reprieve from specific program requirements based on proposal

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## CONTACT ACGME Staff – they want to help!

<p><b>Review Committee Staff</b></p> <p>Cheryl Gross: <a href="mailto:cgross@acgme.org">cgross@acgme.org</a>                  Kerri Price: <a href="mailto:kprice@acgme.org">kprice@acgme.org</a>                  Aimee Morales: <a href="mailto:amorales@acgme.org">amorales@acgme.org</a></p> <ul style="list-style-type: none"> <li>Program requirements</li> <li>Notification letters</li> <li>Complement requests</li> <li>Case Log <u>content</u></li> </ul>	<p><b>ADS Staff</b>  <a href="mailto:ADS@acgme.org">ADS@acgme.org</a></p> <ul style="list-style-type: none"> <li>ADS</li> <li>Surveys</li> <li>Case Log <u>technical support</u></li> </ul> <p><b>Field Activities Staff</b>  <a href="mailto:fieldrepresentatives@acgme.org">fieldrepresentatives@acgme.org</a></p> <ul style="list-style-type: none"> <li>Site Visits</li> <li>Self-Studies</li> </ul>
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HANDOUT



# Annual Updates: ERAS Supplemental Application

Andrea Dutoit, MD

Emily G. Teeter, MD, FASE, FASA

Friday, November 11

2:10 PM - 2:40 PM

View Recording at: <https://vimeo.com/767519236/a1a446a895>

HANDOUT



# Everything You Wanted to Know

Moderator: Jed T. Wolpaw, MD, Med

Friday, November 11  
3:30 PM - 5:00 PM

## 2022 Everything You Wanted to Know

Current run (last updated Nov 22, 2022 3:19pm)

69

Activities

168

Participants

89

Average responses



Average engagement

### What is your primary role?



Response options

Count

Percentage



Engagement

**PD**

**45**

**39%**

APD

32

28%

Program Coordinator

31

27%

Resident

0

0%

Medical Student

2

2%

Fellowship PD or APD

0

0%

Chair

0

0%

Vice Chair for Education

4

3%

Other

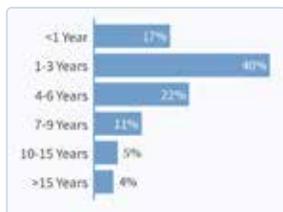
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2%

**116**

Responses

### How many years has your PD been in their position?



Response options	Count	Percentage
<1 Year	16	17%
<b>1-3 Years</b>	<b>37</b>	<b>40%</b>
4-6 Years	20	22%
7-9 Years	10	11%
10-15 Years	5	5%
>15 Years	4	4%

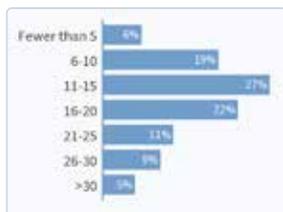


Engagement

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Responses

### How many residents PER YEAR are in your core residency program?



Response options	Count	Percentage
Fewer than 5	6	6%
6-10	18	19%
<b>11-15</b>	<b>26</b>	<b>27%</b>
16-20	21	22%
21-25	11	11%
26-30	9	9%
>30	5	5%

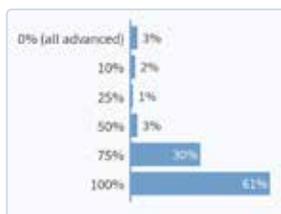


Engagement

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Responses

### What percentage of your total positions offered each year in the match are categorical? Ignore R positions for this, and choose the closest value



Response options	Count	Percentage
0% (all advanced)	3	3%
10%	2	2%
25%	1	1%
50%	3	3%
75%	31	30%
<b>100%</b>	<b>62</b>	<b>61%</b>

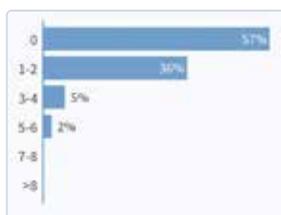


Engagement

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Responses

### How many R positions, on average, do you offer in each match cycle?



Response options	Count	Percentage
<b>0</b>	<b>52</b>	<b>57%</b>
1-2	33	36%
3-4	5	5%
5-6	2	2%
7-8	0	0%
>8	0	0%

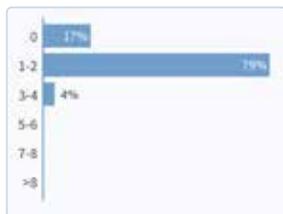


Engagement

92

Responses

### How many residents, on average, fail the basic exam in your program each year averaged over the past 5 years?



Response options	Count	Percentage
0	17	17%
<b>1-2</b>	<b>81</b>	<b>79%</b>
3-4	4	4%
5-6	0	0%
7-8	0	0%
>8	0	0%

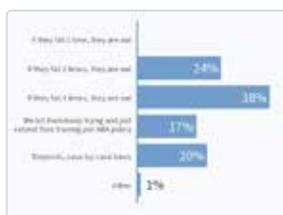


Engagement

**102**

Responses

### How many attempts do you give residents on the Basic Exam before they must leave the program?



Response options	Count	Percentage
If they fail 1 time, they are out	0	0%
If they fail 2 times, they are out	24	24%
<b>If they fail 3 times, they are out</b>	<b>38</b>	<b>38%</b>
We let them keep trying and just extend their training per ABA policy	17	17%
Depends, case-by-case basis	20	20%
Other	1	1%

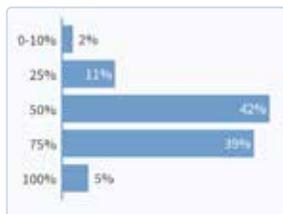


Engagement

**100**

Responses

### Approximately What percentage of your residents did fellowships in last year's graduating class?



Response options	Count	Percentage
0-10%	2	2%
25%	10	11%
<b>50%</b>	<b>39</b>	<b>42%</b>
75%	36	39%
100%	5	5%

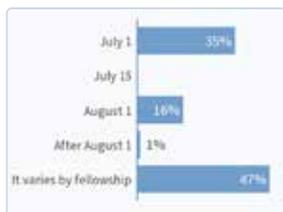


Engagement

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Responses

### When do fellowships at your institution start?



Response options	Count	Percentage
July 1	34	35%
July 15	0	0%
August 1	16	16%
After August 1	1	1%
<b>It varies by fellowship</b>	<b>46</b>	<b>47%</b>



Engagement

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Responses

### Would you like to see an August 1st start date for all fellowships?



Response options	Count	Percentage
No	4	4%
Yes	20	20%
<b>Yes with exceptions for trainees with visas that require uninterrupted training</b>	<b>54</b>	<b>55%</b>
Don't Care	19	19%
Other	2	2%

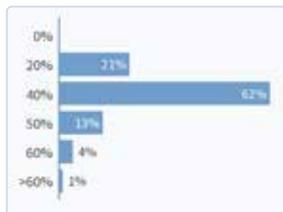


Engagement

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Responses

### How much protected time do you get in your role as PD (or if you are not a PD, how much protected time does your PD get)?



Response options	Count	Percentage
0%	0	0%
20%	21	21%
<b>40%</b>	<b>63</b>	<b>62%</b>
50%	13	13%
60%	4	4%
>60%	1	1%

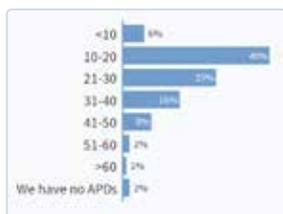


Engagement

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Responses

**How many residents per APD in your program (so if you have 40 total residents and 2 APDs the answer would be 20)?**



Response options	Count	Percentage
<10	6	6%
<b>10-20</b>	<b>41</b>	<b>40%</b>
21-30	26	25%
31-40	16	16%
41-50	8	8%
51-60	2	2%
>60	1	1%
We have no APDs	2	2%

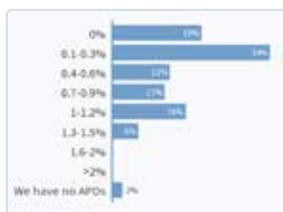


Engagement

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Responses

**How much protected time does your entire APD group get per resident (add up the protected time of all APDs and divide by total residents)? So if you have 2 APDs each with 20% protected time, that's 40% total and if you have 40 residents that's 1% APD time**



Response options	Count	Percentage
0%	17	19%
<b>0.1-0.3%</b>	<b>30</b>	<b>34%</b>
0.4-0.6%	11	12%
0.7-0.9%	10	11%
1-1.2%	14	16%
1.3-1.5%	5	6%
1.6-2%	0	0%
>2%	0	0%
We have no APDs	2	2%

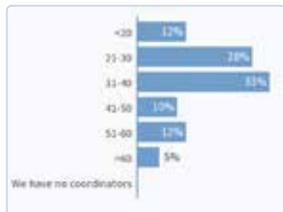


Engagement

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Responses

### How many residents per coordinator do you have?



Response options	Count	Percentage
<20	11	12%
21-30	26	28%
<b>31-40</b>	<b>30</b>	<b>33%</b>
41-50	9	10%
51-60	11	12%
>60	5	5%
We have no coordinators	0	0%



Engagement

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Responses

### Are you participating in the supplemental app this year?



Response options	Count	Percentage
<b>Yes</b>	<b>86</b>	<b>93%</b>
No	5	5%
What's the supplemental app?	1	1%



Engagement

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Responses

### Are you using preference signaling in any way?



Response options	Correct	Count	Percentage
Yes	✓	87	94%
No	✓	6	6%
What's that?	✓	0	0%

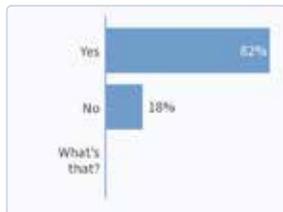


Engagement

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Responses

### Are you using geographic signaling in any way?



Response options	Count	Percentage
<b>Yes</b>	<b>75</b>	<b>82%</b>
No	17	18%
What's that?	0	0%

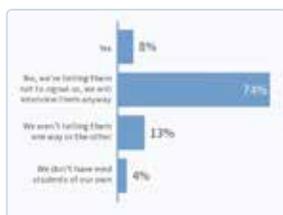


Engagement

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Responses

### Are you telling your own med students to give you a preference signal if they're interested in your program?



Response options	Count	Percentage
Yes	7	8%
<b>No, we're telling them not to signal us, we will interview them anyway</b>	<b>67</b>	<b>74%</b>
We aren't telling them one way or the other	12	13%
We don't have med students of our own	4	4%

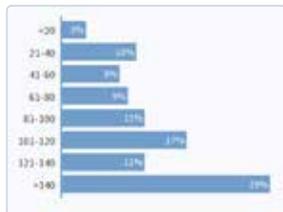


Engagement

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Responses

### How many program signals did your program receive?



Response options	Count	Percentage
<20	3	3%
21-40	9	10%
41-60	7	8%
61-80	8	9%
81-100	10	11%
101-120	15	17%
121-140	10	11%
<b>&gt;140</b>	<b>25</b>	<b>29%</b>

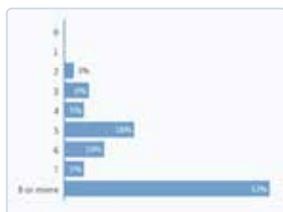


Engagement

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Responses

### How many program signals did you get per spot offered (So if you got 100 signals and are offering 20 spots in the match your answer would be 5)? Round to the closest whole number.



Response options	Count	Percentage
0	0	0%
1	0	0%
2	2	3%
3	5	6%
4	4	5%
5	14	18%
6	8	10%
7	4	5%
<b>8 or more</b>	<b>41</b>	<b>53%</b>

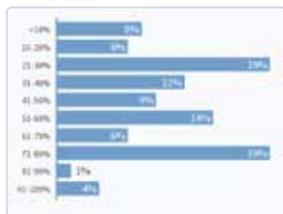


Engagement

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Responses

### What percentage of your interview spots did you fill with candidates who signaled your program?



Response options	Count	Percentage
<10%	6	8%
10-20%	5	6%
<b>21-30%</b>	<b>15</b>	<b>19%</b>
31-40%	9	12%
41-50%	7	9%
51-60%	11	14%
61-70%	5	6%
<b>71-80%</b>	<b>15</b>	<b>19%</b>
81-90%	1	1%
91-100%	3	4%



Engagement

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Responses

### Do you think our specialty should continue participating in the signaling system in future years?



Response options	Count	Percentage
<b>Yes</b>	<b>71</b>	<b>96%</b>
No	1	1%
Undecided	2	3%

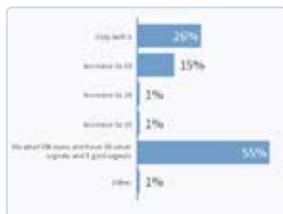


Engagement

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Responses

### If we continue, how many signals do you think we should allow each candidate to have?



Response options	Count	Percentage
Stay with 5	24	26%
Increase to 10	14	15%
Increase to 20	1	1%
Increase to 30	1	1%
<b>Do what OB does and have 20 silver signals and 5 gold signals</b>	<b>50</b>	<b>55%</b>
Other	1	1%

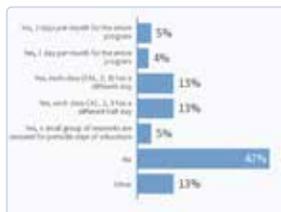


Engagement

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Responses

### Does your program have a dedicated resident education day (combines all education activities including didactics, simulation, other conferences into a single day)?



Response options	Count	Percentage
Yes, 2 days per month for the entire program	5	5%
Yes, 1 day per month for the entire program	4	4%
Yes, each class (CA1, 2, 3) has a different day	13	13%
Yes, each class CA1, 2, 3 has a different half day	13	13%
Yes, a small group of residents are excused for periodic days of education	5	5%
<b>No</b>	<b>47</b>	<b>47%</b>
Other	13	13%

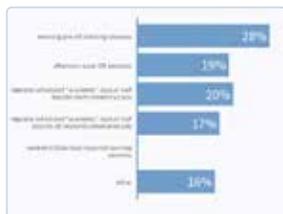


Engagement

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Responses

## What are you doing to provide "protected" academic or learning time for residents?



Response options	Count	Percentage
<b>morning pre-OR learning sessions</b>	<b>29</b>	<b>28%</b>
afternoon post-OR sessions	20	19%
regularly scheduled "academic" days or half days for each residency class	21	20%
regularly scheduled "academic" days or half days for all residents simultaneously	18	17%
weekend (Saturday) required learning sessions	0	0%
other	17	16%

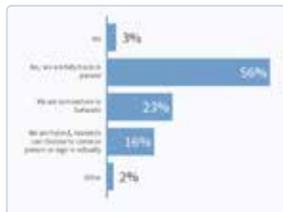


Engagement

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Responses

### Are you still having resident didactics virtually?



Response options	Count	Percentage
Yes	3	3%
<b>No, we are fully back in person</b>	<b>52</b>	<b>56%</b>
We are somewhere in between	21	23%
We are hybrid, residents can choose to come in person or sign in virtually	15	16%
Other	2	2%

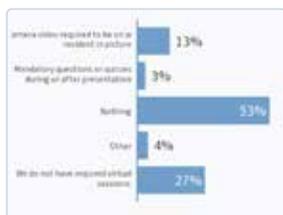


Engagement

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Responses

### If you have virtual sessions, what are you doing to enforce "attendance" and participation and avoid "multitasking" during virtual conferences and teaching sessions?



Response options	Count	Percentage
Camera video required to be on w resident in picture	12	13%
Mandatory questions or quizzes during or after presentation	3	3%
<b>Nothing</b>	<b>49</b>	<b>53%</b>
Other	4	4%
We do not have required virtual sessions.	25	27%

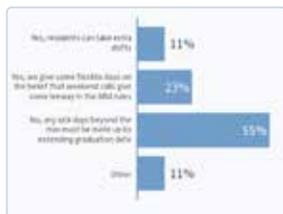


Engagement

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Responses

### Do you have a way to "make up" sick days beyond the maximum allowed ABA absences so residents don't have to extend training?



Response options	Count	Percentage
Yes, residents can take extra shifts	11	11%
Yes, we give some flexible days on the belief that weekend calls give some leeway in the ABA rules	22	23%
<b>No, any sick days beyond the max must be made up by extending graduation date</b>	<b>53</b>	<b>55%</b>
Other	11	11%

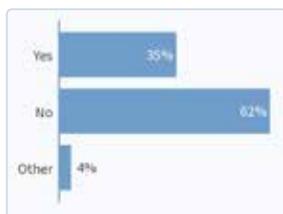


Engagement

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Responses

### Has anyone noticed residents reporting or feeling that they have less protected education time now that they can attend didactics virtually while doing other things?



Response options	Count	Percentage
Yes	29	35%
<b>No</b>	<b>52</b>	<b>62%</b>
Other	3	4%

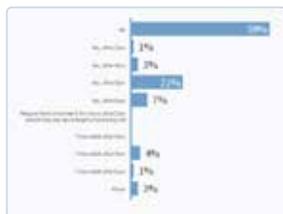


Engagement

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Responses

### Do you pay your residents to be in the OR after a certain time of day (not moonlighting, just if they happen to still be in the OR after a certain time)?



Response options	Count	Percentage
<b>No</b>	<b>59</b>	<b>59%</b>
Yes, after 3pm	1	1%
Yes, after 4pm	3	3%
Yes, after 5pm	22	22%
Yes, after 6pm	7	7%
We give them time credit for hours after 3pm which they can bank to get a future day off	0	0%
Time credit after 4pm	0	0%
Time credit after 5pm	4	4%
Time credit after 6pm	1	1%
Other	3	3%

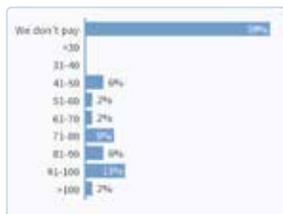


Engagement

**100**

Responses

### How much do you pay per hour for your residents who stay past a certain time (not moonlighting)?



Response options	Count	Percentage
<b>We don't pay</b>	<b>51</b>	<b>59%</b>
<30	0	0%
31-40	0	0%
41-50	5	6%
51-60	2	2%
61-70	2	2%
71-80	8	9%
81-90	5	6%
91-100	11	13%
>100	2	2%

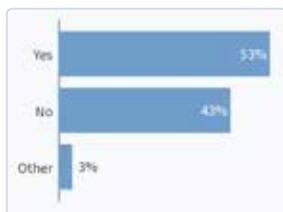


Engagement

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Responses

### Do you pay your residents for certain types of call or shifts?



Response options	Count	Percentage
<b>Yes</b>	<b>48</b>	<b>53%</b>
No	39	43%
Other	3	3%

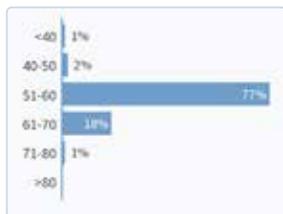


Engagement

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Responses

### How many hours do your residents average per week across the CA1-3 years of their residency?



Response options	Count	Percentage
<40	1	1%
40-50	2	2%
<b>51-60</b>	<b>72</b>	<b>77%</b>
61-70	17	18%
71-80	1	1%
>80	0	0%

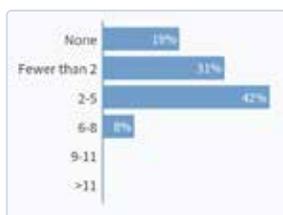


Engagement

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Responses

### How many 24h calls do your residents take per month on average during the CA1-3 years?



Response options	Count	Percentage
None	17	19%
Fewer than 2	27	31%
<b>2-5</b>	<b>37</b>	<b>42%</b>
6-8	7	8%
9-11	0	0%
>11	0	0%

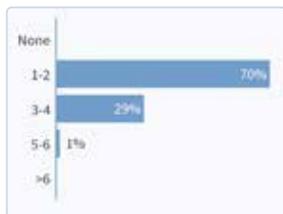


Engagement

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Responses

### How many weekend calls (Friday night, Saturday day or night, Sunday day or night) do your residents take per month on average during their CA1-3 years?



Response options	Count	Percentage
None	0	0%
<b>1-2</b>	<b>61</b>	<b>70%</b>
3-4	25	29%
5-6	1	1%
>6	0	0%

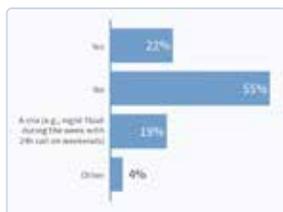


Engagement

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Responses

### Do you have a night float system to cover the ORs at night?



Response options	Count	Percentage
Yes	20	22%
<b>No</b>	<b>51</b>	<b>55%</b>
A mix (e.g., night float during the week with 24h call on weekends)	18	19%
Other	4	4%

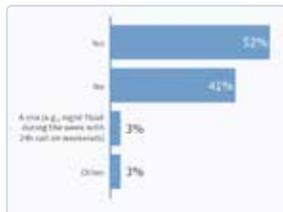


Engagement

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Responses

### Do you have a night float system to cover the ICU at night?



Response options	Count	Percentage
<b>Yes</b>	<b>46</b>	<b>52%</b>
No	36	41%
A mix (e.g., night float during the week with 24h call on weekends)	3	3%
Other	3	3%

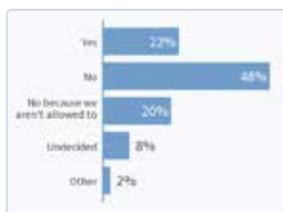


Engagement

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Responses

### Are you planning to do an in-person second look after your virtual interview season?



Response options	Count	Percentage
Yes	20	22%
<b>No</b>	<b>44</b>	<b>48%</b>
No because we aren't allowed to	18	20%
Undecided	7	8%
Other	2	2%

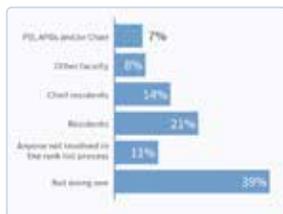


Engagement

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Responses

### If you do an in person second look, who will be present (select as many as needed)?



Response options	Count	Percentage
PD, APDs and/or Chair	9	7%
Other faculty	10	8%
Chief residents	18	14%
Residents	27	21%
Anyone not involved in the rank list process	14	11%
<b>Not doing one</b>	<b>50</b>	<b>39%</b>

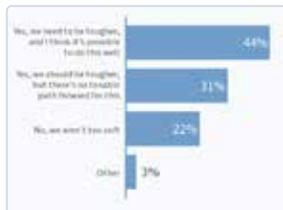


Engagement

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Responses

### Have we become too soft on our learners?



Response options	Count	Percentage
<b>Yes, we need to be tougher, and I think it's possible to do this well</b>	<b>41</b>	<b>44%</b>
Yes, we should be tougher, but there's no tenable path forward for this	29	31%
No, we aren't too soft	21	22%
Other	3	3%



Engagement

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Responses

### Has your program or department dismissed a faculty member exclusively or primarily due to poor conduct or behavior with residents?



Response options	Count	Percentage
<b>Yes</b>	<b>43</b>	<b>47%</b>
<b>No</b>	<b>43</b>	<b>47%</b>
Unsure	5	5%



Engagement

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Responses

### Has your department said that a faculty member cannot work with residents due to poor conduct or behavior with residents?



Response options	Count	Percentage
<b>Yes</b>	<b>47</b>	<b>56%</b>
No	34	40%
Unsure	3	4%

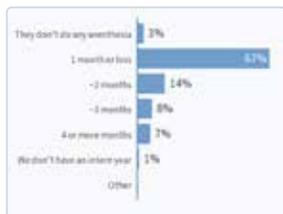


Engagement

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Responses

### If you have an intern year, how many months of OR anesthesia do your interns do (not counting pain service or other non-OR rotations)?



Response options	Count	Percentage
They don't do any anesthesia	3	3%
<b>1 month or less</b>	<b>62</b>	<b>67%</b>
~2 months	13	14%
~3 months	7	8%
4 or more months	6	7%
We don't have an intern year	1	1%
Other	0	0%



Engagement

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Responses

### How much non-OR elective time, on average, do your residents get?



Response options	Count	Percentage
None	4	5%
<b>1-2 months</b>	<b>54</b>	<b>62%</b>
3-4 months	19	22%
5-6 months	7	8%
More than 6 months	1	1%
Other	2	2%

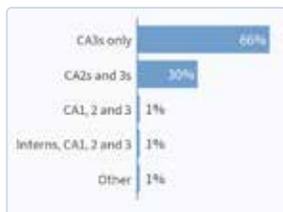


Engagement

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Responses

### What years are allowed to do non-OR electives?



Response options	Count	Percentage
<b>CA3s only</b>	<b>55</b>	<b>66%</b>
CA2s and 3s	25	30%
CA1, 2 and 3	1	1%
Interns, CA1, 2 and 3	1	1%
Other	1	1%

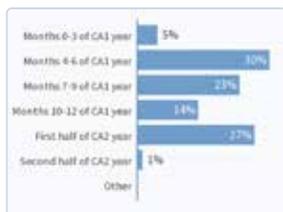


Engagement

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Responses

### When is the earliest your residents first do Cardiac?



Response options	Count	Percentage
Months 0-3 of CA1 year	4	5%
<b>Months 4-6 of CA1 year</b>	<b>26</b>	<b>30%</b>
Months 7-9 of CA1 year	20	23%
Months 10-12 of CA1 year	12	14%
First half of CA2 year	23	27%
Second half of CA2 year	1	1%
Other	0	0%

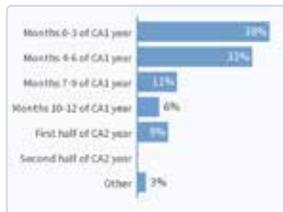


Engagement

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Responses

### When is the earliest your residents first do OB?



Response options	Count	Percentage
<b>Months 0-3 of CA1 year</b>	<b>30</b>	<b>38%</b>
Months 4-6 of CA1 year	26	33%
Months 7-9 of CA1 year	9	11%
Months 10-12 of CA1 year	5	6%
First half of CA2 year	7	9%
Second half of CA2 year	0	0%
Other	2	3%



Engagement

79

Responses

### When is the earliest your residents first do Peds?



Response options	Count	Percentage
Months 0-3 of CA1 year	10	13%
Months 4-6 of CA1 year	13	17%
Months 7-9 of CA1 year	13	17%
Months 10-12 of CA1 year	11	14%
<b>First half of CA2 year</b>	<b>29</b>	<b>38%</b>
Second half of CA2 year	0	0%
Other	0	0%

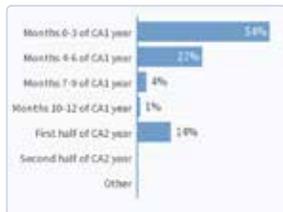


Engagement

76

Responses

### When is the earliest your residents first do ICU (not including the CBY year)?



Response options	Count	Percentage
------------------	-------	------------



Engagement

<b>Months 0-3 of CA1 year</b>	<b>43</b>	<b>54%</b>
-------------------------------	-----------	------------

79

Responses

Months 4-6 of CA1 year	21	27%
------------------------	----	-----

Months 7-9 of CA1 year	3	4%
------------------------	---	----

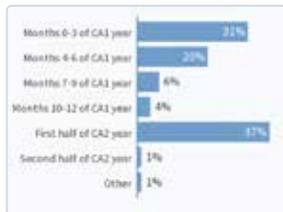
Months 10-12 of CA1 year	1	1%
--------------------------	---	----

First half of CA2 year	11	14%
------------------------	----	-----

Second half of CA2 year	0	0%
-------------------------	---	----

Other	0	0%
-------	---	----

### When is the earliest your residents first do Regional?



Response options	Count	Percentage
Months 0-3 of CA1 year	25	31%
Months 4-6 of CA1 year	16	20%
Months 7-9 of CA1 year	5	6%
Months 10-12 of CA1 year	3	4%
<b>First half of CA2 year</b>	<b>30</b>	<b>37%</b>
Second half of CA2 year	1	1%
Other	1	1%

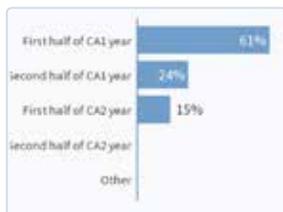


Engagement

81

Responses

### When is the earliest your residents first do Neuro?



Response options	Count	Percentage
<b>First half of CA1 year</b>	<b>52</b>	<b>61%</b>
Second half of CA1 year	20	24%
First half of CA2 year	13	15%
Second half of CA2 year	0	0%
Other	0	0%

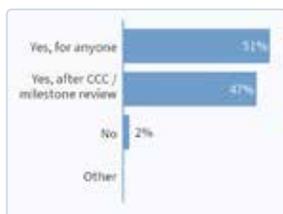


Engagement

85

Responses

### Do you request ABA exception for extension of training for maternity/paternity leave?



Response options	Count	Percentage
<b>Yes, for anyone</b>	<b>44</b>	<b>51%</b>
Yes, after CCC / milestone review	40	47%
No	2	2%
Other	0	0%

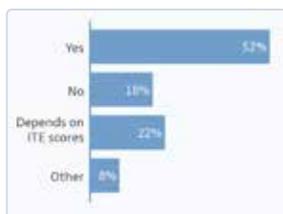


Engagement

86

Responses

### Does your department pay for the BASIC exam?



Response options	Count	Percentage
<b>Yes</b>	<b>43</b>	<b>52%</b>
No	15	18%
Depends on ITE scores	18	22%
Other	7	8%

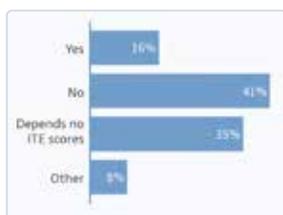


Engagement

83

Responses

### Does your department pay for the ADVANCED exam?



Response options	Count	Percentage
Yes	13	16%
<b>No</b>	<b>34</b>	<b>41%</b>
Depends no ITE scores	29	35%
Other	7	8%



Engagement

83

Responses

### Does your department pay for the APPLIED Exam (oral boards/OSCEs)?



Response options	Count	Percentage
Yes	2	2%
<b>No</b>	<b>79</b>	<b>93%</b>
Depends on ITE scores	2	2%
Other	2	2%

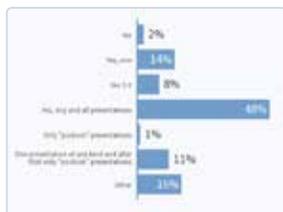


Engagement

85

Responses

### Do you pay for residents to attend national meetings?



Response options	Count	Percentage
No	2	2%
Yes, one	12	14%
Yes 2-3	7	8%
<b>Yes, any and all presentations</b>	<b>42</b>	<b>48%</b>
Only "podium" presentations	1	1%
One presentation of any kind and after that only "podium" presentations	10	11%
Other	14	16%



Engagement

88

Responses

### Are your residents unionized? (Last time (2020) it was 80% no, 20% yes)



Response options	Count	Percentage
Yes	14	17%
<b>No</b>	<b>68</b>	<b>82%</b>
In process	1	1%
Other	0	0%



Engagement

83

Responses

### How many interviews do you do per available position?



Response options	Count	Percentage
1-5	0	0%
6-10	20	25%
<b>11-15</b>	<b>47</b>	<b>58%</b>
16-20	9	11%
21-25	3	4%
26-30	1	1%
>30	1	1%



Engagement

81

Responses

### Will you be changing the number of interviews you offer this year with the preference signaling system?



Response options	Count	Percentage
Yes, we are decreasing the number of interviews	11	14%
Yes, we are increasing the number of interviews	3	4%
<b>No</b>	<b>67</b>	<b>83%</b>
Other	0	0%

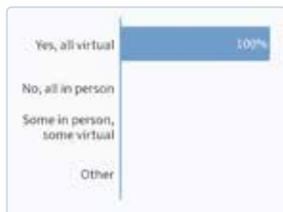


Engagement

81

Responses

### Are you doing virtual interviews this year?



Response options	Count	Percentage
<b>Yes, all virtual</b>	<b>76</b>	<b>100%</b>
No, all in person	0	0%
Some in person, some virtual	0	0%
Other	0	0%

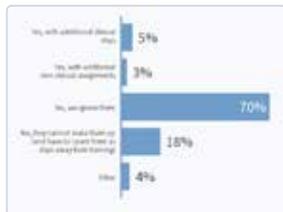


Engagement

76

Responses

### Do you residents have to make up days missed due to COVID quarantine?



Response options	Count	Percentage
Yes, with additional clinical days	4	5%
Yes, with additional non-clinical assignments	2	3%
<b>No, we ignore them</b>	<b>53</b>	<b>70%</b>
No, they cannot make them up (and have to count them as days away from training)	14	18%
Other	3	4%

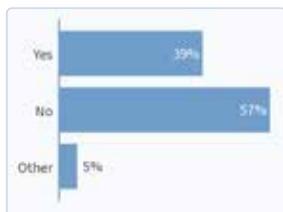


Engagement

76

Responses

### Does your program consider your post call day (or time before call if you have a late start call) as a non-clinical day when calculating nonclinical time?



Response options	Count	Percentage
Yes	32	39%
<b>No</b>	<b>47</b>	<b>57%</b>
Other	4	5%

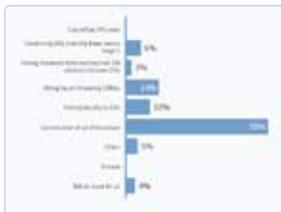


Engagement

83

Responses

### How is your program dealing with shortages of CRNAs/APPs and OR nurses:



Response options	Count	Percentage
Cancelling OR cases	0	0%
Combining ORs (running fewer rooms longer)	5	6%
Pulling residents from elective/non-OR rotations to cover ORs	2	3%
Hiring locum/traveling CRNAs	11	14%
Putting faculty in ORs	8	10%
<b>Combination of all of the above</b>	<b>47</b>	<b>59%</b>
Other	4	5%
Unsure	0	0%
Not an issue for us	3	4%

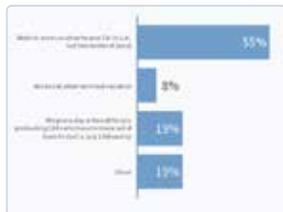


Engagement

80

Responses

### How do you manage the CA-3 exodus in June?



Response options	Count	Percentage
<b>Restrict June vacation to only CA-3s (i.e., last two weeks of June)</b>	<b>41</b>	<b>55%</b>
We do not allow terminal vacation	6	8%
We give a day or two off for any graduating CA3s who have to move out of town to start a July 1 fellowship	14	19%
Other	14	19%



Engagement

75

Responses

### Do you pay your chief residents a stipend or give them admin days?



Response options	Count	Percentage
<b>Yes, they get a stipend and admin days</b>	<b>55</b>	<b>71%</b>
They get a stipend but no admin days	12	16%
They get admin days but no stipend	8	10%
They don't get admin days or a stipend	2	3%

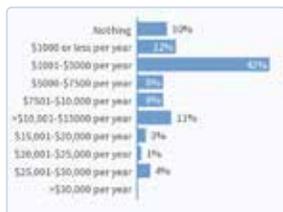


Engagement

77

Responses

**If you pay your chiefs a stipend, how much do they get total (if you have multiple chiefs please add the stipends from each chief to get a total)?**



Response options	Count	Percentage
Nothing	7	10%
\$1000 or less per year	9	12%
<b>\$1001-\$5000 per year</b>	<b>31</b>	<b>42%</b>
\$5000-\$7500 per year	6	8%
\$7501-\$10,000 per year	6	8%
>\$10,001-\$15000 per year	8	11%
\$15,001-\$20,000 per year	2	3%
\$20,001-\$25,000 per year	1	1%
\$25,001-\$30,000 per year	3	4%
>\$30,000 per year	0	0%

43%

Engagement

73

Responses

### If you give admin days to your chiefs, how many days do you give total (if you have multiple chiefs please add all of their days to get a total)?



Response options	Count	Percentage
<b>1 per month</b>	<b>21</b>	<b>30%</b>
2 per month	11	15%
3 per month	11	15%
4 per month	11	15%
5 or more per month	4	6%
None	13	18%

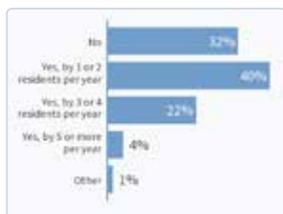


Engagement

**71**

Responses

### Is your department considering increasing the size of your residency program?



Response options	Count	Percentage
No	25	32%
<b>Yes, by 1 or 2 residents per year</b>	<b>31</b>	<b>40%</b>
Yes, by 3 or 4 residents per year	17	22%
Yes, by 5 or more per year	3	4%
Other	1	1%



Engagement

**77**

Responses

HANDOUT



# Welcome and Announcements

Moderator: Magdalena Anitescu, MD, PhD

Friday, November 11  
8:00 AM - 8:05 AM

HANDOUT



# How to Develop Your Reputation

Moderators: Magdalena Anitescu, MD, PhD & Edward R. Mariano, MD, MAS, FASA

Friday, November 11  
8:05 AM – 9:00 AM

HANDOUT



# How to Develop Your Reputation: Administrative Service

Daryl Oakes, MD

Friday, November 11  
8:05 AM – 8:15 AM

# Being an Effective Organizational Leader

Daryl Oakes, MD  
 Associate Dean,  
 Post Graduate Medical Education & CME  
 Vice Chair,  
 Clinician Educator Affairs  
 Fellowship Program Director,  
 Adult Cardiothoracic Anesthesiology



1



# Disclosures

---

No Financial Conflicts to Disclose

2



## 1 Be Trustworthy

**Why is trust important?**  
 Provides the loyalty to get things done  
 Referent power

**How is trust build?**  
 Fill the marble jar, one marble at a time



3



## 1 Be Trustworthy

What does building trust look like as a leader?

- Be who you say you are.**  
 Acknowledge any "say-do" gaps
- Treat others with dignity.**  
 Be a safe place to fail
- Balance transparency with discretion.**  
 Information is a form of power, use it responsibly

Adapted from Ron Carucci, "Build your reputation as a trustworthy leader", Harvard Business Review, June 11, 2021

4



## 2 Be Self-Aware

1

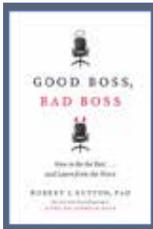
Stay "in tune" with how others perceive you

*Take note of how they react to what you say and do*

2

Acknowledge your strengths & weaknesses

*Be straightforward about what you offer*



5



## 3 Develop your Political Savvy

- ❖ Political savvy is a critical leadership skill
- ❖ Politics, used responsibly, leads to positive change
- ❖ Politics is fundamental to social dynamics
- ❖ Political savvy can be learned



Simon Baddeley; Kim James, "Owl, Fox, Donkey or Sheep: Political Skills for Managers", Management Education and Development, Vol.18 1987

6

### 3 Develop your Political Savvy

*Simon Baddeley; Kim James, "Owl, Fox, Donkey or Sheep: Political Skills for Managers", Management Education and Development, Vol.18 1987*

7

### 4 Create a Supportive Network

**CRITICAL PEOPLE TO HAVE IN YOUR NETWORK:**

- Information Person**  
go to for critical data
- Connector**  
knows everything that is going on
- Mentor**  
a senior trusted advisor
- Energizer**  
who you call when having a bad day
- Savvy Advisor**  
who understands the politics of your organization

**Who is in your inner circle?**

**Is your network diverse?**

*Jane Horan, I Wish I'd Known That Earlier in My Career: The Power of Positive Workplace Politics*

8

### Being an Effective Organizational Leader

1. Be Trustworthy
2. Be Self-Aware
3. Develop your political savvy
4. Create a supportive network

9

### Thank you!

**Stanford MEDICINE Physician Leadership Certificate Program**  
C-Suite Education for the Non-C-Suite Physician Leader

**Deadline extended!**  
Now accepting applications until November 11

- Earn CME Credits
- Self-paced Learning Modules
- 1:1 Coaching Sessions
- Networking Opportunities

physicianleadership.stanford.edu

Scan Code to Learn More and Apply Today

Email: [doakes@stanford.edu](mailto:doakes@stanford.edu)

10



11

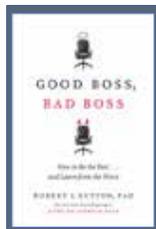
### 1 Be Trustworthy

*"Trust is not built in huge sweeping moments. It's built in tiny moments everyday."*  
-Bréne Brown

12

## 2 Be Self-Aware

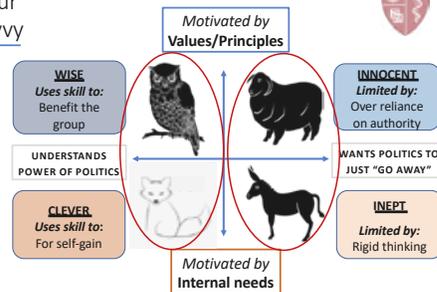
- 1 Stay "in tune" with how others perceive you  
*Take note of how they react to what you say and do*
- 2 Acknowledge your strengths & weaknesses  
*Set expectations and avoid misunderstandings*
- 3 Keep your cool  
*Stay curious and avoid reacting in the moment*



13

## 3 Develop your Political Savvy

Political savvy is a critical leadership skill



Simon Baddeley; Kim James, "Owl, Fox, Donkey or Sheep: Political Skills for Managers", Management Education and Development, Vol.18 1987

14

HANDOUT



# How to Develop Your Reputation: Education

Lynn R. Kohan, MD

Friday, November 11  
8:15 AM – 8:25 AM

**Advancing Reputation in Education**

Lynn Kohan M.D.  
 Professor of Anesthesiology and Pain Medicine  
 University of Virginia Health System  
 @kohanlynn

1

**Why advance your reputation?**

- Promotion
- Involvement in societies
- Advancing teaching techniques
- Network of colleagues and friends
- Reward/recognition for your work

2

**Promotion**

- Identify criteria for promotion in your institution
  - Need to establish excellence
  - Education

**STEPS OF PROMOTION**

Instructor, Assistant Professor, Associate Professor, Professor

<https://innovation.medicine.umich.edu/the-innovators-academic-dilemma-a-primer/>

3

**Advancing Education and Education: Defining the Components and Evidence of Educational Scholarship**

Summary Report and Findings from the AAMC Group on Educational & Role-Change Conferences on Educational Scholarship

4

**Education**

What are the core elements of educational scholarship?

What are the criteria for educational scholarship?

What are the necessary resources and infrastructure required to support educators as scholars?

How do educators document their work for recognition and academic promotion?

<https://www.aamc.org/professional-development/affinity-groups/gfa/faculty-vitae/defining-educational-scholarship>

5

**Education categories-Core Elements**

1. **Teaching:** Any activity that fosters learning, including direct teaching and the creation of associated instructional materials.
2. **Learner Assessment:** All activities associated with measuring learners' knowledge, skills, and attitudes related to one or more of the following activities: development, implementation, analysis, or synthesis and presentation.
3. **Curriculum Development:** A longitudinal set that is more than one teaching session or presentation of designed educational activities that includes evaluation, which may occur at any teaching level.
4. **Mentoring and Advising:** Mentoring is a sustained, committed relationship from which both parties obtain reciprocal benefits. Advising is a more limited relationship than mentoring that usually occurs over a limited period, with the advisor serving as a guide.
5. **Educational Leadership and Administration:** Achieving results through others, transforming organizations through the vigorous pursuit of excellence with their work's value demonstrated through ongoing evaluation, dissemination of results, and maximization of resources.

<https://www.aamc.org/professional-development/affinity-groups/gfa/faculty-vitae/defining-educational-scholarship>

6

Criteria:  
Associate  
Professor

**Emerging national reputation** as a clinician educator, supported by letters from external referees and as indicated by:

- Invited lectureships
- Service on
  - Grant review panels
  - Editorial boards of journals recognized in the faculty member's field
  - National/international advising boards
- Service as board examiner
- Leadership in professional society governing boards.

7

Criteria:  
Full Professor

- **Established national and international reputation** as a clinician educator supported by letters from external referees, and as indicated by:
  - Invited lectureships
  - Service on grant review panels
  - Editorial boards of journals recognized in the faculty member's field
  - National/international advising boards
  - Service as board examiner
  - Leadership in professional society governing boards

8

But how do I do these things?

- Find area of expertise
  - What area are you most interested
- Identify Skill set
  - Prioritize work
  - Collaborate
- Network

9

Ways to advance your reputation

- Professional organizations
- Publications
- Reviewer
- Presenting at conferences
- Webinars
- Online conferences
- Curriculum development
- Mentorship
- Administrative duties

10

Process

- Local, regional, and national **service** is also an essential component of the educator's portfolio.
- What is service?
  - Academic pursuits other than publishing and presenting.
- Common types of service
  - Work on committees of academic societies
  - Reviewing for journals
  - Moderating panels or poster presentations at national meetings.

Hanks CA, Weinger MB. Know Yourself, Know the System: Developing a Successful Career and Being Promoted as an Academic Anesthesiologist. Int Anesthesiol Clin. 2016 Summer;54(3):155-69. doi: 10.1097/AIA.0000000000000104. PMID: 27285078.

11

Where to start?

**Start locally**

- Give talks at your own department and others
- Serve on the medical school's or department's applicant selection committee
- Get help
  - Division chief, chair, faculty development, friends

**Regional**

- Expand your network
  - Meet someone at a regional conference
  - Stay in touch
  - Ask to present at their institution
  - Easier now because of zoom

Hanks CA, Weinger MB. Know Yourself, Know the System: Developing a Successful Career and Being Promoted as an Academic Anesthesiologist. Int Anesthesiol Clin. 2016 Summer;54(3):155-69. doi: 10.1097/AIA.0000000000000104. PMID: 27285078.

12

# Where to start?

## National

- Plenary talks
- Panels
- Workshop leads
- Visiting professorships
- Lots of focused opportunities
  - Ex. Database Committee of the Congenital Cardiac Anesthesia Society
- Seek to get involved in such organizations with the goal of achieving leadership responsibilities (eg, chairing a committee and then serving on the society's board of directors).

Hanks CA, Winger MB. Know Yourself, Know the System: Developing a Successful Career and Being Promoted as an Academic Anesthesiologist. Int Anesthesiol Clin. 2016 Summer;54(3):155-68. doi: 10.1097/AAI.0000000000000204. PMID: 2728070.

13



# Resources



**Go to meetings**  
Establish contacts  
Follow up with contacts



**Get help**  
Faculty Development  
Chair  
Division Chief



**Society**  
Medical education groups



14





OB  
Regional and  
Acute Pain  
Critical Care

15

# Collaboration- you need to build a network

- Group of PD's
  - Sharing ideas
  - Work together to publish
  - Ask to present
- Run for council/board positions
- Get involved in ACGME
- Letter writers

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# ACGME Resources

## Faculty Members

Resources for Faculty Development



17

# Explore opportunities for faculty development

**CLER Pursuing Excellence: Faculty Development Innovations in Quality, Safety, Equity, and Value** 

Lai W, Chou, MD, MPH  Christopher Melatos, MD; Asha S. Payne, MD, MPH; Kalli Varaklis, MD, MEd; Rajib Goswami, MD, MSPH; Robert B. Bator, MD, MS

J Gen Intern Med. 2022;37(3):344-352.

<https://doi.org/10.4300/JGME-D-21-00793.1>

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### Explore Opportunities for Faculty Development



Milestones



19

### Mentorship

- Develop a mentorship program
- Collaborate with other PD's to grow your mentorship program
- Join a national mentorship program



20

Search for opportunities

### Academy for Excellence in Education

Mission

Center for Medical Education Research and Scholarly Innovation (MERSI)

21



How are educational achievements assessed?

#### Engagement with the Educational Community through a Scholarly Approach or Educational Scholarship

	Scholarly Approach	Educational Scholarship
<b>Focus</b>	Focus on research in the field of education or on the development of educational scholarship	Focus on the development of educational scholarship
<b>Activities</b>	<ul style="list-style-type: none"> <li>Write a scholarly article, book, or book chapter</li> <li>Present at a national or international conference</li> <li>Participate in a national or international scholarly activity</li> </ul>	<ul style="list-style-type: none"> <li>Develop and deliver a course or program</li> <li>Develop and deliver a program or activity</li> <li>Develop and deliver a program or activity</li> </ul>
<b>Outcomes</b>	<ul style="list-style-type: none"> <li>Increased knowledge</li> <li>Increased understanding</li> <li>Increased research</li> </ul>	<ul style="list-style-type: none"> <li>Increased knowledge</li> <li>Increased understanding</li> <li>Increased research</li> </ul>

22

How is academic reputation measured?

- Publications (quantity, citations, impact factor)
  - Bibliometrics
  - H-index
  - Almetrics
- Word of mouth
  - Social media
  - Mainstream Media
- Slide share
- Public engagement

23

Table 3: Issues That Require Further Assessment, Attention, and Research

Issue	Key Questions
Digital media platforms	Should certain formats (eg, podcasts, blogs) be given more weight than others (news, Facebook posts)?
Measurement	How should digital scholarly contributions be assessed?
Validation tools	Are there validated tools to assess social media scholarly contributions for the quality perspective? Dissemination metrics?
Metrics	Dissemination: Traditionally, the impact of peer-reviewed publications is measured by how many citations an article receives. With the inclusion of social media in academic medicine, alternative metrics are needed to assess how many times an article has been read, shared, stored, and viewed. How do we assess the impact of social media on the quality of academic medicine? How do we assess the impact of social media on the quality of academic medicine?
Digital scholarly activities	How do we evaluate "non-traditional" and are these able to meeting other educational needs?
Content quality	What mechanisms exist to assess the quality of digital scholarship? What are quality indicators for social media content or its delivery? How quality control of published digital scholarship is regulated?
Weighting	What weight should be given to digital scholarship vs traditional formats? Should digital scholarship be weighted differently for use research tracks (eg, medical education tracks, clinical education tracks, etc)?
Portals	From an individual faculty member perspective, multiple portals exist to support those applying for promotion. In creating these portals, what should be in a social media portfolio, and how should it be presented?
Workforce training	How can institutions or professional organizations support their faculty/staff in enhancing digital scholarly skills? What are educational goals?

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## Summary

-  Concentrate on what you like to do
-  Implement ideas
-  Share your work
-  Attend conferences and NETWORK
-  Collaborate with others
-  Find true mentors

HANDOUT



# How to Develop Your Reputation: Publications

Holly Ende, MD

Friday, November 11  
8:25 AM – 8:35 AM



# How to Develop Your Reputation: Publications

Holly Ende, MD  
holly.ende@vumc.org  
@hollyende



1

# DISCLOSURES

NONE



2

# AGENDA

## Chart Your Course

- Find the Right Question
- Find the Right Funding
- Learn the Language
- Find the Right "Home"



3



4

# CHART YOUR COURSE

MAKE YOUR TIME COUNT



CONSIDER THE PYRAMID



AVOID WASTE



5

# AGENDA

## Chart Your Course

- Find the Right Question
- Find the Right Funding
- Learn the Language
- Find the Right "Home"



6

## FIND THE RIGHT QUESTION

READ



DISCUSS



INQUIRE



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## AGENDA

Chart Your Course

Find the Right Question

Find the Right Funding

Learn the Language

Find the Right "Home"

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8

## FIND THE RIGHT FUNDING









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### Types of Grant Programs



- 246 activity codes
- Research Grants (R series)
- Career Development Awards (K series)
- Research Training and Fellowships (T & F series)

NIH uses activity codes (e.g., R01, R03, etc.) to differentiate the wide variety of research-related programs we support. NIH divisions and centers (DCs) may vary in the way they use activity codes, not all DCs accept applications for all types of grant programs or they apply specialized eligibility criteria. Seek clearly all Funding Opportunity Announcements (FOAs) to determine which DCs participate and the specifics of eligibility.

A comprehensive list of external grant and cooperative agreement activity codes is available, or you can search for specific codes below.

Search Activity Codes:  (e.g., R01, P01, T, R, F, etc.)

Search All Text:  (e.g., Research, Training, etc.)

Select From List:

The following groupings represent the main types of grant funding we provide:

- Research Grants (R series)
- Career Development Awards (K series)
- Research Training and Fellowships (T & F series)
- Program Project/Career Grants (P series)
- Resource Grants (Resource series)
- Trans-NIH Programs
- Section Programs (Section)

[https://grants.nih.gov/grants/funding/funding\\_program.htm](https://grants.nih.gov/grants/funding/funding_program.htm)

10



11

## AGENDA

Chart Your Course

Find the Right Question

Find the Right Funding

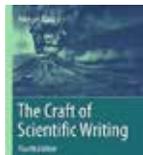
Learn the Language

Find the Right "Home"

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12

## LEARN THE LANGUAGE



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## LEARN THE LANGUAGE

- 1 Shorten words.
- 2 Shrink sentences.
- 3 Stick with periods.
- 4 Avoid jargon.
- 5 Favor active voice.

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## LEARN THE LANGUAGE



Enhancing the QUALITY and Transparency Of health Research



Reporting guidelines for main study types	ISSN	DOI
Accounting	2239-3781	10.1002/acc
Administrative Sciences	0167-4544	10.1002/1522-1891
Business	0950-0804	10.1002/1522-1891
Chemistry	0360-6376	10.1002/chem
Computer Science	1532-0464	10.1002/1522-1891
Engineering	1524-6460	10.1002/1522-1891
Healthcare	1744-7707	10.1002/1522-1891
Life Sciences	1522-2675	10.1002/1522-1891
Mathematics	1524-6460	10.1002/1522-1891
Medicine	1524-6460	10.1002/1522-1891
Physical Sciences	1524-6460	10.1002/1522-1891
Psychology	1524-6460	10.1002/1522-1891
Social Sciences	1524-6460	10.1002/1522-1891
Statistics	1524-6460	10.1002/1522-1891
Technology	1524-6460	10.1002/1522-1891

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## AGENDA

- Chart Your Course
- Find the Right Question
- Find the Right Funding
- Learn the Language
- Find the Right "Home"

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## FIND THE RIGHT "HOME"



Already have a manuscript? Find the right journal for your research using the journal match tool.

See full list of journals and refine your search by



17

## FIND THE RIGHT "HOME"

### ANESTHESIOLOGY

#### Journal information

Science Citation Index Expanded (SCIE)

ANESTHESIOLOGY - SCIE

Language

English

Country

USA

Year

1997

#### Publisher information

Lippincott Williams & Wilkins

750 N. Market St., Philadelphia, PA 19106

12 issues/year

18



19

### FIND THE RIGHT "HOME"

**Manuscript Matcher**

ResearchGate helps you find the manuscripts suitable for your transaction in weeks. Each article costs 100k Plus or 50k (2 credits and your internet fee) at most 20 weeks. Long time consumption. It will give the more relevant research for financing.

Please enter your professional information below:

Title:

Address:

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- ### AGENDA
- ✓ Chart Your Course
  - ✓ Find the Right Question
  - ✓ Find the Right Funding
  - ✓ Learn the Language
  - ✓ Find the Right "Home"
- YUNGBEEL UNIVERSITY MEDICAL CENTER

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- ### ADDITIONAL RESOURCES
- <https://www.apsf.org/grants-and-awards/>
  - <https://iars.org/research-awards/>
  - <https://www.asahq.org/faer/grants/what-we-fund>
  - [https://grants.nih.gov/grants/funding/funding\\_program.htm](https://grants.nih.gov/grants/funding/funding_program.htm)
  - <https://www.quickanddirtytips.com/grammar-qirl/>
  - [https://owl.purdue.edu/owl/purdue\\_owl.html](https://owl.purdue.edu/owl/purdue_owl.html)
  - <https://www.equator-network.org/>
  - <https://mjl.clarivate.com/home>
- YUNGBEEL UNIVERSITY MEDICAL CENTER

22

HANDOUT



# How to Develop Your Reputation: Social Media and Online Platforms

Emily E. Sharpe, MD

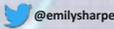
Friday, November 11  
8:35 AM – 8:45 AM



# How to Develop Your Reputation: Social Media and Online Platforms

Emily E. Sharpe, M.D.  
November 11, 2022

#SAAAPM22



1

## DISCLOSURES

Relevant Financial Relationships  
None

Off-Label/Investigational Uses  
None

#SAAAPM22

2

## LEARNING OBJECTIVES

Describe risks, benefits, and best practices for professional social media use

Discuss basic social media etiquette and tips

3

## WHY PHYSICIANS SHOULD BE ON SOCIAL MEDIA



4

## THE CHANGING LANDSCAPE OF ACADEMIC MEDICINE

<p><b>THEN</b></p> <ul style="list-style-type: none"> <li>• Publish a peer-reviewed manuscript</li> <li>• Citations</li> <li>• Lecture</li> <li>• Rumored to have strong educators</li> <li>• Dogma in medical education</li> </ul>	<p><b>NOW</b></p> <ul style="list-style-type: none"> <li>• Post-publication dissemination and discussion</li> <li>• Views, Altmetric</li> <li>• Live tweet, blog, podcast</li> <li>• Educators on Twitter</li> <li>• Dogma is challenged daily online</li> </ul>
---	--

#MayoGRIT



5



I don't have time for Twitter

You can't communicate anything significant in 280 characters

Tweets are mostly fluff and useless information

I don't know anyone on Twitter, so why bother?



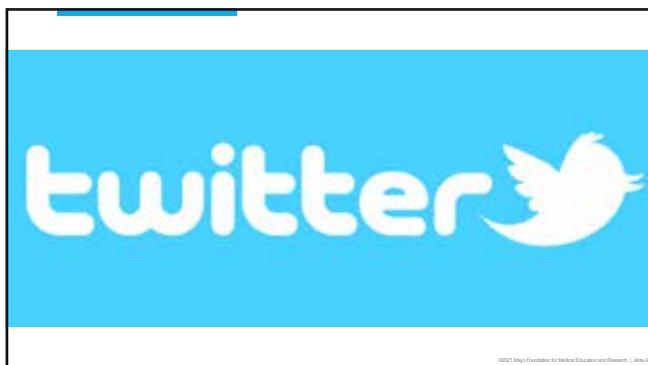
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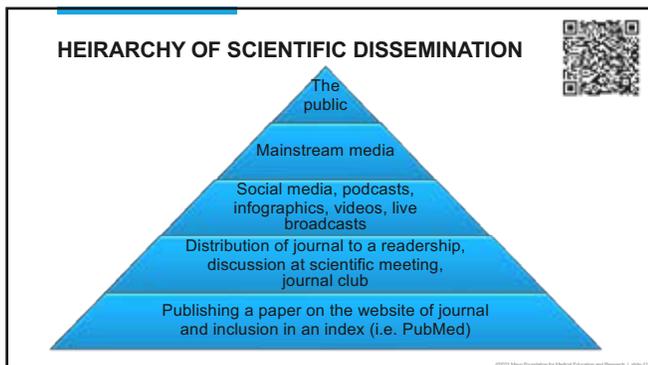
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9



10



11

Virtual Collaboration	Publications
@AmyPearsonMD @bebralinzaMD @rekhakutikat @SBHartlageMD @Cindy_Ku_MD	A cross-sectional survey study of United States residency program directors' perceptions of parental leave and pregnancy among anesthesiology trainees
@PervezSultanMD @CarvalB @imgrapes	Longitudinal study evaluating postpartum recovery after scheduled cesarean delivery with the Obstetric Quality of Recovery Tool
@kraus_molly @AmyPearsonMD @bebralinzaMD @rekhakutikat @SBHartlageMD @Cindy_Ku_MD	Anesthesiology Fellowship Directors Experience and Opinion with Off-cycle Trainees and Parental Leave: A nationwide survey
@AmyOxentenkMD @Sharonnehayes @SMoescherMD @ErinOBrienMD	The representation of women among invited speakers for grand rounds at a large academic medical center
@HoffkampMichael @emmafankmd @GraceEkohn @bakothomas	Predictors of intraoperative pain during cesarean delivery
@EMARIANOM @Ron_George @LimGrapes @ruthi_jandau	#OBAnes: Social Media Trends in Obstetric Anesthesiology During the COVID-19 Pandemic Buckarma. Journal of surgical education. 2017;74(1):79-83 Eysenbach. Journal of medical internet research. 2011;13(4):e123

12



# LinkedIn

- Have a professional profile photo
- Optimize Your Profile Headline
- Refresh your 'About' summary (1<sup>st</sup> person)
- Be open to recruiters for future career opportunities
- Update your skills section

19

## PITFALLS OF SOCIAL MEDIA

- Violating patient confidentiality
- Permanent
- Lack of context/tone/ability to explain
- Trolls
- Responding to Negative Tweets
  - Ignore
  - Challenge or Argue
  - Apologize and Resolve



20



21

## TIPS FOR IMPROVING YOUR SOME IMPACT

- Tweet "hot" and/or timely topics
- Personal Twitter accounts foster higher engagement than organizational or business accounts.
- Media attachments increase tweet engagement by a factor of three.
- Create advanced "buzz" before a Twitter event



George. Can J Anesth (2017) 64:1169–1175

22

## THE RULES OF SOCIAL MEDIA

- Do not fear social media
- Never post when angry
- Strive for accuracy
- When in doubt, pause
- Don't post anything that can identify a patient
- Ask for permission
- Be respectful
- Assume beneficence
- Beware of friending patients
- Educate yourself




<https://www.kevinmd.com/blog/2013/05/10-simple-rules-doctors-social-media.html>

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## QUESTIONS & ANSWERS



Emily Sharpe, M.D. @emilysharpe | sharpe.emily@mayo.edu

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HANDOUT



# Combined Fellowships Demystified: Lessons Learned and Road Ahead

Moderators: Ammeka Pannu, MD & Andi Traynor, MD

Friday, November 11  
9:00 AM - 10:00 AM

HANDOUT



# **Combined Fellowships Demystified: Lessons Learned and Road Ahead: OB Anesthesia/Regional**

Naida M. Cole, MD, MM

Friday, November 11  
9:00 AM - 9:20 AM

HANDOUT



# **Combined Fellowships Demystified: Lessons Learned and Road Ahead: Cardiac/CC**

Shahzad Shaefi, MD, MPH

Friday, November 11  
9:20 AM - 9:40 AM

HANDOUT



# Breakout 1: How Do You Choose a Fellow to Interview: Tips on Evaluation of Applicants

Lynn R. Kohan, MD

Jody Leng, MD, MS

Friday, November 11

10:30 AM - 11:30 AM

# How do you choose a fellow to interview-tips on evaluation of applicants

Jody Leng M.D., M.S  
Associate Professor  
Stanford University Medical Center  
Lynn Kohan M.D., M.S  
Professor  
University of Virginia Health System  
@kohanlynn



1

## Objectives

- Differentiate fellow attributes to effectively select fellow applicants to interview.
- Discuss differences among subspecialties in applicant screening and selection
- Evaluate potential for implicit bias in review and selection of fellow applicants.

2

## Outline

- Factors valued by program directors in various medical specialties - what's in the literature
- AAMC Best Practices for conducting interviews
- Sample application evaluation tools
- Group activity: choose your final applicant to interview



3

## Report on a survey of program directors regarding selection factors in graduate medical education

Table 2: Relative Importance of Selection Factors

Factor	Mean	SD	Median
Quality of education	4.50	0.50	4.50
Quality of faculty	4.40	0.50	4.40
Quality of patient care	4.30	0.50	4.30
Quality of research	3.80	0.50	3.80
Quality of life	3.70	0.50	3.70
Quality of facilities	3.60	0.50	3.60
Quality of staff	3.50	0.50	3.50
Quality of location	3.40	0.50	3.40
Quality of cost	3.30	0.50	3.30
Quality of reputation	3.20	0.50	3.20
Quality of accreditation	3.10	0.50	3.10
Quality of history	3.00	0.50	3.00
Quality of diversity	2.90	0.50	2.90
Quality of community	2.80	0.50	2.80
Quality of environment	2.70	0.50	2.70
Quality of safety	2.60	0.50	2.60
Quality of ethics	2.50	0.50	2.50
Quality of leadership	2.40	0.50	2.40
Quality of vision	2.30	0.50	2.30
Quality of strategy	2.20	0.50	2.20
Quality of culture	2.10	0.50	2.10
Quality of values	2.00	0.50	2.00
Quality of mission	1.90	0.50	1.90
Quality of vision statement	1.80	0.50	1.80
Quality of strategic plan	1.70	0.50	1.70
Quality of business plan	1.60	0.50	1.60
Quality of financial plan	1.50	0.50	1.50
Quality of marketing plan	1.40	0.50	1.40
Quality of operations plan	1.30	0.50	1.30
Quality of HR plan	1.20	0.50	1.20
Quality of IT plan	1.10	0.50	1.10
Quality of legal plan	1.00	0.50	1.00
Quality of risk management plan	0.90	0.50	0.90
Quality of compliance plan	0.80	0.50	0.80
Quality of security plan	0.70	0.50	0.70
Quality of disaster recovery plan	0.60	0.50	0.60
Quality of business continuity plan	0.50	0.50	0.50

\* Respondents rated each item on a five point scale: five = critical, four = very important, three = important, two = some importance, one = unimportant or not considered.

4

## Factors used by program directors to select obstetrics and gynecology fellows

Authors: J. S. Brown, T. J. Lee, M. D. Kelly, B. J. Pappas, M. J. S. Barlow  
Affiliation: AAMC  
PMID: 22522783

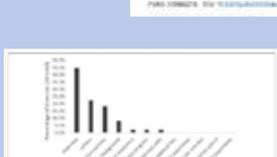
Table 1: Fellowship Director Rating of Research and Educational Experiences

Factor	Research	Education	Experience	Mean (SD)
Quality of research	4.5	4.2	4.1	4.3
Quality of education	4.4	4.3	4.2	4.3
Quality of patient care	4.3	4.2	4.1	4.2
Quality of faculty	4.2	4.1	4.0	4.1
Quality of life	4.1	4.0	3.9	4.0
Quality of facilities	4.0	3.9	3.8	3.9
Quality of staff	3.9	3.8	3.7	3.8
Quality of location	3.8	3.7	3.6	3.7
Quality of cost	3.7	3.6	3.5	3.6
Quality of reputation	3.6	3.5	3.4	3.5
Quality of accreditation	3.5	3.4	3.3	3.4
Quality of history	3.4	3.3	3.2	3.3
Quality of diversity	3.3	3.2	3.1	3.2
Quality of community	3.2	3.1	3.0	3.1
Quality of environment	3.1	3.0	2.9	3.0
Quality of safety	3.0	2.9	2.8	2.9
Quality of ethics	2.9	2.8	2.7	2.8
Quality of leadership	2.8	2.7	2.6	2.7
Quality of vision	2.7	2.6	2.5	2.6
Quality of strategy	2.6	2.5	2.4	2.5
Quality of culture	2.5	2.4	2.3	2.4
Quality of values	2.4	2.3	2.2	2.3
Quality of mission	2.3	2.2	2.1	2.2
Quality of vision statement	2.2	2.1	2.0	2.1
Quality of strategic plan	2.1	2.0	1.9	2.0
Quality of business plan	2.0	1.9	1.8	1.9
Quality of financial plan	1.9	1.8	1.7	1.8
Quality of marketing plan	1.8	1.7	1.6	1.7
Quality of operations plan	1.7	1.6	1.5	1.6
Quality of HR plan	1.6	1.5	1.4	1.5
Quality of IT plan	1.5	1.4	1.3	1.4
Quality of legal plan	1.4	1.3	1.2	1.3
Quality of risk management plan	1.3	1.2	1.1	1.2
Quality of compliance plan	1.2	1.1	1.0	1.1
Quality of security plan	1.1	1.0	0.9	1.0
Quality of disaster recovery plan	1.0	0.9	0.8	0.9
Quality of business continuity plan	0.9	0.8	0.7	0.8

5

## Factors Considered in Ranking Orthopaedic Trauma Fellowship Applicants: A Survey of Program Directors

Authors: J. S. Brown, T. J. Lee, M. D. Kelly, B. J. Pappas, M. J. S. Barlow  
Affiliation: AAMC  
PMID: 22522783



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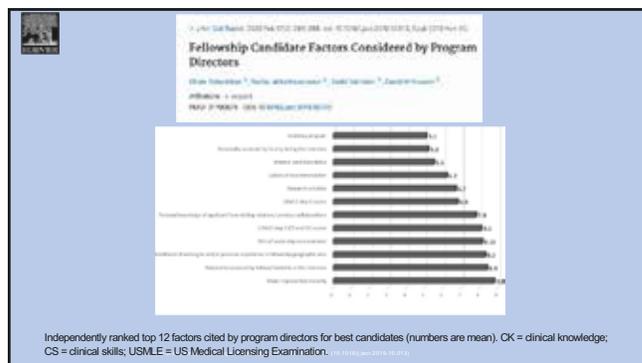
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Independently ranked top 12 factors cited by program directors for best candidates (numbers are mean). CK = clinical knowledge; CS = clinical skills; USMLE = US Medical Licensing Examination. [View this slide on SlideShare](#)

10



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Figure 1. Key factors involved in applicant interview selection and ranking for chronic pain medicine fellowship.

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### Factors Predicting Clinical Success



- AOA
- Residency reputation
- Strength of comparative statements in LOR
- USMLE Step 2
- Number of honors in clerkships
- AOA membership

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### Factors Predicting Clinical Success



Selecting house staff based on residency program values and objective may yield higher job performance because trainees benefit more from a better fit training program

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#### Defining "fit" in the context of residency selection

Fit is often reported as one of the most important factors in the residency selection process by program directors and applicants. However, there isn't a common definition of fit in the medical education literature. Programs should discuss the definition of fit in the context of their program's mission, goals, and learning environment.<sup>1</sup> For the purposes of clarity, in this guide, we identify two dimensions of fit:

**Person-organization fit** refers to compatibility between an applicant's personality, attitudes, work and learning style/preferences, and goals and the organization's culture.

**Person-job fit** refers to compatibility between an applicant's competencies, knowledge, skills, abilities, and other attributes and the competencies and characteristics required to learn and perform the job successfully.

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Research consistently shows that structured interviews have higher levels of reliability, validity, and fairness, including smaller group differences,<sup>2</sup> than unstructured interviews.

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Table 1. The Effects of Components of Structure on Reliability, Validity, Fairness, and Applicant Reactions

Component	Reliability	Validity	Fairness	Applicant Reactions
Ask questions that are job-related	+	+	+	+
Ask all applicants questions that cover the same topics	+	+	+	+
Limit probing questions	+	+	+	+
Use behavioral or situational questions	+	+	+	+
Use a longer interview	+	+	+	+
Have no access to applicant information before or during interview	+	+	+	+
Have applicants not ask any questions	+	+	+	+
<b>Evaluation</b>				
Rate each answer or use multiple rating scales	+	+	+	+
Use defined rating scales	+	+	+	+
Take detailed notes	+	+	+	+
Use multiple interviewers	+	+	+	+
Use the same interviewers for all applicants	+	+	+	+
Have no discussion between interviewers	+	+	+	+
Use formulas to create interview total scores	+	+	+	+

Source: Adapted from Campion et al. (1997) and Levashina et al. (2014)

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### Evaluating the Interview

- As soon as possible after the applicant leaves the room, review your notes.
- Fill in any important details you may have missed.
- Evaluate the applicant using the approach designed by your program—ideally, before the next interview begins.
- Ratings of the applicant should be supported by the notes.

20

**Be aware of your unconscious bias.** Everyone holds unconscious biases about other people or groups of people based on attitudes, associations, and stereotypes. Interviewers can help mitigate their individual biases through:

- Awareness of strong reactions for or against a particular applicant or type of applicant,
- Basing scores on deliberate thinking and decision-making rather than on first impressions, and
- Perspective taking

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- For more information, please see the AAMC's virtual seminar *What You Don't Know: The Science of Unconscious Bias and What to Do about it in the Search and Recruitment Process* *AAMC Reporter* article and an on unconscious bias in academic medicine
- *What You Don't Know: The Science of Unconscious Bias and What to Do about it in the Search and Recruitment Process*
- <https://www.aamc.org/about-us/equity-diversity-inclusion/unconscious-bias-training>

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### AAMC

#### Do's and Don'ts for Evaluating Interviews

Do
<ul style="list-style-type: none"> <li>Stay objective—focus on facts, not opinions.</li> <li>Focus on the applicant's responses to interview questions.</li> <li>Focus on one question or dimension at a time.</li> <li>Focus on comparing applicants' responses with scale anchors (if your program uses a rating scale).</li> </ul>
Don't
<ul style="list-style-type: none"> <li>"Fill in" parts of the answer based on your own interpretations of the applicant's response.</li> <li>Judge an applicant based on anything outside the scoring rubric (for example, personal appearance or your "chemistry").</li> <li>Compare responses of one applicant with those of other applicants during the interview.</li> </ul>

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### Evaluation Tools

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### Evaluation Tools

25

### Evaluation Tools

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### Applicant Examples (completely fictitious)

You have one interview slot left to fill and the two following candidates. As a group, discuss which candidate you will choose to interview, and what elements of each application helped you make that decision.

Once you've selected, add in each application "twist" individually. Discuss whether any of these changes will alter your selection.

Best practices to help this session run smoothly:

- Honor the timeline of the small group discussion
- Assume positive intent
- Communicate respectfully in order for all voices to be considered
- Maintain a collaborative team mindset as we are all here to support our trainees
- Be attentive to participation: share the air

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### Applicant Examples (completely fictitious)

You have one interview slot left to fill and the two following candidates. As a group, discuss which candidate you will choose to interview, and what elements of each application helped you make that decision. Once you've selected, add in each application "twist" individually. Discuss whether any of these changes will alter your selection.

**Candidate #1**

USMLE step 1 232  
 ITE 50%ile  
 Residency program: good reputation (not top 10), 1 excellent former fellow from this program  
 Personal statement about the utility of this subspecialty in medical mission work  
 Has an MS in bioethics  
 Volunteer work during undergrad, worked at free clinic in medical school  
 Eagle scout  
 Letter of recommendation with personal anecdotes from faculty within this subspecialty that you don't know

- Twist #1: personal email from a trusted colleague that this candidate is great and really wants to go to your program
- Twist #2: personal statement about being the first in their family to go to college
- Twist #3: one of the letters is short and very generic, from someone you don't know

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### Applicant Examples (completely fictitious)

You have one interview slot left to fill and the two following candidates. As a group, discuss which candidate you will choose to interview, and what elements of each application helped you make that decision. Once you've selected, add in each application "twist" individually. Discuss whether any of these changes will alter your selection.

**Candidate #2**

USMLE step 1 245  
 ITE 90%ile  
 Residency program: excellent reputation (top 10), never had a fellow from this program before  
 Personal statement about how they loved the rotation in this subspecialty and would like to pursue an academic career after fellowship  
 Resident rep of your state society of anesthesiologists  
 Prior to medical school, worked in business consulting for 2 years  
 Letters of recommendation mostly average, PD letter with superlative "one of the best residents, will very likely be elected chief resident for the coming year"

- Twist #1: switch "excellent reputation" residency program to a program you have heard little about
- Twist #2: personal statement about volunteering as a <fill in the blank with something you personally resonate with: fosters dogs, women's rights court advocate, etc.>
- Twist #3: personal statement about their experience playing college varsity squash (different if it's another sport like soccer or football?)

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### Applicant Examples (completely fictitious)

You have one interview slot left to fill and the two following candidates. As a group, discuss which candidate you will choose to interview, and what elements of each application helped you make that decision. Once you've selected, add in each application "twist" individually. Discuss whether any of these changes will alter your selection.

**Candidate #3**

USMLE step 1 220  
 ITE 29%ile  
 Residency program: excellent reputation (top 10), excellent fellows from this program before  
 Personal statement about being first in their family to complete college  
 Presented case report poster at state anesthesia resident conference during residency  
 Prior to medical school, managed an auto parts store for 2 years  
 Letters of recommendation outstanding, PD letter with superlative "one of the best residents we've ever had"

- Twist #1: switch outstanding letters to just average - some anecdotes but no superlatives
- Twist #2: same letters but one notes this resident had a "unique bedside manner" earlier in training that has been addressed and improved
- Twist #3: change residency program to one you don't know much about, you've had one fellow from this program before that did not perform well

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### Applicant Examples (completely fictitious)

You have one interview slot left to fill and the two following candidates. As a group, discuss which candidate you will choose to interview, and what elements of each application helped you make that decision. Once you've selected, add in each application "twist" individually. Discuss whether any of these changes will alter your selection.

#### **Candidate #4**

USMLE step 1 285  
ITE 99%ile

Residency program: excellent reputation (top 10), you haven't had fellows from this program before

Personal statement about interest in your subspecialty since their rotation

No research experience during residency

Letters of recommendation average

Twist #1: has a number of publications co-authored with an academic physician parent

Twist #2: email from trusted colleague that this resident really wants to train at your program

Twist #3: personal statement about experience and interest in sailing

# 2022 Regional Anesthesia and Acute Pain Medicine Breakout Session

**Moderator:**

Christina L. Jeng, MD, FASA

Associate Professor

Icahn School of Medicine at Mount Sinai

1. Status of RAAPM match
2. Status of formalization of the fellowship directors' group
3. Discussion

# Breakout 2: Building Up the Future: From Med Student to Attending, How to Identify, Guide, Mentor and Promote Fellows to Continue in Academia

Dalia Elmofty, MD

Michele Sumler, MD, MA, FASE

Friday, November 11

10:30 AM - 11:30 AM



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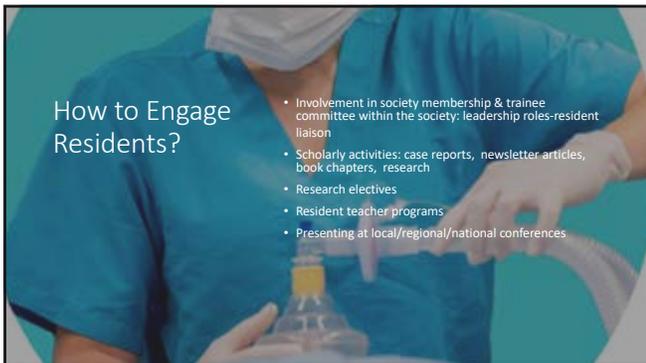
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HANDOUT



# Breakout 3: The Tripartite Missions: The Research Component

Magdalena Anitescu, MD, PhD  
Brandi Bottiger, MD

Friday, November 11  
10:30 AM - 11:30 AM



## Breakout Session 3: The Tripartite Missions: The Research Component

Magdalena Anitescu, MD, PhD  
Brandi A Bottiger, MD  
Nov 4, 2022

Disclosures: BB is on advisory board for CSL Behring

1



### Learning Objectives

- With ACGME requirements in mind, review successful models for research productivity during anesthesiology fellowships
- Identify existing challenges and/or barriers to success, understand internal and external resources
- Discuss existing resources and identify opportunities for improvement.

2



### ACGME Requirements for Anesthesiology Fellowships

*In addition to clinical education, many fellowship programs advance fellows' skills as physician-scientists. While the ability to create new knowledge within medicine is not exclusive to fellowship-educated physicians, the fellowship experience expands a physician's abilities to pursue hypothesis-driven scientific inquiry that results in contributions to the medical literature and patient care. Beyond the clinical subspecialty expertise achieved, fellows develop mentored relationships built on an infrastructure that promotes collaborative research.*

3



### ACGME Requirements for Anesthesiology Fellowships

must include demonstration of ongoing academic achievements appropriate to the subspecialty, including publications, the development of educational programs, or the conduct of research. (1000)

A research project in cardiothoracic anesthesiology may be substituted for one or two months of clinical elective rotations. (1000)

facilities and equipment for research in cardiothoracic anesthesiology; and, (1000)

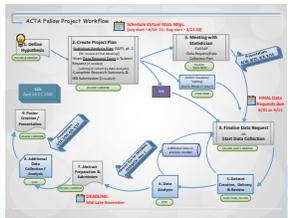
The program must provide instruction in the fundamentals of research design and conduct, and the interpretation and presentation of data. (1000)

The faculty must establish and maintain an environment of inquiry and scholarship with an active research component. (1000)

4



### Models for Research in a 12-month fellowship




Ann Cherry, MD  
ACTA Fellowship Research Director  
Associate Professor of Anesthesiology

5



### Research models

- Need sustainable infrastructure: research manager, research coordinator
- Many moving parts: regulatory, communication with sponsor, budgeting, EPIC integration, compliance, recruiting, enrollment, patient follow up
- Types of studies
  - Industry sponsored
  - Investigator initiated sponsored
  - Government agencies sponsored
  - Regional/institutional sponsored
  - Department sponsored: retrospective/prospective

6



### Fellows need to know

- Regulatory: How to write and troubleshoot an IRB
- Ethics: how to recruit a patient, understand the study
- Financial: budget for an individual patient
- Procedural: follow specific protocols and understand difference between protocol deviation and adverse events
- Communication: proper reporting/initiation visits/audits
- Integration: role of research in a busy practice

7



### Example of fellows involvement

- Sponsored, prospective: Identification of patients
  - Follow training protocols by company
  - Consent patients with the research coordinator
  - Participate in procedure
  - Follow up with patient in visits and understand adverse events vs normal healing process
- Internally sponsored, retrospective
  - IRB writing
  - Create protocol
  - Chart review/analysis/stats discussion
  - Submit abstract/write paper

8

# Breakout 4: Fellowship Matches: How Common and What are the Challenges?

Franklyn P. Cladis, MD, MBA, FAAP

Chandrika Garner, MD

Mark Stafford-Smith, MD, MBA

Friday, November 11

10:30 AM - 11:30 AM

Breakout 4:  
**Fellowship Matches:  
 How Common and What are the Challenges?**

Friday November 11<sup>th</sup>, 2022  
 SAAAPM 2022 Annual Meeting  
 Chicago, IL



Mark Stafford-Smith, MD, CM, FRCPC, MBA, FASE  
 Vice Chair of Education,  
 Director of Fellowship Education  
 Duke University Medical Center  
 Durham, NC, USA

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**ACTA Recruitment History**  
 ACGME appr. 2007 → SCA PD crnte  
 .....by recruitment focus/concerns

2008 Problem - pressured residents  
 earlier interview seasons (filling by January)  
 lack of exposure to subspecialties  
 - competition among programs (+/- ok with status quo)

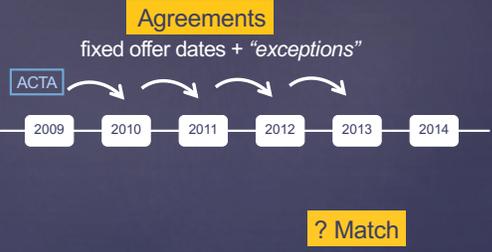
PDs - "we need a plan":  
 - offer date restraint  
 - address hurdles (e.g., internal candidates)

2008-9 honor code proposal:  
 Date restraint with "Exceptions" (?April, 7 day accept clause → scramble)  
 - internal candidates  
 - >1yr programs (e.g., CT – ICU)  
 - Military  
 - Couples  
 - Visa

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**ACTA Anesthesia Fellowship Match**

Agreements  
 fixed offer dates + "exceptions"



2009 2010 2011 2012 2013 2014

? Match

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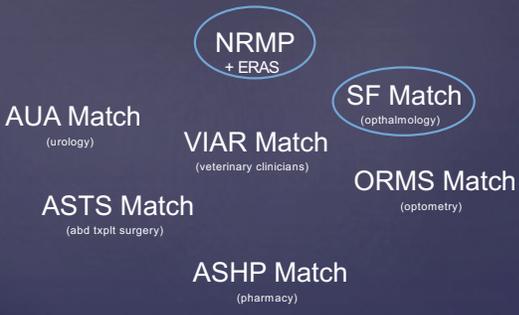
**Barriers to a Match**

PD survey: Participation contingency  
 \*\*Chair support  
 (esp. internal candidates)

Need to keep +/- all positions in the match  
 \*\*Match costs (vs. SCA sponsorship)  
 SCA vs. Program contract  
 Challenges of incomplete participation  
 Value of trending annual data

4

**ACTA Approach : Match Tool Choices**



NRMP + ERAS  
 SF Match (ophthalmology)  
 AUA Match (urology)  
 VIAR Match (veterinary clinicians)  
 ORMS Match (optometry)  
 ASTS Match (abd txpl surgery)  
 ASHP Match (pharmacy)

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**Match Tool Choices**

	NRMP	SF Match
Match Dates	inflexible	flexible
Application Dates	fixed window	flexible
Electron. Appl. (ERAS)	optional	optional
Fees	- Inst./Program - Applicant - ERAS/CAS	(\$325 init.) \$150/yr \$50 or \$60 for first 10
Required minimum "Exceptions"	75% programs not an option	none ** not an option

Equivalent

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### ACTA Contract development - Flexibility of SF Match

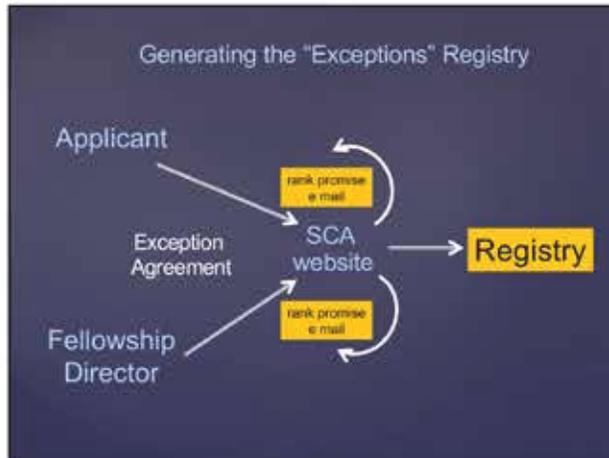
**Contract**

- Sponsorship - parent organization vs. programs
- Contract language - liability for match cost over-run
  - escrow account

**Participation (PD survey of barriers)**

- SF Match "exceptions" perspective
  - SF match ok with "agreements" among PDs/applicants as long as independent of SF match process
  - SF Match ok with a process where:
    - match review by PD leadership:
    - actual vs. promised rank list behavior (2 wk window, re-runs no charge)

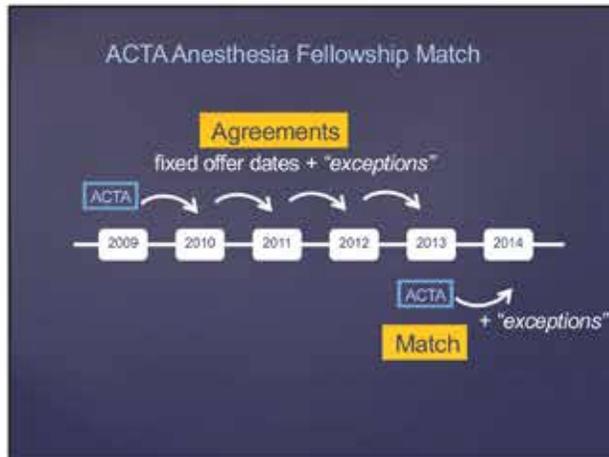
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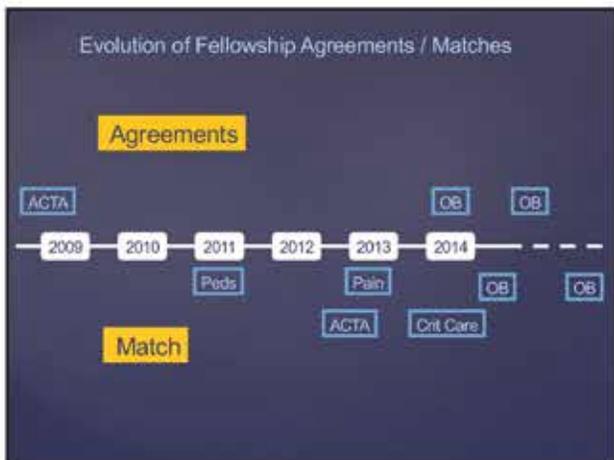
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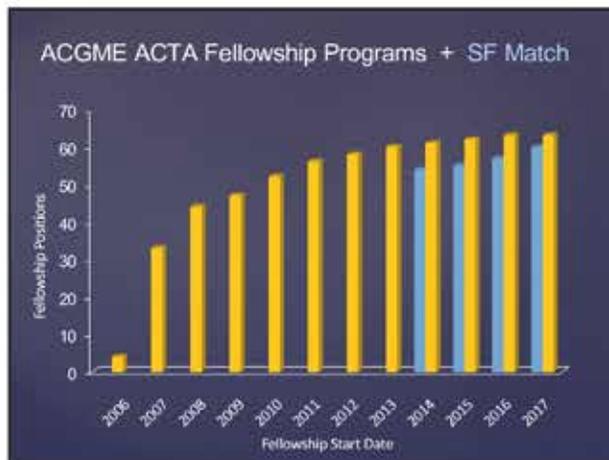
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### ACTA Fellowship SF Match Data : Programs

	June 2013	June 2014	June 2015	June 2016	June 2017	June 2018	June 2019	June 2020	June 2021
# of Participating Programs	54	55	57	60	64	64	66	70	71
Positions Offered	168	174	183	199	207	212	224	239	247
Positions Filled	166	172	182	199	202	211	222	238	245
Unfilled Positions	2	2	1	0	5	1	2	1	2

Credit: D. Shook

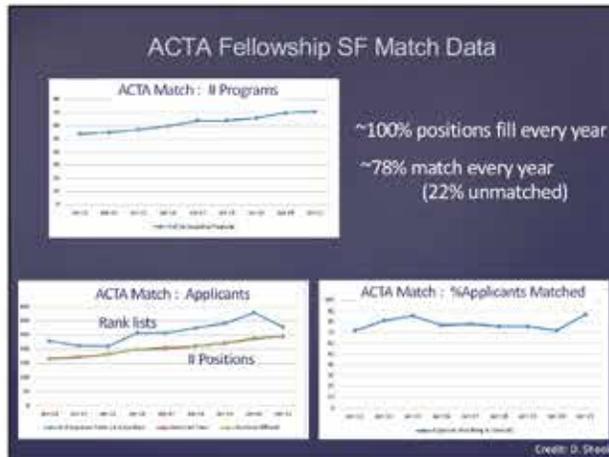
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### ACTA Fellowship SF Match Data : Applicants

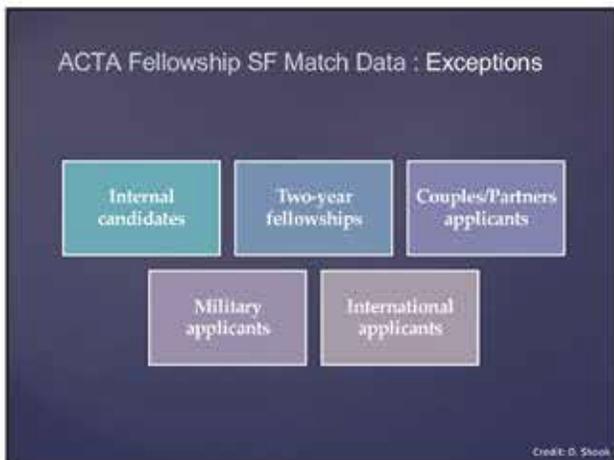
	June 2013	June 2014	June 2015	June 2016	June 2017	June 2018	June 2019	June 2020	June 2021
Applicant registrations	267	268	268	331	316	354	333	363	361
# Applicant Rank Lists Submitted	230	213	211	258	258	276	292	330	279
Matched Total	166	172	182	199	202	211	222	238	245
Unmatched Total	64	41	29	59	56	65	50	60	34
Applicant Matching % (Overall)	72%	81%	86%	77%	78%	76%	76%	72%	87%

Credit: D. Shook

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### ACTA Fellowship SF Match Data : Exceptions

	June 2013	June 2014	June 2015	June 2016	June 2017	June 2018	June 2019	June 2020	June 2021
Internal candidate	11	46	21	23	27	23	33	33	30
Two year commitment	7	8	9	10	15	16	25	30	29
Active within	3	3	6	6	9	9	2	3	4
Spouse/partner	1	0	0	0	0	0	0	0	1
Residency outside US	0	0	0	0	0	0	0	0	0
Total	41	56	31	32	43	44	62	67	64
% Total:	25%	33%	17%	16%	21%	21%	28%	28%	26%

Credit: D. Shook

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ACTA Fellowship SF Match Data : Exceptions



Credit: D. Shook

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ACTA Fellowship SF Match Data : Exceptions

	June 2013	June 2014	June 2015	June 2016	June 2017	June 2018	June 2019	June 2020	June 2021
Internal candidate	31	46	21	21	27	23	33	35	38
Two year commitment	7	8	9	10	13	16	25	31	29
Active military	0	1	0	0	1	0	1	1	1
Special interest	1	0	0	0	0	0	0	0	1
Rankless outside US	0	1	0	1	1	1	1	1	1
<b>Total</b>	<b>41</b>	<b>56</b>	<b>31</b>	<b>32</b>	<b>43</b>	<b>44</b>	<b>62</b>	<b>67</b>	<b>64</b>

<b>% Total (excl 2y):</b>	<b>21%</b>	<b>28%</b>	<b>12%</b>	<b>11%</b>	<b>15%</b>	<b>12%</b>	<b>17%</b>	<b>15%</b>	<b>14%</b>
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Credit: D. Shook

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ACTA Fellowship SF Match : 2022-3 Applicant Timeline

November 8, 2022	Applicant registration begins.
March 2, 2022	Target Date for applicants to complete the requirements for application distribution.
June 2, 2022	ALL rank lists must be submitted.
June 9, 2022	Match results are made available.
June 10, 2022	Unmatched position posted.
July 2024	ACTA training begins.

Credit: D. Shook

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HANDOUT



# Updates from the Subspecialties

Moderator: Magdalena Anitescu, MD, PhD

Friday, November 11  
1:30 PM - 2:15 PM

HANDOUT



# Updates from the Subspecialties: Regional Anesthesiology and Acute Pain Medicine

Edward R. Mariano, MD, MAS, FASA

Friday, November 11  
1:30 PM - 2:15 PM

HANDOUT



# Updates from the Subspecialties: Critical Care Medicine

Erin Hennessey, MD, MEHP

Friday, November 11  
1:30 PM - 2:15 PM

  
**AASPD: Updates from the Subspecialties**  
**Anesthesia Critical Care Medicine Fellowship**  
 Anesthesia Critical Care Medicine Fellowship  
 Erin K Hennessey, MD MEHP  
 Chair, SOCCA Program Director's Advisory Council  
 Program Director, ACCM Fellowship at Stanford University  
 Clinical Associate Professor, Stanford University  
 November 11, 2022

#SAAAPM22  
@ErinH\_MD  
@SOCCA\_CritCare

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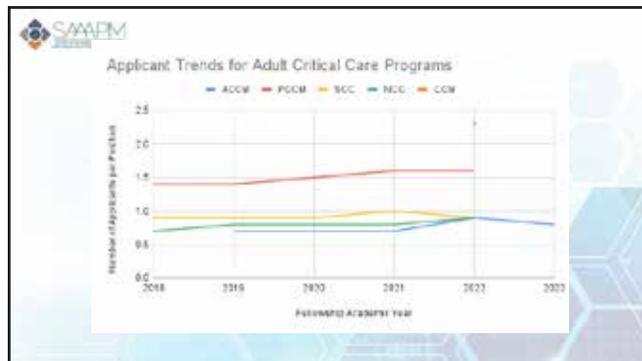

**Anesthesia Critical Care Medicine Match with SFMatch**

Critical Care Anesthesiology Fellowship	June 2016	June 2017	June 2018	June 2019	June 2020	June 2021	June 2022
<b>APPLICANT DATA</b>							
Applicant Registrations	156	180	156	209	202	182	210
# Applicant Rank Lists Submitted	147	148	155	157	156	152	152
Matched Total	127	137	140	165	158	150	165
Unmatched Total	29	43	16	44	44	32	45
Applicant Matching % (Overall)	81%	76%	90%	79%	78%	83%	79%
Total # of Withdrawals	22	18	18	11	18	18	9
<b>PROGRAM DATA</b>							
# of Participating Programs	47	49	51	53	57	58	61
Positions Offered	158	167	185	202	200	214	228
Positions Filled	127	137	140	165	158	150	165
Leftist Positions	23	30	27	37	38	64	63

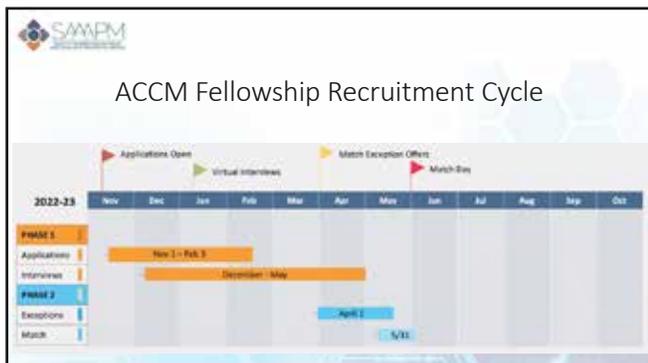
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**Virtual Interviews**

13-14 applications submitted per applicant

6-7 interviews completed per applicant

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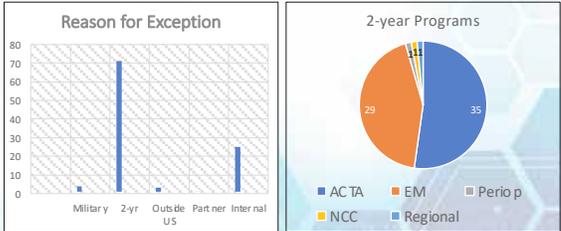


### Socca Match Exceptions

1. Applicants who are in active military service at the time of the application.
2. Applicants who are making a commitment to come to the institution of the CCM fellowship for more than one year.
3. Applicants who are enrolled in an anesthesiology residency outside of the USA at the time of the application.
4. Applicants whose spouse or partner is applying for a GME-approved post-graduate training program in a medical specialty in the same region as the CCM fellowship.
5. Internal candidates.

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### 2021-2022 Match Exceptions



**Reason for Exception**

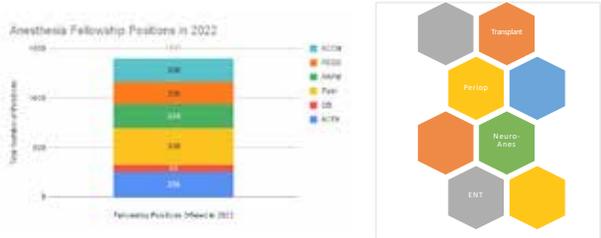
Reason	Count
Military	1
2-yr	70
Outside US	1
Partner	1
Internal	25

**2-year Programs**

Program Type	Count
ACTA	35
EM	29
Perio p	1
NCC	1
Regional	1

8

### Anesthesia Subspecialty Training Opportunities



**Anesthesia Fellowship Positions in 2022**

Subspecialty	Count
ACTA	100
EM	100
Perio p	100
ENT	100
Neuro-Anes	100
Transplant	100

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### Combined Fellowships Opportunities

- Collaboration across subspecialties regarding Match Exception Date and Process
- Consideration of a combined match for dual ACTA-CCM candidates given increasing interest in the program
- Future innovation and integration ideas regarding dual-interest candidates

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### Match Enhancements and Policies

- Standard Letter of Evaluation – Website PDF generator coming soon!
- Withdrawal Letter – Asks to disclose on future match applications

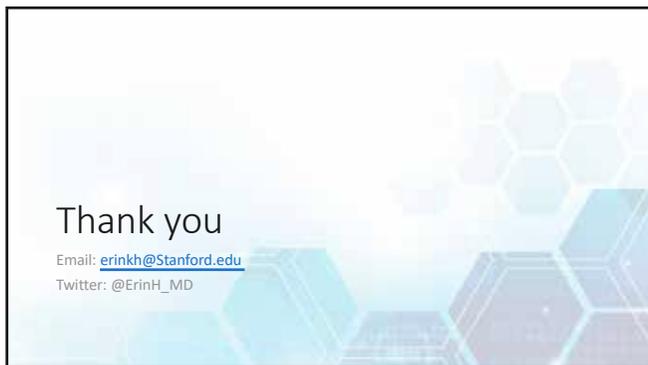
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### Recruitment Strategies

- Outreach to medical students and residents through national societies
- Mentoring at local institutions
- Working through SAAAPM with Core PDs for innovative programs
- Visibility about scope of CCM practice with publications and social media
- Return-to-training models to meet community needs
- Partnering with Non-Anesthesia Training Programs (OB/GYN, Neurosurgery, Surgery, Emergency Medicine)

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HANDOUT



# Updates from the Subspecialties: Pain Medicine

Magdalena Anitescu, MD, PhD

Friday, November 11  
1:30 PM - 2:15 PM



## Updates on Pain Medicine 2022

Magdalena Anitescu, MD, PhD  
 Professor of Anesthesia and Pain Medicine  
 Program Director, Pain Medicine  
 Department of Anesthesia and Critical Care  
 University of Chicago Medicine

1

## Pain Medicine Programs-2023-24

- Total for 2023 programs: 114, 4 withdrawn programs
- Participating (certified) in match: 110, 96% participation
- Filled: 98 (89%), Unfilled: 12 (11%)



Year	Number of Programs	Programs Filled	Programs Unfilled
2018	98	95	3
2019	103	95	8
2020	104	99	5
2021	102	92	10
2022	109	98	11

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## Pain Medicine Positions-2022-23

- Total for 2023 positions: 377 positions
- Filled: 358 (95%), unfilled 16 (5%)

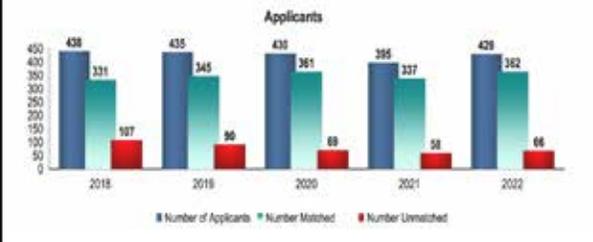


Year	Positions Offered	Positions Filled	Positions Unfilled
2018	335	331	4
2019	359	345	14
2020	367	361	6
2021	349	337	12
2022	378	362	16

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## Applicants

- Applicants for 2023 : 416
- Matched: 358 (86%)
- Not matched: 58 (14%)



Year	Number of Applicants	Number Matched	Number Unmatched
2018	438	331	107
2019	435	345	90
2020	430	381	49
2021	395	337	58
2022	428	382	46

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## Positions and applicants

- Stable from 2018:
  - 1.1 applicants per position



Year	Applicants per Position	Percent of Applicants Matched
2018	1.3	78.8
2019	1.2	78.3
2020	1.2	84.0
2021	1.1	86.3
2022	1.1	84.6

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## The applicants

Year	Program	Positions	Filled	% not matched	%US Grad	% FMG	Osteopaths	US International
2014	82	261	256	36	73	8	9	10
2015	84	286	286	27	69	9	14	7
2016	90	305	303	37	71	10	14	5
2017	93	316	309	23	70	9	15	6
2018	98	335	331	24	61	8	14	7
2019	103	359	345	21	65	11	16	8
2020	104	367	361	15	69	4	17	10
2021	102	349	337	15	64	5	19	11
2022	109	372	362	15	64	6	21	8
2023	114	377	358	19	58	6	27	7

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## Activities in last year

- Trimestrial meetings for the APPD board and monthly for AASPD board
- Launch Hot Topics through APPD/ASRA
- Bi-annual virtual meeting with all PD to keep all engaged and bring problems to discuss
- Web based educational endeavors for fellows and residents: AAPM, NANS, INS webinars
- Various cadaver courses through various organizations
- Virtual interviews continue
- Residents activities: in person and virtual meet and greet with PD, engage medical students
- Increase in number of in-person meetings

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## Giving up pandemic reality



- Social distance, masks and virtual meetings

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## For an improved, mask optional one



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## What continues

- Encourage programs to keep in match
- Virtual interview for foreseeable future
- Ensure competence upon graduation: PD review case log
- Supportive and networking for job finding
- Expand fellowship education on telemedicine.

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## ACGME vs NRMP

- ACGME: 111 programs
- NRMP: 109 programs,
- % programs in match: 98%

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## Pain Medicine Fellowship-2019 Program Requirements

- Multidisciplinary fellowship
- Base specialties
  - Anesthesiology
  - Physical Medicine and Rehabilitation
  - Neurology
  - Psychiatry
- Other specialties can apply: ED, pediatrics, radiology, etc
- 1 Fellowship Program per institution no longer required

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## CONCLUSIONS

- Consistent, high competitive fellowship 15% applicants not matching
  - Steady state of the match, now the 9<sup>th</sup> year.
  - Advantages/Disadvantages
  - Applicants:
    - Apply/interview widely,
    - Fear of no match
    - Virtual interviews
    - Extracurricular activities to serve the application best possible
  - Program directors
    - Many applications/Time consuming
    - No objective data
    - Short Time of the interview
    - Virtual at times difficult
  - Programs
    - Potential more
    - Quality of Education
    - Institutional resources
    - Few programs created since new req
- Building a community of pain PD with similar aspirations for their incoming trainees

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## THANK YOU FOR LISTENING!



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THE UNIVERSITY OF CHICAGO MEDICINE

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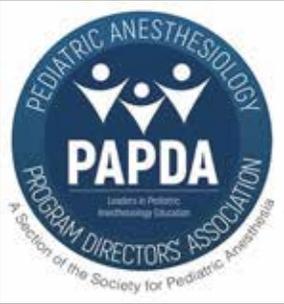


# Updates from the Subspecialties: Pediatric Anesthesiology

Concetta Lupa, MD

Friday, November 11  
1:30 PM - 2:15 PM

## Pediatric Anesthesia Updates



Concetta Lupa, MD  
November 2022  
Chicago, IL

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## PAPDA WEBSITE




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## PAPDA Board of Directors



President – Concetta Lupa (UNC)

President-elect – Doyle Lim (Nemours/A.I. DuPont)

Secretary/Treasurer – elections in November 2022

At-Large Members – Jennifer Lau (CHLA), Jenna Heimer Sobey (Vandy), Joseph Sisk (UNC)

Past President – Justin Lockman (CHOP)

3

## Meetings



All Members:

- SPA Winter (aka Spring)
- SAAAPM Fall

GME Program Task Force Recommendations  
 ABA Timing of Applied Exam - update- Pediatric Cardiac Update  
 Discussion of Match NRMP vs SE- Virtual vs In person Interviews Lim and Lau (10 min)  
 Match Data

Special Education Session: Dr. William McDade- Diversity in GME

- Monthly to BiMonthly meetings virtually with the board

4

## Topics addressed this year



- Implementing a Social Media presence
- ABA Applied Exam Process
- Fellowship Graduation Survey
- Discussions addressing core curriculum development
- Discussion of GME Taskforce recommendations
- PAPDA Board Member involved in CCAS Taskforce
- Meeting planning
- THE MATCH

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## Follow us!



Facebook:	Twitter:	Instagram:
PAPDASocialMedia	PAPDA_Social	papda_social
		



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**Program goals include:**

- Creating extramural opportunities for networking, collaborating and sponsorship
- Expanding the community of practice in pediatric anesthesia
- Increasing academic activity to improve promotion and retention rates for junior faculty
- Assisting the transition of fellows from trainees to engaged and productive faculty
- Promoting gender equity and URM individuals in pediatric anesthesia

**Types of Exchanges include:**

- In Person Faculty
- In Person Fellow/Faculty
- Virtual Faculty
- Virtual Fellow/Faculty



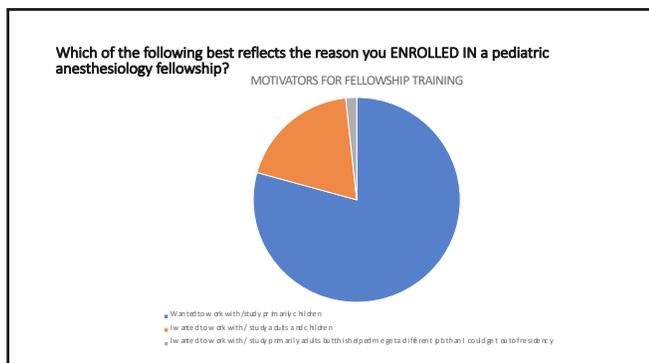
• Exchanges are especially designed for junior faculty nearing promotion and fellows with an interest in academic medicine. Fellow/faculty exchanges provide additional mentorship opportunities.

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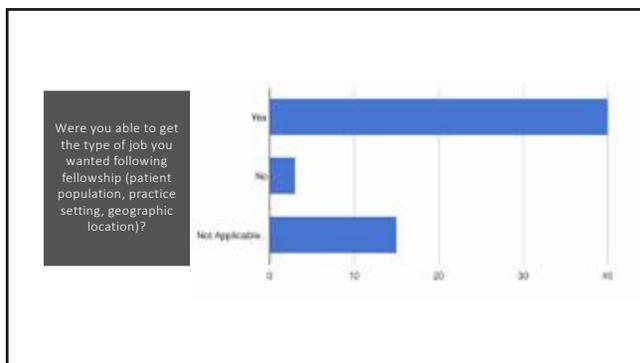
## Fellowship Graduation Survey

- Distributed to all Pediatric Anesthesia Fellows in June 2022
- N= 54 responses
- Lots of data here that is broad
- Will focus on some key points

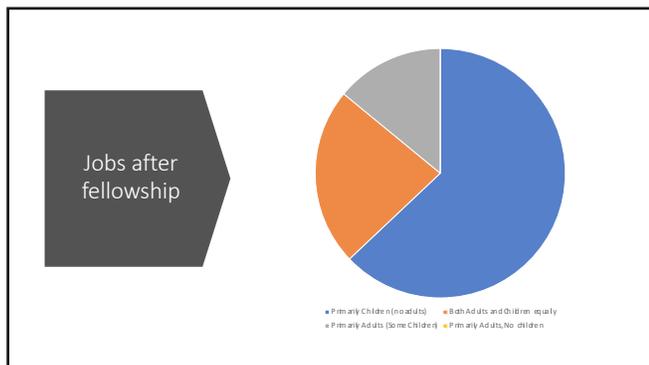
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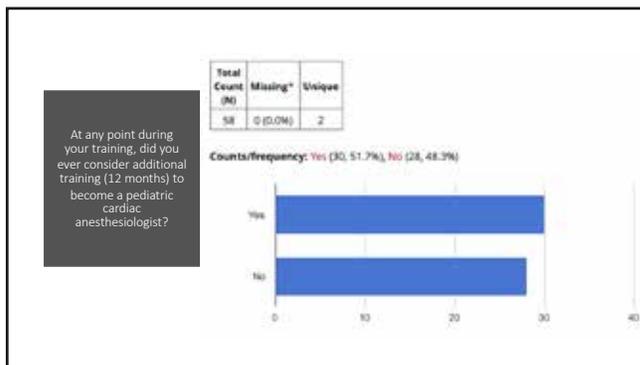
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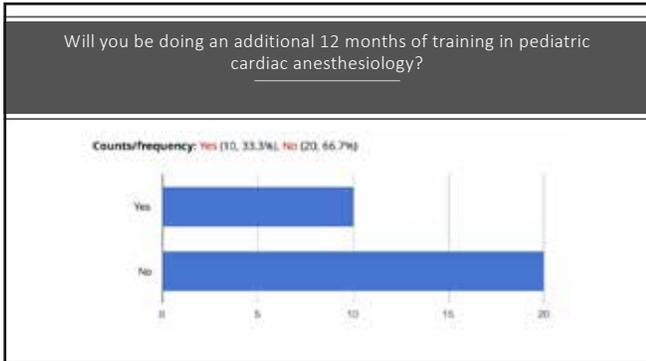
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GME Task Force - Implementation



- Scholarship Oversight Committee
  - All fellows must conduct or be substantially involved in a scholarly project relevant to the subspecialty that is suitable for publication
  - SOC determines *what counts*

15

GME Task Force - Implementation



- Standardizing a curriculum for Non-Clinical Domains
- Likely will be placed on Open Anesthesia

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- Quality Improvement
- Patient Safety
- Research Methods
- Leadership Skills
- Communication Skills
- Medical Education
- Practice Management
- Supervision

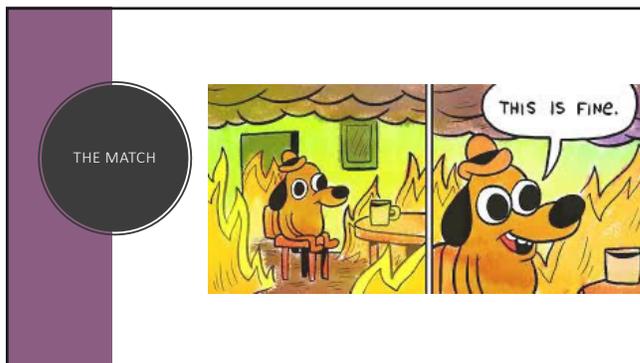
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GME Task Force - Implementation

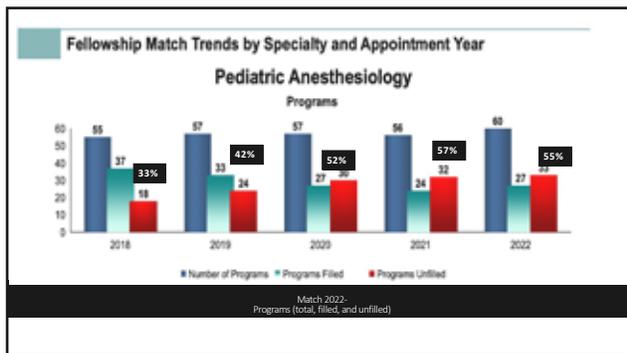


- Revise Case Logs
- Out of Date (minimum neonates for fellowship is 15!)
- Task force working on this

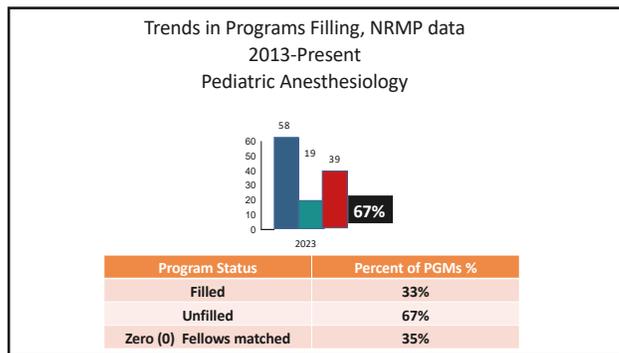
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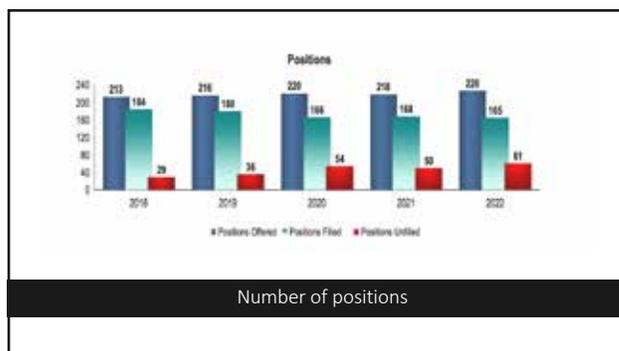


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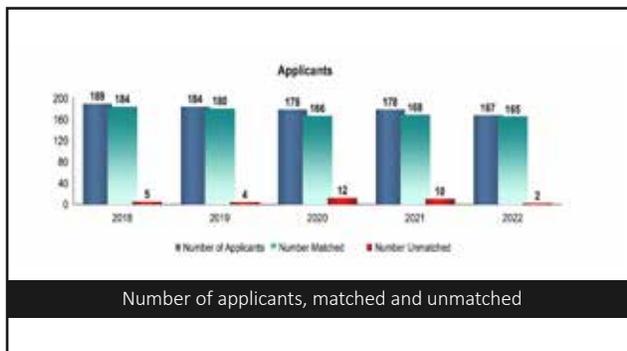
### Pediatric Anesthesiology ERAS Data

2017	2018	2019	2020	2021	2022
211	211	199	211	194	173

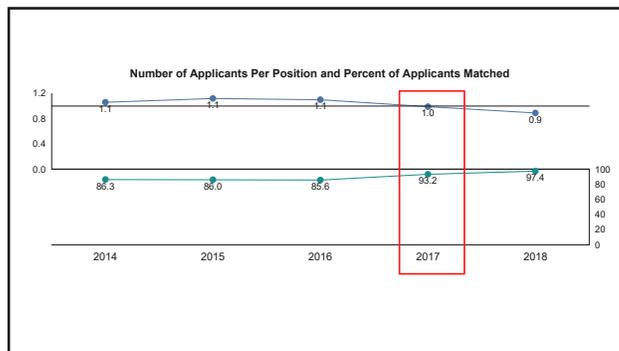
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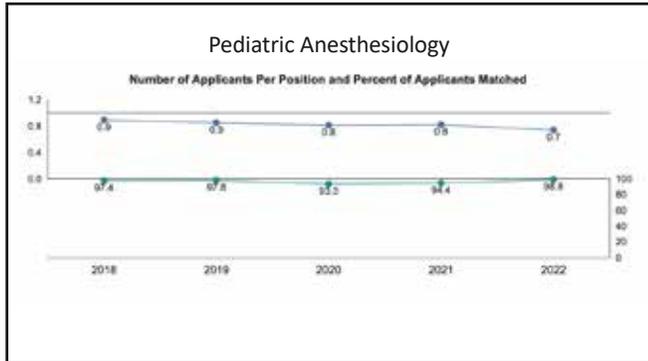
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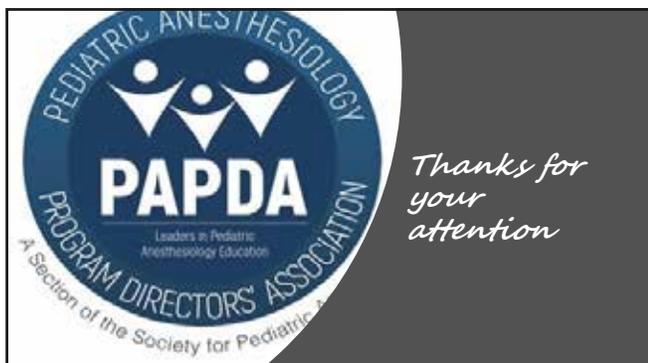
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HANDOUT



# Updates from the Subspecialties: ACTA

Douglas C. Shook, MD, FASE

Friday, November 11  
1:30 PM - 2:15 PM

HANDOUT



# Updates from the Subspecialties: OB Anesthesia

Andrea Traynor, MD

Friday, November 11  
1:30 PM - 2:15 PM

HANDOUT



# Updates from the Subspecialties: Pediatric Cardiac Anesthesiology

Stephanie N. Grant, MD

Friday, November 11  
1:30 PM - 2:15 PM



## Updates from the Subspecialties: Pediatric Cardiac Anesthesiology

Stephanie N. Grant, MD, FAAP  
Assistant Professor of Anesthesiology and Pediatrics  
Program Director, Pediatric Cardiac Anesthesiology Fellowship  
Emory University/Children's Healthcare of Atlanta

1



- No financial disclosures

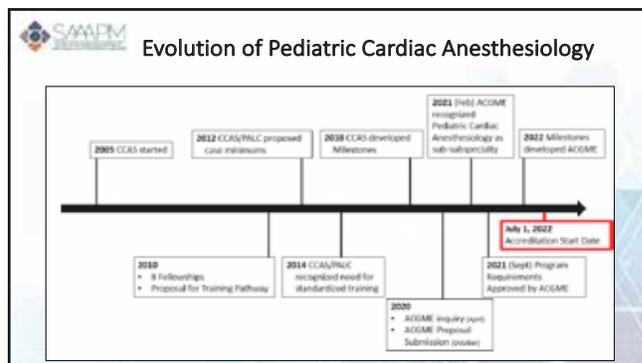
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### Learning Objectives

- Development of Pediatric Anesthesiology as an ACGME subspecialty
- Fellowship Eligibility
- Clinical Experience
- PALC/CCAS Task Force to address national shortage of Pediatric Cardiac Anesthesiologists

3



4



### Pediatric Cardiac Anesthesiology Program Requirements and Milestones Working Group

Santharam Suresh, MD	Working Group Chair
Adilee Amankwaa, MD, MS&A	Review Committee Chair
Nina Devulth, MD	Subject Matter Expert
Laure Edger, EMD, CAE™	ACGME Vice President, Milestones Development
Stephanie Grant, MD	Subject Matter Expert
Charyl Gross, MA, CAE™	ACGME Executive Director
Thomas McLoughlin, MD	Review Committee for Anesthesiology
Viviane Nasir, MD MPH	Subject Matter Expert
Mark Stafford-Smith, MD	Review Committee Member

Naar VG, et al. Anesth Analg. 2022

5



### Pediatric Cardiac Anesthesiology Fellowships

23 non-ACGME Fellowships

➔

6 ACGME Fellowships  
• Accreditation Start Date: 7/1/22

Program Code - Name	Program Director
[247924001] University of Colorado School of Medicine Program	Wesley Adams, MD
[2471324001] Emory University School of Medicine Program	Stephanie N. Grant, MD
[2471846001] Medical College of Northwestern University Program	Eric S. Ho, MD, MBA
[2471734001] Indiana University School of Medicine Program	Nancy R. Arnold, MD
[2473294001] Cleveland Children's Hospital Medical Center Program	Janice Lan, MD
[2478846001] Baylor College of Medicine Program	Phuong U. Thuan, MD

6

### Fellow Eligibility Criteria

III.A.1.b) Prior to appointment in the program, fellows must have successfully completed a residency program in anesthesiology that satisfies the requirements in III.A.1., and:

III.A.1.b).(1) a fellowship program in pediatric anesthesiology that satisfies the requirements in III.A.1.; or,

III.A.1.b).(2) a fellowship in adult cardiothoracic anesthesiology that satisfies the requirements in III.A.1.; or

III.A.1.b).(3)(a) Fellows entering from adult cardiothoracic anesthesiology should have taken a minimum of one month of pediatric anesthesiology during the adult cardiothoracic anesthesiology fellowship.

ACGME Program Requirements for Graduate Medical Education in Pediatric Cardiac Anesthesiology, 2021

7

### Curriculum Organization and Fellow Experiences

Block	1	2	3	4	5	6	7	8	9	10	11	12
Site	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1
Rotation Name	Clinical Anesthesia <sup>1</sup>									ICU	Elective <sup>2</sup>	Elective

Notes

1 - Clinical Anesthesia - includes intraoperative management of patients with congenital heart disease in the operating room, catheterization and electrophysiology lab, and diagnostic imaging sites

2 - Elective rotations include Echocardiography (2 weeks), Perfusion (2 weeks), Echocardiography Bootcamp (2 weeks), and Research (2-4 weeks)

8

### Case Requirements

	Minimum number
CPB cases	100 (≥ 50 Fellow as Primary Anesthesia Provider)
HILMS procedures	3
Other Neonatal Procedures	3
TGA procedures (Arterial Switch)	3
Repair of CAVC, TOF, VSD, ASD	20
Glenn	5
Fontan	4
Valvular lesion procedures	20
Palliative Shunt	1
Aortic coarctation - off bypass	3
PDA repair (surgical or Cath lab)	3
Vascular Ring	2
Heart Transplant or VAD	1
Cath Lab - Diagnostic	20
Cath Lab - Interventional	25
EP Procedures	10
Medical Imaging	10
Central Venous Line	30
Arterial Line	30

9

### National Shortage of Pediatric Cardiac Anesthesiologists

PALC/CCAS Pediatric Cardiac Anesthesia Task Force

Developed with Goal to:

- Increase the number of Pediatric Cardiac Anesthesiologists
- Increase the number of Expert Pediatric Anesthesiologists in Moderate/Severe Congenital Heart Disease

PALC = Pediatric Anesthesia Leadership Council  
CCAS = Congenital Cardiac Anesthesia Society

10

### National Shortage of Pediatric Cardiac Anesthesiologists

PALC/CCAS Pediatric Cardiac Anesthesia Task Force

Subgroups

- Education
- Workforce
- Working Conditions
- Career Advancement
- Compensation

→

Surveys to Key Groups

- Division Leaders of Pediatric Cardiac Anesthesiology Divisions
- Program Directors of Pediatric Cardiac Anesthesiology Fellowships
- Graduates of Pediatric Cardiac Anesthesiology Fellowships in last 10 years
- CCAS members/Pediatric Cardiac Anesthesiologists
- 2022 Fellow Graduates of Pediatric Anesthesiology, PAPDA Survey Inclusion of Questions

11

### Program Directors Survey - Taskforce

Preliminary Results

1. Are you interested in the development of a standardized curriculum with centralized lectures available to cover core topics in pediatric cardiac anesthesiology for your fellows?

	#/14	%
Yes	11	79
No	1	7
Maybe	2	14

2. Are you interested in the development of a standardized evaluation tool?

	#/11	%
Daily Evaluation of Fellow	5	45.5
Rotational Evaluation of Fellow	9	82
Fellow Evaluation of Faculty	9	82
Fellow Evaluation of Rotation	9	82
Fellow Evaluation of Program	11	100
Faculty Evaluation of Program	9	82
Not interested	3 (out of 14)	21

12



Pediatric Cardiac Anesthesiology Program Directors' Group

- Committee supported by the Congenital Cardiac Anesthesia Society (CCAS)
- Program Directors of Pediatric Cardiac Anesthesiology Fellowships

13



Evolution of Accredited Pediatric Cardiac Anesthesiology Fellowship Training in the United States: A step in the right direction

Viviane G. Nasir, MD MPH<sup>1</sup>; Aditee Ambardekar, MD, MEd<sup>2</sup>; Stephanie Grant, MD<sup>3</sup>; Laura Edgar, EdD, CAE<sup>4</sup>; Cheryl Gross, MA, CAE<sup>5</sup>; Thomas McLaughlin, MD<sup>6</sup>; Mark Stafford-Smith, MD<sup>7</sup>; Santhanam Suresh, MD<sup>8</sup>; Nina Deutch, MD<sup>9</sup>

ANESTHESIA & ANALGESIA

Accepted: September 22, 2022. Not yet published.

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Thank you!

Please contact me with any questions.

stephanie.grant@emory.edu

 @SGrantMD

15

HANDOUT



# Introduction / Welcome / Business Meeting

Moderator: Faye Haggar, EdD

Friday, November 11  
8:00 AM - 8:15 AM

HANDOUT



# Keynote Speaker

Amy Miller Juve, MEd, EdD

Friday, November 11

8:15 AM - 9:00 AM

# You can do it!

Leveraging intentional change theory to get what you want from your career (and life)

Amy Miller Juve, EdD, MEd  
Professor  
Vice Chair, Education  
Oregon Health & Science  
University

1

# Let's begin!

Are you ready?

2



3



4

## Ideal Self

What do you want to be? Short and long term what is the vision you have for yourself: dreams, aspirations, sense of purpose. Not how or what but why. How do you want others to see you?

- Write down 3 different visions for yourself

- Share one of those visions with your neighbor

5

## Real Self

Define your real self. Use tools, performance assessments, informal notes from colleagues. Identify your strengths and gaps. Do not just rely on how you 'feel'.

6

### Learning Agenda

- 1 Use SMART or WOOP
- 2 Identify obstacles and potential solutions
- 3 Think outside of the box
- 4 Create a plan for accountability

Q Action 1



Q Action 2



Q Action 3



Q Action 4




7



8

## Experiment and Practice

9

## Trusting Relationships

Confide in them, find a coach or mentor, broaden your community, develop trust.

10

### Bonus: coach others through their journey

01	02	03	04
Ask good questions	Spot the opportunity	Start with positivity	Keep people moving forward

Boyatzis, Smith, Van Oosten, 2018

11

### Take home

- 1 You have the power and tools to change/chart your path
- 2 Use Intentional Change Theory to realize your dreams and aspirations
- 3 Frame your agenda in the positive
- 4 Help others

12

Thank you!

Amy Miller Juve

[juvea@ohsu.edu](mailto:juvea@ohsu.edu)

HANDOUT



# Snap Talks

Moderators: Fei Chen, PhD, MEd & Amy N. DiLorenzo, MA, PhD

Friday, November 11  
9:00 AM - 10:00 AM

# **Snap Talks: Are Our Trainees Checked Out? Let's Check-In! A Low Stakes, Systematic Approach to Checking In On Trainees' Progression**

Rachel Moquin, MA, EdD

Friday, November 11  
9:00 AM - 9:15 AM



## Snap Talk: Are Our Trainees Checked Out? Let's Check-In! A Low Stakes, Systematic Approach to Checking In On Trainees' Progression

Rachel Moquin, EdD  
Assistant Professor, Director of Learning and Development  
Washington University School of Medicine in St. Louis  
Department of Anesthesiology



## Objectives

- Participants will be able to...
  - Recognize the value of proactive communication with trainees
  - Identify one possible system for routinely reaching out to check on trainees to gather information about their needs and progress
  - Reflect on how they might develop a system for use with their trainees



## Why Check In?

“Sense of belonging” → retention and persistence (Hoffman et al, 2002)  
 Connection → well-being → resilience → flourishing (Noble & McGrath, 2012)  
 Loneliness, lack of support → burnout (Eris & Barut, 2020)  
 Generally “low awareness and little take-up of institutional support services” (Dhillon, McGowan, & Wang, 2008)  
 “Help avoidance” and resistance to seeking help prevalent in medical field (Chew-Graham, Rogers, & Yassin, 2003)



## An Approach

Residents receive a 3-question survey once per month  
 Option to complete anonymously  
 ‘Schedule send’ is my friend!

<p>Which best describes you right now?                  I'm great!                  I'm ok.                  I'm not great, but I'm making it.                  I could use a check-in.</p>	<p>If you'd like a check-in, is there a specific topic or person you'd like to connect with?                   What could you do to help yourself right now?</p>	<p>List of well-being and wellness resources from GME, ACGME, and Department with links</p>
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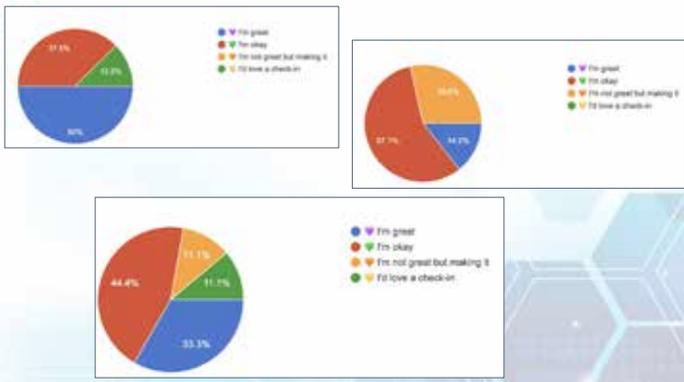
## Next Steps

Responses are reviewed and aggregate data is shared with residency leadership  
 Follow-up with individuals as needed  
 Email from me generally checking in  
 Email connection to specific person re: need or topic  
 Connection to specific resources



## Benefits and limitations

- High-level snapshot of how residents are doing at that point in time
- Residents don't have to proactively reach out if they have a need
- Addressing concerns and providing support before issues escalate
- Individualize support
- Residents encouraged to think about their own wellbeing
- Optional to participate; unclear if we are missing people
- Not every need is “solvable”
- Difficult to identify the ideal person/people to review these
- Rarely: confidentiality vs. safety?



## How I can help you

### Check-In Example Responses

On my time off, I'm often too exhausted from the stress of the week being a new CAT. I think I would like some resources or directions regarding ways to be mindful and utilize my time off to its potential. I have previously spoken with our IJH psychologist/counselor but the hours available often did not work with my available schedule as a resident.

As a resident I would love some free/discounted access to mindfulness/meditation resources such as books or an online program/app. I know that there are some classes available online on the wellness website but again often times do not work with resident work hours.

Getting residency

I think I'm getting nervous about finding time/motivation to study. I know the ITE and basic exams will come up quicker than I expect. Wouldn't mind discussing that!

Can we meet to review my study plan?

I'm procrastinating... can you send me emails to remind me to be studying?

Need to talk to someone about burnout. I'm frustrated about my schedule.

I don't know who but I need someone to check in.

I'm not sure about fellowship vs. private practice. Could you ask my mentor to reach out?



## What could you do for yourself?



Start exercising more!

Eat healthier. After particularly long or stressful day I've been eating more candy/junk food and drinking a beer or two which I normally don't do. I will look to find a replacement to these bad habits with some other stress relief/comfort.

Take a nap

Exercise more often

Need to be able to get home on time more!

Focus on one positive thing daily. Overall I could be more content with what I have instead of focusing on what I don't have

A little more sleep would be good

Making dedicated time to study and making a doctor's appointment.

I'm actually feeling better than last month. OB really helped and now on peds. Hard to be sad around cute children.

I should call my mom.

Get off this rotation!

I should make time this weekend to see some friends.

Make a vet appointment for my dog.



## References

Hoffman, M., Richmond, J., Morrow, J., & Salomone, K. (2002). Investigating "Sense of Belonging" in First-Year College Students. *Journal of College Student Retention: Research, Theory & Practice*, 4(3), 227-256.

Noble, T., McGrath, H. (2012). Wellbeing and Resilience in Young People and the Role of Positive Relationships. In: Roffey, S. (eds) *Positive Relationships*. Springer, Dordrecht.

Eriş, H. & Barut, S. (2020). The Effect of Feeling of Loneliness on Burnout Levels in University Students. *Journal of Theoretical Educational Science*, 13 (2), 369-383.

Dhillon, J.K., McGowan, M., & Wang, H. (2008). How effective are institutional and departmental systems of student support? Insights from an investigation into the support available to students at one English university. *Research in Post-Compulsory Education*, 13(3), 281-293.

Chew-Graham, C.A., Rogers, A. and Yassin, N. (2003). 'I wouldn't want it on my CV or their records': medical students' experiences of help-seeking for mental health problems. *Medical Education*, 37: 873-880.

HANDOUT



# Snap Talks: Resident Wellness Development: A Coordinator's Perspective

Megan Souter, BA, C-TAGME

Friday, November 11  
9:15 AM - 9:30 AM



# Resident Wellness Development: A Coordinator's Perspective

Megan Souter, BA, C-TAGME

1



## Learning Objectives:

- Upon completion, you will be able to
  - Define what wellness is in a residency setting
  - List steps for building and implementing a wellness program for residents
  - Incorporate small, inexpensive wellness activities into your program

2



Hi – I'm Megan.





3




4



- Been a part of GME for 3 ½ years
- Started as an Assistant Program Coordinator
- Transitioned to Program Coordinator in April 2022

5



## University of Kansas SOM – Wichita Anesthesiology Residency Program



- 4 – year community-based program
- Work with Ascension Via Christi St. Francis Hospital and Wesley Medical Center (HCA)
- 20 Squirrels

6



### University of Kansas SOM – Wichita Anesthesiology Residency Program



- 4 – year community-based program
- Work with Ascension Via Christi St. Francis Hospital and Wesley Medical Center (HCA)
- 20 Residents

7



### University of Kansas SOM – Wichita Anesthesiology Residency Program



- 4 – year community-based program
- Work with Ascension Via Christi St. Francis Hospital and Wesley Medical Center (HCA)
- 20 Residents
- Located in the Air Capital of the World – Wichita, Kansas

8



### In the Beginning...

- 2019 – Wellness was starting to be the “buzz” word in GME
- Started asking questions like:
  - What is wellness?
  - As a program, what are we doing well?
  - Are there areas we could improve?

9



### Wellness is...



**Thriving**

HEALTH

10



- Annual Resident Retreat (Social Wellness)
- Paperwork Day (Emotional Wellness)
- Chief Rounds (Social Wellness)
- Card for Major Life Events (Emotional Wellness)
- Protected Study Time in the Afternoon (Intellectual Wellness)

**We could do more!!! But what??**

11



- Blasting Out Life Events
- Celebrating Birthdays
- Finding local speakers who discussed
  - Resilience
  - Stress Management
  - Financials as a Physician
- Faculty Involvement:
  - “The White Coat Investor” Book
  - Hot Yoga



12



### Wellness now...

- April 2022 – Wellness is a common discussion in GME
- Started looking into wellness again
- Asking some of the same questions:
  - What are we doing well?
  - Are there areas we could improve?

**Are we providing our residents the wellness tools to succeed not only in residency, but in life after residency?**

13



### Wellness Program:

- 3-year program
  - Completed during the CA years
- Focusing on 4 areas of wellness
- 2 lectures/activities for each of the 4-focus areas
  - For a total of 8 lectures/activities per CA year

14



- **Emotional/Intellectual Wellness**
  - Resilience, Stress Management, Conflict Resolution, Communication Skills, Test/Board Prep Skills, Work/Life Balance, Time Management Skills, Etc.
- **Physical Wellness**
  - Creating Healthy Eating Habits, How to Create Your Own Workout Routine, Hot Yoga, Gym Access, 5k/Half Marathon Race Teams, Cooking Classes, Etc.
- **Social Wellness**
  - Volunteering in the Community, Family Events, Golf Tournament with Attendings, The Amazing Race – Resident Style, Etc.
- **Financial Wellness**
  - Finances as a Resident, Student Loan Management/Loan Repayment Strategies, Overall Money Management, Investment Opportunities, Etc.

15



## But what if....?

16




- Be a Facilitator
- Be a Safe Place
- Find Easy/Inexpensive Ways to Highlight Residents
- Look for Resources Within Your Department and Community
- Survey Your Residents
- Have Fun

17




18



19

HANDOUT



# Snap Talks: Institutional Racism - What Is This? And How Does It Affect Your Trainees?

Rena Gresh, C-TAGME, GC-MedEd

Friday, November 11  
9:30 AM - 9:45 AM

## Institutional Racism:

**What is this?**

**And how does it affect your trainees?**

*Rena Gresh, C-TAGME*  
 Education Coordinator  
 University of Rochester  
 Department of Anesthesiology and Perioperative Medicine




MEDICINE of the HIGHEST ORDER

1

## Trigger Warning

Trigger topics: Racism, Slavery, Human Experimentation




MEDICINE of the HIGHEST ORDER

2

APPROXIMATELY 10% OF THE U.S. POPULATION IS BLACK AND 10% IS HISPANIC. THE REMAINING 80% IS WHITE.

### MEDICINE

**APPROXIMATELY 10% OF THE U.S. POPULATION IS BLACK AND 10% IS HISPANIC. THE REMAINING 80% IS WHITE.**

Source: Gresh, R. A. A. (2022). Racism and discrimination in health care. In: Black Box: The Hidden History of Health Care. Research, Policy and Action. San Francisco, CA: Jossey-Bass, 2022. Accessed with permission from Wiley. Copyright © 2022 by John Wiley & Sons, Inc. All rights reserved.



MEDICINE of the HIGHEST ORDER

3

## Institutional Racism





**Systemic      Structural      Ingrained**



MEDICINE of the HIGHEST ORDER

4

**"Systemic racism is so embedded in systems that it often is assumed to reflect the natural, inevitable order of things."**

Brown, P. A. et al. (2022, February)



MEDICINE of the HIGHEST ORDER

5

## Origins of today's Institutional Racism

1520 First documented enslaved persons voyage to North America

2022



MEDICINE of the HIGHEST ORDER

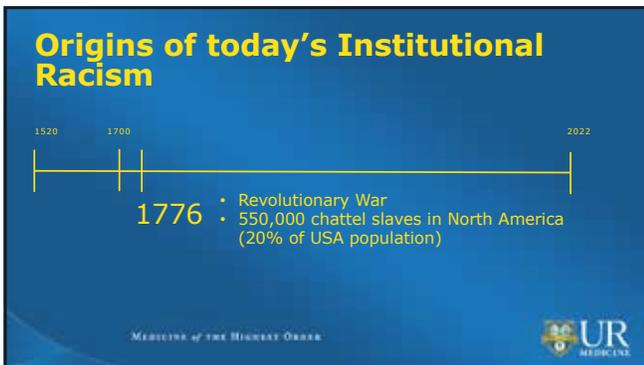
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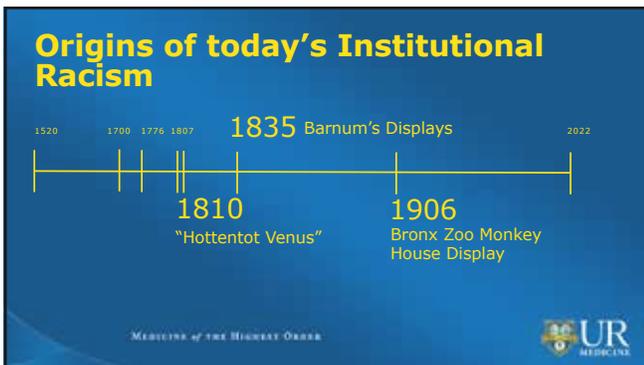
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12

### Origins of today's Institutional Racism

1520 1700 1776 1800 1822 1832 1839-1845 1845 1846 1906 2022

1801 Thomas Jefferson vaccinates his slaves with live cowpox

1832 Typhoid vaccination experiments

1839-1845 Surgery with Ether experiments

1845 Sim's vesico-vaginal fistula experiments

1846 Typhoid pneumonia boiling water experiments

UR MEDICINE

13

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

**"Owned" 600 Enslaved People**

### Smallpox Vaccine

UR MEDICINE

14

### Anesthesia

First Operation Under Ether  
Artist: Robert Hinckley

It was widely believed that blacks had thicker skin and a higher tolerance to pain than whites

UR MEDICINE

15

### Silver Sutures for Vesico-vaginal fistula repair

UR MEDICINE

16

UR MEDICINE

17

### Origins of today's Institutional Racism

1520 1700 1801 1810 1822 1832 1839-1845 1845 1846 1861-1865 1906 2022

1932-1972  
Tuskegee Syphilis Study-US Public Health Service

"The negro springs from a southern race, and as such his sexual appetite is strong; all of his environment stimulate this appetite, and as a general rule his emotional type of religion certainly does not decrease it." - physician in the Journal of American Medical Association

"Virtue in the negro race is like angels' visits-few and far between. In a practice of sixteen years I have never examined a virgin negro over fourteen years of age." - Dr. Daniel D. Quillen of Athens, Georgia

UR MEDICINE

18

**Black County Health Department**

Dear Sirs:

Some time ago you were given a thorough examination and taken from here to the hospital for a special kind of treatment for the disease. You will have to stay here for a few weeks. It is very important that you stay here for the treatment. It is very important that you stay here for the treatment. It is very important that you stay here for the treatment.

So the scourge sweeps among them. Those that are treated are only half cured, and the effort to assimilate a complex civilization drives their diseased minds until the results are criminal records. Perhaps here, in conjunction with tuberculosis, will be the end of the negro problem. Disease will accomplish what man cannot do." - US Public Health Service physician, Thomas W. Murrell, MD

MEASURES OF THE HIGHER ORDER

19

### Origins of today's Institutional Racism

1520 1700 1776 1807 1801 1810 1822 1832 1839-1845 1845 1846 1861-1865 1906 1932-1972 1943 Penicillin 2022

Study halted only after appearing in the national press

**1932-1972**  
Tuskegee Syphilis Study-  
US Public Health Service

**The US Public Health Service continued to withhold treatment**

MEASURES OF THE HIGHER ORDER

20

### Origins of today's Institutional Racism

1520 1700 1776 1807 1801 1810 1822 1832 1839-1845 1845 1846 1861-1865 1906 1932-1972 2022

**1907-2002...?**  
Eugenics,  
Compulsory Sterilization,  
& Forced Contraception

MEASURES OF THE HIGHER ORDER

21

### Eugenics proposed that human perfection could be developed through selective breeding.

UNFIT HUMAN TRAITS SUCH AS FEELBLINDNESS, IDIOTCY, CRIMINALITY, INSANITY, ALCOHOLISM, PALUPRISM AND MANY OTHERS, RUN IN FAMILIES AND ARE INHERITED IN EXACTLY THE SAME WAY AS COLOR IN COUNTRIES. IF ALL MARRIAGES WERE EUGENIC WE COULD BREED OUT MOST OF THIS UNFITNESS IN THREE GENERATIONS.

THE TRIANGLE OF LIFE

YOU CAN IMPROVE YOUR EDUCATION AND EVEN CHANGE YOUR ENVIRONMENT, BUT WHO YOU REALLY ARE HAS ALL SETTLED WHEN YOUR PARENTS WERE BORN. SELECTED PARENTS WILL HAVE BETTER CHILDREN. THIS IS THE GREAT AIMS OF EUGENICS.

MEASURES OF THE HIGHER ORDER

22

### George Eastman

- Founder of Eastman Kodak
- Philanthropist for higher education including black colleges
- Created our institution, URSOMD
- Founded Eastman School of Music
- Established the country's first free dental clinic
- Generous to employees
- Annual donations to American Eugenics Society

MEASURES OF THE HIGHER ORDER

23

### Origins of today's Institutional Racism

1520 1700 1776 1807 1801 1810 1822 1832 1839-1845 1845 1846 1861-1865 1906 1932-1972 1907-2002

**1927** Buck v. Bell

**1942** Skinner v. Oklahoma

**1950s** Start of the Civil Rights Movement

**1954** Brown v. Board of Education

**Compulsory Sterilization**

MEASURES OF THE HIGHER ORDER

24



### How does Institutional Racism affect your trainees?



**Systemic**      **Structural**      **Ingrained**

MEDICINE OF THE HIGHER ORDER      UR MEDICINE

31



**Adversity**      **Courage**      **Diligence**

MEDICINE OF THE HIGHER ORDER      UR MEDICINE

32

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MEDICINE OF THE HIGHER ORDER      UR MEDICINE

33

## **Snap Talk: Institutional Racism – What Is This? And How Does It Affect Your Trainees?**

### **Presenter**

Rena Gresh, C-TAGME  
Education Coordinator  
University of Rochester  
Department of Anesthesiology & Perioperative Medicine  
Rena\_Gresh@URMC.Rochester.edu

### **Goal**

Coordinators and administrators play an integral role in trainees' professional development. Understanding the historical roots of racism within our country and the long lasting impacts on medicine and medical education, coordinators will gain comfort in facilitating conversations and guiding crucial interactions with trainees.

### **Learning Objectives**

1. Upon completion of this SNAP talk, participants will be able to define institutional racism.
2. Upon completion of this SNAP talk, participants will be able to identify institutional racism within their own communities.
3. Upon completion of this SNAP talk, participants will understand how the history of the United States has contributed towards modern era's institutional racism.
4. Upon completion of this SNAP talk, participants will be able to evaluate the impact of institutional racism on their trainees.

HANDOUT



# Snap Talks: GroundHog Day: A Yearly Cycle of Graduate Medical Education Administrative Work

Jannot Ross

Friday, November 11  
9:45 AM - 10:00 AM



# A Yearly Cycle of Graduate Medical Education Administrative Work

It's Groundhogs Day!

1



## About me

- Jannot Ross, Director of Education for Anesthesia and Perioperative Care, University of California San Francisco
- 20 years experience working in Graduate Medical Education
- 6 years experience working in Anesthesia Education
- Groundhogs Day maybe one of my favorite movies.

2



## Disclosures

I have no conflicts of interest.

3



## Learning Objectives

- Understand the yearly cycle of ACGME Trainee Programs
- Understand the complexity of GME administrative work
- Have fun!

4

When poll is active, respond at [polllev.com/jjr](https://polllev.com/jjr)  
Text: JJR to 222233 once to join!

### How long have you been in your position?

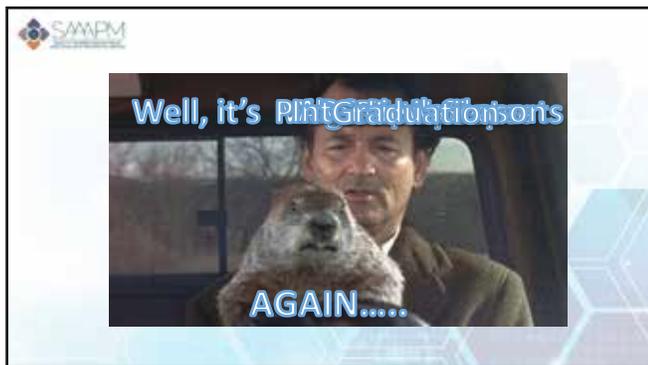
- 5 or more years
- 3 years
- 1-2 years
- This is my first year!
- None of the above

Powered by  Poll Everywhere

5



6



7

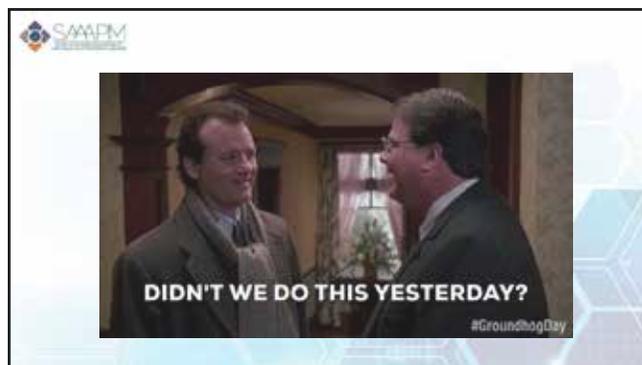


8

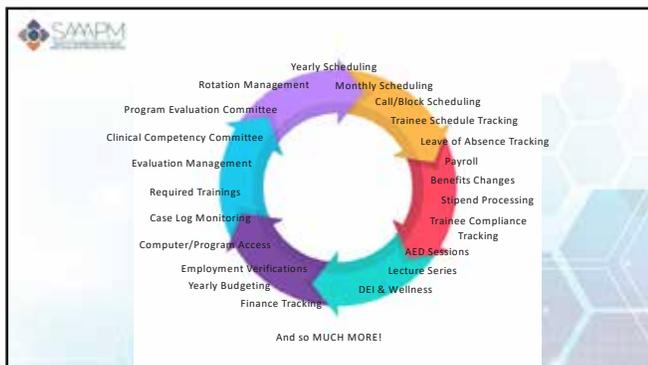
Respond at [pollev.com/jjr](https://pollev.com/jjr) or text jjr to 22333

**What other tasks do you do annually?**

9



10



11

In addition to all our "tasks" we play many roles...

- Team Mom
- Psychiatrist
- A sounding board
- A comforting presence
- Hall Monitor
- What can you think of?

12

What other roles do we play?

Presented by  Hill Foundation

13



14



- How do we keep track of all this?
  - How do we handle hiccups?
  - How do we handle changes?
- What can we do to support each other to be successful?

15



Questions?

16

HANDOUT



# AAPAE Community of Practice

Moderators: Lara Zisblatt, EdD, MA, PMME & Faye Haggar, EdD

Friday, November 11  
10:15 AM - 11:15 AM



# Sense of Community

## AAPAE Annual Meeting

Faye Haggar, EdD  
Lara Zisblatt, EdD

1

### Why is community important?

- Promote mental,
- Physical, and social well-being
- Productivity in the workplace
- Feelings of job satisfaction and fulfillment

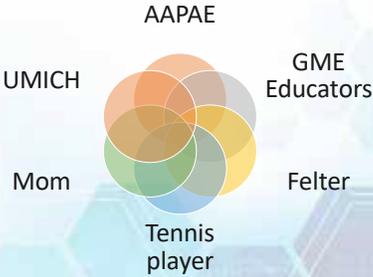


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2



### What are your communities?



AAPAE  
UMICH  
Mom  
Tennis player  
GME Educators  
Felter

3



### What communities can you help build?

- Yours!!!
- For residents, faculty, staff

4



### How to build community

- Reinforcement of Needs
  - *Get my needs met, share needs*
- Membership
  - *Community is part of my identity, I spend time with this community*
- Influence
  - *Community can solve problems, I can influence my community*
- Shared Emotional Connection
  - *Care about each other, celebrate together*

5




### Time to play!!!

6



### Community building BINGO

- Talk to other players
- Mark the square with a name of another player who fits the description
- The first player to get five squares in a row and shout out “Bingo!” wins the round
- You can only mark a player’s name in the square if you have talked to that person.
- You cannot use the same players’ name twice on the card.

7



### Evaluation



8

HANDOUT



# Justice, Equity, Diversity & Inclusion (JEDI) Panel

Moderator: Lucine Torosian, BS

Friday, November 11  
11:15 AM - 11:45 AM

HANDOUT



# Justice, Equity, Diversity & Inclusion (JEDI) Panel: Why Diversity, Equity and Inclusion Matters: Living Our Values

Kimberly J. Ward, MBA

Friday, November 11  
11:15 AM - 11:25 AM



## Why Diversity, Equity and Inclusion Matters: Living Our Values

Kimberly J. Ward  
DEI Administrative Specialist and DEI Lead  
Michigan Medicine  
Department of Anesthesiology

1

## What Are DEI Values?

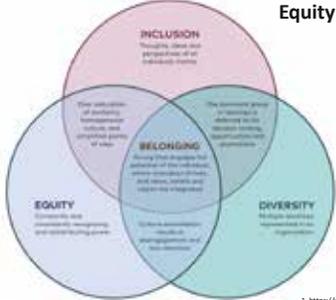
**Equity, Inclusion, and Dignity** for all

**What does diversity mean as a value?**

2



## What is the point of Diversity, Equity and Inclusion (DEI)?



1. <https://www.acgme.org/what-we-do/diversity-equity-and-inclusion/ACGME-Equity-Matters/>

3

## FOUR CORE VALUES OF DIVERSITY, EQUITY, AND INCLUSION

Organizations that devote attention to all four values rather than one or two see higher rates of employee satisfaction.



2. DEI Leadership in Psychiatry (examined) medical guideline Volume 4, January 2019/2021  
Recommendations to support diversity, equity and inclusion leadership should include (Practice), structural and administrative practices. <https://onlinelibrary.wiley.com/doi/10.1002/psl.2774>

4



## 7 Pillars of Diversity, Equity and Inclusion

5

**ACCESS**  
Access explores the importance of a welcoming environment and the habits that create it.

**ATTITUDE**  
Attitude looks at how willing people are to embrace inclusion and diversity and to take meaningful action.

**CHOICE**  
Choice is all about finding out what options people want and how they want to get involved.

**PARTNERSHIPS**  
Partnerships looks at how individual and organizational relationships are formed and how effective they are.

**COMMUNICATION**  
Communication examines the way we let people know about the options to get involved and about the culture.

**POLICY**  
Policy considers how an organization commits to and takes responsibility for inclusion.

**OPPORTUNITIES**  
Opportunity explores what options are available for people from disadvantaged backgrounds.

6

*"All Learners..."benefit from seeing themselves mirrored in the front of the classroom."*

*Diverse representation and inclusive learning environments provide inspiration and aspiration and help students believe, 'I can be there, or I can achieve through thoughtful leadership in the profession I choose.'*

Nancy Aebersold, founder and executive director of the Higher Education Recruitment Consortium (HERC), <https://www.wiche.edu/resources/recruiting-retaining-talented-diverse-faculty-its-all-about-community/>

7



8

**Citations**

1. <https://www.acgme.org/what-we-do/diversity-equity-and-inclusion/ACGME-Equity-Matters/>
2. *DEI Leadership in Psychiatry recommends needed guideline* Valarie A. Canady 26March 2021 *Recommendations to support diversity, equity and inclusion leadership should include financial, structural and administration practices.* <https://online.library.wiley.com/doi/10.1002/mhw.32738>
3. Nancy Aebersold, founder and executive director of the Higher Education Recruitment Consortium (HERC), <https://www.wiche.edu/resources/recruiting-retaining-talented-diverse-faculty-its-all-about-community/>
4. Kimberly J Ward Word Cloud Generator

9

HANDOUT



# Justice, Equity, Diversity & Inclusion (JEDI) Panel: Challenges and Solutions to Safe Reporting

Erin Wood, MS, C-TAGME

Friday, November 11  
11:25 AM - 11:35 AM



## Challenges & Solutions to Safe Reporting

Erin Wood, MS, C-TAGME  
Coordinator Education Development  
Washington University School of Medicine in St. Louis

1

### Who am I?

- Program coordinator; Washington University School of Medicine
- 4 Years
- Graduated 60 residents, another 80 in training

Questions? Reach me at:  
[Erin.wood@wustl.edu](mailto:Erin.wood@wustl.edu)



2

### What is Reporting?

**#1 - Feedback**  
*Helpful information or criticism that is given to someone to say what can be done to improve a performance, product, etc.*

- The Britannica Dictionary

**#2 - Reporting**  
*Programs, in partnership with their Sponsoring Institutions, should have a process for education of residents and faculty regarding unprofessional behavior and a confidential process for reporting, investigating, and addressing concerns.*

- ACGME Common Program Requirements

3



### Things Heard in My Office



4



### Things Heard in My Office

*"I heard one of the faculty making really racist comments to another team member in the breakroom, and they knew I was nearby. I don't feel safe around them anymore."*

*"I don't want to become a target"*



5

### Things Heard in My Office

*"My attending grabbed me to reposition my body for a technique I was struggling with, without any warning. I really startled me, and I feel super uncomfortable around them now."*

*"No one else has a problem with it. I don't want to say something and accidentally damage their career...or mine."*



6

### Things Heard in My Office

*"Oh, Dr. X? They're always condescending and verbally abusive to the trainees."*

*"Dr. X has been here forever – no one is going to do anything about it, so why bother?"*



7

### Effective Reporting...How?

8

### Step One: Identify the Problem

Started with a Goal: To work towards a safe, enjoyable work environment for ALL staff.

Scope: Our Department

Responsibility: Lies with us – anyone in a role of leadership or authority in the department.



9

### Step Two: Check for Existing Solutions



#### Supporting a Fair Environment

- A university-wide, safe reporting system
- Reports go to a review committee who reviews, responds
- Portal allows anonymous reporting, and to receive follow-up anonymously

10

### Step Three: Adapt and Build New Solutions



Peers in Anesthesiology Supporting a Fair Environment

*Peer-based program to help address concerns about negative behaviors, conflicts, and microaggressions experienced by members of the department.*

11

### Step 4: Implementation - PIA Safe

Department Role	# Champions
Chair	1
Vice Chair	4
Division Chief	2
Faculty	12
CRNA	3
RN	1
Trainee	10
Non-Clinical Support Staff	4
<b>Total =</b>	<b>37</b>

PIA Safe Champions are trained in:

1. Listening skills & navigating difficult conversations
2. Bystander & feedback training
3. Recognizing and addressing microaggressions, bias, etc.
4. Recognizing and verbalizing positive behavior to reinforce expectations

12

### Step Five: Keep Investing in Systems!

**Ample Reminders: Systems Exist!**

- Both SAFE & PIA SAFE are on our website – easily accessible
- Fliers with QR codes EVERYWHERE
- Verbal Reminders at All Resident Meetings
- Creative Communication

**Invest in the Process**

- Maintain reporting platform
- Continue training people, and supporting those already trained
- Report on progress! People need to know change is happening.

13

It takes a village...



14



15

# Justice, Equity, Diversity & Inclusion (JEDI) Panel: Strategies for Increasing Diversity and Supporting URM Trainees

Marisa E. Hernandez-Morgan, MD, MPP

Friday, November 11  
11:35 AM - 11:45 AM



## Strategies for Increasing Diversity and Supporting URM Trainees

Marisa Hernandez-Morgan, MD, MPP  
AAPAE November 11, 2022

1



### Outline

- Strategies for Increasing Diversity in Residency Programs
- The URM resident experience
- How to support URM trainees

2



### Strategies for Increasing Diversity in Residency Programs



- Diversity oriented recruitment strategies
  - Preparing faculty and residents for recruitment
    - Implicit bias training for program leadership, recruitment committee members and interviewers
  - Holistic review
  - Strategic visibility on interview day
    - Plan for continued mentorship

3



### What does this mean for current trainees?

- Recognize that the burden of increasing diversity often falls disproportionately on URM residents and faculty



4



### Minority Tax



- Minority Tax
  - Encompasses disparities in the areas of isolation, mentorship, diversity efforts, and clinical assignments
- Gratitude tax
  - Feeling of obligation that URM physicians have to the academic institution and to future generations of URM for being given the opportunity to be a physician

5



### Resident Experience

- Isolation
- Support Systems and Community
- Expectations
- Imposter Syndrome
- Microaggressions and bias

6

**SAMPM**

- “You don’t want to give anyone a reason to think that you are not up to par. You always want to be better. It’s not the same if your peers are better. Not allowing anyone to say or think that you are less than what you actually are capable of because of your race. I have always had high expectations of myself...because of this added pressure.”
- I think [city] is kind of isolating...and so when we go to restaurants or out to do whatever we don’t see a lot of... UIM and that is why my husband and I will not stay here...we don’t want to feel isolated. We don’t want our kids to feel isolated.
- ...if we had like a support system, somebody that we can fall back on, yes people say we should be accepted, but we do face discrimination. But if you had someone at the higher level that you can talk to that puts checks in place and can help you, you don’t feel like you are just out there on your own...
- “To have mentorship from someone of a similar background...you can have good rapport with your colleagues, but if you can’t see someone who has made it through that journey and represents that similar background to your own, then I think that’s part of what’s needed for under represented residents in general.”

Harris R et al. J Grad Med Educ. 2021

7

**SAMPM**

Table 3. Total Number of Resident Physicians in Program Year 1 Positions and in Postgraduate Year 1 (PGY-1) Positions on Duty as of December 31, 2020, in ACGME-Accredited Programs and in Combined Specialty Programs

Specialty/subspecialty	Total No. of residents <sup>a</sup>	No. of residents in program year 1 positions <sup>b</sup>	No. of residents in PGY-1 positions <sup>c</sup>	
			With prior US GME	Without prior US GME
Allergy and immunology	119	152	0	0
Anesthesiology	6398	1514	123	1367
Adult cardiothoracic anesthesiology	200	299	0	0
Clinical informatics	1	0	0	0
Critical care medicine	204	178	0	0
Obstetric anesthesiology	42	42	0	0
Pediatric anesthesiology	166	164	0	0
Regional anesthesiology and acute pain medicine	74	74	0	0

Brotherton S, Etzel S. JAMA. 2021

8

**SAMPM**

Table 6. Race and Ethnicity of Resident Physicians in ACME-Accredited and in Combined Specialty Graduate Medical Education (GME) Programs on Duty as of December 31, 2020, by Specialty

Specialty/subspecialty	No. of resident physicians <sup>a</sup>								Total
	American Indian/ Alaska Native	Asian	Black ethnicity	Hispanic/Latino ethnicity	Native Hawaiian/ Pacific Islander	White	Multiracial	Unknown	
Allergy and immunology	0	105	7	27	2	138	12	52	316
Anesthesiology	13	1026	149	134	6	1107	249	381	4398
Adult cardiothoracic anesthesiology	0	13	7	12	2	68	1	50	200
Clinical informatics	0	0	0	0	0	1	0	0	1
Critical care medicine	1	34	9	17	1	107	0	52	304
Obstetric anesthesiology	1	6	2	1	0	21	1	12	43
Pediatric anesthesiology	0	30	5	16	1	89	0	62	304
Regional anesthesiology and acute pain medicine	0	13	5	9	1	35	2	18	74

Brotherton S, Etzel S. JAMA. 2021

9

**SAMPM**

### How do we support URM trainees



- Support mechanisms, confidential peer reporting and counseling
- Mentorship
  - Early and ongoing
  - URM faculty and other trainees
  - Single mentor may not be enough
- Department and institutional commitment to creation of an inclusive and equitable learning environment
  - Commitment to anti-racism

10

**SAMPM**

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11

HANDOUT



# AAPAE Lunch Round Tables

## Table 1: Managing Multiple Programs

Lucine Torosian, BS

Friday, November 11  
12:20 PM - 1:00 PM

HANDOUT



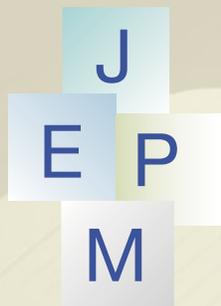
# AAPAE Lunch Round Tables

## Table 2: Work - Life Balance During COVID

Lara Zisblatt, EdD, MA, PMME

Friday, November 11

12:20 PM - 1:00 PM



# The Journal of Education in Perioperative Medicine

ORIGINAL RESEARCH

## Improving Administrator and Educator Sense of Community in Anesthesiology Graduate Medical Education

LARA ZISBLATT, EDD, MA  
LESLIE COKER FOWLER, MEd

AMY DILORENZO, MA  
DEBI STABLER, MEd

ALEDA M. LEIS, MS  
AMY MILLER JUVE, EDD, MEd

### INTRODUCTION

The Accreditation Council for Graduate Medical Education (ACGME) has made a call to action. Through the changes in the Common Program Requirements, the ACGME has made it clear that they are committed to overtly addressing physician well-being for individuals in graduate medical education (GME).<sup>1</sup> With the ACGME increasing its focus on the wellness of residents and fellows, there has also been a call for improving the wellness of administrators of GME.<sup>2</sup> Preliminary studies about program coordinators' wellness have demonstrated issues with coordinators being undersupported and overworked.<sup>3,4</sup> The argument is that improving the learning environment, requires programs to advocate for the wellness of all members of that environment, including faculty, nurses, and administrative staff.

Administrators and educators in GME can often be isolated in performing all the duties necessary to the management and development of residency and fellowship programs. While they may have connections to other administrators or educators in their institutions, the requirements and work environment of each specialty make it difficult to develop working relationships with those from other specialties. GME programs may only have 1 or 2 administrators working for a department; further, only a handful of departments across the country employ an educator. This leaves many administrators and educators to work in relative isolation. More than any other factors, research has

shown that social capital, connectedness, and a sense of community promote mental, physical, and social well-being, as well as productivity in the workplace and feelings of job satisfaction and fulfillment.<sup>5,6</sup> While the ACGME does host program coordinator sessions during its annual meeting and has introduced specialty-specific new coordinator workshops, they do not have a mechanism for continued, ongoing interactions among coordinators.

In April 2015, the Society of Academic Associations of Anesthesiology & Perioperative Medicine (SAAAPM) council agreed to support the formation of Association of Anesthesiology Program Administrators and Educators (AAPAE) for a 3-year trial period. At that time, there were no anesthesiology-specific organizations that promoted and supported educators and administrators of residency and fellowship programs. Members of the AAPAE include both administrators, those who are program coordinators, administrative directors, and other managers of GME programs, and educators, who are non-physicians who provide support and guidance. These individuals are involved in anesthesiology residency or fellowship training programs at academic medical centers where the departments are members of SAAAPM. The SAAAPM includes 4 different associations for Department Chairs, Residency Program Directors, Fellowship Program Directors, and the newly formed AAPAE. Membership dues are paid at the department level, and any number of members can be added with no additional cost.

The AAPAE's main goal was to create a community for administrators and educators to help them develop professional connections, share ideas, and support each other in their work for GME programs. The literature on Sense of Community reported by McMillan<sup>7</sup> and Chavis<sup>6</sup> was used as an underlining theoretical framework to help design appropriate interventions. Interventions were meant to include the major domains of Sense of Community, including affirming and meeting the needs of the group, recognizing and celebrating membership, allowing members to actively participate in all aspects of the community, and fostering emotional connections through sharing of experiences.<sup>7</sup> This study was developed to determine if interventions designed to create feelings of connection were effective in augmenting a sense of community among the members of this newly formed association.

### MATERIALS AND METHODS

#### Intervention

In 2014, two authors (A.M.J., D.S.) developed a survey to assess the need for a program administrator association within anesthesiology. They sent their survey to all 124 program anesthesiology coordinators listed on the Fellowship and Residency Electronic Interactive Database Access (FREIDA) website via SurveyMonkey.com. Out of the 124 coordinators who received the survey, 76 (61%) responded. Of those respondents, 67 (89%) said they were interested in becoming members of a national

*continued on next page*

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anesthesiology program administrator organization. Furthermore, all comments received were in support of creating a national administrator organization. These data, along with a proposal for the creation of the group, was submitted to the SAAAPM, and in April 2015, the AAPAE was formed.

After its creation, over a 2-year period, the AAPAE implemented a series of interventions that were meant to foster a sense of community. This included development of a leadership structure, inclusion of a track for administrators and educators in the annual national SAAAPM meeting, a coaching program, a Facebook group for sharing information and asking questions, distribution of pins with the AAPAE logo, and social gatherings for AAPAE members at national conferences. Announcements about the creation of the AAPAE, as well as updates about its work, are included in the monthly emails distributed to all SAAAPM members.

The leadership structure of AAPAE mirrors that of the other 3 SAAAPM associations and includes 8 council positions: President, President-Elect, Secretary, Past-President, and four other council members in charge of the Coaching Program, Membership, Marketing, and Assessment. Council members are elected by AAPAE members to vacant seats each year for a 2-year term prior to the national meeting in November. All members are eligible to run for council positions via self-nomination or peer nomination.

The SAAAPM and its associations have an annual 2-day meeting in November. Each association meets individually for the first day of the conference, with all associations meeting together for the second day. From 2016-2018, the AAPAE-specific meeting included sessions such as analyzing data for the clinical competency committee, creating wellness programs, and developing the annual program evaluations. The group was split into special interest roundtables and included icebreakers, which allowed the membership to interact in both formal and informal settings to develop professional and personal relationships. Lapel pins with the AAPAE logo were distributed during the meeting to augment feelings of membership and belonging. In addition, the

AAPAE held social events at the SAAAPM annual meeting, the American Society of Anesthesiology annual meeting, and the ACGME annual meeting.

The coaching program is a voluntary program that matches more experienced professionals with novice members. The private Facebook group was created to allow all AAPAE members to ask questions, share experiences, and offer advice. In addition, there is an AAPAE specific section in the SAAAPM monthly newsletter that is emailed to all members.

All of the previously described interventions were designed to help members interact, create connections, share resources, and network with other professionals doing similar work so that they could call on the community for help and support.

#### Survey

In February 2016 and again in January 2018, using the validated, 24-item Sense of Community Index version 2 (SCI-2),<sup>2</sup> AAPAE council surveyed its members to elicit responses about their sense of community within AAPAE. The SCI-2 is the most popular empirical measure of sense of community in community psychology, and while the theoretical foundation and factorial structure of concepts included in studying sense of community are still under investigation, this index remains the standard tool for measuring a sense of community for a specific group, whether that be a neighborhood, virtual community, or workplace environment.<sup>8</sup> The goal of the survey was to determine if the association was successful in building collegiality and community among our members 2 years after its creation. The survey includes a total score that assesses the sense of community overall and within 4 separate categories: reinforcement of needs, influence, membership, and shared emotional connection.<sup>9</sup>

Continuous data were assessed for normality using a Kolmogorov-Smirnov test. Comparisons between pretests and posttests were made using Mann-Whitney *U* tests. SAS version 9.3 (SAS Institute, Cary, NC) was used for all statistical analysis. A *P* value < .05 was considered statistically significant for all analyses conducted.

This study received approval by Vanderbilt Institutional Review Board (#172017).

## RESULTS

### *Association Growth and Development*

Annual membership for the AAPAE grew from 169 members in 2016 to 211 members in 2017, a 25% increase. In 2016 and 2017, 94% and 93% of SAAAPM departments, respectively, had at least 1 administrator or educator registered as a member of AAPAE. Based on the titles submitted in the application for membership in 2016, the AAPAE included 111 coordinators, 41 general administrators, 8 administrative directors, and 9 educators. In 2017, membership included 123 coordinators, 50 general administrators, 11 administrative directors, 10 educators, and 17 who did not disclose a title. Since its inception, there have been 10 different council members, which included a combination of educators and administrators. The AAPAE hosted 73 members at the 2016 SAAAPM annual meeting and 95 members at the 2017 SAAAPM annual meeting, a 30% increase in attendance. The coaching program included 16 pairs that have been voluntarily matched based on their positions within their institutions and their areas of interest or expertise.

As of March 2018, the Facebook group had 123 members. Members write posts about topics such as how to draft alumni surveys, ideas for interview season, how to collect information about scholarly activity, and the new ACGME common program requirements. In addition, members share their experiences, such as proctoring the anesthesiology In-Training Exam and preparing for the Training Administrators of Graduate Medical Education (TAGME) certification exam.

### *Survey on Sense of Community*

Seventy-four members (44% of 2016 membership) took the survey in February 2016, and 87 members (42% of 2017 membership) took the survey in January 2018. There was an increase of the sense of community between the pretest and posttest scores for all subscales and the total sum score (*P* < .001 for all). The reinforcement of need subscale increased by a median of 4.5 points (IQR: 7.5 to 12.0). The influence subscale increased by a median of 4 points (IQR: 7.0 to 11.0). The membership subscale increased by a median of 3.5 points

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(IQR: 8.5 to 12.0), and the shared emotional connection subscale increased by a median of 3.0 points (IQR: 7.0 to 10.0). The total sum score increased a median of 11.5 points from a median of 27.5 (IQR: 17.0 to 39.0) to 39.0 (IQR: 27.0 to 53.0). Results from the total sum score and subscales are presented in Table 1.

A total of 10/24 (42%) individual items had improvement postintervention. Table 2 shows the responses for all items of the SCI-2 preintervention and postintervention and what questions had significantly different scores preintervention versus postintervention. The most significant changes were seen in the items: “When I have a problem, I can talk about it with members of this community”; “This community has been successful in getting the needs of its members met”; “I have influence over what this community is like”; “This community has good leaders”; “If there is a problem in this community, members can get it solved”; and “This community has symbols and expressions of membership such as clothes, signs, art, architecture, logos, landmarks, and flags that people can recognize” ( $P < .001$ ).

## DISCUSSION

Anesthesiology administrators and educators often work in relative professional isolation within their own institutions. Creating community can allow these individuals to connect with others across the country who share similar professional roles, interests, and issues. A combination of web-based (e.g., Facebook, email) and face-to-face (e.g., annual meeting, social gatherings) interactions allowed the AAPAE to successfully instill a sense of community among its members through an intentional facilitated effort over a 2-year period. While some may view the interventions to create a sense of community as necessary steps in establishing a new organization, reporting the details of this organization’s accomplishments could guide others who seek to do the same. An increase in sense of community for a new organization cannot be assumed as the natural effect of creating a new organization—especially in this case, in which it is possible for administrators or educators to be added to the group without any action on their part.

Some factors contributed to the early success of the AAPAE: First, the SAAAPM is a group of associations for different stakeholders in academic anesthesiology. While it was started as an organization for department chairs, it opened its membership to core and subspecialty program directors, paving the way for the administrators and educators to propose the creation of an association for themselves. Second, since the membership fees are solicited department by department, AAPAE membership does not require additional funding, aside from registration fees associated with the annual meeting.

Some barriers to the success of the group included program directors concerns about attending the annual meeting during interview season, which may have prevented some AAPAE members from attending the annual meeting. Also, registration fees, travel, and lodging expenses to attend the meeting may be a real barrier to attendance. In addition, membership in the organization is not individual, so there might be some administrators or educators who are interested in membership but their departments are not members of SAAAPM. Further, some chairs and program directors are unaware of the AAPAE or do not see its value and therefore have not added administrators or educators from their departments to the membership group.

Through the development of the association, many administrators and educators were able to connect to other professionals who face similar challenges and opportunities. The group has been able to share their experiences and build a community that can support them in their own development. While the connection of the creation of this community to any improvement in wellness of its members is purely theoretical, the significant increases in the sense of community is the first step associating the development of such organizations to improvement in well-being.

There are limitations to this study: While a large percentage of the membership took the surveys, members who feel a sense of community may be more likely to complete the survey. The survey was anonymous, so there was no way to know if an individual’s sense of community changed as a result of the interventions. There was also no way

to know what interventions actually improved members’ sense of community. In addition, it is possible that the creation of a new organization in itself would impact a sense of community. Without a control group of members who did not receive the interventions, there is no way to know if the interventions had more of an impact on the sense of community.

Future directions may include repeating the survey to see the long-term impact of the interventions and investigating whether building a sense of community is helpful in recruitment and retention of anesthesiology administrators and educators. The connection between individual wellness and membership to the community could be investigated. In addition, establishment of this community may serve a model for other specialties. Finally, a qualitative study could be conducted that would interview members of the community and may further explain and define if, how, and why organizations such as ours impact members’ wellness.

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**Corresponding author:** Lara Zisblatt, Education Specialist, Department of Anesthesiology, University of Michigan Health System, 1500 E Medical Center Dr, SPC 5218, Ann Arbor 48109-5218 Telephone: (734) 998-6319

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#### **Abstract**

**Background:** Research has shown that, more than any other factors, social capital, connectedness, and a sense of community promote mental, physical, and social well-being, as well as productivity in the workplace and feelings of job satisfaction and fulfillment. In April 2015, the Society of Academic Associations of Anesthesiology & Perioperative Medicine (SAAAPM) agreed to support the formation of the

Association of Anesthesiology Program Administrators and Educators (AAPAE) to promote collaboration and collegiality among administrators and educators of anesthesiology residency and fellowship programs. This study was designed to determine if a series of interventions were able to promote a sense of community among administrators and educators of anesthesiology residency and fellowship programs.

**Methods:** From February 2016 to January 2018, the AAPAE implemented a series of interventions designed to foster a sense of community. These interventions included the development of a leadership structure, a coaching program, a Facebook group, distribution of pins with the AAPAE logo, social gatherings for members, as well as the creation of a dedicated track for administrators and educators during the SAAAPM annual meeting. In 2016 and again in 2018, using the validated, 24-item Sense of Community Index version 2 (SCI-2) with a score range of 0-72, AAPAE surveyed its members to assess their sense of community. Continuous data were assessed for normality using a Kolmogorov-Smirnov test. Comparisons between pretests and posttests were made using Mann-Whitney U tests.

**Results:** Seventy-four of 169 (44%) and 87 of 211 (42%) members took the survey in February 2016 and January 2018, respectively. The total sum score measuring the sense of community increased 11.5 points from a median of 27.5 (IQR: 17.0 to 39.0) to 39.0 (IQR: 27.0 to 53.0,  $P < .001$ ). This shows a significant increase in the average sense of community of AAPAE members.

**Conclusions:** A combination of web-based and face-to-face interactions allowed the AAPAE to successfully cultivate a sense of community among its members.

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## Figures

**Table 1.** Results of Presurvey and Postsurvey Using the SCI-2 to Assess Intervention Impact on AAPAE Members' Sense of Community

SCI-2 Subcategories and Total Score	Preintervention, February 2016 (N=74)	Postintervention, January 2018 (N=87)	P Value
Subscale—Influence (Max score 18)	7.0 [4.0 to 12.0]	11.0 [8.0 to 15.0]	<0.001
Subscale—Membership (Max score 18)	8.5 [4.0 to 12.0]	12.0 [9.0 to 16.0]	<0.001
Subscale—Reinforcement of Needs (Max score 18)	7.5 [4.0 to 12.0]	12.0 [9.0 to 16.0]	<0.001
Subscale—Shared Emotional Connection (Max score 18)	7.0 [3.0 to 11.0]	10.0 [7.0 to 14.0]	<0.001
Total Score (Max score 72)	27.5 [17.0 to 39.0]	39.0 [27.0 to 53.0]	<0.001

Data are presented as medians with 25th and 75th percentiles

**Table 2.** Presurvey and Postsurvey Using the SCI-2 Responses to All Questions

SCI-2 Responses by Item	Scale															
	■ 0 = Not at All    ■ 1 = Somewhat ■ 2 = Mostly        □ 3 = Completely															
<b>Reinforcement of Needs</b>																
1. I get important needs of mine met because I am part of this community.	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>20</td><td>11</td></tr> <tr><td>1</td><td>21</td><td>15</td></tr> <tr><td>2</td><td>15</td><td>26</td></tr> <tr><td>3</td><td>6</td><td>13</td></tr> </table>	Scale	PRE	POST	0	20	11	1	21	15	2	15	26	3	6	13
Scale	PRE	POST														
0	20	11														
1	21	15														
2	15	26														
3	6	13														
2. Community members and I value the same things.	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>6</td><td>3</td></tr> <tr><td>1</td><td>17</td><td>17</td></tr> <tr><td>2</td><td>33</td><td>45</td></tr> <tr><td>3</td><td>13</td><td>19</td></tr> </table>	Scale	PRE	POST	0	6	3	1	17	17	2	33	45	3	13	19
Scale	PRE	POST														
0	6	3														
1	17	17														
2	33	45														
3	13	19														
3. This community has been successful in getting the needs of its members met.* (P=<.001)	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>22</td><td>5</td></tr> <tr><td>1</td><td>23</td><td>21</td></tr> <tr><td>2</td><td>15</td><td>34</td></tr> <tr><td>3</td><td>4</td><td>19</td></tr> </table>	Scale	PRE	POST	0	22	5	1	23	21	2	15	34	3	4	19
Scale	PRE	POST														
0	22	5														
1	23	21														
2	15	34														
3	4	19														
4. Being a member of this community makes me feel good.* (P=.003)	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>9</td><td>3</td></tr> <tr><td>1</td><td>18</td><td>12</td></tr> <tr><td>2</td><td>23</td><td>32</td></tr> <tr><td>3</td><td>15</td><td>39</td></tr> </table>	Scale	PRE	POST	0	9	3	1	18	12	2	23	32	3	15	39
Scale	PRE	POST														
0	9	3														
1	18	12														
2	23	32														
3	15	39														
5. When I have a problem, I can talk about it with members of this community.* (P=<.001)	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>17</td><td>5</td></tr> <tr><td>1</td><td>27</td><td>21</td></tr> <tr><td>2</td><td>16</td><td>35</td></tr> <tr><td>3</td><td>9</td><td>15</td></tr> </table>	Scale	PRE	POST	0	17	5	1	27	21	2	16	35	3	9	15
Scale	PRE	POST														
0	17	5														
1	27	21														
2	16	35														
3	9	15														
6. People in this community have similar needs, priorities, and goals.	<table border="1"> <tr><th>Scale</th><th>PRE</th><th>POST</th></tr> <tr><td>0</td><td>2</td><td>3</td></tr> <tr><td>1</td><td>10</td><td>12</td></tr> <tr><td>2</td><td>30</td><td>31</td></tr> <tr><td>3</td><td>20</td><td>39</td></tr> </table>	Scale	PRE	POST	0	2	3	1	10	12	2	30	31	3	20	39
Scale	PRE	POST														
0	2	3														
1	10	12														
2	30	31														
3	20	39														

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## Figures continued

Table 2 cont. Presurvey and Postsurvey Using the SCI-2 Responses to All Questions

Membership	
7. I can trust people in this community.	
8. I can recognize most of the members of this community.* ( $P=.002$ )	
9. Most community members know me.	
10. This community has symbols and expressions of membership such as clothes, signs, art, architecture, logos, landmarks, and flags that people can recognize.* ( $P=<.001$ )	
11. I put a lot of time and effort into being part of this community.	
12. Being a member of this community is a part of my identity.	
Influence	
13. Fitting into this community is important to me.	
14. This community can influence other communities.	
15. I care about what other community members think of me.	
16. I have influence over what this community is like.* ( $P=<.001$ )	
17. If there is a problem in this community, members can get it solved.* ( $P=<.001$ )	

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## Figures continued

Table 2 cont. Presurvey and Postsurvey Using the SCI-2 Responses to All Questions

18. This community has good leaders.* ( $P < .001$ )	
<b>Shared Emotional Connection</b>	
19. It is very important to me to be a part of this community.	
20. I am with other community members a lot and enjoy being with them.	
21. I expect to be a part of this community for a long time.	
22. Members of this community have shared important events together, such as holidays, celebrations, or disasters.* ( $P = .003$ )	
23. I feel hopeful about the future of this community.	
24. Members of this community care about each other.* ( $P < .033$ )	

\*Indicates statistically significant results.

HANDOUT



# AAPAE Lunch Round Tables

## Table 3: How to Get Started with Ed Research

Ashley Grantham, MA, PhD

Friday, November 11  
12:20 PM - 1:00 PM

# AAPAE Lunch Round Tables

## Table 4: Step-By-Step How to Write an Abstract/Poster

Fei Chen, PhD, MEd

Friday, November 11  
12:20 PM - 1:00 PM

# AAPAE Lunch Round Tables

## Table 5: Dealing with difficult personalities at work

Amy N. DiLorenzo, MA, PhD  
Rossela Martinez

Friday, November 11  
12:20 PM - 1:00 PM

HANDOUT



# SAAAPM Business Meeting

Saturday, November 12  
7:30 AM - 8:00 AM

HANDOUT



# Introduction / Welcome

Michael C. Lewis, MD, FASA

Saturday, November 12

8:00 AM - 8:10 AM

HANDOUT



# ASA Update

Ronald L. Harter, MD

Saturday, November 12

8:10 AM - 8:30 AM

## ASA and SAAAPM: Partnering for a Better Future

Ronald L. Harter, MD, FASA | President-Elect  
November 12, 2022



asahq.org

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## Disclosures & Objectives

- Nothing to disclose (although I am a recovering academic anesthesiology chair)
- Participants will learn:
  - How ASA is leveraging its resources to address the academic mission, especially in science and discovery
  - How ASA is working with residents, residency program directors, and early-career members to engage them in the specialty and Society



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## Special “Thank You” to SAAAPM Leadership



**Michael C. Lewis, MD, FASA**  
President & ASA Delegate



**Tong J. (TJ) Gan, MD, MBA, MHS, FRCA, FASA**  
President-Elect & ASA Alternate Delegate



**Cynthia Wong, MD**  
Secretary/  
Treasurer



**Peter Rock, MD, MBA, FCCM**  
Past President



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## Special “Thank You” to SAAAPM Leadership

- AACPD President: Timothy R. Long, MD, FASA
- AASPC President: Magdalena Anitescu, MD, PhD, FASA
- AAPAE President: Faye Hagggar, EdD
- Council Members: Jeffrey S. Berger, MD, MBA, FASA; Stephanie B. Jones, MD; Cynthia A. Lien, MD, FASA; K.A. Kelly McQueen, MD, MPH, FASA; B. Scott Segal, MD, MHCM
- AACPD Representatives: Charles A. Napolitano, MD, PhD, FASA; Jed Wolpaw, MD, MEd
- AASPD Representatives: Mark Stafford-Smith, MD; John Eck, MD
- AAPAE Representatives: Lara Zisblatt, EdD, MA, PMME; Malin Cannon, MEd, C-TAGME
- CFAS Alternate: Julie L. Huffmyer, MD



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## We are ASA: Leaders in Patient Safety

**Mission:** Advancing the practice and securing the future

**Vision:** A world leader improving health through innovation in quality and safety

**Values:** Patient safety, physician-led care and scientific discovery

**Strategic Pillars**

1. Advocacy
2. Quality & Practice Advancement
3. Educational Resources
4. Member Engagement
5. Leadership & Professional Development
6. Research & Scientific Discovery
7. Stewardship of the Society & Specialty



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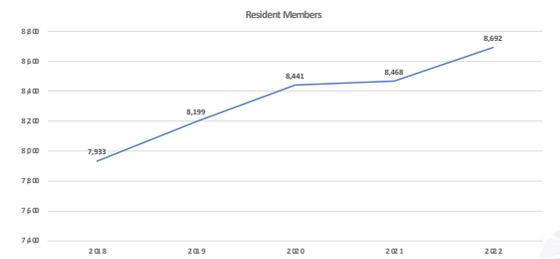
## Resident and Medical Student Engagement



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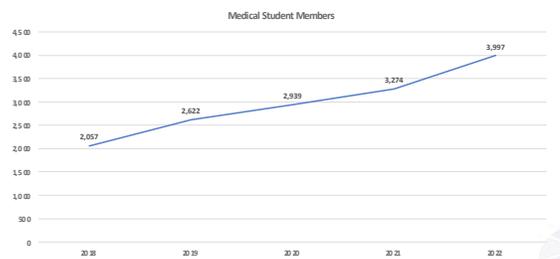
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### Resident Membership



7

### Medical Student Membership



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### Anesthesia Toolbox

- **Fast Numbers:**
    - Over 15,000 Users
    - Over 100 Residency Programs
    - Over 1,000 Content Resources
    - Over 2,500 Quizbank Questions
  - Supports **curriculum development** including rare and difficult topics
  - Provides **diverse learning formats** to engage Gen Z and millennial learners
  - **Case management guides** for learners and faculty including both surgical and anesthesia considerations
- Join the Anesthesia Toolbox community today: [asahq.org/toolbox](https://asahq.org/toolbox)

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### Resident and Medical Student Educational Offerings

- Residents in a Room podcast series
- Online Grand Rounds modules
- Resident career development curriculum
- Medical student career development resources and video interviews
- Resident and medical student educational tracks at ANESTHESIOLOGY Annual Meeting; Resident Track at ASA ADVANCE

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### Medical Student Resources



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### Resident and Fellow Resources



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### Program Directors Advisory Group

- Chaired by Dr. Jack Buckley, Program Director at UCLA
- Advises ASA on issues of importance for residency programs and resident members
- Developing an ASA Resident Distinction Award
  - Assist in the development of an anesthesiology resident's professional citizenship
  - Enrich ASA membership experience for residents and promote career-long active ASA membership
  - Expose anesthesiology residents to the benefits of ASA membership
  - Develop leadership and scholarship in anesthesiology residents
  - Provide opportunity for residency programs to use ASA offerings to facilitate ACGME requirements
  - Reward and distinguish residents who demonstrate early career engagement in their profession

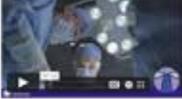
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### The Specialty of Anesthesiology



**Who We Are, What We Do, and How We Got Here**  
Christopher L. Maguire, MD



**The Patients We Serve**  
Lisa Robinson, MD



**A Day in the Life of an Anesthesiologist**  
Lisa Robinson, MD and Christopher L. Maguire, MD

**Pathways to Anesthesiology**  
asahq.org/pathways

- Short videos aimed at introducing first- and second-year medical students to the specialty of anesthesiology
- Insightful information on who we are, what we do, our patients, research, pain medicine, and the "day in the life" of an anesthesiologist
- Exposes students to the important function of ASA in education, advocacy, standards, leadership and professional development

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### Investing in Young Anesthesiologists

- Early-career anesthesiologists are navigating tremendous demands:
  - Extreme financial pressures
  - Time constraints
  - Exams
  - Imposter syndrome
  - Isolation
  - Work-life balance
- ASA created the Early-Career Membership Program to help anesthesiologists as they leave training and begin practice
  - Support and partnership to alleviate many time, cost, performance, and emotional demands



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### Zero Complexity. 100% Value.

- Value-priced at just **\$299**, the Early-Career Membership Program offers:
- 3 years of ASA membership as they begin practice
    - One-time payment, in first year after completion of residency or fellowship training
  - Free yearly clinical resources:
    - ACE
    - Summaries of Emerging Evidence (SEE)
    - Fundamentals of Patient Safety
    - ANESTHESIOLOGY Refresher Course Lecture Summaries
    - Curated, targeted recorded sessions:
      - 10 sessions from ANESTHESIOLOGY® annual meeting
      - 5 sessions from ASA® ADVANCE: The Business of Anesthesiology Meeting
  - One free registration to each event:
    - ASA ADVANCE
    - ANESTHESIOLOGY annual meeting
  - Program valued at **\$4,638 for ASA members**

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### Early-Career Education Package 2023



- Included in the value bundle are ASA's highly regarded education products
- 158 CMEs available
- Courses updated automatically each year of the program

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**Help your trainees get set up for success!**

- ✓ Provide your trainee roster to [m.alesch@asahq.org](mailto:m.alesch@asahq.org) so we have accurate contact and graduation information
- ✓ Tell your graduating trainees about the Early-Career Membership Program and refer them to [asahq.org/ecmp](http://asahq.org/ecmp)

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## Education



[asahq.org](http://asahq.org)

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### ASA Education Portfolio - 300+ Offerings!

- **Anesthesia SimSTAT:** Powerful, realistic online simulation training
- **ACE:** Reinforce and refresh fundamental knowledge
- **Summaries of Emerging Evidence (SEE):** Key insights from 30+ journals worldwide
- **Fundamentals of Patient Safety:** Fresh review of core concepts
- **NEW:** Patient Safety Highlights, QI Activities, Patient Safety Updates
- **Simulation Education Network:** ASA-endorsed sim centers deliver experiential training around the country.
- **Online CME courses**



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## Questions?



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HANDOUT



# FAER Update

James Eisenach, MS, MD

Saturday, November 12

8:30 AM - 8:40 AM



**FAER Update**

James C. Eisenach, MD  
FAER President

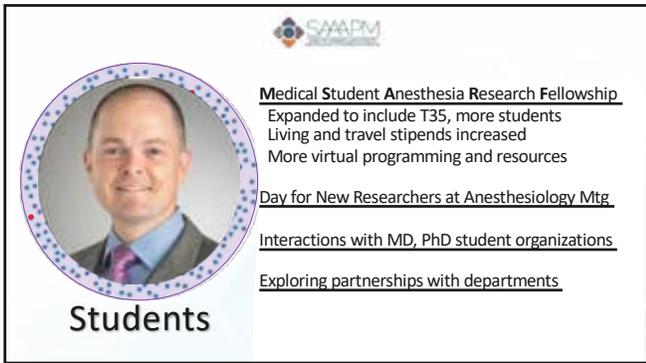
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**FAER** Foundation for Anesthesia Education and Research

To develop the next generation of physician investigators

2



**Students**

Medical Student Anesthesia Research Fellowship  
Expanded to include T35, more students  
Living and travel stipends increased  
More virtual programming and resources

Day for New Researchers at Anesthesiology Mtg  
Interactions with MD, PhD student organizations  
Exploring partnerships with departments

3



4



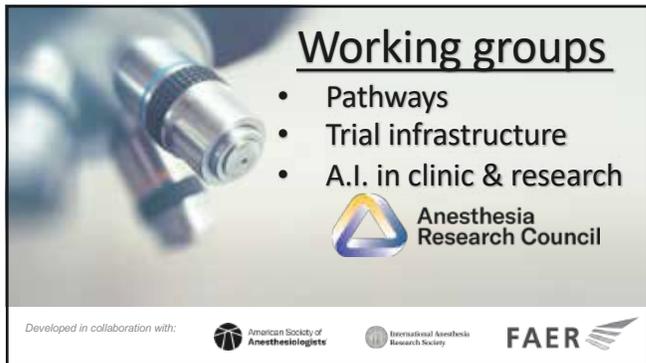
PARTNERSHIPS FOR LEADERSHIP DEVELOPMENT

**NAM Fellowships**  
for Health Science Scholars

50 years NATIONAL ACADEMY of MEDICINE

Logos for AACR, AACN, AACE, AAGP, AHA, ASA, ASAC, ASACM, ASACN, ASACR, ASACV, ASACW, ASACX, ASACZ, ASACAA, ASACAB, ASACAC, ASACA, ASACAD, ASACA, ASACAE, ASACAF, ASACAG, ASACAH, ASACAI, ASACAJ, ASACAK, ASACAL, ASACAM, ASACAN, ASACAO, ASACAQ, ASACAR, ASACAS, ASACAT, ASACAU, ASACAV, ASACAW, ASACAX, ASACAY, ASACAZ, ASACBA, ASACBB, ASACBC, ASACBD, ASACBE, ASACBF, ASACBG, ASACBH, ASACBI, ASACBJ, ASACBK, ASACBL, ASACBM, ASACBN, ASACBO, ASACBP, ASACBQ, ASACBR, ASACBS, ASACBT, ASACBU, ASACBV, ASACBW, ASACBX, ASACBY, ASACBZ, ASACCA, ASACCB, ASACCC, ASACCD, ASACCE, ASACCF, ASACCG, ASACCH, ASACCI, ASAC CJ, ASACCK, ASACCL, ASACCM, ASACCN, ASACCO, ASACCP, ASAC CQ, ASACCR, ASACCS, ASACCT, ASACCU, ASACCV, ASAC CW, ASAC CX, ASAC CY, ASAC CZ, ASAC DA, ASAC DB, ASAC DC, ASAC DD, ASAC DE, ASAC DF, ASAC DG, ASAC DH, ASAC DI, ASAC DJ, ASAC DK, ASAC DL, ASAC DM, ASAC DN, ASAC DO, ASAC DP, ASAC DQ, ASAC DR, ASAC DS, ASAC DT, ASAC DU, ASAC DV, ASAC DW, ASAC DX, ASAC DY, ASAC DZ, ASAC EA, ASAC EB, ASAC EC, ASAC 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ZR, ASAC ZS, ASAC ZT, ASAC ZU, ASAC ZV, ASAC ZW, ASAC ZX, ASAC ZY, ASAC ZZ

5



**Working groups**

- Pathways
- Trial infrastructure
- A.I. in clinic & research

Anesthesia Research Council

Developed in collaboration with: American Society of Anesthesiologists, International Anesthesia Research Society, FAER

6



# FAER Update

[jimeisenach@faer.org](mailto:jimeisenach@faer.org)

# HANDOUT



## Global Health

Moderator: Warren S. Sandberg, MD, PhD

Saturday, November 12

8:55 AM - 10:15 AM

HANDOUT



# Global Health: Introduction

Warren S. Sandberg, MD, PhD

Saturday, November 12

8:55 AM - 9:00 AM

HANDOUT



# Global Health: Presentation 1 - Role of Global Health in Your Department: Vice- Chair of Education Perspective

Dawn Dillman, MD

Saturday, November 12  
9:00 AM - 9:20 AM

# Global Anesthesia

The Vice-Chair for Education Perspective

Dawn Dillman, MD November 11, 2022

1

## Conflicts

- No pertinent conflicts

2

## Objectives

- Discuss the role of the Vice-Chair for Education
- Discuss how the Vice-Chair can support Global Anesthesia Initiatives and Global Anesthesia is relevant to the Vice-Chair of Anesthesia role

3

## Vice Chair for Education in Anesthesiology

What do they do?

- Not well-described
- Not universal
- Somewhere between the chair and general faculty

Brownfield E, et al. Academic Medicine: [August 2012 - Volume 87 - Issue 8 - p1041-1045](#)

4

## Vice Chair for Education

Twelve Roles to Provide a Framework for Success

<ul style="list-style-type: none"> <li>• Teacher</li> <li>• Leader</li> <li>• Mentorship</li> <li>• Sponsor</li> <li>• Cheerleader</li> <li>• Collaborator</li> </ul>	<ul style="list-style-type: none"> <li>• Faculty Developer</li> <li>• Networker</li> <li>• Manager &amp; Recruiter</li> <li>• Emotional Intelligence</li> <li>• Negotiator</li> <li>• Strategic Planner</li> </ul>
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Catalano TM, et al. [Academic Medicine](#) July 2017; Pages 1015-1017

5

## And where does Global Health fit in to these roles?

6

### Networker

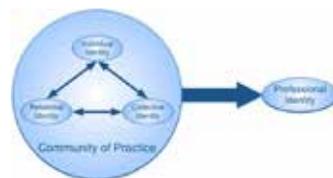
- In institution
- Community
- External



7

### Teacher

- May or may not be on trips
- Create opportunities for sharing
- Professional Identity Formation



8

### Cheerleader

- Meaning
- Purpose
- Autonomy
- Celebrating wins



9

### Leader

- Priority setting
- Vision communicating
- Innovating



10

### Negotiator

How can we do this

- Resources
  - Financial
    - How much & from where
  - Persons hours
    - Who goes & how counted



11

### Recruiter

- Residents
- Fellows
- AA/CRNAs
- Faculty



12

### Mentor

- For new PDs
- GMEC
- ABA
- MOU



13

### Vice Chair for Education

Twelve Roles to Provide a Framework for Success

- Teacher
- Leader
- Mentorship
- Sponsor
- Cheerleader
- Collaborator
- Faculty Developer
- Networker
- Manager & Recruiter
- Emotional Intelligence
- Negotiator
- Strategic Planner

Calabrese TM, et al. [https://www.researchgate.net/publication/354044447](#) July 2021, Pages 1010-1017

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Thank you!

15

HANDOUT



# **Global Health: Presentation 2 - Role of Global Health in Your Department: Program Director Perspective**

Brian J. Gelfand, MD

Saturday, November 12  
9:20 AM - 9:40 AM

**Role of Global Health in your Department: Program Director Perspective**



Brian J. Gelfand, M.D.  
Vice-Chair, Educational Affairs  
Vanderbilt University Medical Center

**VANDERBILT HEALTH**

1

- No disclosures or industry sponsorship that influences this presentation

2

**Learning Objectives:**

- Defining the structure of Vanderbilt International Anesthesia and programs
- Incorporation of global health initiatives and education into residency curriculum
- Establishment of committed leadership development tracks in the global health space during residency

3



4

**Why is this essential and should be an integral part of your residency curriculum?**




- 5 billion people without access to safe surgical and anesthetic care
- 143 Million annual unmet surgical needs
- In 2010 16.9 Million lives lost from conditions requiring surgical intervention

Lancet Commission on Global Surgery 2015, Lancet

5



- 55% Regional Hospitals in 8 African countries have no anesthesia machine
- >70% ORs SSA have no pulse oximeter
- In 28 District Hospitals in Zambia, 35% did not have a laryngoscope.
- Nigeria 60% District Hospitals and 75% Regional Hospitals have no equipment to maintain a pediatric airway

6

## Postoperative Outcomes

### African Surgical Outcomes Study

- 11,000 patients in 25 countries
- Postoperative complications – 18.2%
- 30-day mortality – 2.1% (Lower ASA- 50.3% ASA 1)
- Young age (38.5 years)

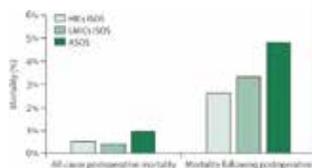
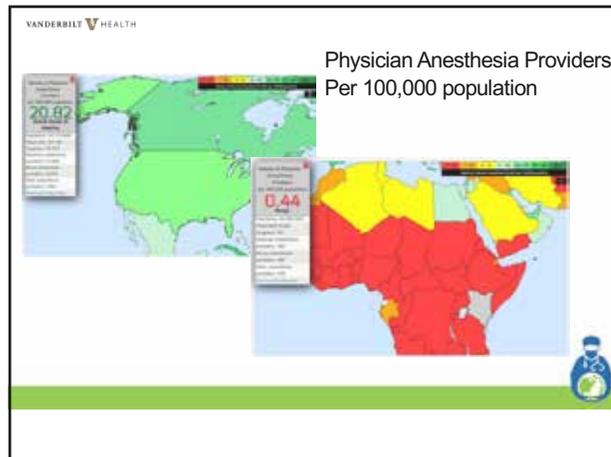


Figure 3. Surgical mortality following elective surgery in HICs, LMICs, and African countries  
 HIC=high-income countries, ISOS=International Surgical Outcomes Study, LMIC=low-middle income countries, ASOS=African Surgical Outcomes Study.

Biccard et al. Lancet 2018

7



8

## If Tennessee was in East Africa...

Ethiopia population - 99 million

51 anesthesiologists

350 CRNAs



23 CRNAs

3 anesthesiologists

TN population - 6.5 million

9



10

## VIA

Multiple innovative projects across 15 LMIC

Long established partnerships with educational-capacity building

International advocacy

Research

Promote health and support healthcare infrastructure of regions in need

11



## ImPact Africa

Improving Perioperative and Anesthesia Care and Training in Africa

- GE Foundation and ELMA Foundation grant support
- Work with local institutions, hospitals, national health ministries
- Train physician and non-physician providers

12



13



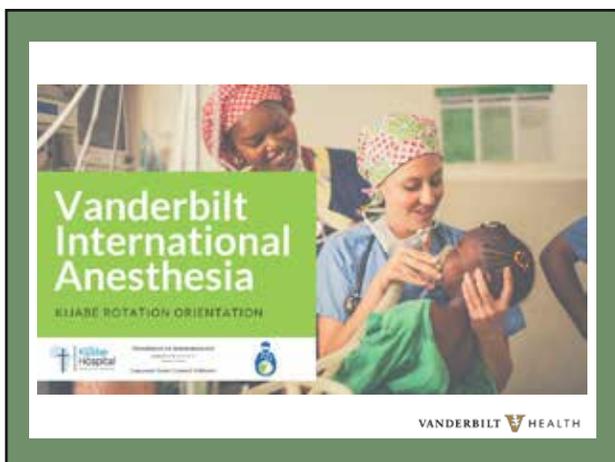
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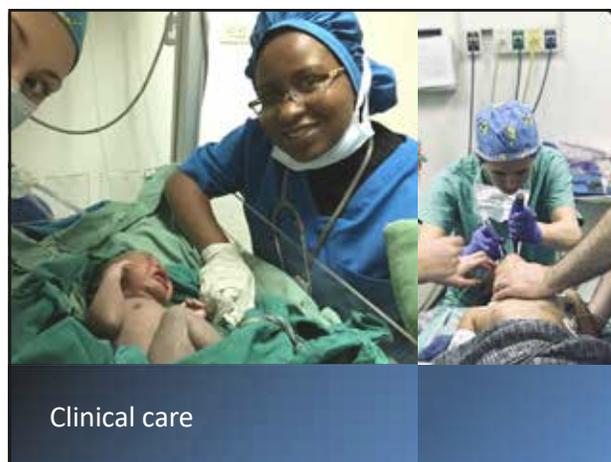
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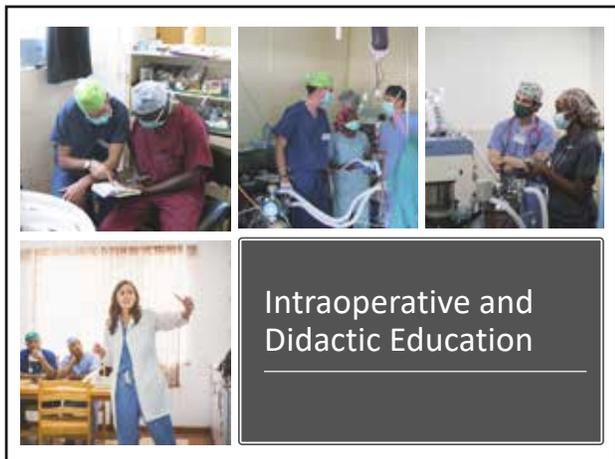
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19



20

VANDERBILT HEALTH

### Mobile Obstetric Simulation Training (MOST)

Multidisciplinary teams | High-fidelity simulation training  
On-site (including rural hospitals) | Local leadership and mentorship

Team Training

21

Quality Assessment:  
Program and Trainees  
with External  
Examiners (Mentoring)

- Practical Examinations: Pre-operative Assessment, General Anesthesia, Regional Anesthesia (spinal)

22

### Cultural Awareness in Clinical Care and Education

23

### PRIME

Preparing Residents for International Medical Experiences

- VUMC Departments of Anesthesiology, Surgery, and Obstetrics

Credit: D...

24

**VIA Global LEAP**  
Vanderbilt International Anesthesia  
Global Leadership in Anesthesia Pathway



**CURRICULUM**  
Lectures and seminars  
P.R.I.M.E. Workshop

**MENTORSHIP**  
Faculty academic and project supervision

**INTERNATIONAL EXPERIENCE**  
Clinical and research rotations in Kenya  
Research and service trips to Central America

**GLOBAL SCHOLARSHIP**  
Presentation at scientific meetings  
Departmental recognition

25



26

Academic Partnerships:  
Kijabe and Addis Ababa

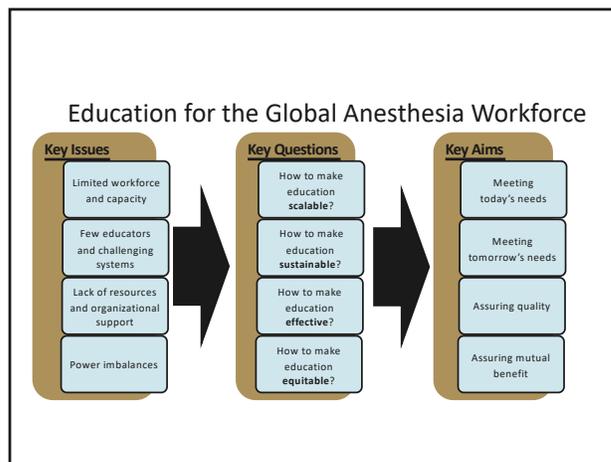


Residents/Fellow Educators



Faculty Educators

27



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ImPACT AFRICA



LMS

SIM

TtT

DATA

VANDERBILT UNIVERSITY  
MEDICAL CENTER

IMPACT AFRICA

29

**LMS**

- Over 200 modules
  - Video recording, quiz, PBLD
- Intranet system
- Unique username
- layers of access
- Ability to track usage

**SIM**

- Team-Based Experiential Learning
- Context-Relevant for LMICs
- Trained IT technicians to locally assist in curriculum delivery and hardware maintenance

**DATA**

- Data Collection
  - Electronic, customized data collection tool
  - Offline data collection on tablet devices with intermittent data upload
- M&E
  - Captures key perioperative surgical and anesthesia outcomes
  - Monitors impact of education capacity building efforts

**TtT**

- Intensive, structured training in:
  - Clinical and didactic content development
  - Interactive learner engagement
  - Curriculum delivery (classroom & clinical teaching skills)
  - Learner assessment
  - Simulation training and debriefing
  - Formative and summative Feedback

VANDERBILT UNIVERSITY  
MEDICAL CENTER

IMPACT AFRICA

30

### Leadership with Vision and Commitment



VANDERBILT HEALTH

31



Bidirectional Benefit in Academic Partnerships

32



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HANDOUT



# Global Health: Presentation 3 - Role of Global Health in Your Department: Chair's Perspective

Daniel Talmor, MD, MPH

Saturday, November 12  
9:40 AM - 10:00 AM

HANDOUT



# Re-Engagement with Residents and Faculty

Moderator: Lara Zisblatt, EdD, MA, PMME

Saturday, November 12  
10:45 AM - 11:45 AM

HANDOUT



# Re-Engagement with Residents and Faculty: Introduction

Lara Zisblatt, EdD, MA, PMME

Saturday, November 12  
10:45 AM - 10:50 AM

HANDOUT



# Re-Engagement with Residents and Faculty: Presentation 1

Shelley Brickson, MA, PhD

Saturday, November 12  
10:50 AM - 11:20 AM

# Engaging Members Through Organizational Value Creation

Shelley Brickson  


1

## Big picture arguments about engagement

- Members are more engaged when:
  - They receive various forms of value
  - They understand the value proposition of:
    - Their organization
    - Their own actions
- Leaders can do a LOT to enhance engagement!

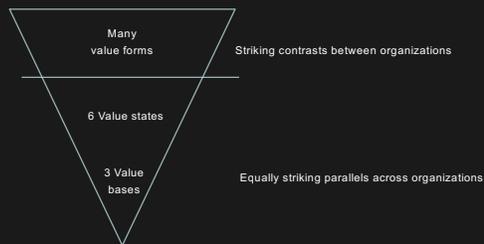
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## PART 1

# ORGANIZATIONAL VALUE AND VALUE CREATION

3

What kinds of value do members derive from org membership?  
 Is there underlying dimensionality?



4

## Underlying dimensionality – Common value bases

Conditions or assets of physical or physiological value  
(see Sewell, 1992)

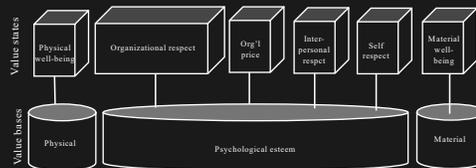
The subjective appraisal of being deemed socially worthy or appropriate  
(Heine, 1999; Leary & Baumeister, 2000; see Donnenwerth & Foa, 1974)

Inanimate assets including both money and goods  
(Donnenwerth & Foa, 1974; Sewell, 1992)



5

## Underlying dimensionality – Common value bases and states



6

Value is co-created in relationship practices.  
 Relationship practices reside at different levels.  
 Practices at different levels generate different value states.

Level of relationship						
External	D	I	D	I	I	D
Employment	D	D	D	I	I	D
Interpersonal	D			D	D	



7

### Leaders should ask themselves – and their people:

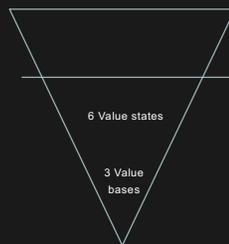
- Value
  - How much of these 6 value states are people receiving?
  - How are value states distributed across groups (e.g., hierarchical, functional, tenure, demographic)
- Practices
  - What kinds of specific practices do and can create value for our people at different levels?
  - What is the *quality* of relationships underlying these practices?
    - How much mutual engagement, respect, and trust (Dutton, 2003)

8

## PART 2

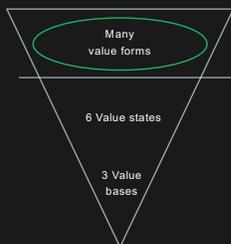
### THE IMPACT OF ORGANIZATIONAL IDENTITY ON VALUE AND VALUE CREATION

9



10

Org identity shapes the form that the 6 value states take.  
 It does this by shaping the nature of relationship practices that create value



11

### Organizational Identity Orientation (Typology not Classification)

(Brickson, 2005; 2007, 2013)

Org. Identity Orientation	Salient Org. Traits	Motivation <i>I/o</i> - <i>I/o</i> Stakeholders	Self-Evaluation Comparison
Individualistic	Those distinguishing it from others	Organization's self-interest	Inter-organizational comparison
Relational	Those connecting it dyadically	Particular other's interest	Role comparison
Collectivistic	Those connecting it to a larger whole	Greater collective's interest	Collective contribution, intergroup comparison

12

### Law Firm Case Studies

Pure exemplars selected from larger sample of 53 firms

**Individualistic firm**

External OI: Among the best at taking risks and winning tough cases  
Internal OI: Enabling the excellence of top quality self-starters

**Relational firm**

General practice  
External OI: Committed to the deep satisfaction of clients' specific needs  
Internal OI: Ensuring that members are personally and professionally satisfied

**Collectivistic firm**

Public housing  
External OI: Changing communities for the better  
Internal OI: Advancing community and equality among members



13

### Divergent Relationship Patterns

	Individualistic	Relational	Collectivistic
Employment	<ul style="list-style-type: none"> <li>MP handles mundane, committees of one</li> <li>Thrown in, experimentation</li> <li>Circulation of (high) hours, "gentle" feedback on hours</li> <li>Meetings minimized, happy hours</li> <li>Push \$ down, productivity + seniority</li> <li>Organized chaos, early responsibility</li> <li>2X/year, candid, extensive #s</li> </ul>	<ul style="list-style-type: none"> <li>Exec Com based on deep knowledge of all</li> <li>Mentors</li> <li>Expectation to live full life &amp; care no billables pressure</li> <li>Personal info, on- &amp; off-site events, emails about life</li> <li>Exec Com based on lifestyle + personal needs</li> <li>Long-tem files</li> <li>Yearly, bidirectional, relat-focused</li> </ul>	<ul style="list-style-type: none"> <li>Consensus</li> <li>Topical groups</li> <li>Minorities &amp; staff teach others</li> <li>acceptable treatment, reduced but strict billables</li> <li>On-site gatherings</li> <li>70% equal 30% compressed merit</li> <li>Assign based on workload</li> <li>Infrequent</li> </ul>
Relationship Patterns	<ul style="list-style-type: none"> <li>Decision mkg</li> <li>Training</li> <li>Socialization</li> <li>Info flows</li> <li>Benefits</li> <li>Work tasks</li> <li>Evaluation</li> </ul>		

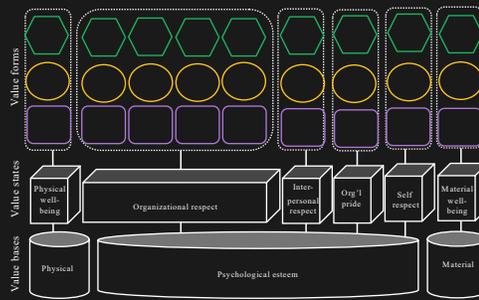
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### Divergent Relationship Patterns

	Individualistic	Relational	Collectivistic
Employment	<ul style="list-style-type: none"> <li>MP handles mundane, committees of one</li> <li>Thrown in, experimentation</li> <li>Circulation of (high) hours, "gentle" feedback on hours</li> <li>Meetings minimized, happy hours</li> <li>Push \$ down, productivity + seniority</li> <li>Organized chaos, early responsibility</li> <li>2X/year, candid, extensive #s</li> </ul>	<ul style="list-style-type: none"> <li>Exec Com based on deep knowledge of all</li> <li>Mentors</li> <li>Expectation to live full life &amp; care; no billables pressure</li> <li>Personal info, on- &amp; off-site events, emails about life</li> <li>Exec Com based on lifestyle + personal needs</li> <li>Long-tem files</li> <li>Yearly, bidirectional, relat-focused</li> </ul>	<ul style="list-style-type: none"> <li>Consensus</li> <li>Topical groups</li> <li>Minorities &amp; staff teach others</li> <li>acceptable treatment, reduced but strict billables</li> <li>On-site gatherings</li> <li>70% equal 30% compressed merit</li> <li>Assign based on workload</li> <li>Infrequent</li> </ul>
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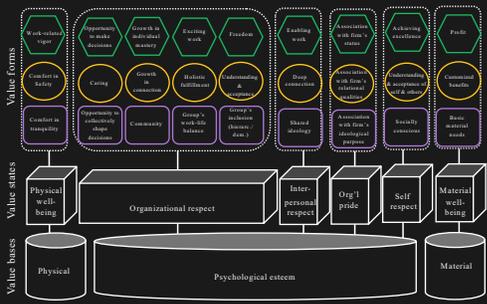
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### Common value bases and states; divergent forms



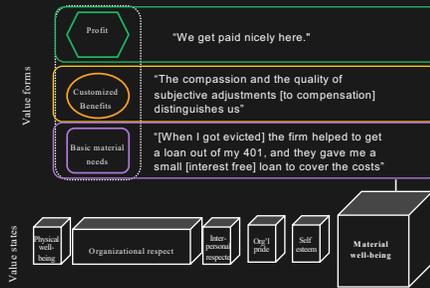
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### Common value bases and states; divergent forms

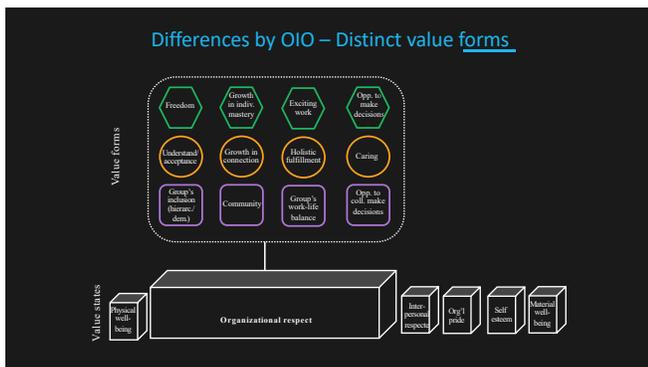


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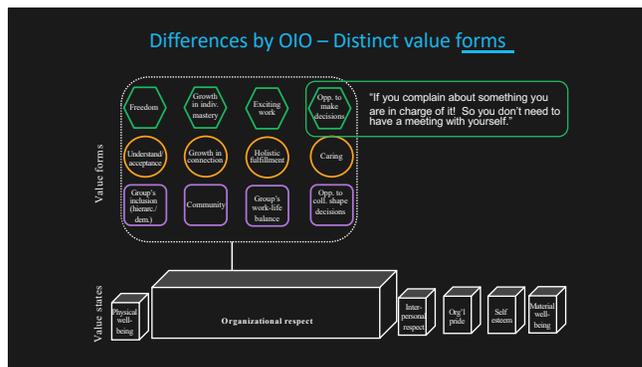
### Differences by OIO – Distinct value forms



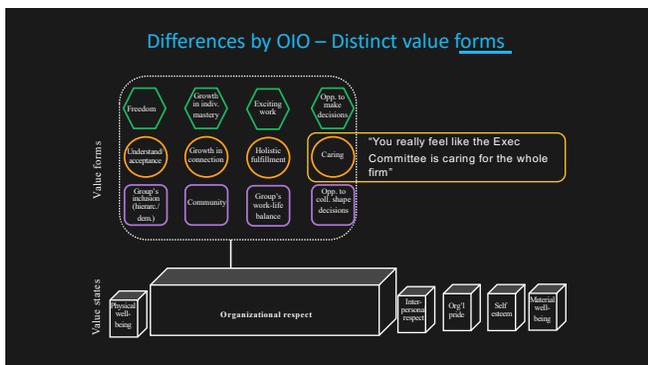
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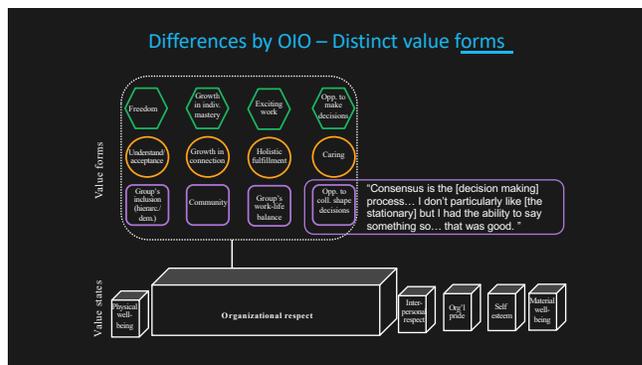
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- Leaders should:**
- Reflect on / collaboratively crystalize
    - OIO(s)
    - Aspired value forms for each value state that align with OIO(s) (TRADE-OFFS)
  - Examine org practices
    - Are they aligned with OIO and aspired value creation?
    - Do they maximize value creation (relationship quality, clarity, etc)?
  - Communicate to members
    - Org's value proposition (actual and aspired; internal and external)
    - Their role in co-creating value
  - Seek members (and external stakeholders) with aligned identity
    - They will find value in the value forms you are capable of creating
    - They will work hard to co-create ongoing cycles of value

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HANDOUT



# Re-Engagement with Residents and Faculty: Presentation 2

John D. Mitchell, MD  
Nick Yeldo, MD

Saturday, November 12  
11:20 AM - 11:40 AM

**HENRY FORD HEALTH**

## (Re)Engagement: The Educational Program

Nicholas Yeldo, M.D.



1

# OBJECTIVES

- To discuss the Organizational Identity Orientation of the Henry Ford Anesthesiology Residency
- To highlight values created within our relational organization/residency program.
- To discuss practical tips to improve relational organizational identity.

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2

# I HAVE NO DISCLOSURES

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3

## Engagement AND Reengagement

It's about **VALUE-CREATION**

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4

### Maslow's Hierarchy of Needs



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5

### Maslow's Hierarchy of Needs // Value States



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6

Maslow's Hierarchy of Needs ??

Self-actualization  
Esteem  
Love and belonging  
Safety needs  
Physiological needs

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7

Assessment and Creation of Value in Alignment with your Organizational Identity Orientation(OIO)

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Henry Ford Anesthesiology Residency OIO

Relational Collectivistic Individualistic

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10

How do WE create value in the Henry Ford Anesthesiology Residency Program that aligns with our **Relational (+Collectivistic) OIO?**

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11

VALUE FORMS: RELATIONAL OIO

How do we view our trainees and faculty?

- Humans not numbers
- Each Journey looks different - Allowed to grow as an individual
- Working not pushing, Caring,
- Connectedness - HFH as a whole
- Safety is paramount
- You are creative, resourceful and whole - The answers are within you
- Faculty are integral - Let them know it. Happy faculty, happy trainees.

How do teach/train/develop?

- Strategic, meaningful **Teaching AND Coaching**.
- Agency = **The 50/50 rule**.
- Empowering and training teachers = empowering and developing leaders - **HFH HIGH IMPACT Education**.
- Personal and Professional Development Courses

How do we all engage each other?

- Community = Dept and program level, Communities
- Create time and space to gather - Be intentional
- Present, visible leadership

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12

From: Yelko, Nicholas S. <nyelko2@hfhs.org>  
 Sent: Friday, January 21, 2022 11:19:11 AM  
 To: Anesthesiology Residents <AnesthesResidents@hfhs.org>  
 Cc: Chhina, Anoop <aachhina1@hfhs.org>; Gunawamy, Jayakar <OGURUSW1@hfhs.org>; Bond, Beth <bbond2@hfhs.org>  
 Subject: I'm your agent

I've been thinking these last few days about how I can best promote the success of everyone around me. I'm obviously always trying to do this for you all, but I had a thought I wanted to share. When it comes to advancing your career, making a connection, finding a mentor, etc., etc., I am like your agent. I am here to make those things happen for you if you don't feel comfortable doing it yourself. I'm also someone who has a lot of connections and someone who is owed a lot out there. It's my pleasure to use these favors to help you. So, if you are trying to connect with someone and they aren't responding, or if you have your eye on some role or position or would like someone to mentor you, you should use me to help you. I am basically your agent, among other things. The same way professional athletes have agents to make deals and make sure they are getting what they need, I see myself in the same light.

Hope this makes sense.

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13

VALUE FORMS: Collectivistic OIO

- Strong sense of common MISSION.  
 -Mission above any one human = Shared Ideology.
- Safety net hospital in an underserved community.
- Commitment to DEI.J. History of civil rights activism.
- Consistent incorporation of resident feedback into future changes.  
 -Short- and long-term goals  
 -Small wins, big wins.

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14

Program Leadership Should:

- Reflect on / collaboratively crystalize / communicate OI
- Recruitment Tool?
- Explore what kinds of practices do and can create value for our people at different levels?
- Work to communicate to trainees/educators the value of the overall enterprise internally and externally and the role that they play value creation.

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15

Engagement AND Reengagement

Its about  
VALUE-CREATION...

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16

THANK YOU!



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17

HANDOUT



# The Wellbeing of an Anesthesia Department

Moderator: Amy E. Vinson, MD, FAAP

Saturday, November 12  
12:15 PM - 1:15 PM

HANDOUT



# The Wellbeing of an Anesthesia Department: Introduction

Amy E. Vinson, MD, FAAP

Saturday, November 12  
12:15 PM - 12:20 PM

HANDOUT



# The Wellbeing of an Anesthesia Department: Establishing Psychological Safety

Elizabeth W. Duggan, MD, MA

Saturday, November 12  
12:20 PM - 12:35 PM

HANDOUT



# The Wellbeing of an Anesthesia Department: Organizational of a Wellbeing initiative

Carol Ann Diachun, MD, MEd

Saturday, November 12  
12:35 PM - 12:50 PM



## Organizational Well-being: Role of Leaders

**Carol Ann Diachun, MD, MSED**  
Associate Dean for Educational Affairs  
Associate Chair & Professor of Anesthesiology  
Core Residency Program Director  
University of Florida College of Medicine - Jacksonville



## Disclosures

- Unfortunately, no financial disclosures.



## Objectives

- Examine relationship of leadership behaviors and faculty well-being
- Review Wellness-Centered Leadership Model
- Describe Trust Behaviors essential to Wellness Centered Leadership



**Factors associated with burnout among health workers**

- Societal and Cultural**
  - Polarization of values and public health
  - Structural racism and health inequities
  - Health transformation
  - Mental health stigma
  - Economic experiences of health workers
- Organizational**
  - Lack of leadership support
  - Disconnect between values and key decisions
  - Excessive workload and work hours
  - Biased and discriminatory structures and practices
  - Barriers to mental health and substance use care
- Workforce and Learning Environment**
  - Lack of culture of collaboration and solidarity
  - Limited time with patients and colleagues
  - Absence of focus on health worker well-being
  - Harassment, sexism, and discrimination

*"This is beyond my control."*

Addressing Health Worker Burnout: The U.S. Surgeon General's Advisory on Building a Thriving Health Workforce, 2022.

## Impact of leadership behaviour on physician well-being, burnout, professional fulfilment and intent to leave: a multicentre cross-sectional survey study

Willeke M, et al. *BMC Health Services Research*. 2021;21(1):1-11. doi:10.1186/s12913-021-05131-4

- Cross-sectional survey study at 11 healthcare organizations
- 5416 attending physicians responded (45% response rate, 50% female)
- Mayo Clinic Participatory Management Leadership Index categorized into tertiles
- Examined leadership behavior rating of supervisor on:
  - Professional fulfillment
  - Burnout
  - Intent to leave



Willeke M, et al. *BMC Health Services Research*. 2021;21(1):1-11. doi:10.1186/s12913-021-05131-4



## Mayo Clinic Participatory Management Leadership Index

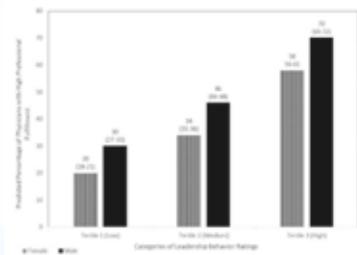
- Holds career development conversations with me
- Empowers me to do my job
- Encourages employees to suggest ideas for improvement
- Treats me with respect and dignity
- Provides helpful feedback and coaching on my performance
- Recognizes me for a job well done
- Keeps me informed about changes taking place at (name of organization)
- Encourages me to develop my talents and skills
- Overall, how satisfied are you with (name of immediate supervisor)



Shanafelt TD, Wang H, Leonard M, et al. *JAMA Netw Open*. 2021;4(2):e2035622.



### Professional Fulfillment

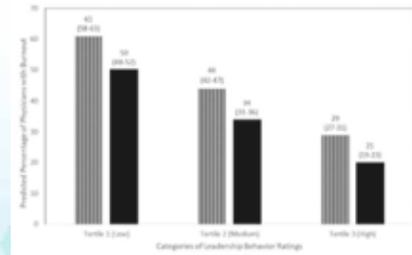


- Professional fulfillment increased with increasing tertiles of supervisor's leadership behavior rating
- (19%, 34%, 47%,  $p < 0.001$ )
- Odds of professional fulfillment were 5.8 times higher (OR=5.8, 95% CI: 5.1 to 6.59) for physicians in the top tertile compared with those in the lowest tertile.

Walt N, et al. 2021/Jan 2022 12:e207961 doi:10.1001/jamanetworkopen.2021.45734



### Burnout



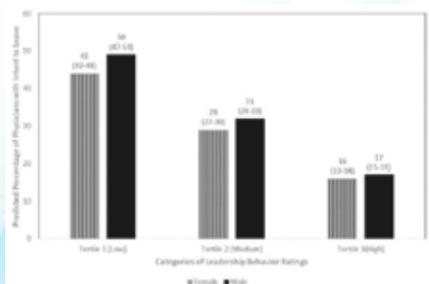
- Physicians who rated their supervisor's leadership in upper tertiles relative to lower tertiles exhibited lower levels of burnout
- (18% vs 35% vs 47%,  $p < 0.001$ )

Walt N, et al. 2021/Jan 2022 12:e207961 doi:10.1001/jamanetworkopen.2021.45734



### Intent to Leave

- Physicians who rated their supervisor's leadership in upper tertiles relative to lower tertiles exhibited lower levels of intent to leave within 2 years
- (16% vs 24% vs 50%  $p < 0.001$ )



Walt N, et al. 2021/Jan 2022 12:e207961 doi:10.1001/jamanetworkopen.2021.45734



*“Physicians who are dissatisfied with their supervisor’s ability to lead the team are the more likely to consider other opportunities”*

Walt N, et al. 2021/Jan 2022 12:e207961 doi:10.1001/jamanetworkopen.2021.45734



### Association of Burnout, Professional Fulfillment, and Self-care Practices of Physician Leaders With Their Independently Rated Leadership Effectiveness

THE J. - (Rena) MD, Wenzel J, Malhotra, PhD, Hallgren MD, MD, Brian Bohman MD, Alvin Leonard, MD, Robert A. Harrington, MD, David Wilson, MD, Mickey Lovell, MD, PhD

- Survey study of 1285 physicians and physician leaders (60% response rate)
- Compared wellness of leaders with their leadership scores
- Each 1-point increase in the leaders' burnout score was associated with a 0.19-point decrement in their independent leadership behavior score
- Each 1-point increase in a leader's professional fulfillment score was associated with a 0.13-point higher leadership behavior score
- 9.8% of the variation in leaders' aggregate leadership behavior scores was associated with a leader's own degree of burnout.

JAMA Network Open. 2020;3(6):e207961. doi:10.1001/jamanetworkopen.2020.7961



### Wellness-Centered Leadership: Equipping Health Care Leaders to Cultivate Physician Well-Being and Professional Fulfillment

Tat Shanafelt, MD, Mickey Trocette, MD, PhD, Ashleigh Rodriguez, MSN, MMM, APRN, and Dave Logan, PhD  
Acad Med. 2021;96:641-651.



### Foundation: Care about people always

Element	Minimizes	Substitutes	Optimizes
Care about people always	<ul style="list-style-type: none"> <li>Recognition of the role leaders play in the well-being, professional fulfillment, and vitality of team members and the team as a whole.</li> <li>Caring and respectful</li> <li>Empathetic and understanding</li> </ul>	<ul style="list-style-type: none"> <li>Recognize and appreciate individual contributions and talents</li> <li>Use credit</li> <li>Discover individual needs and gifts through dialogue</li> <li>Demonstrate gratitude</li> <li>Discuss and model self-care and self-valuation</li> <li>Seed conversations about work-life</li> </ul>	<ul style="list-style-type: none"> <li>Team members feel valued and appreciated as individuals</li> <li>Improved health for individuals and the community</li> <li>Team members believe self-care is valued and is demonstrated through support of reasonable working hours, scheduling, vacation, and time off</li> <li>Team members are being prompted to cross cover each other</li> </ul>

**Integrity**  
**Listen**

**Respect**  
**Validate**

**Empathy**  
**Gratitude**



Shanafelt, et al. Acad Med. 2021;96:641-651.



Element	Minimizes	Substitutes	Optimizes
Cultivate relationships and team relationships	<ul style="list-style-type: none"> <li>Disregard for the individual well-being, professional fulfillment, and vitality of team members and the team as a whole</li> <li>Disregard for the individual well-being, professional fulfillment, and vitality of team members and the team as a whole</li> <li>Disregard for the individual well-being, professional fulfillment, and vitality of team members and the team as a whole</li> </ul>	<ul style="list-style-type: none"> <li>Recognize and appreciate individual contributions and talents</li> <li>Use credit</li> <li>Discover individual needs and gifts through dialogue</li> <li>Demonstrate gratitude</li> <li>Discuss and model self-care and self-valuation</li> <li>Seed conversations about work-life</li> </ul>	<ul style="list-style-type: none"> <li>Team members feel valued and appreciated as individuals</li> <li>Improved health for individuals and the community</li> <li>Team members believe self-care is valued and is demonstrated through support of reasonable working hours, scheduling, vacation, and time off</li> <li>Team members are being prompted to cross cover each other</li> </ul>

### Cultivate Relationships

Ask their values  
Nurture their talents  
Seek input from team  
Inform of organizational goals & needs  
Cultivate team relationships  
Communicate in both word & actions

Shanafelt, et al. Acad Med. 2021;96:641-651.



### Inspire Change

Element	Minimizes	Substitutes	Optimizes
Inspire change	<ul style="list-style-type: none"> <li>A critical job of leadership is to motivate teams to achieve</li> </ul>	<ul style="list-style-type: none"> <li>Consistently model desired change</li> <li>Guide teams to identify priorities for change</li> </ul>	<ul style="list-style-type: none"> <li>Team members feel valued and appreciated as individuals</li> <li>Improved health for individuals and the community</li> <li>Team members believe self-care is valued and is demonstrated through support of reasonable working hours, scheduling, vacation, and time off</li> <li>Team members are being prompted to cross cover each other</li> </ul>

Empower team  
Provide flexibility  
Align goals with intrinsic motivators:  
Meaning, purpose, voice, values, input, control & professional development



Shanafelt, et al. Acad Med. 2021;96:641-651.



Addressing Health Worker Burnout: The U.S. Surgeon General's Advisory on Building a Thriving Health Workforce, 2022.



### High Trust Behaviors

- Be honest. Tell the truth. Don't spin.
- Demonstrate Respect. Genuinely care for others.
- Create Transparency. Declare your intent. No hidden agendas.
- Right Wrongs. Apologize quickly.
- Show Loyalty. Give credit to others. Don't disclose others' private information.
- Deliver Results. Don't overpromise and underdeliver.



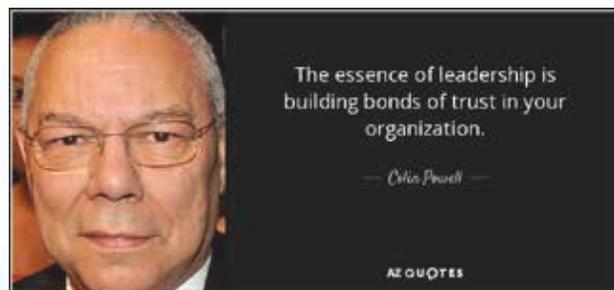
Speed of Trust, FranklinCovey.



- Get Better. Ask for and act on feedback on yourself.
- Confront Reality. Don't skirt the real issues. Acknowledge the unsaid.
- Clarify Expectations.
- Practice Accountability – yourself first, others second. Take responsibility for good and bad.
- Listen First. Don't presume you have all the answers.
- Keep Commitments. Say what you will do, then do what you say.



Speed of Trust, FranklinCovey.



HANDOUT



# The Wellbeing of an Anesthesia Department: Peer Support in Action

Bridget Pulos, MD

Saturday, November 12  
12:50 PM - 1:05 PM

MAYO CLINIC

SAAAPM  
SOCIETY OF ACUTE ANESTHESIOLOGISTS OF AMERICAN SOCIETY OF ANESTHESIOLOGISTS

# PEER SUPPORT IN ACTION

ESTABLISHING A PEER SUPPORT PROGRAM

Bridget Pulos, MD

SAAAPM  
Chicago, November 12, 2022

1

## Disclosures

- None

2

## Learning Objectives

- Describe why peer support is beneficial
- Identify barriers to creating a peer support program
- Illustrate strategies to build a successful peer support program

3

## Second victim phenomenon

- Term was first defined by Dr. Albert Wu
  - First focus was on physicians after medical errors
- Expanded to include all health care providers who are involved in unanticipated adverse patient event, medical error and/or patient related injury
- Patients and their families considered 1<sup>st</sup> victims
- Involved medical professionals considered 2<sup>nd</sup> victims
- Organizations (and subsequent patients of affected medical professionals) considered 3<sup>rd</sup> victims

4

[Anesthesiology \(2018\) 70\(12\) | 1740-1746 | DOI: 10.1213/00000000-0000000000000000](#)

### The impact of perioperative catastrophes on anesthesiologists: results of a national survey

Carole M. Gannon, T. Peter J. Jensen, Janis M. Mack, Steven J. Dornan

PMID: 31737106 DOI: 10.1213/00000000-0000000000000000

- Surveyed 1200 randomly selected ASA members
- 659 completed the survey (56% response rate)
- 84% reported being involved in at least one unanticipated death or serious injury of a perioperative patient over the course of his/her career

5

### The impact of perioperative catastrophes on anesthesiologists

- When asked about the emotional impact of “most memorable” perioperative catastrophe
  - >70% experienced guilt, anxiety, and re-living of the event
  - 88% required time to recover emotionally
  - 19% reported never fully recovering
- 12% considered a career change

6

What is a “stressful event”?

- Unexpected patient outcome (death, intraop cardiac arrest, nerve injury, difficult airway, postop vision loss)
- Medication/system error
- Near miss event
- Anything that has emotional impact!



7

High risk for stressful events:

<p><b>High risk work area</b></p> <ul style="list-style-type: none"> <li>• OB</li> <li>• Peds</li> <li>• Critical Care</li> <li>• Cardiac</li> </ul>	<p><b>High risk scenarios</b></p> <ul style="list-style-type: none"> <li>• First death in the OR</li> <li>• Failure to rescue cases</li> <li>• Multiple patients with unexpected/adverse outcomes in short period of time</li> <li>• Anything that “feels familiar”</li> <li>• Stress of litigation</li> </ul>
--	--

• Trainees

8

Common symptoms:

<ul style="list-style-type: none"> <li>• Isolation</li> <li>• Frustration</li> <li>• Fear</li> <li>• Grief</li> <li>• Self-doubt/second-guessing</li> <li>• Anger</li> <li>• Preoccupation with the event</li> <li>• Inability to concentrate</li> </ul>	<ul style="list-style-type: none"> <li>• Flashbacks</li> <li>• Fatigue</li> <li>• Sleep disturbance</li> <li>• Rapid heart rate</li> <li>• Muscle tension</li> </ul>
--	--

9

After traumatic events:

- Talking with peers is the #1 desired intervention when someone is emotionally affected by adverse event

10

Anesthesia specific barriers to support

- Often there is not time for debriefing, formally or informally
- Time pressure to move on the next case
- Lack of physical space in proximity to the OR to reflect and pause
- Fear of litigation/ need for confidentiality
- Cultural barriers in the surgical environment (“culture of silence”)



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### Culture change

- Culture of shame/blame → culture of psychological safety
- Culture of perfectionism → culture of growth mindset
- Culture of silence → culture of sharing, discussion, peer support

13

### How to build a successful peer support program

- Get department/institutional leadership on board
- Form a program leadership team
- Decide who will be served by the program
- Recruit and train peer supporters
- Advertise to normalize
- Plan for ongoing training and resources

14

### HELP Program: Healing Emotional Lives of Peers

- The HELP program is a peer support program for colleagues who experience emotional impacts after involvement in stressful or traumatic work-related events
- The goal of the HELP program is to assist colleagues who have been involved in such events return to a pre-event level of performance by use of trained peer supporters around the enterprise

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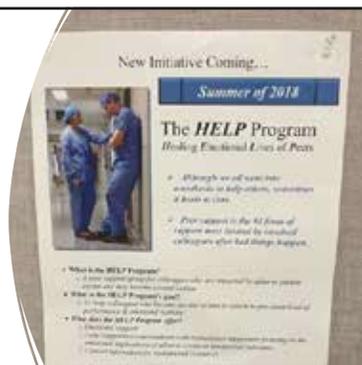
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### Advertise!

- Department newsletter
- Department Grand Rounds
- Surgical Services Safety & Quality conference
- Division meetings
- Posters
- Name badge holders



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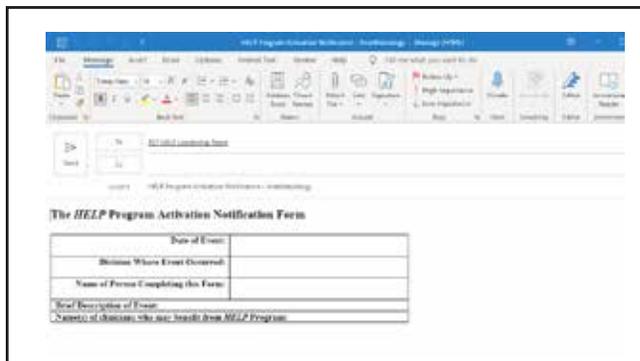
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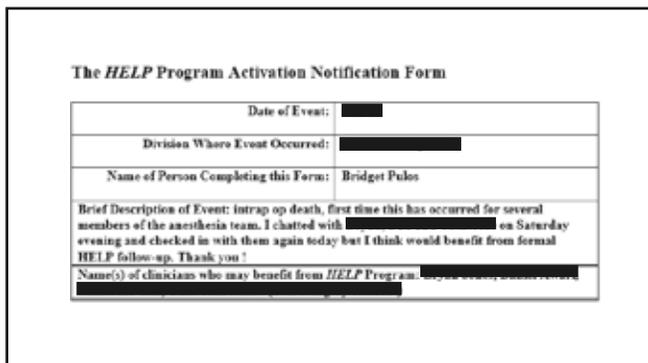
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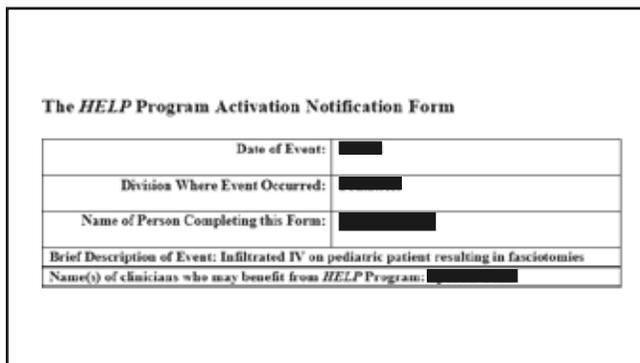
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### The HELP Program Activation Notification Form

Date of Event:	██████████
Division Where Event Occurred:	OB anesthesia
Name of Person Completing this Form:	██████████
Brief Description of Event: my Co-resident has been involved in several complicated and stressful OB cases for two days in a row. I am concerned he might feel overwhelmed and wanted to make sure he is doing fine and feel supported	
Name(s) of clinicians who may benefit from HELP Program: ██████████	

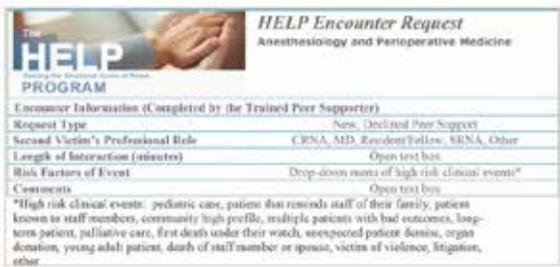
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### What happens next?

- Once the HELP program activation is put in a TPS should reach out in the next 1-2 days
- It is completely up to potentially affected colleague if they would like to meet
- If support is declined at that time, the TPS will reach out again in 3-4 days
- If support is desired at a later time, affected colleague is encouraged to contact same TPS or put in self-activation

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### Encounter Form (completed by TPS)



**HELP PROGRAM**  
Anesthesiology and Perioperative Medicine

**HELP Encounter Request**  
Anesthesiology and Perioperative Medicine

Encounter Information (Completed by the Trained Peer Supporter)

Request Type:  New,  Declined Peer Supporter

Second Victim's Professional Role: CRNA, MD, Resident/Fellow, RN/NA, Other

Length of Interaction (minutes): Open text box

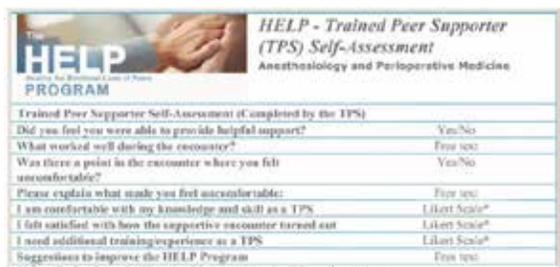
Risk Factors of Event: Drop-down menu of high risk clinical events\*

Comments: Open text box

\*High risk clinical events: pediatric case, patient that reminds staff of their family, patient known to staff members, community high profile, multiple patients with bad outcomes, long-term patient, palliative care, first death under their watch, unexpected patient demise, organ donation, young adult patient, death of staff member or spouse, victims of violence, litigation, other

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### Self-Assessment form (completed by TPS)



**HELP PROGRAM**  
Anesthesiology and Perioperative Medicine

**HELP - Trained Peer Supporter (TPS) Self-Assessment**  
Anesthesiology and Perioperative Medicine

Trained Peer Supporter Self-Assessment (Completed by the TPS)

Did you feel you were able to provide helpful support? Yes/No

What worked well during the encounter? Free text

Was there a point in the encounter where you felt uncomfortable? Yes/No

Please explain what made you feel uncomfortable: Free text

I am comfortable with my knowledge and skill as a TPS Likert Scale\*\*

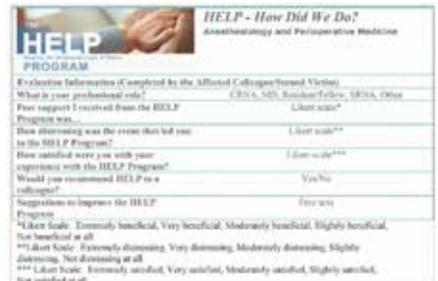
I felt satisfied with how the supportive encounter turned out Likert Scale\*\*

I need additional training/experience as a TPS Likert Scale\*\*

Suggestions to improve the HELP Program Free text

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### Evaluation Form (completed by affected colleague)



**HELP PROGRAM**  
Anesthesiology and Perioperative Medicine

**HELP - How Did We Do?**  
Anesthesiology and Perioperative Medicine

Evaluation Information (Completed by the Affected Colleague/Second Victim)

What is your professional role? CRNA, MD, Resident/Fellow, RN/NA, Other

Peer support I received from the HELP Program was... Likert scale\*\*

How discussing was the event that led you to the HELP Program? Likert scale\*\*\*

How satisfied were you with your experience with the HELP Program? Likert scale\*\*\*

Would you recommend HELP to a colleague? Yes/No

Suggestions to improve the HELP Program Free text

Legend:  
\*\* Likert Scale: Extremely beneficial, Very beneficial, Moderately beneficial, Slightly beneficial, Not beneficial at all  
\*\*\* Likert Scale: Extremely dissatisfied, Very dissatisfied, Moderately dissatisfied, Slightly dissatisfied, Not dissatisfied at all

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### HELP activations in first 2 years:

Clinical event	Activations (N=91)*
Intraoperative Patient Demise	42
Pediatric patient	33
Intraoperative Cardiac Arrest	18
First death in the Operating Room	8
Multiple difficult events over short period of time	8
Prolonged intubation	8
Mislabelling or System Error	8
Patient Known to Staff	4
Organ donation case	4
Unsettled Patient and/or Staff	4
Unanticipated difficult airway	3
Patient Situation Closely Resembles Someone in Personal Life	2
Intraoperative Awareness	2

\*Each activation may be associated with more than one clinical event

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### The HELP program

- Began in our department in 2018
- In 2019, expanded to Mayo's children center and some community sites
- In March 2020, due to pandemic and increasing demand the program was expanded to the entire enterprise and is now housed within enterprise-wide well-being
- Currently over 600 trained peer supporters across the enterprise

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### In our department:

- Included in orientation for new residents
- Included in onboarding for new attendings
- Present updates to the program at Grand Rounds

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## Peer Support

Mitigating the Emotional Toll on Physicians

Jo Shapiro, MD, FACS  
 Associate Professor of Otolaryngology-Head and Neck Surgery, Harvard Medical School  
 Founder, Center for Professionalism and Peer Support, Brigham and Women's Hospital  
 Senior Faculty Center for Medical Simulation, Boston, MA  
 Consultant, Massachusetts General Hospital

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### 5 STEPS to build a peer support program

For more information on implementing a peer support program in your practice, visit:



<https://edhub.ama-assn.org/steps-forward>

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### Summary

- Stressful/traumatic events are common in the perioperative environment
- Peer support is the most desired intervention after stressful events
- Changing the culture around peer support is challenging but not impossible!



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HANDOUT



# Perioperative Medicine. What is Now and What is Next

Moderator: TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE),  
Lic Ac

Saturday, November 12  
1:15 PM - 2:30 PM

HANDOUT



# Perioperative Medicine. What is Now and What is Next: Introduction

TJ Gan, MD, MBA, MHS, FRCA, FFARCS (IRE), Lic Ac

Saturday, November 12  
1:15 PM - 1:20 PM

HANDOUT



# Perioperative Medicine. What is Now and What is Next: The Vision and Value of Perioperative Medicine

Angela F. Edwards, MD, FASA

Saturday, November 12  
1:20 PM - 1:40 PM

# **Perioperative Medicine. What is Now and What is Next: Where Are We Now?: Opportunities and Barriers for Advancing Perioperative Medicine at the National and Institutional Level**

Matthew D. McEvoy, MD

Saturday, November 12  
1:40 PM - 1:50 PM

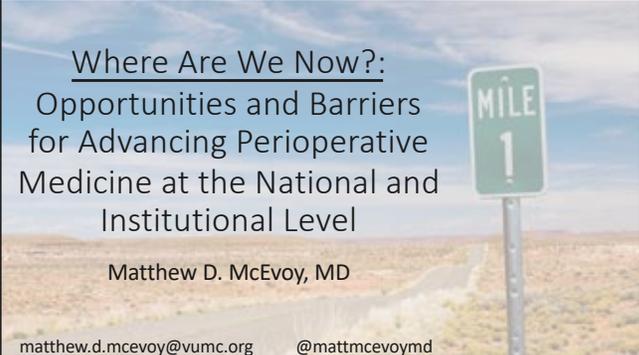


## Where Are We Now?: Opportunities and Barriers for Advancing Perioperative Medicine at the National and Institutional Level

Matthew D. McEvoy, MD

matthew.d.mcevoy@vumc.org @mattmcevoymd

1



## Where Are We Now?: Opportunities and Barriers for Advancing Perioperative Medicine at the National and Institutional Level

Matthew D. McEvoy, MD

matthew.d.mcevoy@vumc.org @mattmcevoymd

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### Disclosures

- Royalties from ASRA apps
- PeRLS (Perioperative Resuscitation and Life Support) Editorial Board for ASA
- President of ASER Perioperative Medicine
- I deeply believe Perioperative Medicine is one major part of the future of our specialty... but we have to actually practice it to teach it





3

### Learning Objectives

By the end of this presentation, the learner should be able to:

- Describe the current state of Perioperative Medicine in the United States
- Discuss next steps for extending the impact of Anesthesiology within the subspecialty of Perioperative Medicine
- Describe how they could be a part of expanding the scope of Anesthesiologists to be Perioperative Physicians in the future

4

## Who am I to talk about this?

5

### My profile...

<p>Professor of Anesthesiology and Surgery...</p> <p>Vice-Chair of Perioperative Medicine...</p> <p>Medical Director, VUMC Enhanced Recovery Programs...</p> <p>Program Director, Perioperative Medicine Fellowship...</p> <p>Medical Director, Hi-RiSE Preoperative Optimization Clinic...</p> <p>Director, Perioperative Consult Service...</p> <p>Department of Anesthesiology...</p>	<p><b>Practice anesthesia in the OR</b></p> <p><b>Oversee this area in our dept</b></p> <p><b>Collaborate with teams/systems</b></p> <p><b>Teach this to residents/fellows</b></p> <p><b>Practice the medicine in clinic</b></p> <p><b>Practice the medicine in-hospital</b></p> <p><b>I am on the same team as you!</b></p>
--	--



6

# What is Perioperative Medicine?

7

## PERIOPERATIVE MEDICINE THE PATHWAY TO BETTER SURGICAL CARE

Perioperative medicine is a multidisciplinary subspecialty composed of practitioners who can effectively identify and meet the *complex medical needs of patients at particular risk from the adverse effects of surgical treatment...* from decision to post-discharge

Grocott MPW and Pearce RM, BJA;108: 723-6

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# Where are we now?

9

- Lots of editorials
- A number of name changes
  - SAAA → SAAAPM
- Dying of the Surgical Home
- Reduced training time in perioperative medicine
- Ambiguity over what 'perioperative medicine' actually means

10

Thirty-six months of education must be in perioperative medicine.<sup>1,2,3,4</sup>

This must include experience with a wide spectrum of disease processes and surgical procedures available within the CA-1 through CA-3 years to provide each resident with broad exposure to different types of anesthetic management.<sup>1,2,3,4</sup>

The program must ensure that the rotations for residents beginning the peri-operative medicine component of the residency be in surgical anesthesia, critical care medicine, and pain medicine.<sup>1,2,3,4</sup>

Residents must receive training in the complex technology and equipment associated with the practice of anesthesiology.<sup>1,2,3,4</sup>

Clinical experience in surgical anesthesia, pain medicine, and critical care medicine must be distributed throughout the curriculum in order to provide progressive responsibility in the later stages of the program.<sup>1,2,3,4</sup>

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# Change Your Institutional Discussion to Change the National Discussion

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## Perioperative Physician/Leader: 2 Features






Improve Sick Systems of Care

13

## Capacity Pillar: ERAS

OVERALL STATUS
OUTCOME STATUS

Updated On 10/26/22

VUMC ERP Score Card with Quarterly Reporting to Hospital Leadership

**OBJECTIVE**

- Provide the structure and tools necessary to drive accountability, implementation and execution of the ERAS program for Vanderbilt University Adult Hospital (VUAM)
- Provide structure oversight to ensure service line implementation aligns with organizational goals
- Facilitate service line participation in program and manage resources assigned to support program execution
- Ensure program implementation for all applicable service lines, departments, and other related support of the program
- Ensure program compliance for all applicable service lines, departments, and other related support of the program

**KEY ACCOMPLISHMENTS/NEXT STEPS/BARRIERS**

**Key Accomplishments:**

- Improved Median LOS across most ERAS service lines, with goals to continue improvement across all live service lines
- Continued to use pathway compliance as a key metric to drive service line compliance

**KEY OUTCOME MEASURE**

Primary Responsible	Dr. McCreay & Dr. Sager
Secondary Responsible	J. Jayaram D. Anderson B. Cherry H. Kelson K. Arnold

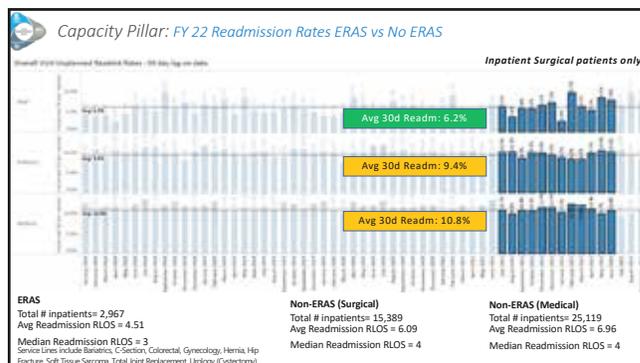
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### Capacity Pillar: CMI Adj, RLOS ERAS and No ERAS

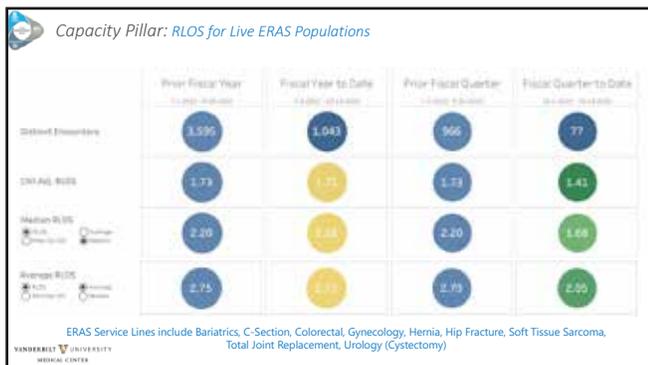
FY2020		Case Counts	Avg. Discharge Orders in by 9:30AM	Avg. Discharged Before 11AM	CMI Adj, RLOS
FY 2022	ERAS	2,967	43.6%	21.9%	1.74
	SURGICAL	15,309	24.8%	14.8%	2.02
	MEDICAL	25,119	20.6%	11.8%	3.98
FY 2023	ERAS	924	44.9%	23.5%	1.71
	SURGICAL	4,489	25.2%	16.3%	2.02
	MEDICAL	7,557	22.7%	15.6%	4.10

ERAS Service Lines include Bariatrics, C-Section, Colorectal, Gynecology, Hernia, Hip Fracture, Soft Tissue Sarcoma, Total Joint Replacement, Urology (Cystectomy)

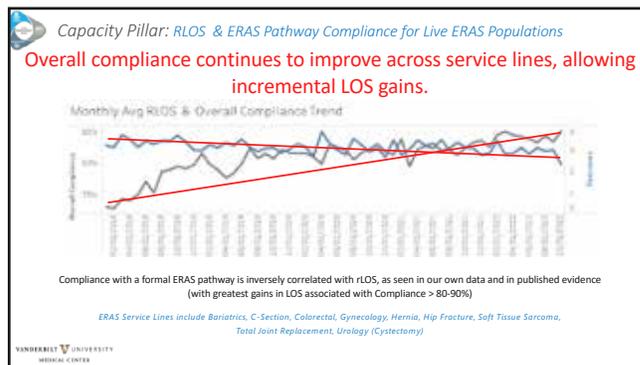
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### Perioperative Physician/Leader: 2 Features

ups FedEx xerox™

Improve Sick Systems of Care Care for the Sickest Patients

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### Randomized clinical trial of comprehensive geriatric assessment and optimization in vascular surgery

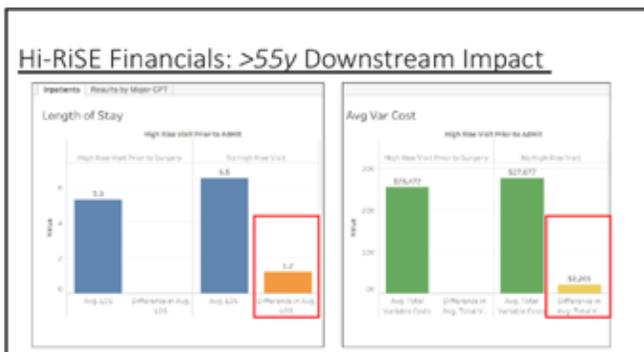
J. S. L. Partridge<sup>1,2</sup>, D. Harari<sup>1,3</sup>, E. C. Martin<sup>1,3</sup>, J. L. Peacock<sup>3</sup>, R. Bell<sup>2</sup>, A. Mohammed<sup>1</sup> and J. K. Dhali<sup>1,2</sup>

Some Level 1 Data *already* exists

40% reduction in complications and LOS (~2 days)

Partridge JSL, et al. BMJ. 2017; 356: e79-882

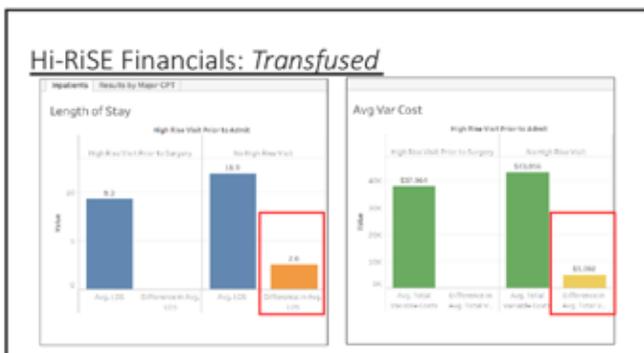
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What is next?

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Better data...

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THE OPEN MIND

### Preoperative Optimization: A Continued Call to Action

Solomon Aronson, MD, MBA, FASA, FACC, FCCP, FAHA, FASE,\* Gavin Martin, MB ChB, MMed,†  
Padma Gulur, MD,\* Mike E. Lipkin, MD, MBA,‡ Sandhya A. Lagoo-Deenadayalan, MD, PhD,§  
Christopher R. Mantyh, MD,‡ David E. Altarian, MD, FACS, FACS,§  
Joseph P. Mathew, MD, MSc, MBA, FASE,† and Allan D. Kirk, MD, PhD, FACS§

“The issue of whether preoperative optimization of comorbid medical conditions should be achieved before surgery *is not debatable*. The importance of preoperative risk mitigation toward achieving enhanced postoperative value *is not in question*. However, what *the best model* for ensuring preoperative optimization and achieving value remains untested...”

VANDERBILT UNIVERSITY MEDICAL CENTER  
Anesth & Analg, April 2020

28

Caveat: Association, but what about causation?  
Planning RCT launch for early 2023 (N ~950 pts)

Colorectal, Urology, and Hepatobiliary Surgical Patients

Randomize

Hi-RiSE  
High-Risk Surgical Encounter Clinic  
Elevating Personalized Preoperative Care

Vanderbilt  
Preoperative  
Evaluation  
Center

Hypothesis: Optimization of high-risk surgical candidates will result in improved outcomes versus standard  
Primary Outcome: DM130 (days alive and at home in 30 days after surgery); Secondary \$\$\$: complications

29

What is (urgently) needed (from the leaders in our specialty)?

30

# A Paradigm Shift



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Are you okay with the status quo?

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Will it happen where we expect it?   
 ~~ENHANCED~~   
 ~~WHERE~~   
 ~~EXPECTED?~~

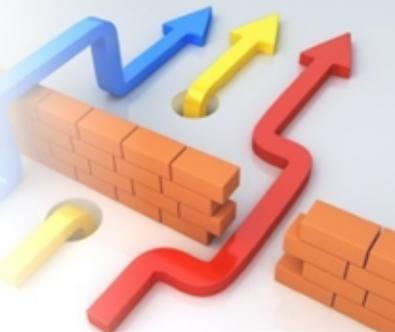


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Are you a barrier enforcer?

Are you one who removes barriers?

Are you one who removes barriers and facilitates change?



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- 1
- 2
- 3

35

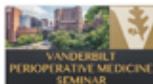
PUT YOUR MONEY WHERE YOUR MOUTH IS

KEEP CALM AND PLAY THE LONG GAME

36

## Encourage Learning Now...

- For faculty and trainees



37

## Encourage Learning Now...

- For faculty and trainees
- For future perioperative physicians

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**FAMILY FEUD**

Topic: ACGME Training Requirements for Anesthesiology

- Cardiac anesthesia → 2 months
- OB anesthesia → 2 months
- Pediatric anesthesia → 2 months
- Neuroanesthesia →
- Pain Medicine →
- Critical Care Medicine →
- Preoperative Medical Optimization (climbing the mountain) →
- Postoperative In-hospital Care (summitting the peak) →
- Post-acute Medical Care (descending the mountain) →

You can do a fellowship in all of these... and it is needed to practice this domain in any specialized manner

...and is more likely if you aren't prepared here

Most injury, disability, and death occurs here

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In-Person Clinical Perioperative Medicine, Quality, and Safety Fellowships in the US


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You don't have to ask permission to take responsibility.

EDWIN CATMULL

We should be collaborative with other specialties and invite them in, but we do not need to ask them for permission. Period.

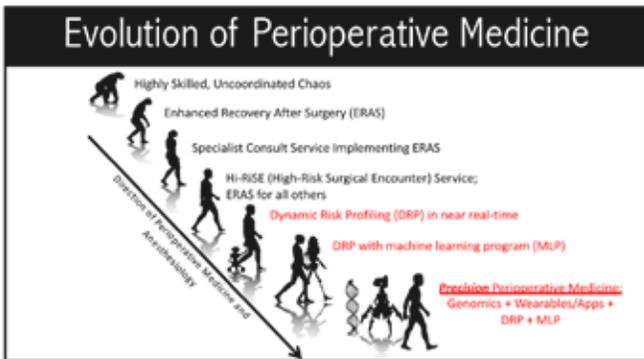
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Thank you!



matthew.d.mcevoy@vmc.org @mattmcevoymd

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HANDOUT



# Perioperative Medicine. What is Now and What is Next: Training the Next Generation of Perioperative Physicians: A Close Up Look at Fellowship Training

Jenna D. Blitz, MDD, FASA, DFPM

Saturday, November 12  
1:50 PM - 2:20 PM



## Training the Next Generation of Perioperative Physicians: A Close Up Look at Fellowship Training

Jeanna Blitz, MD, FASA, DFPM  
Associate Professor of Anesthesiology, Duke University  
Director, Preoperative Anesthesia and Surgical Screening Clinic  
Director, Perioperative Medicine Fellowship

1



## Disclosure

President, Society for Perioperative Assessment and Quality Improvement

[www.spaqi.org](http://www.spaqi.org)



2



## Objectives

- Delineate the key tenets of Perioperative Medicine (POM)
- Define the skillset of the of POM specialist
- Review the current state of POM fellowship curriculum
- Highlight the gap between current and ideal state

3

## The Tollbooth of Medical Clearance



4



## Measure Value by Measuring Outcomes:



Michael E. Pator  
Harvard Business School

- **Health status achieved** or retained
- **Recovery Process:**
  - Time to recovery
  - Barriers to recovery
- **Sustainability of health:**
  - Recurrences
  - Long-term consequences of treatment
  - Long-term clinical and functional status

5



## Achieving the Quintuple Aim

Outcomes driven models require an **"integrator"** who accepts responsibility for all of the aims

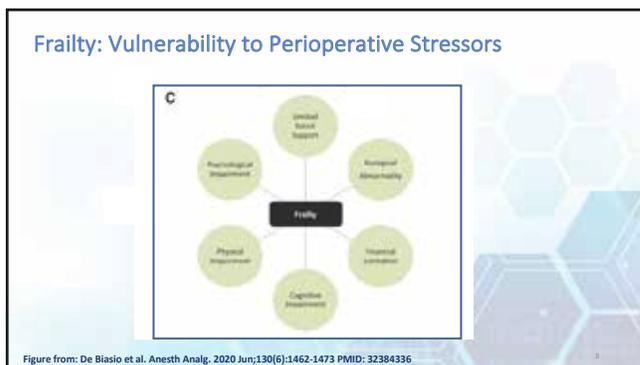


The IHI Triple Aim | IHI - Institute for Healthcare Improvement: [www.ihl.org](http://www.ihl.org)  
The Quintuple Aim Image:  
[Accreditation-9-Tip-Quality-Improvement-at-WCH | Women's College Hospital \(womenscolleghospital.ca\)](http://Accreditation-9-Tip-Quality-Improvement-at-WCH-Womens-College-Hospital-womenscolleghospital.ca)

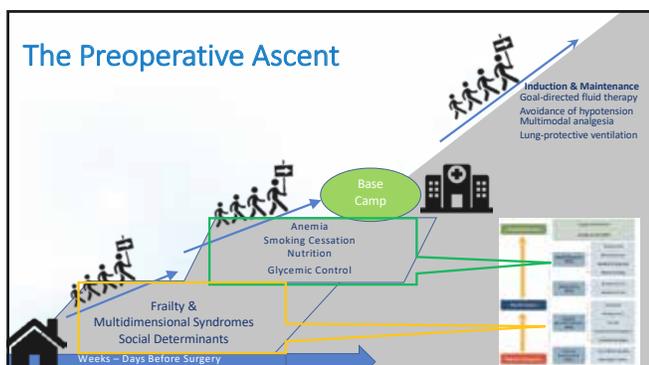
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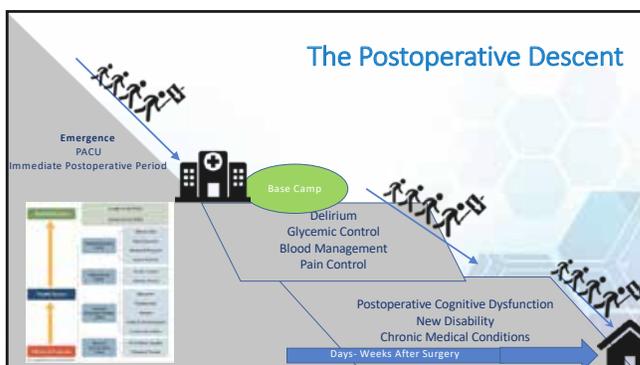
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- Physical, cognitive, psychological health are interconnected
- Many patients present with previously undiagnosed conditions that impact perioperative risk
- Implement interventions based upon individual patient risk profiles

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**Traveler, there is no path. The path is forged as you walk.**  
 — Antonio Machado, Campos de Castilla.<sup>1</sup>

Rapidly adapt to challenges in a dynamic environment is critical to success:

- Changing plans
- Obscured paths
- Anticipate obstacles

1. <https://www.poetryfoundation.org/poem/48815/traveler-unclear-footprints>

12

Care Standardization

Care Personalization

13

### Population Health and the Perioperative Period

Ambulatory Anesthesia: The Innovating Edge of Perioperative Medicine?

- Optimization to improve candidacy for ambulatory surgery
- Patient's desire to avoid hospital based-location or admission
- Hospital's desire to maximize resource allocation
- Ability to improve health outcomes

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### The Tenets

1. POM exists in the continuum between diagnosis, surgery, and postoperative recovery
2. The proficient POM specialist is skilled in managing patient complexities throughout the entire perioperative continuum
3. The perioperative period requires different therapeutic targets and approaches to optimization of chronic conditions
4. Perioperative medicine is *both* the creation of safe, evidence-based pathways, *and* the act of guiding the patient through complex and nuanced decisions

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### The Tenets

5. Take a holistic approach to address all domains that impact vulnerability to perioperative stress
6. Aim to improve patients' perioperative outcomes and long-term health
7. Measure value by measuring outcomes: time and quality of recovery, impact upon long-term health
8. A nuanced appreciation of system resources within various surgical settings is critical to success

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### The Skillset of the POM Specialist

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### Prehabilitation

- Multidimensional syndromes are best addressed with multi-modal interventions
- 3 domains:
  - Functional Status
  - Nutrition
  - Psychological State
- Withstand the physical and psychological stress of the perioperative period

Norris CM et al. Anesthesia and Analgesia 2020 PMID 32384342; Yong AW. Ann Acad Med Singap. 2019. PMID: 31950070

18

### Mobility, Functional Capacity, Cardiac Risk Assessment

- Functional status is an independent predictor of postoperative adverse events
- Wide variation in the degree of age-related changes to the respiratory and cardiovascular systems
- Mobility and gait speed assessments are important components




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### Chair Sit to Stand




Assessment: 30-Second Chair Stand

Purpose: To test leg strength and endurance

Statement: A chair with a straight back without armrests (up to 17" high) and 4 legs

Instructions:

- Stand on a flat surface
- Stand on the chair "leg" supports
- Count the number of times the individual can stand up and sit down in 30 seconds
- Record the number of times the patient stands in 30 seconds

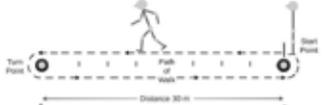
Scoring:

Age	Sex	Score
65-74	Male	10-12
65-74	Female	8-10
75-84	Male	8-10
75-84	Female	6-8
85+	Male	6-8
85+	Female	4-6

Assessment-30-second Chair Stand (cdc.gov). Last accessed Sept 2022

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### Gait Speed Tests



ASSESSMENT: Timed Up & Go (TUG)

Purpose: To test mobility

Statement: A person stands up from a chair, walks 3 meters (10 feet) at a normal pace, turns around, and walks back to the chair. The time taken to complete the test is recorded.

Instructions:

- Stand on a flat surface
- Stand on the chair "leg" supports
- Count the number of times the individual can stand up and sit down in 30 seconds
- Record the number of times the patient stands in 30 seconds

Scoring:

Age	Sex	Score
65-74	Male	10-12
65-74	Female	8-10
75-84	Male	8-10
75-84	Female	6-8
85+	Male	6-8
85+	Female	4-6

Schematic illustration of the 6-minute Walk Test. V Benavent-Caballer.

21

### Feasibility and Rationale for Incorporating Frailty and Cognitive Screening Protocols in a Preoperative Anesthesia Clinic




Abstract: Anesth Analg 2019 Sept; 129(3): 830-838

CLINICAL FRAILTY SCALE

1 = Very Frail  
2 = Moderately Frail  
3 = Mildly Frail  
4 = Not Frail

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### Nutrition Optimization

Precipitating Factors for Delirium in Hospitalized Elderly Persons

Predictive Model and Interrelationship With Baseline Vulnerability

Increased Risk:

- Delirium
- Length of Stay
- Readmission

Step 1 BMI < 18.5 (<20 if age >65)

Step 2 Weight loss score: Have you lost > 10% of body weight in last 6 months without trying?

Step 3 Intake score: Have you been eating <50% of your usual diet in preceding week?

Any Yes Answers AND/OR Albumin < 3.0

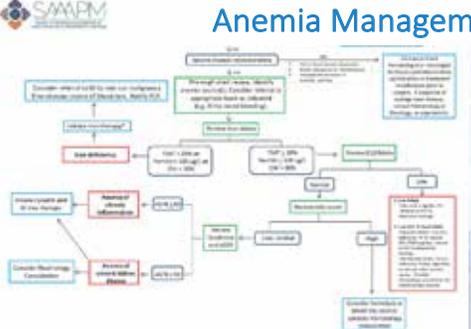
PONS Score For Pre-Op Nutrition Screening

PONS Nutrition Clinic Intervention

Williams et al. JPN 2020 Mar 31;44(7):1185-1196

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### Anemia Management



Flowchart for Anemia Management:

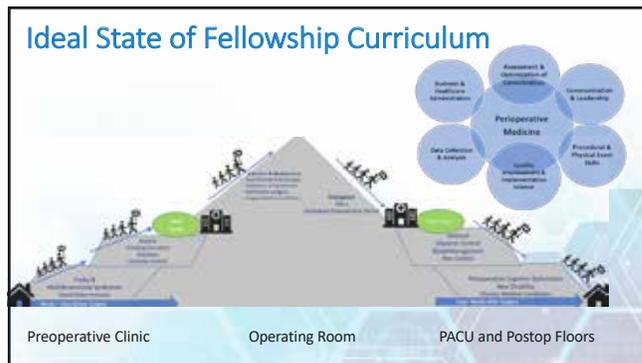
- Start: Hemoglobin < 10 g/dL
- Decision: Consider etiology of anemia (e.g., iron deficiency, B12 deficiency, renal failure, liver failure, bone marrow failure, hemolysis, acute blood loss, chronic blood loss, medication-induced, etc.)
- Branches:
  - Iron deficiency: Iron therapy (oral or IV)
  - B12 deficiency: B12 therapy
  - Renal failure: Erythropoietin (EPO) therapy
  - Liver failure: EPO therapy
  - Bone marrow failure: EPO therapy
  - Hemolysis: EPO therapy
  - Acute blood loss: Blood transfusion
  - Chronic blood loss: Blood transfusion
- Transfusion: Consider transfusion if Hb < 7 g/dL or Hb < 8 g/dL with symptoms
- Transfusion: Consider transfusion if Hb < 10 g/dL with symptoms
- Transfusion: Consider transfusion if Hb < 12 g/dL with symptoms
- Transfusion: Consider transfusion if Hb < 15 g/dL with symptoms
- Transfusion: Consider transfusion if Hb < 20 g/dL with symptoms

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**ASA Ad Hoc Committee on Perioperative Medicine**

- Most key systems-based and interdisciplinary concepts required for success are not included in current residency curriculum
- Multiple POM fellowships exist, but lack standardization
- Aim: To develop and define a standardized set of competencies to be included in perioperative medicine (POM) fellowship training programs for anesthesiologists in the United States

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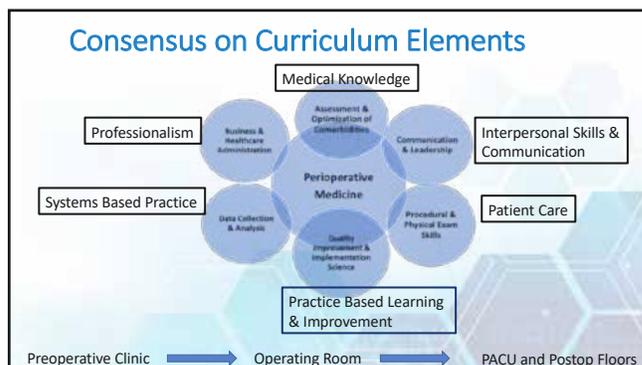
**Fellowship Workgroup Members**

- Current Perioperative Medicine Fellowship Directors
- Former Fellows active in Perioperative Medicine
- Education Development and Research Expert
- National and International Experts in Perioperative Medicine
- Chairs of Academic Anesthesiology Departments
- ASA Leadership

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## Next Steps

- Provide a reference document to align programs and standardize the definition of a fellowship trained POM physician
- Planned submission end of 2022
- Additional studies to determine the value and utility of the recommendations across different healthcare systems and practice environments
- Feedback re: barriers and facilitators of implementation at the departmental and institutional level

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## Non-Traditional Training Opportunities

- Preceptorships at various hospitals with strong POM programs



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## Summary

- Support existing clinical fellowships by referring residents
- Create positions for POM specialists within your departments
- Leverage non-traditional training opportunities for anesthesiologists interested in POM
- Promote the value of a POM-trained anesthesiologist

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**Ikigai**  
A Japanese concept for purpose, fulfillment, and happiness

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