

# Sense of Community

## AAPAE Annual Meeting

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### Why is community important?

- Promote mental,
- Physical, and social well-being
- Productivity in the workplace
- Feelings of job satisfaction and fulfillment

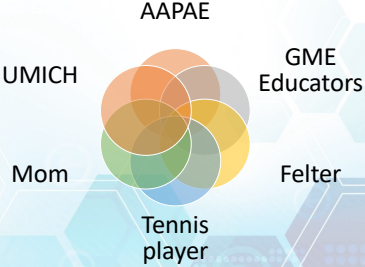


Hellwell JF, Putnam RD. The social context of well-being. *Philos Trans R Soc Lond B Biol Sci.* 2004;259(1449):1433-46.  
Chavis DM, Pretty GM. Sense of community: advances in measurement and application. *J Community Psychol.* 1999;27(4):433-42.

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### What are your communities?



UMICH

AAPAE


GME Educators

Felter

Mom

Tennis player

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### What communities can you help build?

- Yours!!!
- For residents, faculty, staff



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### How to build community


- Reinforcement of Needs
  - *Get my needs met, share needs*
- Membership
  - *Community is part of my identity, I spend time with this community*
- Influence
  - *Community can solve problems, I can influence my community*
- Shared Emotional Connection
  - *Care about each other, celebrate together*

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## Time to play!!!

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### Community building BINGO

- Talk to other players
- Mark the square with a name of another player who fits the description
- The first player to get five squares in a row and shout out “Bingo!” wins the round
- You can only mark a player’s name in the square if you have talked to that person.
- You cannot use the same players’ name twice on the card.

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### Evaluation



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